

## λ-CONTINUOUS MARKOV CHAINS. II(1)

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**Summary.** Continuing the investigation in [8] we study a  $\lambda$ -continuous Markov operator  $P$ . It is shown that, if  $P$  is conservative and ergodic,  $P$  is indeed "periodic" as is the case when the state space is discrete; there is a positive integer  $\delta$ , called the period of  $P$ , such that the state space may be decomposed into  $\delta$  cyclically moving sets  $C_0, \dots, C_{\delta-1}$  and, for every positive integer  $n$ ,  $P^{n\delta}$  acting on each  $C_i$  alone is ergodic. It is also shown that  $P$  maps  $L_q(\mu)$  into  $L_q(\mu)$  where  $\mu$  is the non-trivial invariant measure of  $P$  and  $1 \leq q \leq \infty$ . If  $\mu$  is finite and normalized then it is shown that (1) if  $f \in L_\infty(\lambda)$ , then  $\{P^{n\delta+k}f\}$  converges a.e. ( $\lambda$ ) to  $g_k = \sum_{i=0}^{\delta-1} c_{i+k} 1_{C_i}$  where  $c_j = \delta \int_{C_j} f d\mu$  if  $0 \leq j \leq \delta - 1$  and  $c_j = c_i$  if  $j = m\delta + i$ ,  $0 \leq i \leq \delta - 1$ , (2)  $\{P^{n\delta+k}f\}$  converges in  $L_q(\mu)$  to  $g_k$  if  $f \in L_q(\mu)$ , and (3)  $\liminf_{n \rightarrow \infty} P^{n\delta+k} f = g_k$  a.e. ( $\lambda$ ) if  $f \in L_1(\mu)$  and  $f \geq 0$ . If  $\mu$  is infinite, then it is shown that (1) if  $f \geq 0$ ,  $f \in L_q(\mu)$  for some  $1 \leq q < \infty$ , then  $\liminf_{n \rightarrow \infty} P^n f = 0$  a.e. ( $\lambda$ ), (2) there exists a sequence  $\{E_k\}$  of sets such that  $X = \bigcup_{k=1}^{\infty} E_k$  and  $\lim_{n \rightarrow \infty} P^{n\delta+i} 1_{E_k} = 0$  a.e. ( $\lambda$ ) for  $i = 0, 1, \dots, \delta - 1$  and  $k = 1, 2, \dots$ .

**I. Introduction.** Let  $X$  be a nonempty set,  $\mathcal{X}$ , a  $\sigma$ -algebra of subsets of  $X$  and  $\lambda$ , a  $\sigma$ -finite measure on  $\mathcal{X}$ . Let  $p(x, y)$  be an  $\mathcal{X} \times \mathcal{X}$  measurable function defined on  $X \times X$  satisfying the following conditions:

1.  $p(x, y) \geq 0$  for  $(\lambda \times \lambda)$  almost all  $(x, y)$ ,
2.  $\int p(x, y)\lambda(dy) \leq 1$  for  $(\lambda)$  almost all  $x$ .

Let  $L_\infty(\lambda)$  be the collection of all  $\lambda$ -essentially bounded functions and  $\mathcal{A}(\lambda)$ , the collection of all finite, real-valued, countably additive functions on  $\mathcal{X}$  which are absolutely continuous with respect to  $\lambda$ . Let  $\mathcal{A}^+(\lambda)$  be the collection of all non-negative elements of  $\mathcal{A}(\lambda)$ . For any  $f \in L_\infty(\lambda)$ ,  $Pf$  is defined by

$$(1.1) \quad Pf(x) = \int p(x, y)f(y)\lambda(dy),$$

and for any  $\nu \in \mathcal{A}(\lambda)$ ,  $\nu P$  is defined by

$$(1.2) \quad \nu P(A) = \int \nu(dx) \int_A p(x, y)\lambda(dy).$$

The operator  $P$  here is a special kind of  $\lambda$ -measurable Markov operator of  $E$ ,

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Hopf [7]. We call it a  $\lambda$ -continuous Markov operator. (1.1), (1.2) remain meaningful for non-negative  $f$  not necessarily  $\lambda$ -essentially bounded and non-negative  $\sigma$ -finite measure  $\nu$ . The iterates  $P^n$  of  $P$  are then given by

$$P^n f(x) = \int p^{(n)}(x, y) f(y) \lambda(dy)$$

and

$$\nu P^n(A) = \int \nu(dx) \int_A p^{(n)}(x, y) \lambda(dy)$$

where  $p^{(n)}(x, y)$  are defined inductively by

$$(1.3) \quad p^n(x, y) = \int p^{(n-1)}(x, z) p(z, y) \lambda(dz).$$

The function  $p(\cdot, \cdot)$  is called the *density function* of  $P$  with respect to  $\lambda$  and is only uniquely determined by  $P$  a.e. ( $\lambda \times \lambda$ ). All subsets of  $X$  discussed in this paper are elements of  $\mathcal{X}$  and all functions on  $X$  are  $\mathcal{X}$ -measurable functions. Unless otherwise indicated, for two sets  $A, B$ ,  $A \subset B$ ,  $A = B$  means that  $\lambda(A - B) = 0$ ,  $\lambda(A \triangle B) = 0$  respectively, and for two functions  $f, g$  on  $X$ ,  $f = g$ ,  $f \leq g$  means that the equality and the inequality, respectively, are satisfied except on a  $\lambda$ -null set. For any set  $A$ ,  $1_A$  is to represent the function which equals 1 on  $A$  and 0 on the complement  $A'$  of  $A$ .  $I_A$  is the  $\lambda$ -measurable Markov operator defined by

$$\begin{aligned} I_A f(x) &= 1_A(x) f(x), \\ \nu I_A(B) &= \nu(A \cap B). \end{aligned}$$

For any set  $E$ , define  $P_E$  by

$$(1.4) \quad P_E = \sum_{n=0}^{\infty} P(I_{E'} P)^n$$

where  $E'$  is the complement of  $E$ .  $P_E$  operating on either non-negative functions or measures has well-defined meanings (cf. [8, §VI]). For a measure  $\nu$ , and a function  $f$  we shall use the symbol  $\langle \nu, f \rangle$  to denote the integral  $\int f d\nu$ . For any  $\nu \in \mathcal{A}^+(\lambda)$ , the *support* of  $\nu$  is the set  $A$  such that  $\nu(X - A) = 0$ , and  $B \subset A$  with  $B$  being  $\lambda$  non-null implies that  $\nu(B) > 0$ , "non-null" and "null" shall mean  $\lambda$ -non-null and  $\lambda$ -null respectively.

Following E. Hopf and J. Feldman we call a set  $A$  a *conservative set* if for every non-null subset  $B$  of  $A$ ,  $P_B 1_B = 1$  on  $B$ . The largest conservative set  $C$  is called the *conservative part* of  $X$ .  $D = X - C$  is called the *dissipative part* of  $X$ .  $P$  is *conservative* if  $X = C$ , *dissipative* if  $X = D$ . We say that a set  $A$  is *closed* if  $P 1_A = 1$  on  $A$ . The collection of all closed subsets of  $C$  is a  $\sigma$ -algebra of subsets of  $C$  which we shall denote by  $\mathcal{C}$ . An element  $A$  of  $\mathcal{C}$  is *indecomposable* if  $A$  is non-null and if the only closed subsets of  $A$  are null sets and  $A$  itself. A conservative operator  $P$  is *ergodic* if  $X$  is indecomposable or, equivalently, if the only elements of  $\mathcal{C}$  are  $X$  and the null set. In [8] it has been shown that, for a conservative  $\lambda$ -continuous

Markov operator  $P$ , the space  $X$  may be decomposed into at most countably many indecomposably closed sets  $C_1, C_2, \dots$ , and that to each  $C_i$  there is a non-trivial  $\sigma$ -finite  $P$ -invariant measure  $\mu_i$  which is equivalent to  $\lambda|_{C_i}$ , and every  $P$ -invariant measure is of the form  $\sum \alpha_i \mu_i$ . Thus, if we consider  $P$  acting on each  $C_i$  only,  $P$  is ergodic. In [8] we studied the convergence properties of the sequence  $\{\sum_{n=1}^N p^n(z, x) / \sum_{n=1}^N p^n(z, y)\}$ . It was proved that, for an ergodic conservative  $P$ , the sequence converges to the limit  $f(x)/f(y)$  where  $f$  is the derivative of an invariant measure with respect to  $\lambda$ . In this paper we shall proceed further to study the asymptotic behavior of sequences  $\{p^{(n)}(x, y)\}$  and  $\{P^n f\}$ . As we know that  $\sum_{n=0}^{\infty} p^n(x, y)$  converges on  $X \times D$ , therefore,  $\lim_{n \rightarrow \infty} p^n(x, y) = 0$  on  $X \times D$ . The limiting behavior of  $\{p^n(x, y)\}$  is relatively simple on the dissipative part. Thus we shall concentrate on conservative Markov operators.

It is well known that, if  $X$  is discrete and if  $P$  is conservative and ergodic, then  $X$  may be partitioned into a finite number  $\delta$  of cyclically moving sets where  $\delta$  is the period of  $P$ , and  $\{p^{n\delta}(x, y)\}$  converges as  $n \rightarrow \infty$  [1]. Thus in §II, a theory of periods is developed for a  $\lambda$ -measurable, conservative and ergodic Markov operator. Much of the work here is inspired by the pioneer work of W. Doeblin. The theory of periods of a conservative ergodic  $\lambda$ -measurable Markov operator given here is modeled after Doeblin's (which was perfected and completed by Chung [2]). Owing to the good manner in which the collection of all closed subsets conducts itself, the theory takes a much simpler form here than Doeblin's original. In §III, asymptotic properties of  $\{p^n(x, y)\}$  and  $\{P^n f\}$  are studied. The device  $\rho(x)$  used here is similar to Doeblin's. Two very different cases arise as expected; namely, the case that the nontrivial invariant measure  $\mu$  of  $P$  is finite and the case that  $\mu$  is infinite. Theorems concerning the a.e. ( $\lambda$ ) convergence of  $\{P^n f\}$  when  $f \in L_\infty(\lambda)$  may be considered as generalizations of convergence theorems of  $\{P_{ij}^{(n)}\}$  of discrete state spaces. Theorems concerning the  $L_q(\mu)$  convergence of  $\{P^n f\}$  when  $f \in L_q(\mu)$  are new even for discrete state spaces. There remains the open question whether there is also a.e. ( $\lambda$ ) convergence for  $\{P^n f\}$  when  $f \in L_q(\mu)$  and  $P$  is aperiodic. I am only able to show that, if  $f$  is non-negative  $\liminf_{n \rightarrow \infty} P^n f$  is equal to the  $L_q(\mu)$  limit a.e. ( $\lambda$ ) for the case of a finite  $\mu$ , and  $\liminf_{n \rightarrow \infty} P^n f = 0$  a.e. ( $\lambda$ ) for the case of an infinite  $\mu$ . Some results for the case that  $\mu$  is finite are similar to those of S. Orey [9] which is based on a hypothesis of T. E. Harris. I am indebted to K. L. Chung who introduced me to Doeblin's work.

**II. Periods of  $\lambda$ -measurable conservative ergodic Markov operators.** We recall that the properties of a set in  $\mathcal{X}$  being transient, conservative, closed, etc., were defined with reference to a  $\lambda$ -measurable Markov operator  $P$ . If there are more than one Markov operator these terminologies will be prefixed by " $P$ -" or " $Q$ -" to distinguish that the properties are referred to operator  $P$  or  $Q$  respectively. In this section attention will be paid mainly to iterations  $P^k$  of  $P$ .

**LEMMA 2.1.** *Let  $k$  be a positive integer. Then, a set  $R$  is  $P$ -conservative if and*

only if  $R$  is  $P^k$ -conservative; it follows that, if  $P$  is conservative, so is  $P^k$  and vice versa.

**Proof.** A non-null set  $R$  is  $P$ -conservative if and only if, for every non-null set  $S \subset R$ ,  $\sum_{n=0}^{\infty} P^n 1_S$  is unbounded [5]. Since  $\sum_{n=0}^{\infty} P^{nk} 1_S \leq \sum_{n=0}^{\infty} P^n 1_S$ ,  $R$  is  $P$ -conservative if  $R$  is  $P^k$ -conservative. Conversely, if a non-null set  $R$  is not  $P^k$ -conservative, then there is a non-null subset  $S$  of  $R$  for which  $\sum_{n=0}^{\infty} P^{nk} 1_S$  is bounded. It follows that  $\sum_{n=0}^{\infty} P^{nk+r} 1_S = P^r \sum_{n=0}^{\infty} P^{nk} 1_S$  is bounded so that  $\sum_{n=0}^{\infty} P^n 1_S = \sum_{r=0}^{k-1} P^r \sum_{n=0}^{\infty} P^{nk} 1_S$  is also bounded. Hence  $R$  is also not  $P$ -conservative.

All through §II we shall assume that  $P$  is conservative and ergodic. A  $P^k$ -closed set  $E$  is said to be  $P^k$ -decomposable if and only if there is a non-null  $P^k$ -closed subset  $B$  of  $E$  such that  $E - B$  is also non-null. Since  $P^k$  is conservative, the collection of all  $P^k$ -closed sets is a  $\sigma$ -algebra;  $C - B$  is then also  $P^k$ -closed. A  $P^k$ -closed set is  $P^k$ -indecomposable if it is not  $P^k$ -decomposable. Since  $P$  is assumed to be ergodic,  $X$  is  $P$ -indecomposable. In this section we shall study the decomposability of  $X$  under iterates of  $P$ . For an arbitrary set  $E$  we denote the set  $[P^k 1_E = 1]$  by  $A^k(E)$ :

$$(2.1) \quad A^k(E) = [P^k 1_E = 1].$$

Then  $E$  is  $P^k$ -closed if and only if  $E \subset A^k(E)$ . It is easy to see that

1.  $A^k(E_1) \subset A^k(E_2)$  if  $E_1 \subset E_2$ ,
2.  $A^k(E_1) \cap A^k(E_2)$  is null if  $E_1 \cap E_2$  is null,
3. if  $\{E_n\}$  is a finite or infinite sequence of sets, then

$$\bigcup_n A^k(E_n) \subset A^k\left(\bigcup_n E_n\right).$$

Denote  $A^1(E)$  by  $A(E)$ , then we have

$$A^2(E) = A(A(E)), \quad A^3(E) = A(A^2(E)), \dots$$

**LEMMA 2.2.** *If  $E$  is  $P^k$ -closed, then  $A(E)$  is also and  $A(E)$  is  $P^k$ -decomposable or  $P^k$ -indecomposable according as  $E$  is  $P^k$ -decomposable or  $P^k$ -indecomposable. It follows that the lemma remains valid if we replace  $A(E)$  by  $A^j(E)$  where  $j$  is an arbitrary positive integer.*

**Proof.** If  $E$  is  $P^k$ -closed then  $E \subset A^k(E)$ . Hence  $A(E) \subset A(A^k(E)) = (A^k(A(E)))$  and  $A(E)$  is  $P^k$ -closed. If  $E$  is  $P^k$ -decomposable,  $E = B \cup C$  where  $B$  and  $C$  are non-null, disjoint and  $P^k$ -closed, then  $A(B)$  and  $A(C)$  are  $P^k$ -closed and disjoint.  $A(B)$  and  $A(C)$  are non-null because  $A^k(B)$  and  $A^k(C)$  are non-null. Hence  $A(E)$  is also  $P^k$ -indecomposable.

Now suppose that  $E$  is  $P^k$ -indecomposable, we shall show that  $A(E)$  is also  $P^k$ -indecomposable. Let  $F$  be a non-null  $P^k$ -closed subset of  $A(E)$ , we shall first show  $A^{k-1}(F) \cap E$  is non-null. We have

$$P^k 1_F = P I_E P^{k-1} 1_F + P I_{E'} P^{k-1} 1_F.$$

Since  $F \subset A(E)$ ,  $P 1_{E'} = 0$  on  $F$ , hence  $P I_{E'} P^{k-1} 1_F = 0$  on  $F$ . Hence we have

$$(2.2) \quad P^k 1_F = P I_E P^{k-1} 1_F = 1 \text{ on } F.$$

Since  $P 1 = 1$ , it follows that if  $f > 0$  a.e.  $(\lambda)$  we also have  $P f > 0$  a.e.  $(\lambda)$ . Now  $1 - I_E P^{k-1} 1_F$  is a non-negative function. If the set  $[I_E P^{k-1} 1_F = 1]$  is null then  $P[1 - I_E P^{k-1} 1_F] = 1 - P I_E P^{k-1} 1_F > 0$  a.e.  $(\lambda)$  which contradicts (2.2). Hence  $[I_E P^{k-1} 1_F = 1]$  is non-null, i.e.,  $E \cap A^{k-1}(F)$  is non-null. Now suppose  $A(E)$  were  $P^k$ -decomposable and  $F_1, F_2$  were two disjoint non-null  $P^k$ -closed subsets of  $A(E)$  then  $E \cap A^{k-1}(F_1)$  and  $E \cap A^{k-1}(F_2)$  would be two non-null, disjoint,  $P^k$ -closed subsets of  $E$  which is clearly impossible. Hence  $A(E)$  is also  $P^k$ -indecomposable.

LEMMA 2.3. *If  $P$  is conservative and ergodic, and if  $C_1, \dots, C_n$  are  $P^k$ -closed, non-null and pairwise disjoint then  $n \leq k$ .*

**Proof.** Let  $G_m = \bigcup_{i=0}^{k-1} A^i(C_m)$ , then

$$A(G_m) \supset \bigcup_{i=0}^{k-1} A^{i+1}(C_m) \supset G_m,$$

hence each  $G_m$  is  $P$ -closed.  $G_m = X$  for  $m = 1, \dots, n$ . Hence

$$(2.3) \quad X = \bigcap_{m=1}^n G_m = \bigcup_{(i_1, \dots, i_n)} [A^{i_1}(C_1) \cap A^{i_2}(C_2) \cap \dots \cap A^{i_n}(C_n)].$$

Where the union appearing in the right-hand side of (2.3) is taken over all  $n$ -tuple  $(i_1, \dots, i_n)$  where  $i_j$  may be  $1, 2, \dots, k$ . There is at least one  $n$ -tuple  $(i_1, i_2, \dots, i_n)$  for which  $A^{i_1}(C_1) \cap \dots \cap A^{i_n}(C_n)$  is non-null. Then  $i_1, i_2, \dots, i_n$  are all distinct, for  $i_j = i_l$  would imply that  $A^{i_j}(C_j) \cap A^{i_l}(C_l)$  is null. Hence  $n \leq k$ .

LEMMA 2.4. *Let  $P$  be conservative and ergodic and  $k$  be a positive integer. Let  $\mathcal{C}^{(k)}$  be the  $\sigma$ -algebra of  $P^k$ -closed subsets of  $X$ . Then  $\mathcal{C}^{(k)}$  is generated by a finite number  $\delta = \delta(k)$  of distinct atoms with  $\delta$  dividing  $k$ . Each atom in  $\mathcal{C}^{(k)}$  is also  $P^\delta$ -indecomposably closed. It follows that  $\mathcal{C}^{(k)}$  is identical with the  $\sigma$ -algebra  $\mathcal{C}^{(\delta)}$  of all  $P^\delta$ -closed sets.*

**Proof.** By Lemma 2.3  $\mathcal{C}^{(k)}$  must be generated by a finite number of atoms. Let  $C_1$  be an atom of  $\mathcal{C}^{(k)}$ .  $C_1$  is a  $P^k$ -indecomposable closed set. Let  $C_2 = A(C_1)$ ,  $C_3 = A(C_2), \dots$ . By Lemma 2.2 every  $C_i$  is also  $P^k$ -indecomposably closed. Hence, if  $i \neq j$  we have either  $C_i \cap C_j$  null or  $C_i = C_j$ . Since  $C_i$  is  $P^k$ -closed,  $C_i \subset A^k(C_i) = C_{i+k}$ . Hence  $C_i = C_{i+k} = C_{i+2k} = \dots$ . It then follows that if  $d$  is a positive integer for which there is an  $i$  such that  $C_i = C_{i+d}$ , then  $C_i = C_{i+d}$  for every positive integer  $i$ . Let  $\delta$  be the smallest of all positive integers  $d$  for which

$C_1 = C_{1+d}$ . Clearly  $\delta \leq k$ .  $\delta$  must divide  $k$  for, if otherwise, then  $k = n\delta + r$  where  $r$  is a positive integer  $< d$ ,  $C_{1+n\delta} = C_1 = C_{1+n\delta+r}$ , hence  $C_1 = C_{1+r}$ , which contradicts the defining property of  $\delta$ . Now for every  $i$ ,  $C_i = C_{i+\delta} = A^\delta(C_i)$ , hence every  $C_i$  is  $P^\delta$ -closed. Each  $C_i$  is also  $P^\delta$ -indecomposable since it is  $P^k$ -indecomposable.  $C_1, C_2, \dots, C_\delta$  are all distinct.  $\bigcup_{i=1}^\delta C_i$  is  $P$ -closed, therefore is equal to  $X$ .  $\{C_1, C_2, \dots, C_\delta\}$  consists of all atoms of  $\mathcal{C}^{(k)}$  and also of  $\mathcal{C}^{(\delta)}$ . Hence  $\mathcal{C}^{(k)} = \mathcal{C}^{(\delta)}$ .

**LEMMA 2.5.** *For any positive integer  $k$ , let  $\delta(k)$  be the positive integer of Lemma 2.4. Then, if  $k_1, k_2$  are two positive integers such that  $k_1$  divides  $k_2$ , then  $\delta(k_1)$  is equal to the greatest common divisor  $d$  of  $k_1$  and  $\delta(k_2)$ .*

**Proof.** By Lemma 2.4  $\delta(k_1)$  divides  $k_1$ . We shall show that  $\delta(k_1)$  also divides  $\delta(k_2)$ . Then it follows that  $\delta(k_1)$  divides  $d$ . Let  $C_1$  be an atom of  $\mathcal{C}^{(k_1)}$ .  $C_2 = A(C_1), C_3 = A^2(C_1), \dots$ . Then  $C_1, \dots, C_{\delta(k_1)}$  are the totality of distinct atoms of  $\mathcal{C}^{(k_1)}$ . Let us consider  $P^{k_1}$  acting on  $C_1$  only. It is ergodic, conservative and  $P^{k_2} = (P^{k_1})^l$  where  $l = k_2/k_1$ . By Lemma 2.4  $C_1$  is decomposed into  $B_1, \dots, B_j$ ,  $P^{k_2}$ -indecomposable sets with  $B_2 = A^{k_1}(B_1), B_3 = A^{2k_1}(B_1), \dots$ . Then each  $C_i$  is decomposed into  $j$   $P^{k_2}$ -closed sets  $A^{i-1}(B_1), \dots, A^{i-1}(B_j)$ . Hence  $\mathcal{C}^{(k_2)}$  has a totality of  $j \cdot \delta(k_1)$  distinct atoms, i.e.,  $\delta(k_2) = j \cdot \delta(k_1)$ . To prove that  $d$  divides  $\delta(k_1)$ , let  $D_1$  be a  $P^{k_2}$ -indecomposable set. Let  $D_2 = A(D_1), D_3 = A(D_2), \dots$ , then  $D_1, \dots, D_{\delta(k_2)}$  are all distinct whereas  $D_{n\delta(k_2)+i} = D_i$  for every couple of positive integers  $n, i$ . Let  $q = \delta(k_2)/d$ . Let  $E_i = \bigcup_{n=0}^{q-1} D_{nd+i}$ . Then  $A^d(E_i) = E_i$  so that  $E_i$  is  $P^d$ -closed. Since  $d$  divides  $k_1$ ,  $E_i$  is also  $P^{k_1}$ -closed.  $E_1, \dots, E_d$  are all distinct,  $A(E_i) = E_{i+1}$  and  $X = \bigcup_{i=1}^d E_i$ . If  $E_1$  is  $P^{k_1}$ -indecomposable, so are all other  $E_i$ . If  $E_1$  is  $P^{k_1}$ -decomposable so are all other  $E_i$  and they may be decomposed into a same number of  $P^{k_1}$ -indecomposable sets. Hence  $d$  divides  $\delta(k_1)$ . Since we have already proved the fact that  $\delta(k_1)$  divides  $d$ ,  $d = \delta(k_1)$ .

For a  $\lambda$ -measurable conservative ergodic Markov operator  $P$  we define the period  $\delta$  of  $P$  by

$$(2.4) \quad \delta = \sup [\delta(k), k = 1, 2, \dots].$$

The period  $\delta$  of  $P$  may or may not be finite. If  $\delta = 1$ ,  $P$  is said to be *aperiodic*. An aperiodic Markov operator is characterized by the property that all iterates of  $P$  are ergodic. If the period  $\delta$  of a Markov operator  $P$  is finite then the restriction of  $P^\delta$  to each  $P^\delta$ -indecomposable set is aperiodic. It is well known that if the state space  $X$  is discrete then every conservative ergodic Markov operator has a finite period.

A sequence  $\{C_n\}$  of sets in  $X$  shall be called a *consequent sequence* if  $C_1$  is non-null and  $C_n \subset A(C_{n+1})$  for  $n = 1, 2, \dots$ . Then all sets in the sequence are non-null. If  $E$  is a  $P^k$ -indecomposable closed set and  $d = \delta(k)$  then

$$\{E, A^{d-1}(E), A^{d-2}(E), \dots, E, A^{d-1}(E), A^{d-2}(E), \dots, E, \dots\}$$

is a consequent sequence. For a consequent sequence  $\{C_n\}$  we have  $C_n \subset \bigcup_{m=n+1}^{\infty} C_m$  for  $n = 1, 2, \dots$  since  $\bigcup_{m=n+1}^{\infty} C_m$  is closed and, therefore,  $\bigcup_{m=n+1}^{\infty} C_m = X$ . Hence for each  $C_n$ , there is a  $C_m$  with  $m > n$  such that  $C_n \cap C_m$  is non-null (and therefore  $C_{n+k} \cap C_{m+k}$  is non-null for every positive integer  $k$  since  $C_n \cap C_m \subset A^k(C_{n+k} \cap C_{m+k})$ ). To each  $v \in \mathcal{A}^+(\lambda)$ ,  $v \neq 0$ , we may attach a consequent sequence  $\{C_n(v)\}$  where  $C_1(v) = \text{supp } v$ ,  $C_2(v) = \text{supp } vP$ ,  $C_3(v) = \text{supp } vP^2, \dots$ . If  $\eta$  is absolutely continuous to  $v$  then  $C_n(\eta) \subset C_n(v)$  for every  $n$ . We now define  $h(v)$  to be the greatest common divisor of all positive integers  $k$  for which there is an integer  $N$  such that  $C_N(v) \cap C_{N+k}(v)$  is non-null. We note that  $h(v)$  divides  $h(\eta)$  if  $\eta$  is absolutely continuous to  $vP^n$  for some  $n \geq 0$ . Let

$$(2.5) \quad H = \sup \{h(v) : v \in \mathcal{A}^+(\lambda), v \neq 0\}.$$

$H$  may be  $+\infty$  or a finite positive integer.

**THEOREM 2.1.**  $H = \delta$ .

**Proof.** Let  $k$  be an arbitrary positive integer and  $E$  be a  $P^k$ -indecomposable closed set. Let  $v = \lambda I_E$ . The sequence  $\{E, A^{\delta(k)-1}(E), \dots, E, A^{\delta(k)-1}(E), \dots\}$  is the consequent sequence of  $v$  and for this  $v$ ,  $h(v) = \delta(k)$ . Hence  $H \geq \delta(k)$  for every positive integer  $k$ . It follows that  $H \geq \delta$ . To prove  $H \leq \delta$ , let  $v$  be an arbitrary nonzero element of  $\mathcal{A}^+(\lambda)$  and let  $C_n(v) = \text{supp } vP^{n-1}$  for  $n = 1, 2, \dots$  and  $h = h(v)$ . Let  $E_i, i = 1, \dots, h$ , be defined by

$$(2.6) \quad E_i = \bigcup_{j=0}^{\infty} C_{i+jh}(v).$$

Since  $C_{i+jh}(v) \subset A^h(C_{i+(j+1)h}(v))$ ,  $E_i$  are  $P^h$ -closed. If  $i_1 \neq i_2$ ,  $E_{i_1} \cap E_{i_2}$  is null for  $E_{i_1} \cap E_{i_2}$  is non-null, then, there are non-negative integers  $j_1, j_2$  such that  $C_{i_1+j_1h}(v) \cap C_{i_2+j_2h}(v)$  is non-null. Then  $i_1 + j_1h - (i_2 + j_2h) = (i_1 - i_2) + (j_1 - j_2)h$  is divisible by  $h$ . It follows that  $i_1 - i_2$  is divisible by  $h$  which is impossible since  $|i_1 - i_2| < h$ .  $E_1, \dots, E_h$  constitute the totality of all  $P^h$ -indecomposable sets. Hence  $h = \delta(h) \leq \delta$ . Hence  $H \leq \delta$ .

For any nonzero measure  $v \in \mathcal{A}^+(\lambda)$  we shall define  $h'(v)$  to be the *minimum* of all positive integers  $k$  for which there is a positive integer  $N$  such that  $C_N(v) \cap C_{N+k}(v)$  is non-null. It is clear that  $h(v)$  divides  $h'(v)$ . If  $\eta$  is absolutely continuous to  $vP^n$  for some  $n \geq 0$  then  $h'(\eta) \geq h'(v)$ . Let

$$(2.7) \quad H' = \sup \{h'(v) : v \in \mathcal{A}^+(\lambda), v \neq 0\}.$$

We always have  $H' \geq H$ . For a general conservative ergodic  $\lambda$ -measurable Markov operator  $P$  it is possible to have  $H' > H$  as illustrated by the following example. Let  $X$  be the set of all complex numbers of absolute value 1 and  $\lambda$  be the linear Lebesgue measure. Let  $\alpha = e^{i2\pi\theta}$  where  $\theta$  is irrational and  $Pf(x) = f(\alpha x)$ . Then

$P^n$  is ergodic for every positive integer  $n$ , so that  $P$  is aperiodic and  $H = 1$  (cf. [6, p. 26]). Let  $\nu$  have, as its support, the set  $[e^{i2\pi y}: 0 \leq y \leq \varepsilon]$  where  $\varepsilon$  is a positive number. Then  $\nu P^n$  has the set  $[e^{i2\pi y}: n\theta \leq y \leq n\theta + \varepsilon]$  as its support. Let  $k$  be an arbitrary positive integer. Let  $2\pi c$  be the minimum distance from the point 1 to  $e^{i2\pi\theta}, e^{i4\pi\theta}, \dots, e^{i2k\pi\theta}$ . Then  $c > 0$ . Hence if  $\varepsilon < c$  we have  $h'(\nu) > k$ . Hence  $H' = \infty$ .

**LEMMA 2.6.** *If  $H'$  is finite, then  $H' = H = \delta$  and for every consequent sequence  $\{E_n\}$  there is a positive integer  $N$  such that  $E_n \cap E_{n+\delta}$  is non-null for every  $n \geq N$ .*

**Proof.** If  $H'$  is finite, then  $H'$  is a positive integer and there is a nonzero measure  $\nu_1 \in \mathcal{A}^+(\lambda)$  such that  $h'(\nu_1) = H'$ . Since  $H' \geq H$ ,  $H$  is finite and there is a nonzero measure  $\nu_2 \in \mathcal{A}^+(\lambda)$  such that  $h(\nu_2) = H$ . Since  $C_1(\nu_2) \subset X = \bigcup_{n=1}^\infty C_n(\nu_1)$ , there is an  $n$  such that  $C_1(\nu_2) \cap C_n(\nu_1)$  is non-null. Let  $\nu$  be a nonzero measure which has  $C_1(\nu_2) \cap C_n(\nu_1)$  as its support, then  $\nu$  is absolutely continuous to both  $\nu_2$  and  $\nu_1 P^{n-1}$ . Hence  $h(\nu) \geq h(\nu_1)$ ,  $h'(\nu) \geq h'(\nu_2)$ . However, since  $h(\nu) \leq H$ ,  $h'(\nu) \leq H'$ ,  $h(\nu) = H$ ,  $h'(\nu) = H'$ . Now consider the consequent sequence  $\{C_n(\nu)\}$  of  $\nu$ . Let  $k$  be a positive integer such that there is an  $n$  for which  $C_n(\nu) \cap C_{n+k}(\nu)$  is non-null. Then  $H' \leq k$ . Now, since  $C_n(\nu) \cap C_{n+k}(\nu)$  is non-null we may choose a nonzero measure  $\eta \in \mathcal{A}^+(\lambda)$  with  $C_n(\nu) \cap C_{n+k}(\nu)$  as its support. Then  $\eta$  is absolutely continuous to  $\nu P^{n-1}$ . Hence  $h'(\eta) \geq h'(\nu)$ . It follows that  $h'(\eta) = H'$  and there is a positive integer  $m$  such that  $C_m(\eta) \cap C_{m+H'}(\eta)$  is non-null. But we have  $C_m(\eta) \subset C_{n-1+m}(\nu) \cap C_{n-1+m+k}(\nu)$ ,  $C_{m+H'}(\eta) \subset C_{n-1+m+H'}(\nu) \cap C_{n-1+m+H'+k}(\nu)$ . Hence  $C_{n-1+m}(\nu) \cap C_{n-1+m+k}(\nu) \cap C_{n-1+m+H'}(\nu) \cap C_{n-1+m+H'+k}(\nu)$  is non-null. It follows that  $C_{n-1+m+H'}(\nu) \cap C_{n-1+m+k}(\nu)$  is non-null. Hence either  $k - H' = 0$  or  $k - H' \geq H'$ . If  $k - H' = 0$  then  $k$  is divisible by  $H'$ . If  $k - H' \geq H'$ , repeating the same argument for  $k - H'$  as for  $k$  before, we conclude that  $k - 2H'$  is either 0 or  $\geq H'$ . Repeating the same argument finitely many times we obtain the result  $k - jH' = 0$ . Hence  $k$  is divisible by  $H'$ . This is true for all positive integers  $k$  for which there is a positive integer  $n$  such that  $C_n(\nu) \cap C_{n+k}(\nu)$  is non-null. Hence  $H'$  divides  $H$ . Hence  $H' = H = \delta$ . Now let  $\{E_n\}$  be an arbitrary consequent sequence. Since  $X = \bigcup_{n=1}^\infty E_n$ ,  $C_1(\nu) \cap E_{n_0}$  is non-null for some positive integer  $n_0$ . Let  $\zeta \in \mathcal{A}^+(\lambda)$  have  $C_1(\nu) \cap E_{n_0}$  as its support. Then  $h'(\zeta) \geq h(\nu)$  so that  $h'(\zeta) = h(\nu) = \delta$ . There is a positive integer  $l$  such that  $C_l(\zeta) \cap C_{l+\delta}(\zeta)$  is non-null. It follows that  $C_n(\zeta) \cap C_{n+\delta}(\zeta)$  is non-null for all  $n \geq l$ . Now we have, for every positive integer  $n$ ,  $C_n(\zeta) \subset E_{n_0-1+n}$ . Hence  $C_n(\zeta) \cap C_{n+\delta}(\zeta)$  being non-null implies that  $E_{n_0-1+n} \cap E_{n_0-1+n+\delta}$  is non-null. Let  $N = n_0 - 1 + l$ . Then  $E_n \cap E_{n+\delta}$  is non-null for all positive integers  $n \geq N$ .

Now we shall proceed to show that the period of a conservative, ergodic,  $\lambda$ -continuous Markov operator is always finite. To do this we shall choose a definite version of  $p(x, y)$  for  $P$  to satisfy

1.  $p(x, y) \geq 0$  for all  $(x, y) \in X \times X$  and
2.  $\int p(x, y)\lambda(dy) = 1$  for all  $x \in X$ .

Then the iterates  $p^{(n)}(x, y)$  given by (1.3) also satisfy 1 and 2 For each  $x \in X$ ,  $E \in \mathcal{X}$  let

$$v_x(E) = \int_E p(x, y)\lambda(dy).$$

For each  $x \in X$ ,  $v_x$  is a probability measure absolutely continuous to  $\lambda$  and for each fixed  $E \in X$ ,  $x$  varying over  $X$ ,  $v_x(E)$  is a version of  $P1_E$ .

LEMMA 2.7. For a  $\lambda$ -continuous, conservative, ergodic Markov operator  $P$ ,  $H'$  (defined by (2.7)) is finite.

**Proof.** If  $H'$  were infinite, then there would be a sequence  $\{\eta_k\}$  of nonzero measures in  $\mathcal{A}^+(\lambda)$  such that  $\lim_{k \rightarrow \infty} h'(\eta_k) = +\infty$ . Let  $\{C_n(\eta_k)\}$  be the consequent sequence of  $\eta_k$ . Sets  $C_n(\eta_k)$  are only unique up to sets of  $\lambda$  measure zero. Now we shall make a definite choice of sets  $C_n(\eta_k)$  to satisfy the condition that if  $x \in C_n(\eta_k)$  then  $v_x(C_{n+1}(\eta_k)) = 1$ . This can always be accomplished by replacing the original  $C_n(\eta_k)$  by its intersection with the set  $[x: v_x(C_{n+1}(\eta_k)) = 1]$ . Since  $P1_{C_{n+1}(\eta_k)} = 1$  a.e. ( $\lambda$ ) on  $C_n(\eta_k)$ , the intersection remains a support of  $\eta_k P^n$ . Now sets  $C_n(\eta_k)$  have this property: if  $x \in C_n(\eta_k)$ , then  $v_x$  is absolutely continuous to  $\eta_k P^n$ . Hence, if  $x \in \bigcup_{n=1}^{\infty} C_n(\eta_k)$  then  $h'(v_x) \geq h'(\eta_k)$ .

Now let  $X_k = \bigcup_{n=1}^{\infty} C_n(\eta_k)$  in the strict sense of set union. Then  $\lambda(X - X_k) = 0$  so that  $\lambda(X - \bigcap_{k=1}^{\infty} X_k) = 0$ . There must be a point  $x \in \bigcap_{k=1}^{\infty} X_k$ . For this  $x$ ,  $h'(v_x) \geq h'(\eta_x)$  for  $k = 1, 2, \dots$ , which is impossible since  $h'(v_x)$  is a finite integer and  $\lim_{k \rightarrow \infty} h'(\eta_k) = +\infty$ .

Combining Lemmas 2.7, 2.6, we have the following:

THEOREM 2.2. If a Markov operator  $P$  is conservative, ergodic and  $\lambda$ -continuous, then the period  $\delta$  of  $P$  is a finite positive integer and for any consequent sequence  $\{C_n\}$  there is a positive integer  $N$  such that  $C_n \cap C_{n+\delta}$  is non-null for all  $n \geq N$ .

THEOREM 2.3. Let  $P$  be a  $\lambda$ -continuous, conservative, ergodic Markov operator. Let  $\delta$  be the period of  $P$  and  $\mu$  be a non-null invariant measure of  $P$ . Let  $C_0, C_1, \dots, C_{\delta-1}$  be the totality of distinct  $\mathcal{C}^{(\delta)}$  atoms with  $C_0 = A(C_1)$ ,  $C_1 = A(C_2), \dots, C_{\delta-2} = A(C_{\delta-1})$ . Then each  $\mu I_{C_i}$  is an invariant measure of  $P^{n\delta}$  and every invariant measure of  $P^{n\delta}$  is of the form  $\sum_{i=0}^{\delta-1} \alpha_i \mu I_{C_i}$ . Furthermore, we have  $\mu I_{C_0} P = \mu I_{C_1}, \dots, \mu I_{C_{\delta-2}} P = \mu I_{C_{\delta-1}}, \mu I_{C_{\delta-1}} P = \mu I_{C_0}$  and  $\mu(C_0) = \mu(C_1) = \dots = \mu(C_{\delta-1})$ . Hence if  $P$  has a finite invariant measure then all invariant measures of iterates of  $P$  are finite measures.

**Proof.** Since  $C_i$  is  $P^\delta$ -closed,  $I_{C_i} P^\delta = I_{C_i} P^\delta I_C$ . Since  $P^\delta$  is conservative,  $X - C_i$  is  $P^\delta$ -closed. Hence  $I_{X-C_i} P^\delta I_{C_i} = 0$  and  $P^\delta I_{C_i} = I_{C_i} P^\delta I_C + I_{X-C_i} P^\delta I_C = I_{C_i} P^\delta I_C = I_{C_i} P^\delta$ . Thus we have  $\mu I_{C_i} P^\delta = \mu P^\delta I_{C_i} = \mu I_{C_i}$  and  $\mu I_{C_i}$  is  $P^\delta$ -invariant. Now, for  $f \in L_\infty(\mu)$ ,

$$\begin{aligned} \langle \mu I_{C_1}, f \rangle &= \langle \mu, I_{C_1} f \rangle = \langle \mu P, I_{C_1} f \rangle \\ &= \langle \mu I_{C_0} P, I_{C_1} f \rangle + \langle \mu I_{X-C_0} P, I_{C_1} f \rangle. \end{aligned}$$

Since the support of  $\mu I_{C_0} P$  is  $C_0$  and the support of  $\mu I_{X-C_0} P$  is  $X - C_1$ , we have

$$\langle \mu I_{C_0} P, I_{C_1} f \rangle = \langle \mu I_{C_0} P, f \rangle$$

and

$$\langle \mu I_{X-C_0} P, I_{C_1} f \rangle = 0.$$

Hence

$$(2.8) \quad \langle \mu I_{C_1}, f \rangle = \langle \mu I_{C_0} P, f \rangle.$$

Since (2.8) is true for every  $f \in L_\infty(\mu)$ ,  $\mu I_{C_0} P = \mu I_{C_1}$ . By the same argument, we have  $\mu I_{C_1} P = \mu I_{C_2}, \dots, \mu I_{C_{\delta-1}} P = \mu I_{C_0}$ . Substituting 1 for  $f$  in (2.8) we then obtain  $\mu(C_0) = \mu(C_1)$ . Similarly  $\mu(C_1) = \mu(C_2), \dots, \mu(C_{\delta-1}) = \mu(C_0)$ .

Now every  $C_i$  is also a  $\mathcal{C}^{(n\delta)}$  atom for every positive integer  $n$ . Hence  $P^{n\delta}$  acting on  $C_i$  only is conservative and ergodic. It follows that for any  $P^{n\delta}$ -invariant measure  $\nu$ ,  $\nu I_{C_i}$  must be a constant multiple of  $\mu I_{C_i}$ . Hence  $\nu$  is of the form  $\sum_{i=0}^{\delta-1} \alpha_i \mu I_{C_i}$ .

**III. Asymptotic properties of  $[p^n(x, y)]$  for a  $\lambda$ -continuous, conservative, ergodic Markov operator.** All through this section, the Markov operator  $P$  is assumed to be  $\lambda$ -continuous, conservative and ergodic. Then  $P$  possesses a nontrivial  $\sigma$ -finite invariant measure  $\mu$  which is unique up to a constant multiple [8].  $\mu$  is equivalent to  $\lambda$ . Hence "a.e. ( $\lambda$ )" is the same as "a.e. ( $\mu$ )" and  $L_\infty(\lambda)$  and  $L_\infty(\mu)$  are the same space.

LEMMA 3.1. *If  $f \in L_q(\mu)$ ,  $1 \leq q < \infty$ , then  $Pf$ , given by*

$$Pf = Pf^+ - Pf^-,$$

*belongs to  $L_q(\mu)$  also. Furthermore, we have*

$$\|Pf\|_q \leq \|f\|_q$$

where  $\| \cdot \|_q$  denotes the  $L_q(\mu)$  norm.

**Proof.** We only need to prove for the case  $1 \leq q < \infty$ . For any non-negative function  $f$ , by Jensen's inequality, for ( $\lambda$ ) almost all  $x$

$$(3.1) \quad |Pf(x)|^q \leq \int p(x, y) |f(y)|^q \lambda(dy).$$

Hence

$$(3.2) \quad \begin{aligned} \int \mu(dx) |Pf(x)|^q &\leq \int \mu(dx) \left\{ \int p(x, y) |f(y)|^q \lambda(dy) \right\} \\ &= \int \mu(dy) |f(y)|^q. \end{aligned}$$

Hence  $f \in L_q(\mu)$  implies that  $Pf \in L_q(\mu)$  and  $\|Pf\|_q \leq \|f\|_q$ . Then for the general case that  $f$  may take on both positive and negative values and  $f \in L_q(\mu)$ ,  $Pf^+$ ,  $Pf^-$  are in  $L_q(\mu)$  and, therefore,  $Pf$  is well defined and is in  $L_q(\mu)$ . Jensen's inequality again implies (3.1) and from which (3.2) and the equality  $\|Pf\|_q \leq \|f\|_q$  follow immediately.

**LEMMA 3.2.** *If  $f$  is non-negative and  $f \in L_q(\mu)$  where  $1 \leq q \leq +\infty$ , then  $\liminf_{n \rightarrow \infty} P^n f$  is equal to a finite constant a.e. ( $\lambda$ ). If, in addition, the invariant measure  $\mu$  is infinite and  $q < +\infty$ , then  $\liminf_{n \rightarrow \infty} P^n f = 0$  a.e. ( $\lambda$ ).*

**Proof.** Since  $f$  is non-negative, we have, by Fatou's lemma,

$$\liminf_{n \rightarrow \infty} \int p(x, y) P^n f(y) \lambda(dy) \geq \int p(x, y) \liminf_{n \rightarrow \infty} P^n f(y) \lambda(dy).$$

Hence  $\liminf_{n \rightarrow \infty} P^n f \leq \int P \liminf_{n \rightarrow \infty} P^n f$  so that  $\liminf_{n \rightarrow \infty} P^n f$  is an excessive function. (A non-negative function  $g$  is excessive if  $Pg \leq g$ . For the properties of excessive functions see [8, §VI].) Since excessive functions for a conservative, ergodic Markov operator are constant functions  $\liminf_{n \rightarrow \infty} P^n f = \text{constant}$  a.e. ( $\lambda$ ). Since  $\inf_{k \geq n} P^k f \leq P^n f$  and  $\|P^k f\|_q \leq \|f\|_q$  by Lemma 3.1, we have also  $\inf_{k \geq n} P^k f \in L_q(\mu)$  and  $\|\inf_{k \geq n} P^k f\|_q \leq \|f\|_q$ . Hence  $\|\liminf_{n \rightarrow \infty} P^n f\|_q \leq \|f\|_q$ . Since  $\mu(X) = \infty$  and  $\liminf_{n \rightarrow \infty} P^n f$  is a constant function, we must have  $\liminf_{n \rightarrow \infty} P^n f = 0$  a.e. ( $\lambda$ ).

Now we shall proceed to study asymptotic properties of sequences  $\{P^n f\}$ . We shall again, as in §II, choose a definite version of the density function  $p(x, y)$  of  $P$  to satisfy

1.  $p(x, y) \geq 0$  for all  $(x, y) \in X \times X$  and
2.  $\int p(x, y) \lambda(x, y) = 1$  for all  $x \in X$ .

The iterates  $p^{(n)}(x, y)$  will be given inductively by (1.3). They also satisfy 1 and 2. For every positive integer  $n$ , every  $x \in X$  and  $E \in \mathcal{X}$  define

$$(3.3) \quad v_x^{(n)}(E) = \int_E p^{(n)}(x, y) \lambda(dy).$$

$v_x^{(n)}$  are probability measures and  $v_x^{(n+1)} = v_x^{(n)} P$ . Since  $P$  is ergodic the union of the supports of  $v_x^{(n)}$ ,  $n = 1, 2, \dots$ , is  $X$ . Now for every non-negative  $f$ ,  $P^n f(x)$  shall be given definitely by

$$(3.4) \quad P^n f(x) = \int v_x^{(n)}(dy) f(y) = \int p^{(n)}(x, y) f(y) \lambda(dy).$$

Let  $f$  be a fixed non-negative function which belongs to  $L_q(\mu)$  for some  $q$  satisfying  $1 \leq q \leq +\infty$ . By Lemma 3.2 there is a non-negative number  $a$  such that

$$\liminf_{n \rightarrow \infty} P^n f(x) = a$$

for ( $\lambda$ ) almost all  $x$ . Hence for ( $\lambda$ ) almost all  $x$  there is an increasing sequence  $\{n_i\}$

(the sequence depends on  $x$ ) of positive integers such that  $\lim_{i \rightarrow \infty} P^{n_i} f(x) = a$ . Let  $\rho(x)$  be the supremum of all non-negative integers  $k$  with the property that there is an increasing sequence  $\{n_i\}$  of positive integers such that

$$\lim_{i \rightarrow \infty} P^{(n_i + j)} f(x) = a \quad \text{for } j = 0, \dots, k.$$

$\rho(x)$  is defined for  $(\lambda)$  almost all  $x$  and  $0 \leq \rho(x) \leq +\infty$ . We shall show that  $\rho(x) = +\infty$  for  $(\lambda)$  almost all  $x$ .

**LEMMA 3.3.** *Let  $\eta$  be a probability measure, and let  $\{g_n\}$  be a sequence of  $\eta$ -integrable non-negative functions. If  $\liminf_{n \rightarrow \infty} g_n \geq a$  a.e.  $(\eta)$  and  $\lim_{n \rightarrow \infty} \int g_n d\eta = a$ , then there is an increasing sequence  $\{n_i\}$  of positive integers such that  $\{g_{n_i}\}$  converges a.e.  $(\eta)$  to  $a$ .*

**Proof.** If  $a = 0$ , then  $\{g_n\}$  converges to 0 in  $L_1(\eta)$ , hence, there is a subsequence  $\{g_{n_i}\}$  converging a.e.  $(\eta)$  to 0. Suppose  $a > 0$ . We shall find an increasing sequence  $\{n_i\}$  of positive integers such that

$$(3.5) \quad \eta(F_i) < \frac{2+a}{2^i} \quad \text{for } i \text{ sufficiently large}$$

where

$$F_i = \left[ x : g_{n_i}(x) \geq a + \frac{1}{2^i} \right].$$

(3.5) implies

$$(3.6) \quad \limsup_{i \rightarrow \infty} g_{n_i} \leq a \text{ a.e. } (\eta).$$

(3.6) and the fact that  $\liminf_{i \rightarrow \infty} g_{n_i} \geq a$  imply  $\lim_{i \rightarrow \infty} g_{n_i} = a$  a.e.  $(\eta)$ .

Now there is an increasing sequence  $\{n_i\}$  of positive integers satisfying the following two conditions for every  $i$ :

1.  $\int g_{n_i} d\eta < a + 1/4^i$ ,
2.  $\eta[g_{n_i} \leq a - 1/4^i] < 1/4^i$ .

Then, if  $a - 1/4^i \geq 0$ , we have

$$\begin{aligned} a + \frac{1}{4^i} &> \int g_{n_i} d\eta = \int_{[g_{n_i} \geq a + 1/2^i]} g_{n_i} d\eta + \int_{[a + 1/2^i > g_{n_i} > a - 1/4^i]} g_{n_i} d\eta + \int_{[g_{n_i} \leq a - 1/4^i]} g_{n_i} d\eta \\ &\geq \left( a + \frac{1}{2^i} \right) \eta(F_i) + \left( a - \frac{1}{4^i} \right) \eta \left[ a + \frac{1}{2^i} > g_{n_i} > a - \frac{1}{4^i} \right] \\ &\geq \left( a + \frac{1}{2^i} \right) \eta(F_i) + \left( a - \frac{1}{4^i} \right) \left\{ \eta \left[ a + \frac{1}{2^i} > g_{n_i} \right] - \frac{1}{4^i} \right\} \\ &= \left( a + \frac{1}{2^i} \right) \eta(F_i) + \left( a - \frac{1}{4^i} \right) \left[ 1 - \eta(F_i) - \frac{1}{4^i} \right] \\ &= \frac{2+1}{4^i} \eta(F_i) + \left( a - \frac{1}{4^i} \right) \left( 1 - \frac{1}{4^i} \right). \end{aligned}$$

Hence  $\eta(F_i) < (2 + a)/2^i$ .

The following lemma is a slight improvement of Lemma 3.3. The proof is trivial.

LEMMA 3.3'. Let  $\eta$  be a probability measure, and let  $\{g_n^{(j)}\}, j = 0, 1, \dots, k$ , be  $k + 1$  sequences of  $\eta$ -integrable, non-negative functions. If  $\liminf_{n \rightarrow \infty} g_n^{(j)} \geq a$  a.e. ( $\eta$ ) and  $\lim_{n \rightarrow \infty} \int g_n^{(j)} d\eta = a$  for  $j = 0, 1, \dots, k$ , then there is an increasing sequence  $\{n_i\}$  of positive integers such that  $\lim_{i \rightarrow \infty} g_{n_i}^{(j)} = a$  a.e. ( $\eta$ ) for  $j = 0, 1, \dots, k$ .

In what follows  $f$  shall be a fixed non-negative function in  $L_q(\mu)$ , and  $a$  is equal to  $\liminf_{n \rightarrow \infty} P^n f$  a.e. ( $\lambda$ ). Since  $P^m f, m = 1, 2, \dots$ , are also in  $L_q(\mu)$ , there is a set  $E_0$  of 0  $\lambda$ -measure such that, for every  $x \notin E_0$ , we have, simultaneously,

1.  $\liminf_{n \rightarrow \infty} P^n f(x) = a$ ,
2.  $P^m f(x)$  is finite for  $m = 1, 2, \dots$ . 2 is the same as,
- 2'.  $f$  is  $v_x^{(m)}$ -integrable for  $m = 1, 2, \dots$ , where  $v_x^{(m)}$  is given by (3.3).

LEMMA 3.4. Let  $x_0$  be a point of  $X - E_0$ . If  $\{n_i\}$  is an increasing sequence of positive integers such that  $\lim_{i \rightarrow \infty} P^{n_i+j} f(x_0) = a$  for  $j = 0, 1, \dots, k$ , then for every positive integer  $m$  there is a subsequence  $\{n'_i\}$  of  $\{n_i\}$  such that

$$\lim_{i \rightarrow \infty} P^{(n'_i - m) + j} f(x) = a \quad \text{for } j = 0, 1, \dots, k$$

for ( $\lambda$ ) almost all  $x$  on the support of the probability measure  $v_{x_0}^{(m)}$ .

**Proof.** Since

$$P^{n_i+j} f(x_0) = \int P^{(n_i - m) + j} f d v_{x_0}^{(m)},$$

we have

$$\lim_{i \rightarrow \infty} \int P^{(n_i - m) + j} f d v_{x_0}^{(m)} = a \quad \text{for } j = 0, 1, \dots, k.$$

Since  $\liminf_{i \rightarrow \infty} P^{(n_i - m) + j} f \geq a$  a.e. ( $v_{x_0}^{(m)}$ ), Lemma 3.3' is applicable. Hence there exists a subsequence  $\{n'_i\}$  of  $\{n_i\}$  such that for ( $\lambda$ ) almost all  $x$  on the support of  $v_{x_0}^{(m)}$  we have

$$\lim_{i \rightarrow \infty} P^{(n'_i - m) + j} f(x) = a \quad \text{for } j = 0, 1, \dots, k.$$

LEMMA 3.5. If, for some  $x \in X - E_0, \rho(x) \geq k$ , then  $\rho(x) \geq k$  for ( $\lambda$ ) almost all  $x$ .

**Proof.** If  $\rho(x_0) \geq k$  where  $x_0 \in X - E_0$ , then there is an increasing sequence  $\{n_i\}$  of positive integers such that  $\lim_{i \rightarrow \infty} P^{n_i+j} f(x_0) = a$  for  $j = 0, 1, \dots, k$ . By Lemma 3.3,  $\rho(x) \geq k$  for ( $\lambda$ ) almost all  $x$  belonging to the support of the measure  $v_{x_0}^{(m)}$ . Let the support of  $v_{x_0}^{(m)}$  be  $C_m$ .  $\{C_m\}$  is a consequent sequence. Hence  $\lambda(X - \bigcup_{m=1}^{\infty} C_m) = 0$ . Now  $\rho(x) \geq k$  for ( $\lambda$ ) almost all  $x$  in  $\bigcup_{m=1}^{\infty} C_m$ . Hence the lemma is proved .

LEMMA 3.6. *If  $P$  is aperiodic, then for every non-negative integer  $k$ , there is an  $x_0 \in X - E_0$  for which  $\rho(x_0) \geq k$ .*

**Proof.** The lemma is obviously true for  $k = 0$ . Suppose the lemma is true for  $k$ . There is an  $x_0 \in X - E_0$  and an increasing sequence  $\{n_i\}$  of positive integers for which

$$\lim_{i \rightarrow \infty} P^{n_i+j} f(x_0) = a \quad \text{for } j = 0, 1, \dots, k.$$

Let  $C_m$  be the support of the measure  $\nu_{x_0}^{(m)}$ .  $\{C_m\}$  is a consequent sequence. Since  $P$  is aperiodic, by Theorem 2.2, there is a positive integer  $N$  such that  $C_N \cap C_{N+1}$  is non-null. By Lemma 3.4 there is a subsequence  $\{n'_i\}$  of  $\{n_i\}$  for which we have, simultaneously,  $\lim_{i \rightarrow \infty} P^{(n'_i-N)+j} f(x) = a$ ,  $j = 0, 1, \dots, k$ , for  $(\lambda)$  almost all  $x$  in  $C_N$  and  $\lim_{i \rightarrow \infty} P^{(n'_i-N-1)+j} f(x) = a$ ,  $j = 0, 1, \dots, k$  for  $(\lambda)$  almost all  $x$  in  $C_{N+1}$ . Since  $C_N \cap C_{N+1}$  is non-null, there is a point  $y$  in  $C_N \cap C_{N+1}$  and  $y \notin E_0$  such that

$$\lim_{i \rightarrow \infty} P^{(n'_i-N)+j} f(y) = a \quad \text{and} \quad \lim_{i \rightarrow \infty} P^{(n'_i-N-1)+j} f(y) = a$$

for  $j = 0, 1, \dots, k$ . Hence we have

$$\lim_{i \rightarrow \infty} P^{(n'_i-N-1)+j} f(y) = a \quad \text{for } j = 0, 1, \dots, k + 1.$$

Therefore  $\rho(y) \geq k + 1$  and the lemma is proved.

LEMMA 3.7. *If  $P$  is aperiodic, then for  $(\lambda)$  almost all  $x$  and for every positive integer  $k$ , there is an increasing sequence  $\{n_i\}$  of positive integers for which*

$$\lim_{n \rightarrow \infty} P^{n_i+j} f(x) = a \quad \text{for } j = 0, 1, \dots, k.$$

*In other words,  $\rho(x) = \infty$ , for  $(\lambda)$  almost all  $x$ .*

**Proof.** It follows from Lemma 3.5 and Lemma 3.6 that for every positive integer  $k$ ,  $\rho(x) \geq k$  for  $(\lambda)$  almost all  $x$ . Hence  $\rho(x) = \infty$  for  $(\lambda)$  almost all  $x$ .

LEMMA 3.8. *If  $P$  is aperiodic and  $\lambda$  is a finite measure, then, for every positive number  $\varepsilon$ , there is a set  $A$  with  $\lambda(X - A) < \varepsilon$  and an increasing sequence  $\{n_i\}$  of positive integers such that the sequence of functions:*

$$P^{n_0} f, P^{n_1} f, P^{n_1+1} f, P^{n_2} f, P^{n_2+1} f, P^{n_2+2} f, \dots$$

*converges uniformly to a on  $A$  where  $a = \liminf_{n \rightarrow \infty} P^n f$ .*

**Proof.** Let  $x_0$  be a point of  $X - E_0$  for which  $\rho(x_0) = \infty$ , and let  $C_n$  be the support of  $\nu_{x_0}^{(n)}$ . Then  $\lambda(X - \bigcup_{n=1}^{\infty} C_n) = 0$  and, hence, there is a positive integer  $b$  such that  $\lambda(X - \bigcup_{n=1}^b C_n) < \varepsilon/2$ . Let  $B = \bigcup_{n=1}^b C_n$ .

Since  $\rho(x_0) = \infty$ , for every positive integer  $k$ , there is an increasing sequence  $\{n_i^{(k)}\}$  of positive integers such that

$$\lim_{i \rightarrow \infty} P^{n_i^{(k)}+1}(x_0) = a, \dots, \lim_{i \rightarrow \infty} P^{n_i^{(k)}+k} f(x_0) = a.$$

Applying Lemma 3.4 repeatedly for  $b$  times, we obtain a subsequence  $\{m_i^{(k)}\}$  of  $\{n_i^{(k)}\}$  such that, for every integer  $m$ ,  $1 \leq m \leq b$ ,

$$\lim_{i \rightarrow \infty} P^{\{m_i^{(k)}-m\}+1} f(x) = a, \dots, \lim_{i \rightarrow \infty} P^{\{m_i^{(k)}-m\}+k} f(x) = a$$

for  $(\lambda)$  almost all  $x$  on  $C_m$ . Let  $k \geq b$ . Then

$$\lim_{i \rightarrow \infty} P^{m_i^{(k)}} f(x) = a, \quad \lim_{i \rightarrow \infty} P^{m_i^{(k)}+1} f(x) = a, \dots, \quad \lim_{i \rightarrow \infty} P^{m_i^{(k)}+(k-b)} f(x) = a$$

for  $(\lambda)$  almost all  $x$  on  $B$ . Let  $l_i^k = m_i^{(k+b)}$ . Then for every non-negative integer  $k$ , the sequence  $\{l_i^k\}$  has the property that

$$\lim_{i \rightarrow \infty} P^{l_i^k} f(x) = a, \quad \lim_{i \rightarrow \infty} P^{l_i^k+1} f(x) = a, \dots, \quad \lim_{i \rightarrow \infty} P^{l_i^k+k} f(x) = a$$

for  $(\lambda)$  almost all  $x$  on  $B$ . Now, for every non-negative integer  $k$ , let  $n_k$  be a member of the sequence  $\{l_i^k\}$  such that

$$\lambda \left\{ B \cap \left[ \left( |P^{n_k} f - a| > \frac{1}{2^k} \right) \cup \left( |P^{n_k+1} f - a| > \frac{1}{2^k} \right) \cup \dots \cup \left( |P^{n_k+k} f - a| > \frac{1}{2^k} \right) \right] \right\} < \frac{1}{2^k}.$$

Then the sequence of functions:

$$(3.7) \quad P^{n_0} f, P^{n_1} f, P^{n_1+1} f, P^{n_2} f, P^{n_2+1} f, P^{n_2+2} f, \dots$$

converges to  $a$  a.e.  $(\lambda)$  on  $B$ . By Egoroff's theorem, there is a subset  $A$  of  $B$  such that  $\lambda(B - A) < \varepsilon/2$  and the sequence (3.7) converges uniformly to  $a$  on  $A$ .

The following lemma follows immediately from Lemma 3.8.

**LEMMA 3.9.** *If  $P$  is aperiodic, then, for every positive number  $\varepsilon$ , there is an increasing sequence  $\{n_i\}$  of positive integers such that the set*

$$(3.8) \quad E = \bigcap_{i=1}^{\infty} \bigcap_{k=0}^i [P^{n_i+k} f < a + \varepsilon]$$

has positive  $\lambda$  measure.

**LEMMA 3.10.** *If  $E$  is a set of positive  $\lambda$  measure, then  $\lim_{n \rightarrow \infty} (I_E P)^n 1 = 0$  a.e.  $(\lambda)$  where  $E' = X - E$ .*

**Proof.** Let  $\nu \in \mathcal{A}^+(\lambda)$ . Then

$$\begin{aligned}
 v(X) &= vP^n(X) = \langle vP^n, 1 \rangle \\
 &= \left\langle v \sum_{k=0}^{n-1} (I_{E'}P)^k I_A P^{n-k}, 1 \right\rangle + \langle v(I_{E'}P)^n, 1 \rangle \\
 &= \left\langle v \sum_{k=0}^{n-1} (I_{E'}P)^k I_A, 1 \right\rangle + v(I_{E'}P)^n(X) \\
 &= \left\langle v \sum_{k=0}^{n-1} (I_{E'}P)^k 1_A \right\rangle + v(I_{E'}P)^n(X).
 \end{aligned}$$

Since  $E$  is conservative and  $P$  is ergodic, we have

$$\lim_{n \rightarrow \infty} \sum_{k=0}^{n-1} (I_{E'}P)^k 1_E = 1 \text{ a.e. } (\lambda).$$

Hence

$$(3.9) \quad \lim_{n \rightarrow \infty} v(I_{E'}P)^n(X) = 0.$$

Setting  $v = v_x^{(1)}$  in (3.9), we obtain  $\lim_{n \rightarrow \infty} P(I_{E'}P)^n 1(x) = 0$ . Hence  $\lim_{n \rightarrow \infty} (I_{E'}P)^n 1 = 0$  a.e.  $(\lambda)$ .

We recall that the invariant measure  $\mu$  for  $P$  may be finite or infinite. We shall first study the case that  $\mu$  is finite.  $\mu$  is then always normalized to be a probability measure.

LEMMA 3.11. *If the invariant measure  $\mu$  of  $P$  is finite, then, for every  $v \in \mathcal{A}^+(\lambda)$ , the measures  $v, vP, vP^2, \dots$  are uniformly absolutely continuous with respect to  $\mu$ .*

**Proof.** Let  $Q$  be the  $\mu$ -reverse of  $P$ .  $Q$  is a  $\mu$ -measurable Markov operator characterized by the following equality

$$(3.10) \quad \int (Pg)h \, d\mu = \int g(Qh) \, d\mu$$

where  $g, h$  are non-negative functions (cf. [8, §VI]). Let  $g = dv/d\mu$ , then  $Q^n g = dvP^n/d\mu$ . Construct the infinite product space  $\Omega = \prod_{n=0}^{\infty} X_n$  and the product  $\sigma$ -algebra  $\mathcal{F} = \prod_{n=0}^{\infty} \mathcal{X}_n$  of subsets of  $\Omega$  where  $X_n = X, \mathcal{X}_n = \mathcal{X}$  for  $n = 0, 1, 2, \dots$ . A probability measure  $\mu$  on  $\mathcal{F}$  is then defined by

$$\begin{aligned}
 &\mu[X_0 \in A_0, X_1 \in A_1, \dots, X_n \in A_n] \\
 &= \int_{A_0} \mu(dx_0) \int_{A_1} \lambda(dx_1) \cdots \int_{A_n} \lambda(dx_n) p(x_0, x_1) p(x_1, x_2) \cdots p(x_{n-1}, x_n)
 \end{aligned}$$

where  $A_i \in \mathcal{X}$  for  $i = 0, 1, \dots, n$ . Coordinates  $X_0, X_1, \dots$ , considered as random variables defined on  $\Omega$ , constitute a stationary Markov process.  $Q^n g(X_n)$  is then

the conditional expectation of  $g(X_0)$  given random variables  $X_n, X_{n+1}, \dots$ . By the well-known martingale convergence theorem  $\{Q^n g(X_n)\}$  converges in  $L_1(\mu)$  and  $Q^n g(X_n)$  are uniformly  $\mu$ -integrable. Since the process is stationary, every  $X_n$  has  $\mu$  as its distribution, hence

$$\int_{[Q^n g \geq K]} Q^n g d\mu = \int_{[Q^n g(X_n) \geq K]} Q^n g(X_n) d\mu.$$

It follows that the functions  $Q^n g$  are uniformly  $\mu$ -integrable. Hence the measures  $\nu P^n$  are uniformly absolutely continuous with respect to  $\mu$ .

**THEOREM 3.1.** *If  $P$  is a  $\lambda$ -continuous, conservative, ergodic and aperiodic Markov operator whose invariant  $\mu$  is finite ( $\mu$  is then normalized), then, for every  $f \in L_\infty(\lambda)$ ,  $\{P^n f\}$  converges a.e. ( $\lambda$ ) to  $\int f d\mu$ .*

**Proof.** If the theorem is true for non-negative functions then, applying the result to  $f^+, f^-$ , we obtain the same conclusion for a function  $f$  which takes on both positive and negative values. So we shall only prove the theorem for a non-negative  $f$ . Let us assume  $f \leq 1$  a.e. ( $\lambda$ ).

By Lemma 3.2  $\liminf_{n \rightarrow \infty} P^n f$  is equal to a constant  $a$  a.e. ( $\mu$ ). Let  $\varepsilon$  be an arbitrary positive number. By Lemma 3.9, there is an increasing sequence  $\{n_i\}$  of positive integers such that the set  $E$  given by (3.8) has positive  $\lambda$  measure. Let  $x_0$  be an arbitrary point of  $X$  and  $\nu_{x_0}^{(m)}$  be given by (3.3). Then

$$\begin{aligned} P^{m+n_i+i} f(x_0) &= \int P^{n_i+i} f d\nu_{x_0}^{(m)} \\ &= \int \left[ \sum_{k=0}^{i-1} (I_{E'} P)^k I_E P^{n_i+i-k} f + (I_{E'} P)^i P^{n_i} f \right] d\nu_{x_0}^{(m)} \\ &\leq (a + \varepsilon) \int_{k=0}^{i-1} (I_{E'} P)^k 1_E d\nu_{x_0}^{(m)} + \int (I_{E'} P)^i 1 d\nu_{x_0}^{(m)} \\ &\leq (a + \varepsilon) + \int (I_{E'} P)^i 1 d\nu_{x_0}^{(m)}. \end{aligned}$$

By Lemma 3.10  $\lim_{i \rightarrow \infty} (I_{E'} P)^i 1 = 0$  a.e. ( $\mu$ ). Hence, for every positive integer  $\delta$ , there is an integer  $i_0$  and a set  $A$  with  $\mu(X - A) < \delta$  such that  $(I_{E'} P)^{i_0} 1 < \varepsilon$  on  $A$ . The number  $\delta$  is chosen to satisfy the condition that  $\nu_{x_0}^{(m)}(F) < \varepsilon$  for  $m = 1, 2, \dots$  whenever  $\mu(F) < \delta$ . This can be done because  $\nu_{x_0}^{(1)}, \nu_{x_0}^{(2)}, \dots$  are uniformly absolutely continuous with respect to  $\mu$  (Lemma 3.11). Hence for any positive integer  $m$ ,

$$\begin{aligned} P^{m+n_i_0+i_0} f(x_0) &\leq (a + \varepsilon) + \int_A (I_{E'} P)^{i_0} 1 d\nu_{x_0}^{(m)} + \nu_{x_0}^{(m)}(X - A) \\ &\leq a + 3\varepsilon. \end{aligned}$$

Hence we have

$$\limsup_{n \rightarrow \infty} P^n f(x_0) \leq a + 3\varepsilon.$$

Since  $\varepsilon$  is an arbitrary positive number,

$$(3.11) \quad \limsup_{n \rightarrow \infty} P^n f(x_0) \leq a.$$

(3.11) holds for every  $x_0 \in X$ , hence  $\lim_{n \rightarrow \infty} P^n f = a$  a.e. ( $\lambda$ ). Since  $\mu$  is the normalized invariant measure of  $P$ ,  $\int P^n f d\mu = \int f d\mu$  for  $n = 1, 2, \dots$ . Now  $\lim_{n \rightarrow \infty} \int P^n f d\mu = a$ , hence  $\int f d\mu = a$  and the proof of the theorem is then complete.

**THEOREM 3.2.** *If  $P$  is a  $\lambda$ -continuous, conservative, ergodic and aperiodic Markov operator whose invariant measure  $\mu$  is finite, and if  $f \in L_q(\mu)$ , where  $1 \leq q < \infty$ , then the sequence  $\{P^n f\}$  converges in  $L_q(\mu)$  to  $\int f d\mu$ .*

**Proof.** If  $g \in L_\infty(\mu)$ , by Theorem 3.1,  $\{P^n g\}$  converges a.e. ( $\mu$ ) to  $\int g d\mu$ . Hence  $\{P^n g\}$  converges to  $\int g d\mu$  in  $L_q(\mu)$ . Since  $L_\infty(\mu)$  is dense in  $L_q(\mu)$  in the sense of  $L_q(\mu)$  norm, we have, for every  $f \in L_q(\mu)$  and every  $\varepsilon > 0$ , a  $g \in L_\infty(\mu)$  such that  $\|f - g\|_q < \varepsilon/2$  and  $|\int f d\mu - \int g d\mu| < \varepsilon/2$ . By Lemma 3.1,  $\|P^n(f - g)\|_q \leq \|f - g\|_q$ , hence

$$\begin{aligned} \left\| P^n f - \int f d\mu \right\|_q &\leq \|P^n(f - g)\|_q + \left\| P^n g - \int g d\mu \right\|_q + \left| \int f d\mu - \int g d\mu \right| \\ &\leq \frac{\varepsilon}{2} + \left\| P^n g - \int g d\mu \right\|_q + \frac{\varepsilon}{2}. \end{aligned}$$

Therefore  $\limsup_{n \rightarrow \infty} \|P^n f - \int f d\mu\|_q \leq \varepsilon$  and the conclusion of the theorem follows.

**THEOREM 3.3.** *If  $P$  is a  $\lambda$ -continuous, conservative, ergodic and aperiodic Markov operator whose invariant measure  $\mu$  is finite and if  $f \geq 0$  and  $f \in L_1(\mu)$ , then  $\liminf_{n \rightarrow \infty} P^n f = \int f d\mu$  a.e. ( $\mu$ ).*

**Proof.** Let  $x$  be a fixed point of  $X$  and  $v_x^{(m)}$  be given by (3.3). Let  $\varepsilon$  be an arbitrary positive number. Since  $v_x^{(m)}$ ,  $m = 1, 2, \dots$ , are uniformly absolutely continuous to  $\mu$  by Lemma 3.11, there is a positive number  $\delta$  such that  $\mu(E) < \delta$  implies  $v_x^{(m)}(E) < \varepsilon$  for  $m = 1, 2, \dots$ . Now, by Theorem 3.2,  $\{P^n f\}$  converges in  $L_1(\mu)$  to  $\int f d\mu$ , hence there is an integer  $n_0$  such that  $\mu[P^{n_0} f < \int f d\mu - \varepsilon] < \delta$ . Hence for any positive integer  $m$

$$\begin{aligned} P^{m+n_0} f(x) &= \int v_x^{(m)}(dy) P^{n_0} f(y) \\ &\geq \int_{\{P^{n_0} f \geq \int f d\mu - \varepsilon\}} v_x^{(m)}(dy) P^{n_0} f(y) \\ &\geq v_x^{(m)} \left[ P^{n_0} f \geq \int f d\mu - \varepsilon \right] \left( \int f d\mu - \varepsilon \right) \\ &\geq (1 - \varepsilon) \left( \int f d\mu - \varepsilon \right). \end{aligned}$$

Hence  $\liminf_{n \rightarrow \infty} P^n f(x) \geq \int f d\mu$ . But by Fatou's lemma

$$\int \liminf_{n \rightarrow \infty} P^n f d\mu \leq \liminf_{n \rightarrow \infty} \int P^n f d\mu = \int f d\mu.$$

Hence

$$\liminf_{n \rightarrow \infty} P^n f = \int f d\mu \text{ a.e. } (\mu).$$

**THEOREM 3.4.** *Let  $P$  and  $\mu$  be as in Theorem 3.3. Then, for  $(\lambda)$  almost all  $x$   $\{p^{(n)}(x, \cdot)\}$  converges in  $L_1(\lambda)$  to  $d\mu/d\lambda$ , and  $\{p^{(n)}(x, y)\}$  converges to  $d\mu(y)/d\lambda$  in  $L_1(v \times \lambda)$  for any  $v \in \mathcal{A}^+(\lambda)$ . We also have  $\liminf_{n \rightarrow \infty} p^{(n)}(x, y) = d\mu/d\lambda(y)$  for  $(\lambda \times \lambda)$  almost all  $(x, y)$ .*

**Proof.** Define  $\bar{p}^{(n)}(x, y)$  by

$$(3.12) \quad \bar{p}^{(n)}(x, y) = p^{(n)}(x, y) \frac{d\lambda}{d\mu}(y)$$

and  $\bar{p}(x, y) = \bar{p}^{(1)}(x, y)$ . Then  $\bar{p}^{(n)}(x, y)$  is the density function of  $P^n$  with respect to the invariant measure  $\mu$ , and we have for  $(\mu)$  almost all  $x$

$$\int \bar{p}(x, y) \mu(dy) = 1,$$

and also for  $(\mu)$  almost all  $y$ ,

$$\int \bar{p}(x, y) \mu(dx) = 1.$$

$\bar{p}(\cdot, \cdot)$  is "doubly stochastic." Let  $Q$  be the  $\mu$ -reverse of  $P$ . Then (3.10) implies that for every non-negative function  $h$

$$Qh(y) = \int \bar{p}(x, y) h(x) \mu(dx).$$

Thus,  $Q$  is  $\mu$ -continuous. Let  $q^{(n)}(x, y)$  be the density function of  $Q^n$  with respect to  $\mu$ . Then

$$q^{(n)}(x, y) = \bar{p}^{(n)}(y, x).$$

Since  $P$  is conservative, so is  $Q$  [5, Theorem 3.1]. Since a  $Q$ -closed set is also  $P$ -closed [8, Lemma 7.2],  $Q$  is ergodic. Since the same relationship holds between  $P^n$  and  $Q^n$  as  $P$  and  $Q$ ,  $Q$  is also aperiodic. Now, let  $x$  be fixed and let us consider  $\bar{p}(x, \cdot)$  as a function of the second variable alone. Thus for  $(\mu)$  almost all  $x$ ,  $\bar{p}(x, \cdot)$  is an element of  $L_1(\mu)$  with its  $\mu$ -integral equal to 1. We also have

$$Q^n \bar{p}(x, \cdot) = \bar{p}^{(n+1)}(x, \cdot).$$

Applying Theorem 3.3 to  $Q$  and  $\bar{p}(x, \cdot)$  we have

$$\liminf \bar{p}^{(n)}(x, y) = 1$$

for  $(\mu \times \mu)$  almost all  $(x, y)$ . Hence it follows that

$$\liminf p^{(n)}(x, y) = \frac{d\mu}{d\lambda}(y)$$

for  $(\lambda \times \lambda)$  almost all  $(x, y)$ . Furthermore, applying Theorem 3.2, we have, for  $(\mu)$  almost all  $x$ ,  $\{\bar{p}^{(n)}(x, \cdot)\}$  converges in  $L_1(\mu)$  to 1. Now

$$\int |\bar{p}^{(n)}(x, y) - 1| \mu(dy) = \int \left| p^{(n)}(x, y) - \frac{d\mu}{d\lambda}(y) \right| \lambda(dy),$$

hence  $\{p^{(n)}(x, \cdot)\}$  converges in  $L_1(\lambda)$  to  $d\mu/d\lambda$ . Now, let

$$g_n(x) = \int \left| p^{(n)}(x, y) - \frac{d\mu}{d\lambda}(y) \right| \lambda(dy) = \int |\bar{p}^{(n)}(x, y) - 1| \mu(dy),$$

$\{g_n(x)\}$  converges to 0 a.e.  $(\mu)$ . We also have

$$g_n(x) \leq \int \bar{p}^{(n)}(x, y) \mu(dy) + 1 = 2.$$

Hence  $\{g_n(x)\}$  converges to 0 in  $L_1(\nu)$  for any  $\nu \in \mathcal{A}^+(\lambda)$ . Hence

$$\iint \left| p^{(n)}(x, y) - \frac{d\mu}{d\lambda}(y) \right| \lambda(dy) \nu(dx) \rightarrow 0$$

and  $\{p^{(n)}(x, y)\}$  converges to  $d\mu(y)/d\lambda$  in  $L_1(\nu \times \lambda)$ .

**THEOREM 3.5.** *Let  $P$  be a  $\lambda$ -continuous, conservative and ergodic Markov operator whose nontrivial invariant measure  $\mu$  is finite ( $\mu$  is normalized as usual). Let the period of  $P$  be  $\delta$  and  $C_0, C_1, \dots, C_{\delta-1}$  be the totality of distinct  $\mathcal{C}^{(\delta)}$  atoms with  $C_0 = A(C_1), \dots, C_{\delta-2} = A(C_{\delta-1})$ . Let  $f \in L_1(\mu)$  and  $c_0, c_1, \dots$  be defined by*

$$c_i = \delta \int_{C_i} f d\mu \quad \text{for } i = 0, \dots, \delta - 1,$$

$$c_i = c_j \quad \text{if } i \geq \delta, \quad i = n\delta + j, \quad 0 \leq j \leq \delta - 1.$$

Then

1. if  $f$  also belongs to  $L_\infty(\mu)$ , then for every non-negative integer  $k$  the sequence  $\{P^{n\delta+k} f\}$  converges to  $\sum_{i=0}^{\delta-1} c_{i+k} 1_{C_i}$  a.e.  $(\lambda)$ ,
2. if  $f$  belongs to  $L_q(\mu)$  where  $1 \leq q < \infty$ , then for every non-negative integer  $k$  the sequence  $\{P^{n\delta+k} f\}$  converges in  $L_q(\mu)$  to  $\sum_{i=0}^{\delta-1} c_{i+k} 1_{C_i}$ ,
3. if  $f \geq 0$ , then for every non-negative integer  $k$ ,

$$\liminf_{n \rightarrow \infty} P^{n\delta+k} f = \sum_{i=0}^{\delta-1} c_{i+k} 1_{C_i} \quad \text{a.e. } (\lambda).$$

**Proof.** By Theorem 2.3,  $\mu_{C_i}$  is  $P^\delta$ -invariant,  $\mu(C_i) = 1/\delta$ , and  $\mu I_{C_i} P^k = \mu I_{C_{i+k-j\delta}}$  where  $j$  is the largest non-negative integer for which  $j\delta \leq i+k$ . Hence

$$\int_{C_i} P^k f d\mu = \int f d(\mu I_{C_i} P^k) = \int f d\mu I_{C_{i+k-j\delta}} f d\mu = c_{i+k}.$$

Now  $P^\delta$  acting on  $C_i$  is aperiodic. For any  $f \in L_\infty(\lambda)$ , applying Theorem 3.1, we arrive at the conclusion that the sequence  $\{P^{n\delta} f\}$  converges a.e.  $(\lambda)$  on  $C_i$  to the limit  $c_i = \delta \int_{C_i} f d\mu$ . Hence the sequence converges a.e.  $(\lambda)$  to  $\sum_{i=0}^{\delta-1} c_i I_{C_i}$ . Replacing  $f$  by  $P^k f$  in the sequence, we conclude that the sequence  $\{P^{n\delta+k} f\}$  converges a.e.  $(\lambda)$  to  $\sum_{i=0}^{\delta-1} d_i I_{C_i}$  where  $d_i = \delta \int_{C_i} P^k f d\mu = c_{i+k}$ . In a similar manner, 2 may be derived from Theorem 3.2 and 3 may be derived from Theorem 3.3.

**THEOREM 3.6.** Let  $P$  be a  $\lambda$ -continuous, conservative and ergodic Markov operator whose nontrivial invariant measure  $\mu$  is finite ( $\mu$  is normalized as usual). Let the period of  $P$  be  $\delta$  and  $C_0, C_1, \dots, C_{\delta-1}$  be the totality of distinct, indecomposable  $P^\delta$ -closed sets with  $C_0 = A(C_1), \dots, C_{\delta-2} = A(C_{\delta-1})$ . For  $j > \delta - 1$ , let  $C_j = C_{j-n\delta}$  where  $n$  is the largest non-negative integer such that  $n\delta \leq j$ . For every non-negative integer  $k$ , define function  $g_k$  on  $X \times X$  by

$$g_k(x, y) = \delta \sum_{i=0}^{\delta-1} 1_{C_i \times C_{i+k}}(x, y) \frac{d\mu}{d\lambda}(y).$$

Then the sequence  $\{p^{(n\delta+k)}(\cdot, \cdot)\}$  converges in  $L_1(\nu \times \lambda)$  to  $g_k$  for every  $\nu \in \mathcal{A}^+(\lambda)$ . We also have

$$\liminf_{n \rightarrow \infty} p^{(n\delta+k)}(x, y) = g_k(x, y) \text{ for } (\lambda \times \lambda) \text{ almost all } (x, y).$$

**Proof.** As in the proof of Theorem 3.4 we define  $\bar{p}^{(n)}(x, y)$  by (3.12) and  $\bar{p}(x, y) = \bar{p}^{(1)}(x, y)$ . Then for  $(\lambda)$  almost all  $x$ ,  $\bar{p}^{(n)}(x, \cdot) \in L_1(\mu)$  with  $L_1(\mu)$  norm equal to 1. Furthermore, since  $C_i = A^k(C_{i+k})$  we have  $P^k 1_{C_{i+k}} \geq 1_{C_i}$ . Hence

$$(3.13) \quad \sum_{i=0}^{\delta-1} P^k 1_{C_{i+k}} \geq \sum_{i=0}^{\delta-1} 1_{C_i}.$$

However, equality holds in (3.13) since both sides of (3.13) are equal to 1. Hence  $P^k 1_{C_{i+k}} = 1_{C_i}$ , therefore,  $P^k 1_{C_{i+k}} = 1_{C_i} P^k 1_{C_{i+k}}$  and  $1_{C_i} P^k 1_{X-C_{i+k}} = 0$ . Thus for every  $f \in L_\infty(\lambda)$ ,  $P^k I_{C_{i+k}} f = I_{C_i} P^k I_{C_{i+k}} f = I_{C_i} P^k f$ . In terms of the density function  $\bar{p}^{(k)}(x, y)$ , we then have

$$1_{C_i}(x) \bar{p}^{(k)}(x, y) = 1_{C_i}(x) \bar{p}^{(k)}(x, y) 1_{C_{i+k}}(y) = \bar{p}^{(k)}(x, y) 1_{C_{i+k}}(y)$$

for  $(\lambda \times \lambda)$  almost all  $(x, y)$ . Hence for  $(\lambda)$  almost all  $x \in C_i$ ,  $\bar{p}^{(k)}(x, \cdot) = \bar{p}^{(k)}(x, \cdot) 1_{C_{i+k}}$ . Now we consider the  $\mu$ -reverse  $Q$  of  $P$  as in the proof of Theorem 3.4. Since a set is  $P^n$ -closed if and only if it is  $Q$  closed,  $Q$  also has  $\delta$  as its period and  $\{C_0, \dots, C_{\delta-1}\}$  is also the collection of all indecomposable  $Q^\delta$ -closed sets.

Applying Theorem 3.5 to  $Q$  and  $\bar{p}^{(k)}(x, \cdot)$  we have the sequence  $\{Q^{n\delta}\bar{p}^{(k)}(x, \cdot)\} = \{\bar{p}^{(n\delta+k)}(x, \cdot)\}$  converging in  $L_1(\mu)$  to  $\delta \cdot 1_{C_{i+k}}$  for  $(\lambda)$  almost all  $x \in C_i$  and  $\liminf_{n \rightarrow \infty} \bar{p}^{(n\delta+k)}(x, y) = \delta$  for  $(\lambda \times \lambda)$  almost all  $(x, y) \in C_i \times C_{i+k}$ . Hence  $\liminf_{n \rightarrow \infty} \bar{p}^{(n\delta+k)}(x, y) = \delta \sum_{i=0}^{\delta-1} 1_{C_i \times C_{i+k}}(x, y)$  and  $\liminf_{n \rightarrow \infty} p^{(n\delta+k)}(x, y) = g_k(x, y)$  follows immediately for  $(\lambda \times \lambda)$  almost all  $(x, y)$ . Moreover, if we define  $h_n$  by

$$h_n(x) = \int \left| \bar{p}^{(n\delta+k)}(x, y) - \sum_{i=0}^{\delta-1} \delta 1_{C_i \times C_{i+k}}(x, y) \right| \mu(dy),$$

then  $h_n(x) \rightarrow 0$  for  $(\lambda)$  almost all  $x$ . We also have, for  $(\lambda)$  almost all  $x$

$$h_n(x) \leq \int \bar{p}^{(n\delta+k)}(x, y) \mu(dy) + \int \delta \sum_{i=0}^{\delta-1} 1_{C_i \times C_{i+k}}(x, y) \mu(dy) \leq 2.$$

Hence for any  $v \in \mathcal{A}^+(\lambda)$ ,  $\int h_n(x)v(dx) \rightarrow 0$ , i.e.,

$$(3.14) \quad \lim_{n \rightarrow \infty} \int \int \left| \bar{p}^{(n\delta+k)}(x, y) - \sum_{i=0}^{\delta-1} \delta 1_{C_i \times C_{i+k}}(x, y) \right| \mu(dy)v(dx) = 0.$$

The  $L_1(v \times \lambda)$  convergence of  $\{\bar{p}^{n\delta+k}(\cdot, \cdot)\}$  to  $g_k$  then follows from (3.14).

Now we turn to study the case that the invariant measure  $\mu$  is infinite. We shall need the following

**LEMMA 3.12.** *If a set  $E$  has the property that there exists an increasing sequence  $\{n_k\}$  of positive integers for which the sequence of functions:*

$$(3.14) \quad P^{n_0} 1_E, P^{n_1} 1_E, P^{n_1+1} 1_E, \dots, P^{n_k} 1_E, P^{n_k+1} 1_E, \dots, P^{n_k+k} 1_E, \dots$$

*converges to 0 uniformly on  $E$ , then  $\limsup_{n \rightarrow \infty} P^n 1_E = 0$  a.e.  $(\lambda)$ .*

**Proof.** Let  $\varepsilon$  be an arbitrary positive number. Then there is a positive integer  $k_1$  such that  $P^{n_{k_1}} 1_E$  and all the terms in the sequence (3.14) which follow  $P^{n_{k_1}} 1_E$  are  $< \varepsilon$  on  $E$ . Let  $k_2$  be an integer such that  $k_2 > n_{k_1}$ . Then  $n_{k_2} > n_{k_1}$ , hence

$$P^{n_{k_2}} 1_E < \varepsilon, P^{n_{k_2} + n_{k_1}} < \varepsilon \text{ on } E.$$

Let  $k_3 > n_{k_1} + n_{k_2}$ , then  $n_{k_3} > n_{k_1}$  and

$$P^{n_{k_3}} 1_E < \varepsilon, P^{n_{k_3} + n_{k_1}} 1_E < \varepsilon, P^{n_{k_3} + n_{k_2} + n_{k_1}} 1_E < \varepsilon \text{ on } E,$$

..., etc. In this manner, we obtain a sequence  $\{n_{k_i}\}$  of positive integers. We shall rename it  $\{m_i\}$ . This sequence has the property that, for every positive integer  $i$ ,

$$(3.15) \quad P^{m_i} 1_E < \varepsilon, P^{m_i + m_{i-1}} 1_E < \varepsilon, \dots, P^{m_i + m_{i-1} + \dots + m_1} 1_E < \varepsilon$$

on  $E$ .

Now suppose  $\limsup_{n \rightarrow \infty} P^n 1_E$  is not equal to 0 a.e.  $(\lambda)$ . Then  $\liminf_{n \rightarrow \infty} P^n 1_{E'}$  is not equal to 1 a.e.  $(\lambda)$  where  $E' = X - E$ . Since, by Lemma 3.2,  $\liminf_{n \rightarrow \infty} P^n 1_{E'}$  is a constant function,  $\liminf_{n \rightarrow \infty} P^n 1_{E'} = a$  a.e.  $(\lambda)$  for some  $a < 1$ . Let  $b = 1 - a$

and  $\varepsilon < b/2$ . Let  $i_0$  be an integer such that  $i_0(b - 2\varepsilon) > 1$ . By Lemma 3.8, there is a point  $x$  of  $X$  and a positive integer  $N$  such that

$$P^N 1_E(x) < a + \varepsilon, P^{N+m_1} 1_E(x) < a + \varepsilon, \dots, P^{N+m_1+\dots+m_{i_0}} 1_E(x) < a + \varepsilon.$$

Then

$$(3.16) \quad P^N 1_E(x) > b - \varepsilon, P^{N+m_1} 1_E(x) > b - \varepsilon, \dots, P^{N+m_1+\dots+m_{i_0}} 1_E(x) < b - \varepsilon.$$

Now let

$$p_1(x, y) = \int_{E'} p^{(N)}(x, y_1) p^{(m_1)}(y_1, y) \lambda(dy_1);$$

$$p_2(x, y) = \int_{E'} \int_{E'} p^{(N)}(x, y_1) p^{(m_1)}(y_1, y_2) p^{(m_2)}(y_2, y) \lambda(dy_1) \lambda(dy_2),$$

.....

$$p_{i_0}(x, y) = \int_{E'} \dots \int_{E'} p^{(N)}(x, y_1) p^{(m_1)}(y_1, y_2) \dots p^{(m_{i_0})}(y_{i_0}, y) \lambda(dy_1) \lambda(dy_2) \dots \lambda(dy_{i_0}),$$

and

$$K_0(x, E) = P^N 1_E(x),$$

$$K_1(x, E) = \int_E p_1(x, y) \lambda(dy) = P^N I_{E'} P^{m_1} 1_E(x),$$

.....

$$K_{i_0}(x, E) = \int_E p_{i_0}(x, y) \lambda(dy) = P^N I_{E'} P^{m_1} I_{E'} \dots P^{m_{i_0-1}} I_{E'} P^{m_{i_0}} 1_E(x).$$

Then

$$(3.17) \quad K_0(x, E) + K_1(x, E) + \dots + K_{i_0}(x, E) \leq 1.$$

(3.17) may be proved by an elementary method similar to the one used in the proof of Lemma 6.1 of [8], or by constructing the infinite product space  $\Omega$  and the infinite product  $\sigma$ -algebra  $\mathcal{F}$  as in the proof of Lemma 3.11 and then defining a probability measure  $\eta$  on  $\mathcal{F}$  by

$$\begin{aligned} &\eta[X_1 \in A_1, \dots, X_n \in A_n] \\ &= \int_{A'} \dots \int_{A_n} p(x, x_1)(x_1, x_2) \dots p(x_{n-1}, x_n) \lambda(dx_1) \dots \lambda(dx_n). \end{aligned}$$

Then the left-hand side of (3.17) is

$$\eta[X_n \in E \text{ for some } n \text{ equal to one of } N, N + m_1, \dots, N + m_1 + \dots + m_{i_0}].$$

Now, for  $1 \leq k \leq i_0$

$$\begin{aligned}
 &P^{N+m_1+\dots+m_k}1_E(x) \\
 &= P^N I_E P^{m_1+\dots+m_k}1_E(x) + P^N I_{E'} P^{m_1} I_E P^{m_2+\dots+m_k}1_E(x) + \dots \\
 &\quad + P^N I_{E'} P^{m_1} I_{E'} \dots P^{m_{k-2}} I_{E'} P^{m_{k-1}} I_E P^{m_k} 1_E(x) + K_k(x, E).
 \end{aligned}$$

Applying (3.15), we have

$$\begin{aligned}
 P^{N+m_1+\dots+m_k}1_E(x) &\leq [K_0(x, E) + \dots + K_{k-1}(x, E)]\varepsilon + K_k(x, E) \\
 &\leq \varepsilon + K_k(x, E).
 \end{aligned}$$

Hence  $K_k(x, E) \geq b - 2\varepsilon$  by (3.16). Thus we obtain the inequality

$$K_1(x, E) + \dots + K_{i_0}(x, E) \geq i_0(b - 2\varepsilon) > 1$$

which contradicts (3.17). Thus the conclusion of Lemma 3.12 is proved.

**THEOREM 3.7.** *If  $P$  is a  $\lambda$ -continuous, conservative, ergodic and aperiodic Markov operator whose invariant measure  $\mu$  is infinite, and if  $E$  is a set of finite  $\mu$  measure, then, for every positive number  $\varepsilon$ , there is a set  $E_\varepsilon \subset E$  such that  $\mu(E_\varepsilon) < \varepsilon$  and  $\lim_{n \rightarrow \infty} P^n 1_{E-E_\varepsilon} = 0$  a.e. ( $\lambda$ ).*

**Proof.** Since  $E$  is a set of finite  $\mu$  measure,  $\liminf_{n \rightarrow \infty} P^n 1_E = 0$  a.e. ( $\lambda$ ) by Lemma 3.2. By Lemma 3.8, for any positive number  $\delta$  there is a set  $A$  with  $\lambda(X - A) < \delta$  and an increasing sequence  $\{n_i\}$  of positive integers such that the sequence of functions:

$$(3.18) \quad P^{n_0} 1_E, P^{n_1} 1_E, P^{n_1+1} 1_E, P^{n_2} 1_E, P^{n_2+1} 1_E, P^{n_2+2} 1_E, P^{n_3} 1_E, \dots$$

converges to 0 uniformly on  $A$ . We choose  $\delta$  to satisfy the condition that  $\mu(E \cap B) < \varepsilon$  whenever  $\lambda(B) < \delta$ . This is possible because  $\mu I_E$  is absolutely continuous to  $\lambda$ . Take  $E_\varepsilon$  to be  $E - A$ , then the sequence (3.18) converges to 0 uniformly on  $E - E_\varepsilon$ . Since  $1_{E-E_\varepsilon} \leq 1_E$ , the sequence of functions:

$$P^{n_0} 1_{E-E_\varepsilon}, P^{n_1} 1_{E-E_\varepsilon}, P^{n_1+1} 1_{E-E_\varepsilon}, P^{n_2} 1_{E-E_\varepsilon}, \dots$$

converges to 0 uniformly on  $E - E_\varepsilon$ . Applying Lemma 3.12, we have  $\lim_{n \rightarrow \infty} P^n 1_{E-E_\varepsilon} = 0$  a.e. ( $\lambda$ ).

**THEOREM 3.8.** *If  $P$  is a  $\lambda$ -continuous, conservative, ergodic and aperiodic Markov operator whose invariant measure  $\mu$  is infinite, then there is an increasing sequence  $\{E_k\}$  of sets such that  $\bigcup_{k=1}^\infty E_k = X$  and  $\lim_{n \rightarrow \infty} P^n 1_{E_k} = 0$  a.e. ( $\lambda$ ) for every  $k$ .*

**Proof.** Since  $\mu$  is  $\sigma$ -finite, there exists an increasing sequence  $\{F_k\}$  of sets such that  $\bigcup_{k=1}^\infty F_k = X$  and  $\mu(F_k) < \infty$  for every  $k$ . By Theorem 3.7, for each  $k$ , there is a set  $E_k \subset F_k$  such that  $\mu(F_k - E_k) < 1/2^k$  and  $\lim_{n \rightarrow \infty} P^n 1_{E_k} = 0$  a.e. ( $\lambda$ ). We may assume the sequence  $\{E_k\}$  to be monotonically increasing. Then

$$\mu \left( X - \bigcup_{k=1}^{\infty} E_k \right) = \mu \left( X - \bigcup_{k=N}^{\infty} E_k \right) \leq \mu \left[ \bigcup_{k=1}^{\infty} (F_k - E_k) \right] \leq \frac{1}{2^{N-1}}.$$

Hence  $\mu(X - \bigcup_{k=1}^{\infty} E_k) = 0$  and the theorem is proved.

**THEOREM 3.9.** *Let  $P$  be a  $\lambda$ -continuous, conservative and ergodic Markov operator whose invariant measure  $\mu$  is infinite, then there is an increasing sequence  $\{E_k\}$  of sets such that*

$$\bigcup_{k=1}^{\infty} E_k = X \text{ and } \lim_{n \rightarrow \infty} P^n 1_{E_k} = 0 \text{ a.e. } (\lambda) \text{ for } k = 1, 2, \dots.$$

**Proof.** Since  $P$  has a finite period  $\delta$ , the space  $X$  is partitioned into  $\delta$  sets:  $C_0, C_1, \dots, C_{\delta-1}$ , of which each is a  $\mathcal{C}^{(\delta)}$  atom. Then  $P^\delta$ , acting on  $C_i$  alone, is aperiodic and has  $\mu I_{C_i}$  as its invariant measure. By Theorem 2.3,  $\mu I_{C_i}$  is also infinite. Applying Theorem 3.8, we obtain an increasing sequence  $\{E_{i,k}, k=1, 2, \dots\}$  of sets such that  $C_i = \bigcup_{k=1}^{\infty} E_{i,k}$  and  $\lim_{n \rightarrow \infty} P^{n\delta} 1_{E_{i,k}} = 0$ , a.e.  $(\lambda)$ . Let  $E_k = \bigcup_{i=0}^{\delta-1} E_{i,k}$ . Then  $\{E_k\}$  is an increasing sequence of sets such that  $X = \bigcup_{k=1}^{\infty} E_k$  and  $\lim_{n \rightarrow \infty} P^{n\delta} 1_{E_k} = 0$  a.e.  $(\lambda)$  for every  $k$ . Now

$$P^{n\delta+i} 1_{E_k}(x) = \int P^{n\delta} 1_{E_k} d\nu_x^{(i)},$$

hence  $\lim_{n \rightarrow \infty} P^{n\delta+i} 1_{E_k} = 0$  a.e.  $(\lambda)$  for  $i = 0, 1, \dots, \delta - 1$  and the conclusion of the theorem follows immediately.

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