ASYMPTOTIC SHARPNESS
OF A BERNSTEIN-TYPE INEQUALITY
FOR RATIONAL FUNCTIONS IN $H^2$

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Abstract. A Bernstein-type inequality for the standard Hardy space $H^2$ in the unit disk $D = \{ z \in \mathbb{C} : |z| < 1 \}$ is considered for rational functions in $D$ having at most $n$ poles all outside of $\frac{1}{r}D$, $0 < r < 1$. The asymptotic sharpness is shown as $n \to \infty$ and $r \to 1$.

§1. Introduction

First, we recall the classical Bernstein inequality for polynomials: let $P_n$ denote the class of all polynomials $P = \sum_{k=0}^{n} a_k z^k$ with complex coefficients, of degree $n$. Let

$$
\|P\|_2 = \frac{1}{\sqrt{2\pi}} \left( \int_T |P(\zeta)|^2 \, d\zeta \right)^{\frac{1}{2}} = \left( \sum_{k=0}^{n} |a_k|^2 \right)^{\frac{1}{2}}.
$$

The classical inequality

(1) \[ \|P'\|_2 \leq n \|P\|_2 \]

is known as Bernstein’s inequality. A great number of refinements and generalizations of (1) have been obtained. See [RaSc] Part III for an extensive study of that subject. The constant $n$ in (1) is obviously sharp (take $P = z^n$).

Now, let $\sigma = \{\lambda_1, \ldots, \lambda_n\}$ be a sequence in the unit disk $D$; consider the finite Blaschke product $B_\sigma = \prod_{i=1}^{n} b_{\lambda_i}$, where $b_{\lambda} = \frac{\lambda - z}{1 - \overline{\lambda} z}$ is an elementary Blaschke factor for $\lambda \in D$. Also, let $K_{B_\sigma}$ be the $n$-dimensional space defined by

$$
K_{B_\sigma} = \text{Lin}(k_{\lambda_1} : i = 1, \ldots, n),
$$

where $\sigma$ is a family of distinct elements of $D$, and $k_{\lambda} = \frac{1}{1 - \overline{\lambda} z}$ is the Szeg"{o} kernel associated with $\lambda$. An obvious modification allows us to generalize the definition of $K_{B_\sigma}$ to the case where the sequence $\sigma$ admits multiplicities.

Notice that in terms of the scalar product $(\cdot, \cdot)_{H^2}$ on $H^2$, an equivalent description of this space looks like this:

$$
K_{B_\sigma} = (B_\sigma H^2)^\perp = H^2 \ominus B_\sigma H^2,
$$

where $H^2$ stands for the standard Hardy space of the unit disk $D$,

$$
H^2 = \left\{ f = \sum_{k \geq 0} \hat{f}(k) z^k : \sup_{0 \leq r < 1} \int_T |f(rz)|^2 \, dm(z) < \infty \right\},
$$

$m$ being the normalized Lebesgue measure on $T$. We notice that the case where $\lambda_1 = \lambda_2 = \cdots = \lambda_n = 0$ gives $K_{B_\sigma} = P_n$. Our goal in this paper is to generalize the classical Bernstein inequality (1) to the spaces $K_{B_\sigma}$. Observe that every rational function with

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poles outside of $\mathbb{D}$ lies in a space $K_{B_\sigma}$. It was already proved in [Z1] that if $r = \max_j |\lambda_j|$, and $f \in K_{B_\sigma}$, then
\begin{equation}
\|f'\|_{H^2} \leq \frac{5}{2} \frac{n}{1-r} \|f\|_{H^2}.
\end{equation}
In fact, inequality (2) is a partial case ($p = 2$) of the following Dyakonov’s result [Dya1] (which, in its turn, is a generalization of Levin’s inequality [L] corresponding to $p = \infty$): for every $p$, $1 < p \leq \infty$ there exists a constant $c_p > 0$ such that
\[ \|f'\|_{H^p} \leq c_p \|B'|_{\infty}\|f\|_{H^p} \]
for all $f \in K_B$, where $B$ is a finite Blaschke product (of order $n$) and $\|\cdot\|_{\infty}$ means the norm in $L^\infty(\mathbb{T})$. For our partial case, our proof (in [Z1]) is different and the constant is slightly better. We note that, in general, Bernstein type inequalities have already been the subject of a lot of papers. Among others, Chapter 7 of the book [BoEr] by P. Borwein and T. Erdélyi was devoted to such inequalities. This is also the case for Baranov’s papers [B1, B2] and [B3], and also for the book [DeLo] by R. A. DeVore and G. G. Lorentz.

Now a natural question arises: is the constant $\frac{5}{2} \frac{n}{1-r}$ in (2) sharp? For $r = 0$ (the classical Bernstein case), we know that this is not the case, because constant $n$ is sharp. Below we show that the growth order $\frac{n}{1-r}$ as $n \to \infty$ and $r \to 1$ is sharp and give loose bounds for the numerical constants that arise.

\section{The result}

\textbf{Theorem.} Let $n \geq 1$, let $\sigma = \{\lambda_1, \ldots, \lambda_n\}$ be a sequence in the unit disk $\mathbb{D}$, and let $B_\sigma$ be the finite Blaschke product $B_\sigma = \prod_{i=1}^n b_{\lambda_i}$, where $b_\lambda = \frac{\lambda - z}{1 - \lambda z}$ is an elementary Blaschke factor for $\lambda \in \mathbb{D}$. Let $K_{B_\sigma}$ be the n-dimensional subspace of $H^2$ defined by
\[ K_{B_\sigma} = (B_\sigma H^2)^\perp = H^2 \ominus B_\sigma H^2. \]
Denote by $D$ the operator of differentiation on $(K_{B_\sigma}, \|\cdot\|_2)$:
\[ D : (K_{B_\sigma}, \|\cdot\|_2) \to (H^2, \|\cdot\|_2) \]
\[ f \mapsto f', \]
where $\|f\|_2 = \|f\|_{H^2} = \frac{1}{2\pi} \left( \int_T |f(\zeta)|^2 d\zeta \right)^{\frac{1}{2}}$. For $r \in [0, 1)$ and $n \geq 1$, we set
\[ C_{n, r} = \sup \left\{ \|D\|_{K_{B_\sigma} \to H^2} : 1 \leq \# \sigma \leq n, |\lambda| \leq r \text{ for all } \lambda \in \sigma \right\}. \]
(i) If $n = 1$ and $\sigma = \{\lambda\}$, we have
\[ \|D\|_{K_{B_\sigma} \to H^2} = |\lambda| \left( \frac{1}{1 - |\lambda|^2} \right)^{\frac{1}{2}}. \]
If $n \geq 2$, then
\[ a(n, r) \frac{n}{1 - r} \leq C_{n, r} \leq A(n, r) \frac{n}{1 - r}, \]
where
\[ a(n, r) \geq \frac{1}{1 + r} \left( 1 + 5r^4 - \frac{4r^4}{n} - \min \left( \frac{3}{4}, \frac{2}{n} \right) \right)^{\frac{1}{2}} \]
and
\[ A(n, r) \leq 1 + r + \frac{1}{\sqrt{n}}. \]
(ii) Moreover, the sequence
\[ \left( \frac{1}{n} C_{n, r} \right)_{n \geq 1} \]
is convergent, and
\[
\lim_{n \to \infty} \frac{1}{n} C_{n, r} = \frac{1 + r}{1 - r}
\]
for all \( r \in [0, 1) \).

**Proof of (i).** The case where \( n = 1 \). In this case, \( K_B = \mathbb{C}e_1 \), where
\[
e_1 = \frac{(1 - |\lambda|^2)^{\frac{1}{2}}}{(1 - \lambda z)}, \quad |\lambda| \leq r
\]
\((e_1\text{ being of norm } 1 \text{ in } H^2)\). Calculating
\[
e'_1 = \frac{\bar{\lambda}(1 - |\lambda|^2)^{\frac{1}{2}}}{(1 - \lambda z)^2}
\]
and
\[
\|e'_1\|_{H^2} = |\lambda| \left(1 - |\lambda|^2\right)^{\frac{1}{2}} \left\| \frac{1}{(1 - \lambda z)^2} \right\|_{H^2} = |\lambda| \left(1 - |\lambda|^2\right)^{\frac{1}{2}} \left(\sum_{k \geq 0} (k + 1)|\lambda|^{2k}\right)^{\frac{1}{2}}
\]
\[= |\lambda| \left(1 - |\lambda|^2\right)^{\frac{1}{2}} \frac{1}{(1 - |\lambda|^2)} = |\lambda| \left(\frac{1}{1 - |\lambda|^2}\right)^{\frac{1}{2}},
\]
we get
\[
\|D|_{K_B, r} \| = |\lambda| \left(\frac{1}{1 - |\lambda|^2}\right)^{\frac{1}{2}}.
\]

**The case where** \( n \geq 2 \). From now on, we write \( \| \cdot \|_2 \) for the \( H^2 \) norm \( \| \cdot \|_{H^2} \). First, we prove the left-hand side inequality. Let
\[
e_n = \frac{(1 - r^2)^{\frac{1}{2}}}{1 - rz} b_r^{n-1}.
\]
Then \( e_n \in K_{k,r} \) and \( \|e_n\|_2 = 1 \) (see [NI] Malmquist–Walsh Lemma, p. 116]). Moreover,
\[
e'_n = \left(\frac{r}{1 - r^2}\right)^{\frac{1}{2}} b_r^{n-1} + (n - 1) \frac{(1 - r^2)^{\frac{1}{2}}}{1 - rz} b'_r b_r^{n-2}
\]
\[= - \frac{r}{(1 - r^2)^{\frac{1}{2}}} b_r^{n-1} + (n - 1) \frac{(1 - r^2)^{\frac{1}{2}}}{1 - rz} b'_r b_r^{n-2},
\]
because \( b'_r = \frac{r^2 - 1}{(1 - rz)^2} \). Then
\[
e'_n = b'_r \left[ - \frac{r}{(1 - r^2)^{\frac{1}{2}}} b_r^{n-1} + (n - 1) \frac{(1 - r^2)^{\frac{1}{2}}}{1 - rz} b'_r b_r^{n-2} \right],
\]
and
\[
\|e'_n\|_2^2 = \frac{1}{2\pi} \int_{\mathbb{T}} \left| b'_r(w) \right| \left| b'_r(w) \right| \frac{r}{(1 - r^2)^{\frac{1}{2}}} (b_r(w))^{n-1} \left| b_r(w) \right|^2 dm(w)
\]
\[+ (n - 1) \left(1 - r^2\right)^{\frac{1}{2}} \left(\frac{1 - rz}{1 - rz}\right)^{n-2} \left| b_r(w) \right|^2 dm(w)
\]
\[= \frac{1}{2\pi} \int_{\mathbb{T}} \left| b'_r(w) \right| \left| b'_r(w) \right| \left| b_r(w) \right| \left(\frac{r}{(1 - r^2)^{\frac{1}{2}}} b_r(w) + (n - 1) \frac{(1 - r^2)^{\frac{1}{2}}}{1 - rz} b'_r b_r^{n-2} \right) \left| b_r(w) \right|^2 dm(w).
\]
Using the variables \( u = b_r(w) \), we obtain
\[
\|e'_n\|_2^2 = \frac{1}{2\pi} \int_{\mathbb{T}} \left| b'_r(b_r(u)) \right| \left(\frac{r}{(1 - r^2)^{\frac{1}{2}}} u + (n - 1) \frac{(1 - r^2)^{\frac{1}{2}}}{1 - rb_r(u)} \right) \left| b_r(u) \right|^2 dm(u).
\]
But 1 - \(rb_r = \frac{1 - rz - r(z-r)}{1 - rz}\) and \(b'_r \circ b_r = \frac{r^2 - 1}{1 - r^2}b_r\). This implies

\[
\|e'_n\|_2^2 = \frac{1}{2\pi} \int_T \left| (1 - ru)^2 \right| - \frac{r}{1 - r^2}u + (n - 1) \left( \frac{1 - r^2}{2} \right) \left( 1 - ru \right)^2 \, dm(u)
\]

\[
= \frac{1}{(1 - r^2)^2} \frac{1}{2\pi} \int_T \left| (1 - ru) (-ru + (n - 1)(1 - ru)) \right|^2 \, dm(u).
\]

Without loss of generality, we can replace \(r\) by \(-r\), which gives

\[
\|e'_n\|_2 = \frac{1}{(1 - r^2)^2} \|\varphi_n\|_2,
\]

where \(\varphi_n = (1 + rz)(rz + (n - 1)(1 + rz))\). Expanding, we get

\[
\varphi_n = (1 + rz)(nrz + (n - 1)) = nrz + (n - 1) + nr^2z^2 + (n - 1)rz
\]

\[
= (n - 1) + (nr + (n - 1)r)z + nr^2z^2,
\]

and

\[
\|e'_n\|_2^2 = \frac{1}{(1 - r^2)^2} \left( (n - 1)^2 + (2n - 1)^2r^2 + n^2r^4 \right)
\]

\[
= \frac{n^2}{(1 - r^2)^2} \left( 1 + 4r^2 + r^4 - \frac{2}{n} - \frac{4r^2}{n} + \frac{1}{n^2} + r^2 \right)
\]

\[
= \left( \frac{n}{1 - r} \right)^2 \left( \frac{1}{1 + r} \right)^2 \left( 1 + 4r^2 + r^4 - \frac{2}{n} - \frac{4r^2}{n} + \frac{1}{n^2} \right)
\]

\[
= \left( \frac{n}{1 - r} \right)^2 \left( \frac{1}{1 + r} \right)^2 \left( 1 + 4r^2 + r^4 - 5r^4 + 5r^4 - \frac{4r^4}{n} - \frac{4r^2}{n} - \frac{2}{n} + \frac{1}{n^2} \right)
\]

\[
= \left( \frac{n}{1 - r} \right)^2 \left( \frac{1}{1 + r} \right)^2 \left( 4r^2(1 - r^2) - \frac{4r^2}{n}(1 - r^2) + \frac{1}{n^2} + 1 + 5r^4 - \frac{4r^4}{n} - \frac{2}{n} \right)
\]

\[
\geq \left( \frac{n}{1 - r} \right)^2 \left( \frac{1}{1 + r} \right)^2 \left( 1 + 5r^4 - \frac{4r^4}{n} - \frac{2}{n} \min \left( \frac{3}{4}, \frac{2}{n} \right) \right),
\]

and

\[
a(n, r) \geq \frac{1}{1 + r} \left( 1 + 5r^4 - \frac{4r^4}{n} - \min \left( \frac{3}{4}, \frac{2}{n} \right) \right)^{\frac{1}{2}},
\]

which completes the proof of the left-hand side inequality.
We pass to the right-hand side inequality. Let \( \sigma \) be a sequence in \( \mathbb{D} \) such that \( 1 \leq \# \sigma \leq n \), \(|\lambda| \leq r\) for all \( \lambda \in \sigma \). Using [Z1, Proposition 4.1], we have

\[
\|D\|_{K_{B^{\sigma}_r} \to H^2} \leq \frac{1}{1-r} + \frac{1}{1-r} \left( n-1 \right) + \frac{\sqrt{n-2}}{1-r} \left( 1 + (1+r)(n-1) \right) = \frac{1}{1-r} \left( n(1+r) - r + \sqrt{n-2} \right)
\]

\[
= \frac{n}{1-r} \left( 1 + r + \sqrt{\frac{1}{n}} \right),
\]

which gives the result. \( \square \)

**Proof of (ii).** **Step 1.** First, we prove the right-hand side inequality:

\[
\limsup_{n \to \infty} \frac{1}{n} C_{n,r} \leq \frac{1+r}{1-r},
\]

which becomes obvious because

\[
\|D\|_{K_{B^{\sigma}_r} \to H^2} \leq \frac{n}{1-r} \left( 1 + r + \sqrt{\frac{1}{n}} \right).
\]

**Step 2.** Now we prove the left-hand side inequality:

\[
\liminf_{n \to \infty} \frac{1}{n} C_{n,r} \geq \frac{1+r}{1-r}.
\]

More precisely, we show that

\[
\liminf_{n \to \infty} \frac{1}{n} \|D\|_{K_{b^r_n} \to H^2} \geq \frac{1+r}{1-r}.
\]

Let \( f \in K_{b^r_n} \). Then

\[
f' = (f, e_1)_{H^2} - \frac{r}{1-rz} e_1 + \sum_{k=2}^{n} (k-1)(f, e_k)_{H^2} \frac{b^r_k}{b^r_1} e_k + r \sum_{k=2}^{n} (f, e_k)_{H^2} \frac{1}{1-rz} e_k
\]

\[
= r \sum_{k=1}^{n} (f, e_k)_{H^2} \frac{1}{1-rz} e_k + \frac{1-r^2}{(1-rz)(z-r)} \sum_{k=2}^{n} (k-1)(f, e_k)_{H^2} e_k
\]

\[
= r \left( \frac{1-r^2}{(1-rz)^2} \sum_{k=1}^{n} (f, e_k)_{H^2} b^r_{k-1} + \frac{(1-r^2)^{1/2}}{(1-rz)^{1/2}(z-r)} \sum_{k=2}^{n} (k-1)(f, e_k)_{H^2} b^r_{k-1} \right)
\]

\[
= -b^r_1 \left[ \frac{r}{(1-r^2)^{1/2}} \sum_{k=1}^{n} (f, e_k)_{H^2} b^r_{k-1} + \frac{(1-r^2)^{1/2}}{z-r} \sum_{k=2}^{n} (k-1)(f, e_k)_{H^2} b^r_{k-1} \right].
\]

Using the change of variables \( v = b^r_1(u) \), we get

\[
\|f'\|_2^2 = \int_T \|b^r_1(u)\|_2^2 \left| \frac{r}{(1-r^2)^{1/2}} \sum_{k=1}^{n} (f, e_k)_{H^2} b^r_{k-1} + \frac{(1-r^2)^{1/2}}{u-r} \sum_{k=2}^{n} (k-1)(f, e_k)_{H^2} b^r_{k-1} \right|^2 du
\]

\[
= \int_T \|b^r_1(v)\|_2^2 \left| \frac{r}{(1-r^2)^{1/2}} \sum_{k=1}^{n} (f, e_k)_{H^2} v^{k-1} + \frac{(1-r^2)^{1/2}}{b^r_1(v)-v} \sum_{k=2}^{n} (k-1)(f, e_k)_{H^2} v^{k-1} \right|^2 dv.
\]

But

\[
b^r_1 - r = \frac{r - z - r(1-rz)}{1-rz} = \frac{z(r^2 - 1)}{1-rz}
\]
and 

\[ b'_r \circ b_r = \frac{r^2 - 1}{(1 - rb'_r)^2} = -\frac{(1 - rz)^2}{1 - r^2}, \]

which gives

\[
\|f'\|_{H^2}^2 = \frac{1}{1 - r^2} \int_{\mathbb{T}} |(1 - rv)^2| r \frac{1}{(1 - r^2)^2} \sum_{k=1}^{n} (f, e_k) H^2 v^{k-1} \left[ (1 - rv)^2 \left( k - 1 \right) (f, e_k) H^2 v^{k-1} \right] dv
\]

\[
+ \frac{1}{v(r^2 - 1)} (1 - rv) \sum_{k=2}^{n} (k - 1)(f, e_k) H^2 v^{k-1} \left( 1 - rv \right) \left( k - 1 \right) (f, e_k) H^2 v^{k-1} \right] dv
\]

\[
= \frac{1}{1 - r^2} \int_{\mathbb{T}} |(1 - rv)^2| r \sum_{k=1}^{n} (f, e_k) H^2 v^{k-1} - (1 - rv)^2 \sum_{k=2}^{n} (k - 1)(f, e_k) H^2 v^{k-1} \left( k - 1 \right) (f, e_k) H^2 v^{k-1} \right] dv
\]

But

\[
\left\| (1 - rv)^{n-1} \sum_{k=0}^{n-1} (f, e_{k+1}) H^2 v^{k} \right\|_2 \leq r(1 + r) \left( \sum_{k=0}^{n-1} |(f, e_{k+1}) H^2 v^{k}|^2 \right)^{1/2} \leq r(1 + r) \|f\|_2,
\]

and in particular, if \( \|f\|_2 = o(n) \) as \( n \to \infty \), then

\[
\lim_{n \to \infty} \frac{1}{n} \left\| (1 - rv)^{n-1} \sum_{k=0}^{n-1} (f, e_{k+1}) H^2 v^{k} \right\|_2 = 0.
\]

Now,

\[
(1 - rv)^2 \sum_{k=0}^{n-2} (k + 1)(f, e_{k+2}) H^2 v^{k} = (1 - 2rv + r^2 v^2) \sum_{k=0}^{n-2} (k + 1)(f, e_{k+2}) H^2 v^{k}
\]

\[
= \sum_{k=0}^{n-2} (k + 1)(f, e_{k+2}) H^2 v^{k} - 2r \sum_{k=0}^{n-2} (k + 1)(f, e_{k+2}) H^2 v^{k+1}
\]

\[
+ r^2 \sum_{k=0}^{n-2} (k + 1)(f, e_{k+2}) H^2 v^{k+2}
\]

\[
= \sum_{k=0}^{n-2} (k + 1)(f, e_{k+2}) H^2 v^{k} - 2r \sum_{k=1}^{n-1} k(f, e_{k+1}) H^2 v^{k} + r^2 \sum_{k=2}^{n} (k - 1)(f, e_k) H^2 v^{k}
\]

\[
= (f, e_2) H^2 + 2 (f, e_3) H^2 v
\]

\[
+ \sum_{k=2}^{n-2} [(k + 1)(f, e_{k+2}) H^2 - 2rk(f, e_{k+1}) H^2 + r^2(k - 1)(f, e_k) H^2] v^{k}
\]

\[
- 2r [(f, e_2) H^2 v + (n - 1)(f, e_n) H^2 v^{n-1}]
\]

\[
+ r^2 [(n - 2)(f, e_{n-1}) H^2 v^{n-1} + (n - 1)(f, e_n) H^2 v^{n}]
\]

\[
= (f, e_2) H^2 + 2 [(f, e_3) H^2 - (f, e_2) H^2] v
\]

\[
+ \sum_{k=2}^{n-2} [(k + 1)(f, e_{k+2}) H^2 - 2rk(f, e_{k+1}) H^2 + r^2(k - 1)(f, e_k) H^2] v^{k}
\]

\[
+ [r^2(n - 2)(f, e_{n-1}) H^2 - 2r(n - 1)(f, e_n) H^2] v^{n-1} + r^2(n - 1)(f, e_n) H^2 v^{n}.
\]
Since
\[
\frac{1}{n} \frac{1}{1 - r^2} \left[ \left( 1 - rv \right)^2 \sum_{k=0}^{n-2} (k+1)(f, e_{k+2})H^2 v^k \right]_2 + \left( r(1 - rv) \sum_{k=0}^{n-1} (f, e_{k+1})H^2 v^k \right)_2 \geq \frac{1}{n} \left\| f' \right\|_{H^2} \\
\geq \frac{1}{n} \frac{1}{1 - r^2} \left[ \left( 1 - rv \right)^2 \sum_{k=0}^{n-2} (k+1)(f, e_{k+2})H^2 v^k \right]_2 - \left( r(1 - rv) \sum_{k=0}^{n-1} (f, e_{k+1})H^2 v^k \right)_2,
\]
we see that, if \( \| f \|_2 = o(n) \) as \( n \to \infty \), then
\[
\frac{1}{1 + r} \liminf_{n \to \infty} \frac{1}{n} \left\| (1 - rv)^2 \sum_{k=0}^{n-2} (k+1)(f, e_{k+2})H^2 v^k \right\|_2 \geq \liminf_{n \to \infty} \frac{1 - r}{n} \left\| f' \right\|_2
\]
\[
\geq \frac{1}{1 + r} \liminf_{n \to \infty} \frac{1}{n} \left\| (1 - rv)^2 \sum_{k=0}^{n-2} (k+1)(f, e_{k+2})H^2 v^k \right\|_2.
\]
This gives
\[
\liminf_{n \to \infty} \frac{1 - r}{n} \left\| f' \right\|_2 = \frac{1}{1 + r} \liminf_{n \to \infty} \frac{1}{n} \left\| (1 - rv)^2 \sum_{k=0}^{n-2} (k+1)(f, e_{k+2})H^2 v^k \right\|_2.
\]
But
\[
\left\| (1 - rv)^2 \sum_{k=0}^{n-2} (k+1)(f, e_{k+2})H^2 v^k \right\|_2^2 = \left| (f, e_2)_H^2 \right|^2 + 4 \left| (f, e_3)_H^2 - r(f, e_2)_H^2 \right|^2 + r^2(n-2)(f, e_{n-1})H^2 - 2r(n-1)(f, e_n)H^2 \right|^2 + r^4(n-1)^2 \left| (f, e_n)_H^2 \right|^2
\]
\[
+ \sum_{k=2}^{n-2} \left| (k+1)(f, e_{k+2})H^2 - 2rk(f, e_{k+1})H^2 + r^2(k-1)(f, e_k)_H^2 \right|^2.
\]
Now, let \( s = s_n \) be a sequence of even integers such that
\[
\lim_{n \to \infty} s_n = \infty \quad \text{and} \quad s_n = o(n) \quad \text{as} \quad n \to \infty.
\]
Consider the following function \( f \) in \( K_{6,v}^n \):
\[
f = e_n - e_{n-1} + e_{n-2} - e_{n-3} + \cdots + (-1)^k e_{n-k} + \cdots + e_{n-s} - e_{n-s-1} + e_{n-s-2}
\]
\[
= \sum_{k=0}^{s+2} (-1)^k e_{n-k}.
\]
With this \( f \), we get
\[
\left\| (1 - rv)^2 \sum_{k=0}^{n-2} (k+1)(f, e_{k+2})H^2 v^k \right\|_2^2 = \left| r^2(n-2) + 2r(n-1) \right|^2 + r^4(n-1)^2
\]
\[
+ \sum_{l=2}^{n-2} \left| (n-l+1)(f, e_{n-l+2})H^2 - 2r(n-l)(f, e_{n-l+1})H^2 + r^2(n-l-1)(f, e_{n-l})H^2 \right|^2.
\]
with $l = n - k$ in the last sum. Finally, this gives
\[
\left\| (1 - rv)^2 \sum_{k=0}^{n-2} (k + 1)(f, e_{k+2})_H^2 v^k \right\|_2^2 = \left| r^2(n - 2) + 2r(n - 1) \right|^2 + r^4(n - 1)^2
\]
\[
+ \sum_{l=2}^{s+1} \left| (n - l + 1) + 2r(n - l) + r^2(n - l - 1) \right|^2
\]
\[
+ \left| (n - s - 1) + 2r(n - s - 2) \right|^2 + |n - s - 2|^2.
\]
Thus,
\[
\left\| (1 - rv)^2 \sum_{k=0}^{n-2} (k + 1)(f, e_{k+2})_H^2 v^k \right\|_2^2 \geq \left| r^2(n - 2) + 2r(n - 1) \right|^2 + r^4(n - 1)^2
\]
\[
+ s\left| (n - s) + 2r(n - s - 1) + r^2(n - s - 2) \right|^2
\]
\[
+ \left| (n - s - 1) + 2r(n - s - 2) \right|^2 + |n - s - 2|^2.
\]
In particular,
\[
\left\| (1 - rv)^2 \sum_{k=0}^{n-2} (k + 1)(f, e_{k+2})_H^2 v^k \right\|_2^2 \geq s\left| (n - s) + 2r(n - s - 1) + r^2(n - s - 2) \right|^2.
\]
Now, since
\[
\| f \|_2^2 = s + 3 = s_n + 3,
\]
we get
\[
\liminf_{n \to \infty} \frac{1}{n^2 \| f \|_2^2} \left\| (1 - rv)^2 \sum_{k=0}^{n-2} (k + 1)(f, e_{k+2})_H^2 v^k \right\|_2^2 \geq \liminf_{n \to \infty} \frac{1}{n^2 \| f \|_2^2} (\| f \|_2^2 - 3) \left| (n - s) + 2r(n - s - 1) + r^2(n - s - 2) \right|^2.
\]
Since
\[
\lim_{n \to \infty} \frac{3}{n^2 s_n^2} \left| (n - s) + 2r(n - s - 1) + r^2(n - s - 2) \right|^2 = 0,
\]
we obtain
\[
\liminf_{n \to \infty} \frac{1}{n^2 \| f \|_2^2} \left\| (1 - rv)^2 \sum_{k=0}^{n-2} (k + 1)(f, e_{k+2})_H^2 v^k \right\|_2^2 \geq \liminf_{n \to \infty} \frac{1}{n^2 s_n^2} s_n^2 \left| (n - s_n) + 2r(n - s_n - 1) + r^2(n - s_n - 2) \right|^2
\]
\[
= \lim_{n \to \infty} \frac{1}{n^2} \left| (n - s_n) + 2r(n - s_n - 1) + r^2(n - s_n - 2) \right|^2
\]
\[
= \lim_{n \to \infty} \frac{1}{n^2} \left| n + 2rn + r^2n \right|^2 = (1 + r)^4.
\]
Now we can conclude that
\[
\liminf_{n \to \infty} \frac{1 - r}{n} \left\| D \|_{K_{n^2} \to H^2} \right\| \geq \liminf_{n \to \infty} \frac{1 - r}{n} \| f \|_2^2
\]
\[
= \frac{1}{1 + r} \liminf_{n \to \infty} \frac{1}{n \| f \|_2^2} \left\| (1 - rv)^2 \sum_{k=0}^{n-2} (k + 1)(f, e_{k+2})_H^2 v^k \right\|_2
\]
\[
\geq \frac{(1 + r)^2}{1 + r} = 1 + r.
\]
Step 3. Conclusion. Using Step 1 and Step 2, we get

$$\limsup_{n \to \infty} \frac{1-r}{n} C_{n,r} = \liminf_{n \to \infty} \frac{1-r}{n} C_{n,r} = 1 + r,$$

which means that the sequence $\left(\frac{1}{n} C_{n,r}\right)_{n \geq 1}$ is convergent and

$$\lim_{n \to \infty} \frac{1}{n} C_{n,r} = \frac{1+r}{1-r}. \quad \square$$

Comments. (a) Using [BoEr, Theorem 7.1.7, p. 324] (or equivalently, Levin’s inequality [L]) and complex interpolation, this Bernstein-type inequality can be extended to $H^p$ spaces, $2 \leq p \leq \infty$. Of course, this was already known via Dyakonov’s result [Dya1], but our method could give a better numerical constants $c_p$ in the inequality

$$\|f\|_{H^p} \leq c_p \|f\|_{H^p}.$$ 

The case where $1 \leq p \leq 2$ can be treated by using a result of Baranov ($p = 1$, private communication) and still complex interpolation.

(b) In the same spirit, it is also possible to generalize the above Bernstein-type inequality to the same class of rational functions $f$ in $\mathbb{D}$, replacing the Hardy space $H^2$ by the Besov spaces $B^s_{2,2}$, $s \in \mathbb{R}$, of all holomorphic functions $f = \sum_{k \geq 0} \hat{f}(k) z^k$ in $\mathbb{D}$ satisfying

$$\|f\|_{B^s_{2,2}} := \left( \sum_{k \geq 0} (k+1)^{2s} |\hat{f}(k)|^2 \right)^{\frac{1}{2}} < \infty.$$ 

The same spaces are also known as Sobolev, or Hardy weighted spaces, or Dirichlet weighted spaces. (In particular, the classical Bergman space corresponds to $s = -\frac{1}{2}$ and the classical Dirichlet space corresponds to $s = \frac{1}{2}$.) Using the above approach, one can prove the sharpness of the growth order $\frac{n}{1-r}$ in the corresponding Bernstein-type inequality

$$\|f'\|_{B^s_{2,2}} \leq c_s \frac{n}{1-r} \|f\|_{B^s_{2,2}}$$ 

(at least for integral values of $s$).

(c) One can also prove the inequality

$$\|f\|_{B^s_{2,2}} \leq c'_s \left( \frac{n}{1-r} \right)^s \|f\|_{H^2}$$

for $s \geq 0$ and for the same class of functions (essentially, this inequality can be found in [Dya2]), and show the sharpness of the growth order $\left( \frac{n}{1-r} \right)^s$ (at least for integers $s$). An interesting application of this inequality lies in constrained Nevanlinna–Pick interpolation in weighted Hardy and Bergman spaces, see [Z1] and [Z2] for the details.

Notice that Dyn’kin (for example in [Dyn]), and Pekarskiĭ (in [Pe1, Pe2] and [PeSu]) studied Bernstein-type inequalities for rational functions in Besov and Sobolev spaces. In particular, they applied such inequalities to inverse theorems of rational approximation. Our approach is different and more constructive. We are able to obtain uniform bounds depending on the geometry of poles of order $n$, which allows us to obtain estimates that are asymptotically sharp.

(d) The above comments can lead to the question what happens if we replace Besov spaces $B^s_{2,2}$ by other Banach spaces, for example by $W$, the Wiener algebra of absolutely convergent Taylor series. In this case, we obtain

$$\|f\|_{W} \leq c(n, r) \|f\|_{H^2}$$
where \( c(n, r) \leq c\left(\frac{n^2}{1-r}\right)^{\frac{1}{2}} \) and \( c \) is a numerical constant. We suspect that \( \left(\frac{n^2}{1-r}\right)^{\frac{1}{2}} \) is the right growth order of \( c(n, r) \). An interesting application of this inequality to estimating the norm of the resolvent of a power-bounded matrix \( T \) of size \( m \times n \) on a Banach space was given in [Z3]. Inequality (5) above is linked deeply with the inequality

\[
\|f'\|_{H^1} \leq \gamma n \|f\|_{H^\infty},
\]

through Hardy’s inequality:

\[
\|f\|_{W} \leq \pi \|f'\|_{H^1} + |f(0)|,
\]

for all \( f \in W \) (see N. Nikolski [N2, p. 370, 8.7.4-(c)]).

Inequality (6) was (shown and) used by LeVeque and Trefethen in [LeTr] with \( \gamma = 2 \), and later by Spijker in [Sp] with \( \gamma = 1 \) (an improvement) so as to apply it to the Kreiss Matrix Theorem, which asserts the uniform equivalence over all \( (n \times n) \) matrices of power boundedness and a certain resolvent estimate. This allowed them to show that the ratio of the constants in these two conditions grows linearly with \( n \).

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