CONVERGENCE
OF A STEP-DOUBLING GALERKIN METHOD
FOR PARABOLIC PROBLEMS

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Abstract. We analyze a single step method for solving second-order parabolic initial-boundary value problems. The method uses a step-doubling extrapolation scheme in time based on backward Euler and a Galerkin approximation in space. The technique is shown to be a second-order correct approximation in time. Since step-doubling can be used as a mechanism for step-size control, the analysis is done for variable time steps. The stability properties of step-doubling are contrasted with those of Crank-Nicolson, as well as those of more general extrapolated theta-weighted schemes. We provide an example computation that illustrates both the use of step-doubling for adaptive time step control and the application of step-doubling to a nonlinear system.

1. Introduction

In this paper we consider a numerical method for solving second-order parabolic initial-boundary value problems. This single step method consists of taking two half steps of backward Euler over a time interval to obtain one approximate solution and then a single step over that same interval to obtain another [8, 12]. Having both approximations gives us two things: the two approximations can be compared to get an estimate of the size of the time-integration error; and the two first-order correct approximations can be extrapolated to obtain a second-order correct approximate solution. The first of these benefits can be used to obtain a simple, yet effective, adaptive time-stepping algorithm. We use a Galerkin method for the spatial discretization.

The method can also be viewed as a rational approximation to the exponential (but not a Padé approximation [9]). Bramble and Sammon [3] showed convergence in the case of fixed time steps for a class of single step methods, including this method, that can be represented as rational approximations to the exponential.

We compare the stability properties of step-doubling with those of Crank-Nicolson for the case of a first-order linear ordinary differential equation, as well as those of more general extrapolated theta-weighted schemes.
We analyze step-doubling using an energy method. Since one of the reasons to use step-doubling is step-size control, the analysis is done for variable time steps. In this paper, we present a particular step-size control strategy for step-doubling. A large number of our friends and collaborators have successfully used similar strategies [1,4,5,6,7,10,11]. We conjecture, based on watching our colleagues, that choosing a reasonable first guess at a tolerance based on a change in the solution is easier for most people than picking a bound for some second or third time derivative which would appear as a time truncation term that forces the differential equation. One feature of the analysis presented here is that the size of a time step is limited to less than three halves the size of the previous time step.

We provide an example computation that illustrates both the use of step-doubling for adaptive time step control and the application of step-doubling to a nonlinear system.

2. The parabolic problem

We consider a second-order linear parabolic partial differential equation with initial condition and homogeneous Dirichlet boundary condition on a bounded spatial domain $\Omega$ and a time interval $J = [t_0, t_f]$:

\begin{align}
\partial_t y - \nabla \cdot a(x) \nabla y + b(x, t) \cdot \nabla y &= f(x, t), & x \in \Omega, \ t \in J, \\
y(x, t) &= 0, & x \in \partial \Omega, \ t \in J, \\
y(x, t_0) &= y_0(x), & x \in \Omega,
\end{align}

where $\nabla$ and $\nabla \cdot$ denote the gradient and divergence, respectively, in $x$. A weak form for this equation is that for every $v \in H_0^1(\Omega)$,

\begin{equation}
(\partial_t y, v) + a(y, v) + b(y, v) = (f, v),
\end{equation}

where $(\cdot, \cdot)$ denotes the $L^2$ inner product, and the $a$ and $b$ denote the quadratic forms

\begin{align}
a(\varphi, \psi) &= \int_{\Omega} a(x) \nabla \varphi \cdot \nabla \psi \, dx, \\
b(\varphi, \psi) &= \int_{\Omega} (b(x, t) \cdot \nabla \varphi) \psi \, dx.
\end{align}

The distinction between the forms and the coefficients $a(x)$ and $b(x, t)$ should be clear from context. We also use the form $[a+b]$ defined by

\begin{equation}
[a+b](\varphi, \psi) = a(\varphi, \psi) + b(\varphi, \psi).
\end{equation}

We assume that the following conditions hold:

**Condition 2.1.** The functions $a(x)$ and $b(x, t)$ satisfy $a(x) \geq \underline{a} > 0$ and $|b(x, t)| \leq \overline{b}$ for $x \in \Omega, \ t \in J$.

**Condition 2.2.** The form $[a+b]$ is nonsingular.
3. The method

To solve \(2.1-2.3\), we use a step-doubling method based on a backward Euler method with local in time extrapolation. We consider a nonuniform time discretization, \(t_0 < t_1 < \cdots < t_m = t_f\). We set \(\Delta t_n = t_n - t_{n-1}\), for \(n = 1, \ldots, m\). Let \(\varphi_n\) denote the value of \(\varphi\) at time \(t_n\) and \(\varphi_{n-1/2}\) denote the value of \(\varphi\) at time \((t_n + t_{n-1})/2\). We let \(M\) denote a finite dimensional subspace of \(H_0^1(\Omega)\). We take \(D_{n-1/2}, D_n, S_n, Y_{n-1}\) to be in \(M\). We solve the system

\[
\frac{D_{n-1/2} - Y_{n-1}}{\Delta t_n/2} + [a+b](D_{n-1/2}, v) = (f_{n-1/2}, v),
\]

\[
\frac{D_n - D_{n-1/2}}{\Delta t_n/2} + [a+b](D_n, v) = (f_n, v),
\]

\[
\frac{S_n - Y_{n-1}}{\Delta t_n} + [a+b](S_n, v) = (f_n, v).
\]

The computed solution at time \(t_n\) is set to \(Y_n = 2D_n - S_n\).

4. Using step-doubling to control the time step

The idea of using step-doubling to estimate the time-integration error goes back at least to Gear [8], and Shampine [12] provides an overview of step-doubling methods as well as some issues with local extrapolation. In this section we provide a description of one of the ways that we have used step-doubling and remark on some of the aspects of its use that we like. There is a considerable degree of arbitrariness to the choices we make, and there are many other ways that one could deal with the details of using this method. The step-doubling process studied here provides two first-order correct approximations in time for each time step, \(S_n\) and \(D_n\). These can be compared to obtain a measure of the local time-truncation error. We choose a norm, \(\| \cdot \|\), and a tolerance, \(\text{tol}\). If \(\|S_n - D_n\| \leq \text{tol}\), we accept the results of the step and extrapolate to remove the first-order component of the error. If \(\|S_n - D_n\| > \text{tol}\), we reject the results of the step and recalculate using a smaller time step. In addition, we can adjust the next time step by the closeness of the error to the tolerance. The choice of the norm can depend strongly on what one feels is important about the solution.

An example scheme that tries to maintain the local time truncation error between \(\frac{1}{4}\)\text{tol} and \(\frac{3}{4}\)\text{tol} is given below. Take \(\sigma = \sqrt{2}\).

- If \(\|S_n - D_n\| > \text{tol}\), then we reject the step, and try again with a step size \(\frac{\Delta t}{\sigma}\).
- If \(\|S_n - D_n\| \leq \text{tol}\), then we accept the step and possibly adjust the next step according to the rules.
  - If \(\|S_n - D_n\| > \frac{3}{4}\text{tol}\), then \(\Delta t = \Delta t/\sigma\).
  - If \(\|S_n - D_n\| < \frac{1}{4}\text{tol}\), then \(\Delta t = \Delta t\sigma\), provided the last three steps were not rejected.

The choice of \(\sigma = \sqrt{2}\) is reasonable, but all that is needed is some number slightly greater than 1. With the \(\sigma\) given, if we are very far below the proper step size, \(\Delta t\) will double every four steps or increase by a factor of 1024 in 40 steps. The reason for not increasing the step even if the error is far below the tolerance is that a rejected step indicates a dramatic change in the behavior of the solution;
if we stepped across such a change and rejected a step we may well have a very small error indicator, but we have been warned there is roughness just ahead. In our experience this approach leads to a very small fraction of the time steps being rejected.

Two more remarks about step selection may be useful. If we have a target time $t_{\text{print}}$ that we want to be the end of a step, then we add a couple of rules to the step selection. When starting a step with a recommended time step that would take us past $t_{\text{print}}$, adjust the step to hit it exactly. When starting a step with a $\Delta t$ that will not make it to $t_{\text{print}}$, if $t_{\text{print}}$ is less than two such steps away, try to take a step with size half the distance to $t_{\text{print}}$. This pair of rules allows us to land at the given time without decreasing the size of the step by a large factor, something that is important given the moderate increases permitted by the rules. Of course, even these steps, where special rules were used to pick the $\Delta t$, can be rejected. The second situation that we have seen frequently is that the system is nonlinear and must be solved approximately. In this case the difficulty of solving the nonlinear system should be included in the choice to reject a step or to adjust the size of the step.

We note that the determination of tol for a particular application still requires a convergence study; this would be true even if we did not do the local extrapolation to try to remove the leading term in the error.

As mentioned in the Introduction, a number of our colleagues have used step-doubling with time-stepping strategies similar to the one above [1, 4, 5, 6, 7, 10, 11]. We believe, based on this common experience, that most people will find that choosing a reasonable initial tolerance is easier than bounding second- and third-order derivatives in a time truncation term.

5. A COMPARISON WITH CRANK-NICOLSON AND EXTRAPOLATED THETA-WEIGHTED METHODS

We consider the problem $y' = Ay$, where $A$ is a diagonalizable matrix. If $-a$ is an eigenvalue of $A$, we solve $y' = -ay$ over a time step $\Delta t_n$ by step-doubling extrapolation to get

$$Y_n = \left[2 \left( \frac{1}{1 + a\Delta t_n} \right)^2 - \frac{1}{1 + a\Delta t_n} \right] Y_{n-1},$$

and by Crank-Nicolson to get

$$Y_n = \left( \frac{2 - a\Delta t_n}{2 + a\Delta t_n} \right) Y_{n-1}.$$

It should be noted that step-doubling involves three times the work of Crank-Nicolson. These rational approximations to $\exp(-a\Delta t_n)$ are compared in Figure[1] for $a\Delta t_n \in \mathbb{R}^+$. Note that the amplification factor for Crank-Nicolson tends to $-1$ as $a\Delta t$ gets large, so grossly under-resolved components bounce while slowly decaying.

We consider a theta-weighted scheme for the problem $y' = -ay$. A single step of a theta-weighted scheme gives

$$\frac{S_n - Y_{n-1}}{\Delta t_n} = -\theta a S_n + (\theta - 1)a Y_{n-1}, \quad 0 \leq \theta \leq 1.$$
If we take two half steps over this time interval to get an approximate solution $D_n$ and then extrapolate $Y_n = 2D_n - S_n$, we get a second-order correct approximation

$$
Y_n = \left[ 2 \left( \frac{1 + (\theta - 1)a\Delta t_n}{1 + \theta a\Delta t_n} \right)^2 - \frac{1 + (\theta - 1)a\Delta t_n}{1 + \theta a\Delta t_n} \right] Y_{n-1}.
$$

For $0 \leq \theta < \frac{2}{3}$, step-doubling is only conditionally stable. In particular, by taking $\theta = \frac{1}{2}$, step-doubling takes Crank-Nicolson, a stable second-order correct method, and yields only a conditionally stable second-order correct method. Figure 2 shows the amplification factors for various values of $\theta$. 

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6. CONVERGENCE

In this section we state the main convergence result. The result is stated with some degree of generality with respect to the approximation space in space.

Let $\| \cdot \|$ and $\| \cdot \|_{H^{-1}}$ denote the $L^2$-norm and $H^{-1}$-norm, respectively, over $\Omega$. By $H^{-1}$ we mean the dual space of $H^1_0$. Let $\| \cdot \|_A$ denote the norm induced by $a(\cdot, \cdot)$.

We denote by $L^p(t_i, t_j; X)$ the $L^p$ norm on $(t_i, t_j)$ of the $X$-norm of a function.

Let $\partial_t y$ denote $\partial y/\partial t$ and $y_n$ denote $y(\cdot, t_n)$. Define, for $n = 1, \ldots, m,$

$$
\begin{align*}
d_{n-1/2} &= y_{n-1/2} + \frac{(\Delta t_n)^2}{8} \partial_t^2 y_{n-1/2}, \\
d_n &= y_n + \frac{(\Delta t_n)^2}{4} \partial_t^2 y_n.
\end{align*}
$$

These functions will be used in the analysis because they are closer to the approximate solutions than the corresponding value of $y$ by one power of $\Delta t_n$.

We use elliptic projections in our convergence result [14]. Let $P$ be the projection with respect to the $[a+b]$ form where we choose $P \varphi = W \in M$ such that, for every $v \in M$, $[a+b](\varphi - W, v) = 0$. As is well known, $P y_n$ is a good approximation of $y_n$. Thus, bounding the difference between $Y_n$ and $P y_n$ is sufficient. We set

$$
\begin{align*}
\eta_n &= y_n - P y_n, \\
\vartheta_n &= Y_n - P y_n, \\
\chi_n &= d_n - P d_n, \\
\delta_n &= D_n - P d_n, \\
\chi_{n-1/2} &= d_{n-1/2} - P d_{n-1/2}, \\
\delta_{n-1/2} &= D_{n-1/2} - P d_{n-1/2}.
\end{align*}
$$

For a function of time $\varphi$, we define $(\Delta t)^k \varphi$ to be $(\Delta t_n)^k \varphi$ on $(t_{n-1}, t_n)$.

**Theorem 6.1.** Assume $\Delta t_n \leq \frac{3\xi}{4}$ for $2 \leq n \leq m$, where $\xi$ is an arbitrary positive constant less than one. There exist positive constants $\Delta t_c$ and $C$, dependent only on $\alpha$, $\beta$, and $\xi$, such that if $\Delta t_n < \Delta t_c$ for $1 \leq n \leq m$, then

$$
\| \vartheta_n \|^2 \leq C \left( \| \vartheta_0 \|^2 + \Delta t_1 \| \vartheta_0 \|_A^2 + \| (I - P) \partial_t y \|^2_{L^2(0, t_1; H^{-1})} + \| \Delta t(I - P) \partial_t^2 y \|^2_{L^2(0, t_1; H^{-1})} + \| (\Delta t)^2 \partial_t^2 y \|^2_{L^2(0, t_m; H^1)} + \| (\Delta t)^3 \partial_t^3 y \|^2_{L^2(0, t_m; H^{-1})} \right).
$$

7. PROOF OF THE CONVERGENCE RESULT

For the homogeneous case of equations (2.1)–(2.3) with $b = 0$, with constant time steps and without spatial discretization, this method can be analyzed by eigenvalue expansion methods (see Section 5). For the generality desired in this paper, particularly the use of variable time steps, we show second-order convergence in time by an energy analysis [13].

Let $C^*$ denote an arbitrary positive constant with dependencies at most on $\alpha$ and $\beta$. Let $C_\xi$ denote an arbitrary positive constant with dependencies at most on $\alpha$, $\beta$ and $\xi$. Let $K = \frac{\beta}{\sqrt{\alpha}}$.

Adding equations (3.1) and (3.2) and subtracting equation (3.3), recalling that $Y_n = 2D_n - S_n$, gives

$$
(7.1) \quad \left( \frac{Y_n - Y_{n-1}}{\Delta t_n}, v \right) + [a+b](Y_n, v) + [a+b](D_{n-1/2} - D_n, v) = (f_{n-1/2}, v).
$$
For the true solution, we consider the variational form equation (2.4) at time $t_{n-1/2}$ to get

$$
(7.2) \quad \left( \frac{y_n - y_{n-1}}{\Delta t_n}, v \right) + \left[ a + b \right](y_n, v) + \left[ a + b \right](y_{n-1/2} - y_n, v) = (f_{n-1/2}, v) + (\rho_n, v),
$$

where

$$
\rho_n = \frac{y_n - y_{n-1}}{\Delta t_n} - \partial_t y_{n-1/2}.
$$

Subtracting equation (7.2) from (7.1) gives

$$
\left( \frac{\partial_n - \partial_{n-1}}{\Delta t_n}, v \right) + a(\partial_n, v) + a(\delta_{n-1/2} - \delta_n, v) = G_n(v),
$$

where

$$
G_n(v) = \left( \frac{\eta_n - \eta_{n-1}}{\Delta t_n} - \rho_n, v \right) - b(\partial_n, v) - b(\delta_{n-1/2} - \delta_n, v).
$$

We take $v = \partial_n$ to get

$$
\frac{1}{2\Delta t_n} \left( ||\partial_n||^2 - ||\partial_{n-1}||^2 + ||\partial_n - \partial_{n-1}||^2 \right) \leq \|\partial_n\|^2 + a(\delta_{n-1/2} - \delta_n, \partial_n) = G_n(\partial_n).
$$

Since $\frac{1}{2\Delta t_n} \left( ||\partial_n||^2 - ||\partial_{n-1}||^2 + ||\partial_n - \partial_{n-1}||^2 \right) \leq \frac{3}{4} \|\partial_n\|^2 + \frac{3}{4} \|\partial_n - \partial_{n-1}\|^2_A - ||\partial_n - \partial_{n-1}\|^2_A = G_n(\partial_n)$, we have

$$
(7.3) \quad \frac{1}{2\Delta t_n} \left( ||\partial_n||^2 - ||\partial_{n-1}||^2 + ||\partial_n - \partial_{n-1}||^2 \right) + \frac{3}{4} \|\partial_n\|^2_A + \|\partial_n/2 + \delta_n - \delta_{n-1/2}||_A^2 - ||\partial_n - \partial_{n-1/2}||_A^2 = G_n(\partial_n).
$$

It is apparent that we need to control $\delta_n - \delta_{n-1/2}$. We can manipulate equation (2.4) to obtain

$$
(7.4) \quad \left( \frac{d_{n-1/2} - y_{n-1}}{\Delta t_n/2}, v \right) + \left[ a + b \right](d_{n-1/2}, v) = (f_{n-1/2}, v) + (\mu_{n-1/2}, v) + \frac{(\Delta t_n)^2}{8}[a + b](\partial_t^2 y_{n-1/2}, v),
$$

and

$$
(7.5) \quad \left( \frac{d_n - d_{n-1/2}}{\Delta t_n/2}, v \right) + [a + b](d_n, v) = (f_n, v) + (\mu_n, v) + \frac{(\Delta t_n)^2}{4}[a + b](\partial_t^2 y_n, v),
$$

where the time truncation terms are

$$
\mu_{n-1/2} = \frac{d_{n-1/2} - y_{n-1}}{\Delta t_n/2} - \partial_t y_{n-1/2},
$$

$$
\mu_n = \frac{d_n - d_{n-1/2}}{\Delta t_n/2} - \partial_t y_n.
$$

The terms $\mu_{n-1/2}$ and $\mu_n$ will be seen to be of second order in time.
where the operators

\[ R_n(v) = \left( \frac{\chi_{n-1/2} - \eta_{n-1}}{\Delta t_{n/2}} - \mu_{n-1/2}, v \right) \]

\[ Q_n(v) = \left( \frac{\chi_{n-1/2} - \chi_{n-1}}{\Delta t_{n/2}} - \mu_n, v \right) - \frac{(\Delta t_n)^2}{8} [a + b](\partial_t^2 y_{n-1/2}, v) - b(\delta_n, v). \]

If we set \( v = \delta_n - \theta_{n-1} \) in equation (7.6) and \( v = \delta_n - \delta_{n-1/2} \) in equation (7.7), we obtain

\[ \frac{2}{\Delta t_n} ||\delta_{n-1/2} - \theta_{n-1}||^2 + \frac{1}{2} \left( ||\delta_{n-1/2}||_A^2 - ||\theta_{n-1}||_A^2 + ||\delta_{n-1/2} - \theta_{n-1}||_A^2 \right) = R_n(\delta_{n-1/2} - \theta_{n-1}), \]

\[ \frac{2}{\Delta t_n} ||\delta_n - \delta_{n-1/2}||^2 + \frac{1}{2} \left( ||\delta_n||_A^2 - ||\delta_{n-1/2}||_A^2 + ||\delta_n - \delta_{n-1/2}||_A^2 \right) = Q_n(\delta_n - \delta_{n-1/2}). \]

Subtracting equation (7.8) from equation (7.9), with \( v = \delta_n - \delta_{n-1/2} \), gives

\[ \frac{1}{\Delta t_n} \left( (||\delta_n - \delta_{n-1/2}||^2 - ||\delta_{n-1/2} - \theta_{n-1}||^2 + ||\delta_n - 2\delta_{n-1/2} + \theta_{n-1}||^2) + ||\delta_n - \delta_{n-1/2}||_A^2 \right) = Q_n(\delta_n - \delta_{n-1/2}) - R_n(\delta_n - \delta_{n-1/2}). \]

Adding equations (7.8) and (7.10) gives

\[ \frac{1}{\Delta t_n} \left( 3||\delta_n - \delta_{n-1/2}||^2 + 3||\delta_{n-1/2} - \theta_{n-1}||^2 + ||\delta_n - 2\delta_{n-1/2} + \theta_{n-1}||^2 \right) + \frac{1}{2} \left( ||\delta_n||_A^2 - ||\theta_{n-1}||_A^2 + ||\delta_{n-1/2} - \theta_{n-1}||_A^2 + 3||\delta_n - \delta_{n-1/2}||_A^2 \right) = R_n(\delta_{n-1/2} - \theta_{n-1}) + 2Q_n(\delta_n - \delta_{n-1/2}) - R_n(\delta_n - \delta_{n-1/2}). \]

Equation (7.11) provides the desired control of \( \delta_n - \delta_{n-1/2} \). We note that \( ||\delta_n||_A^2 + ||\delta_n - \delta_{n-1/2}||_A^2 - \frac{1}{2}||\delta_{n-1/2}||_A^2 = 2||\delta_n - \frac{1}{2}\delta_{n-1/2}||_A^2 \geq 0 \). Then adding equation (7.11) to equation (7.3) gives

\[ \frac{1}{\Delta t_n} \left( ||\theta_n||^2 - ||\theta_{n-1}||^2 + 6||\delta_{n-1/2} - \delta_{n-1}||^2 + 2||\delta_{n-1/2} - \theta_{n-1}||^2 \right) + \frac{1}{4} \left( 3||\delta_n||_A^2 - 2||\theta_{n-1}||_A^2 + ||\delta_n - \delta_{n-1/2}||_A^2 \right) + \frac{1}{2} \left( ||\delta_n||_A^2 + \frac{1}{2}||\delta_{n-1/2}||_A^2 + 2||\delta_{n-1/2} - \theta_{n-1}||_A^2 \right) = G_n(\delta_n) + R_n(\delta_{n-1/2} - \theta_{n-1}) + 2Q_n(\delta_n - \delta_{n-1/2}) - R_n(\delta_n - \delta_{n-1/2}). \]
We now require bounds on the right-hand side of equation (7.12). We note that \( \|a \cdot b\| \leq \|a\| \|b\| + K \|a\| \|b\| \), where we recall that \( K = \sqrt{b} \). Using H"older’s Inequality and the inequality \( \|v\|_{H^1} \leq (1/\sqrt{2})\|v\|_A + \|v\| \), we obtain the following bounds on the operators:

\[
G_n(v) \leq \left( \begin{array}{l}
\left\| \frac{\eta_n - \eta_n-1}{\Delta t_n} \right\|_{H^{-1}} + \|\rho_n\|_{H^{-1}} \right) \left( \frac{1}{\sqrt{2}} \|v\|_A + \|v\| \right)
\]

\[
+ K \|\partial_a\|_A \|v\| + K \|\delta_n - \delta_n-1\|_A \|v\|,
\]

\[
R_n(v) \leq \left( \begin{array}{l}
\left\| \frac{\chi_n - \chi_n-1}{\Delta t_n/2} \right\|_{H^{-1}} + \|\mu_{n-1/2}\|_{H^{-1}} \right) \left( \frac{1}{\sqrt{2}} \|v\|_A + \|v\| \right)
\]

\[
+ K \|\delta_n - \delta_n-1\|_A \|v\|
\]

\[
+ \frac{(\Delta t_n)^2}{8} \left( \|\partial^2_\xi y_n-1\|_A \|v\|_A + K \|\partial^2_\xi y_n-1\|_A \|v\| \right),
\]

\[
Q_n(v) \leq \left( \begin{array}{l}
\left\| \frac{\chi_n - \chi_n-1}{\Delta t_n/2} \right\|_{H^{-1}} + \|\mu_{n-1/2}\|_{H^{-1}} \right) \left( \frac{1}{\sqrt{2}} \|v\|_A + \|v\| \right)
\]

\[
+ K \|\delta_n - \delta_n-1\|_A \|v\|
\]

\[
+ \frac{(\Delta t_n)^2}{4} \left( \|\partial^2_\xi y_n\|_A \|v\|_A + K \|\partial^2_\xi y_n\|_A \|v\| \right).
\]

Let \( \xi \) denote an arbitrary positive constant that is less than one. We use the above bounds on \( G_n, R_n, \) and \( Q_n \), and assume \( \Delta t_n \) is sufficiently small. Then using the arithmetic–geometric mean inequality, \( wz \leq \varepsilon w^2/2 + z^2/(2\varepsilon) \), with the appropriate choices of \( \varepsilon \), we obtain

\[
(7.13)
\]

\[
G_n(\partial_{n-1}) + R_n(\delta_{n-1/2} - \partial_{n-1}) + 2Q_n(\delta_{n} - \delta_{n-1/2}) - R_n(\delta_{n} - \delta_{n-1/2})
\]

\[
\leq C^* \left( \begin{array}{l}
\left\| \frac{\eta_n - \eta_n-1}{\Delta t_n} \right\|_{H^{-1}}^2 + \|\chi_n - \chi_n-1\|_{H^{-1}}^2 + \|\mu_{n-1/2}\|_{H^{-1}}^2 \right)
\]

\[
+ C^* \left( \|\rho_n\|_{H^{-1}}^2 + \|\mu_{n-1/2}\|_{H^{-1}}^2 + \|\mu_{n-1/2}\|_{H^{-1}}^2 \right)
\]

\[
+ C^* (\Delta t_n)^4 \left( \|\partial^2_\xi y_n-1\|_A^2 + \|\partial^2_\xi y_n\|_A^2 + \xi^2 \|\partial_{n-1}\|_A^2 + C_\xi \|\partial_{n-1}\|^2 \right)
\]

\[
+ \frac{1}{\Delta t_n} \left( 6\|\delta_{n-1/2} - \delta_{n-1}\|_2^2 + 2\|\delta_{n-1/2} - \partial_{n-1}\|_2^2 \right)
\]

\[
+ \frac{1}{4} \left( \|\delta_{n-1/2} - \delta_{n-1}\|_A^2 + \|\partial_{n-1}\|_A^2 + \frac{1}{2}\|\delta_{n-1/2} - \partial_{n-1}\|_A^2 \right).
\]

We recall that \( C^* \) is an arbitrary constant with dependencies on at most \( a \) and \( b \), and \( C_\xi \) with dependencies on at most \( \xi \), \( d \) and \( e \).

We now need bounds on the \( H^{-1} \)-norms of \( \rho_{n-1} \), \( \mu_{n-1/2} \), and \( \mu_n \). Manipulation of Taylor series gives the following equations for the errors due to approximating the time derivatives (see [2] for details):

\[
\rho_n = \frac{1}{\Delta t_n} \left( \int_{t_{n-1}}^{t_n} \frac{(t_n - t)^2}{2} \partial^3_t y(x, t) \ dt + \int_{t_{n-1}}^{t_n} \frac{(t_n - t)^2}{2} \partial^3_t y(x, t) \ dt \right),
\]

\[
\mu_{n-1/2} = \frac{1}{\Delta t_n} \int_{t_{n-1}}^{t_{n-1/2}} (t_{n-1/2} - t)^2 \partial^3_t y(x, t) \ dt,
\]

\[
\mu_n = \frac{1}{\Delta t_n} \left( \partial^2_\xi y - \partial^2_\xi y_{n-1/2} \right) + \frac{1}{\Delta t_n} \int_{t_{n-1/2}}^{t_n} (t_{n-1/2} - t)^2 \partial^3_t y(x, t) \ dt.
\]
Note that for a function $\varphi \in H^1(z, w)$, we have the inequality $\varphi(w) - \varphi(z) = \int_z^w 1 \cdot \varphi'(s) \, ds \leq \sqrt{|w - z|} \|\varphi'\|_{L^2([z, w])}$. We then get the following bounds:

\begin{align}
(7.14) \quad \|\mu_n\|_{H^{-1}} & \leq \frac{(\Delta t_n)^{3/2}}{4} \|\partial_t^3 y\|_{L^2([t_n-1, t_n])}, \\
(7.15) \quad \|\mu_{n-1/2}\|_{H^{-1}} & \leq \frac{(\Delta t_n)^{3/2}}{4} \|\partial_t^3 y\|_{L^2([t_n-1, t_n])}, \\
(7.16) \quad \|\mu_n\|_{H^{-1}} & \leq \frac{(\Delta t_n)^{3/2}}{2} \|\partial_t^3 y\|_{L^2([t_n-1, t_n])}.
\end{align}

Using the bounds (7.13) - (7.16) and applying a discrete Gronwall’s Inequality\(^1\) to equation (7.12) gives Theorem 6.1.

8. An example system

We present an example system that illustrates the utility of step-doubling extrapolation for the adaptive time integration of parabolic problems. Although the parabolic system considered in the analysis is linear, we choose an example system that is nonlinear in space to show the applicability of step-doubling to nonlinear systems.

The approximate solutions computed in this section were obtained using the freely available software toolkit BuGS [11]. BuGS is a toolkit for solving single space dimensional, nonlinear systems of partial differential equations which are at most order one in time and order two in space. The user defines the spatial discretization of the equations by writing a residual function based on first-order backward differences in time. BuGS then uses the step-doubling method described in this paper to get a second-order accurate in time implicit finite difference scheme. BuGS also features step control for the convergence of Newton’s method and automatic approximation of the Jacobi matrix.

For the spatial discretization, we used finite differences in space which correspond to continuous piecewise linear finite elements with mass lumping as the quadrature rule [13].

8.1. Problem. We consider the system, for $\beta(x, t), \rho(x, t),$ and $\alpha(x, t)$:

\begin{align}
(8.1) \quad \beta_t - (\beta \beta_x)_x - K(\beta \rho_x) & = 0, \quad x \in [0, a], \ t \in [0, T_f], \\
(8.2) \quad \rho_t - K(\beta \rho_x)_x + \text{rate}(\rho, \alpha) & = 0, \quad x \in [0, a], \ t \in [0, T_f], \\
(8.3) \quad \alpha_t - \text{rate}(\rho, \alpha) & = 0, \quad x \in [0, a], \ t \in [0, T_f],
\end{align}

where

\begin{equation}
(8.4) \quad \text{rate}(\rho, \alpha) = \max\{C \rho(\alpha_{\text{max}} - \alpha), 0\}.
\end{equation}

We take the boundary conditions

\begin{equation}
(8.5) \quad \beta_x = \rho_x = 0 \quad \text{on} \ \{0, a\}
\end{equation}

\(^1\)Take $m$ positive and $v_0$ nonnegative. Suppose that for $1 \leq j \leq m$, $\Delta t_j$ is positive, $v_j$, $\alpha_j$, $\gamma_j$, and $\beta_j$ are nonnegative, and $\Delta t_j \beta_j \leq \frac{1}{2}$. Let $C_m = \exp(2.2 \sum_{j=1}^m \beta_j \Delta t_j)$. If, for each $j$, $\frac{v_{j-1} - v_j}{\Delta t_j} + \gamma_j \leq \alpha_j + \beta_j(v_j + v_{j-1})$, then $v_m + \sum_{j=1}^m \alpha_j \Delta t_j \leq C_m\{v_0 + \sum_{j=1}^m \alpha_j \Delta t_j\}$. Note that if $\beta_j \leq q$ for every $j$ and some constant $q$, then $C_m \leq \exp(2.2q t_m)$. 


and the initial conditions
\[
\beta(x, 0) = \max\{b - x^2, 0\}, \quad x \in [0, a],
\]
\[
\rho(x, 0) = 0, \quad x \in [0, a],
\]
\[
\alpha(x, 0) = 0, \quad x \in [0, a].
\]

This system models the movement of bacteria on a petri dish. The bacteria are moving away from their own waste. The dependent variable $\beta$ is the bacterial population density, $\rho$ is the concentration of waste or repellent, and $\alpha$ is the amount of repellent absorbed by the laboratory medium.

8.2. Results. We consider the system of equations (8.1)–(8.6) with constants $K = 100$, $C = 100$, $a_{\max} = 0.06$, $a = 25$, $b = 0.5$, $T_f = 16$, and with $N = 501$ uniform spatial nodes. BuGS gives Figures 3–6 as part of its output. Figures 3–5 show the solutions as time profiles; each curve is the solution over space at a different point in time. The profiles are $\Delta t = 2$ apart. Figure 6 shows the time steps taken during the solution of the system of partial differential equations. The oscillations in the time steps are due to the degenerate diffusion in the equations. When the sharp bacterial front enters a new space interval, step-doubling measures this as a more difficult problem and cuts the time step.
Figure 5. Absorbed repellent concentration profiles. Profiles are $t = 2$ apart.

Figure 6. Step size for the calculation, measured $\log_{10}$. The oscillations are due to degeneracies in the parabolic system. When a new space interval is breached by the bacterial front, the error as measured by step-doubling increases.

For adaptivity in time, if $s$ is the solution from the single step and $d$ the solution from the two half-steps, then we required $\|d - s\|_\infty < 0.001$ as the criterion for accepting a step. For other computational details, see the BuGS User Guide [1].

9. Summary

In this paper we discussed the use of step-doubling for time integration of parabolic partial differential equations. We presented one way to implement the step-doubling algorithm that we have found particularly effective, and then compared step-doubling with Crank-Nicolson and theta-weighted extrapolation methods. The core of the paper consisted of a convergence analysis that was sufficiently general to allow for variable time steps, a useful result given that step-doubling is meant to be used as an adaptive method. One corollary of the convergence theorem is that the step-doubling Galerkin method is order $h^2 + (\Delta t)^2$, where $h$ is the spatial mesh size, when the approximation space in space is the space of continuous piecewise linear...
functions. A spatial discretization using center finite differences corresponds to the use of continuous piecewise linear functions with mass lumping as the quadrature rule. We presented an example system whose numerical solution demonstrates the use of step-doubling for adaptive time-stepping, as well as its extension to nonlinear problems.

References


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