

ON AN INEQUALITY OF OPIAL AND BEESACK

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In further simplifying the proof of an inequality of Opial [3], which had already been simplified by Olech [2], Beesack [1] proved the inequality

$$\int_0^a |y(x)y'(x)| dx \leq \frac{1}{2} a \int_0^a (y'(x))^2 dx$$

for real $y(x)$ absolutely continuous on $(0, a)$ and with $y(0) = 0$. Equality holds only for $y = bx$ where b is a constant.

Here an even simpler proof will be given. Moreover one can take $y(x)$ as complex valued. Clearly

$$(1) \quad \int_0^a |y'(x)y(x)| dx = \int_0^a |x^{1/2}y'(x)| \left| x^{-1/2} \int_0^x y'(\xi)d\xi \right| dx \leq (AB)^{1/2},$$

where

$$(2) \quad A = \int_0^a x |y'(x)|^2 dx$$

and

$$B = \int_0^a x^{-1} \left| \int_0^x y'(\xi)d\xi \right|^2 dx$$

by the Schwarz inequality. By the same inequality

$$\left| \int_0^x y'(\xi)d\xi \right|^2 \leq x \int_0^x |y'(\xi)|^2 d\xi$$

with equality only if $y' = b$, a constant, almost everywhere. Hence

$$B \leq \int_0^a \left(\int_0^x |y'(\xi)|^2 d\xi \right) dx,$$

Received by the editors April 15, 1963.

¹Supported in part by the Office of Naval Research and the National Science Foundation, NSF GP-149.

and therefore, inverting the order of integration, we get

$$(3) \quad B \leq \int_0^a |y'(x)|^2(a-x)dx.$$

Since

$$(AB)^{1/2} \leq \frac{1}{2}(A+B),$$

(1), (2) and (3) give

$$(4) \quad \int_0^a |y(x)y'(x)| dx \leq \frac{1}{2}a \int_0^a |y'(x)|^2 dx,$$

which completes the proof.

It has already been seen that inequality occurs unless $y'(x) = b$ almost everywhere. This with $y(0) = 0$ implies

$$y(x) = bx.$$

In this case equality occurs in (4).

REFERENCES

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3. Z. Opial, *Sur une inégalité*, Ann. Polon. Math. **8** (1960), 29–32.

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