## ON THE $L^{1}$ NORM AND THE MEAN VALUE OF A TRIGONOMETRIC SERIES

L. C. KURTZ AND S. M. SHAH

1. Introduction. In a recent paper [6] S. Uchiyama has derived lower bounds for

$$
\int_{0}^{1}\left|\sum_{k=1}^{n} \phi_{k}(t) c_{k} e\left(m_{k} x\right)\right| d x
$$

where $\phi_{k}$ is the $k$ th Rademacher function, $\left\{m_{k}\right\}$ is a sequence of distinct integers, and $e\left(m_{k} x\right)=\exp \left(2 \pi i m_{k} x\right)$. Uchiyama's results hold except for values of $t$ in sets of arbitrarily small measure; these exceptional sets may include the values of $t$, near the origin, for which $\phi_{k}(t)=1$. We find here lower bounds for

$$
\int_{0}^{1}\left|\sum_{k=1}^{n} c_{k} e\left(m_{k} x\right)\right| d x
$$

which correspond to Uchiyama's results, but for these values of $t$. We have to put some conditions on the sequence $\left\{m_{k}\right\}$; simple examples show that our bounds cannot hold in general.
S. Chowla [1] conjectured that, for any sequence $\left\{m_{k}\right\}$ of increasing positive integers

$$
\begin{equation*}
\min _{0 \leq x<1} \sum_{k=1}^{n} \cos 2 \pi m_{k} x<-c n^{1 / 2} \tag{1}
\end{equation*}
$$

for some absolute constant $c>0$. S. Uchiyama [6] proved that given $n$ distinct integers $m_{1}, \cdots, m_{n}$, there exists always a subset $m_{j_{1}}$, $\cdots, m_{j_{r}}$ of $m_{1}, \cdots, m_{n}$, for which

$$
\min _{0 \leqq x<1} \sum_{i=1}^{r} \cos 2 \pi m_{j_{i} x} x<-\frac{1}{4}\left(\frac{1}{6}\right)^{1 / 2} n^{1 / 2}=(-0.102 \cdots) n^{1 / 2}
$$

We prove here that if $\left\{m_{k}\right\}$ is an admissible sequence (for definition, see below), then

$$
\min _{0 \leqq x<1} \sum_{k=1}^{n} \cos 2 \pi m_{k} x<-\frac{1}{8} n^{1 / 2}=(-0.125) n^{1 / 2}
$$

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2. Admissible sequences. We will say that a sequence $\left\{m_{k}\right\}$ of positive integers is admissible provided that $\left\{m_{k}\right\}$ is strictly increasing and $m_{k}-m_{j}+m_{l}-m_{p} \neq 0$ if $k \neq j, k \neq p$ and $j \neq l$ all hold. Note that this condition automatically holds if $l=p$ since $\left\{m_{k}\right\}$ is strictly increasing. Hence we shall assume $l \neq p$. Similarly if $k=l$ the condition is satisfied when $j=p$. There are many sequences which are admissible, as the following lemma shows.

Lemma. If $\left\{m_{k}\right\}$ is a sequence of positive integers such that $m_{k+1} \mid m_{k}$ $\geqq 2$, then $\left\{m_{k}\right\}$ is admissible.

Proof. Let $m_{k}=\max \left(m_{k}, m_{j}, m_{p}, m_{l}\right)$. Then

$$
m_{k}-m_{j}+m_{l}-m_{p}>m_{k}-m_{j}-m_{p} \geqq m_{k}-2 \max \left(m_{j}, m_{p}\right) \geqq 0 .
$$

If $m_{j}=\max \left(m_{k}, m_{j}, m_{p}, m_{l}\right)$, then the same argument shows that $m_{k}-m_{j}+m_{l}-m_{p} \neq 0$.

Remarks. For some deep results of Erdös, Chowla and others for similarly defined $B_{h}$-sequences ( $h \geqq 2$ ), see [3, pp. 76-97].
3. Theorems. We let $S_{n}(x)=\sum_{k=1}^{n} c_{k} e\left(m_{k} x\right), R_{n}=\sum_{k=1}^{n}\left|c_{k}\right|^{2}$ and $T_{n}=\sum_{k=1}^{n}\left|c_{k}\right|^{4}$.

Theorem 1. If $\left\{m_{k}\right\}$ is an admissible sequence, then

$$
\begin{equation*}
\int_{0}^{1}\left|S_{n}(x)\right| d x \geqq\left(\frac{R_{n}}{2-1 / n}\right)^{1 / 2}, \quad n=1,2, \cdots \tag{2}
\end{equation*}
$$

Proof. It is easy to see that

$$
\int_{0}^{1}\left|S_{n}(x)\right|^{2} d x=R_{n} .
$$

Also,

$$
\begin{aligned}
& \int_{0}^{1}\left|S_{n}(x)\right|^{4} d x=\int_{0}^{1}\left\{\sum_{k, j=1}^{n} c_{k} \bar{c}_{j} e\left(\left(m_{k}-m_{j}\right) x\right)\right\}^{2} d x \\
& \quad=\int_{0}^{1} \sum_{k, j=1}^{n}\left\{\sum_{l, p=1}^{n} c_{k} \bar{c}_{j} \bar{c}_{l} \bar{c}_{p} e\left(\left(m_{k}-m_{j}+m_{l}-m_{p}\right) x\right)\right\} d x .
\end{aligned}
$$

We break this sum into three parts:
(A) The terms with $k=j$ give

$$
\int_{0}^{1} \sum_{k=1}^{n}\left\{\sum_{l, p=1}^{n}\left|c_{k}\right|^{2} c_{l} \bar{c}_{p} e\left(m_{l}-m_{p}\right) x\right\} d x=\sum_{k=1}^{n} \sum_{l=1}^{n}\left|c_{k}\right|^{2}\left|c_{l}\right|^{2} .
$$

(B) When $k \neq j$ we have some terms when $k=p$ and $j=l$. These terms give the sum $\sum_{k, j=1 ; k \neq j}\left|c_{k}\right|^{2}\left|c_{j}\right|^{2}$.
(C) The remaining terms are given by

$$
\int_{0}^{1} \sum_{k, j=1 ; k \neq j}^{n}\left\{\sum_{l, p=1}^{n} c_{k} \bar{c}_{j} c_{l} \bar{c}_{p} e\left(\left(m_{k}-m_{j}+m_{l}-m_{p}\right) x\right)\right\} d x
$$

where either $k \neq p$ or $j \neq l$. In fact we may take $k \neq p$ and $j \neq l$ for if $k \neq p$ and $j=l$, the corresponding integral vanishes. Thus we have $k \neq j, k \neq p, j \neq l$ in (C); so $m_{k}-m_{j}+m_{l}-m_{p} \neq 0$ since $\left\{m_{k}\right\}$ is admissible, and the integral vanishes. This shows that

$$
\int_{0}^{1}\left|S_{n}(x)\right|^{4} d x=\sum_{k, l=1}^{n}\left|c_{k}\right|^{2}\left|c_{l}\right|^{2}+\sum_{k, l=1 ; k \neq l}^{n}\left|c_{k}\right|^{2}\left|c_{l}\right|^{2}=2 R_{n}^{2}-T_{n} .
$$

Hölder's inequality now yields the result,

$$
\begin{aligned}
\left(\int_{0}^{1}\left|S_{n}(x)\right| d x\right)^{2 / 3} & \geqq \int_{0}^{1}\left|S_{n}(x)\right|^{2} d x /\left(\int_{0}^{1}\left|S_{n}(x)\right|^{4} d x\right)^{1 / 3} \\
& =R_{n} /\left(2 R_{n}{ }^{2}-T_{n}\right)^{1 / 3} .
\end{aligned}
$$

Hence

$$
\int_{0}^{1}\left|S_{n}(x)\right| d x \geqq R_{n}^{3 / 2} /\left(2 R_{n}^{2}-T_{n}\right)^{1 / 2} \geqq R_{n}^{1 / 2} /(2-1 / n)^{1 / 2}
$$

Note that there is an equality sign when $n=1$. Also we have

$$
(2-1 / n)^{-1 / 2} \leqq\left\|S_{n}\right\|_{1} /\left\|S_{n}\right\|_{2} \leqq 1,
$$

where $\left\|S_{n}\right\|_{p}(p=1,2)$ denotes $L^{p}$ norm of $S_{n}$.
We can get a similar result for real series
(3) $\quad T_{n}(x, \alpha)=T_{n}(x)=\sum_{k=1}^{n} \rho_{k} \cos 2 \pi\left(m_{k} x+\alpha_{k}\right), \quad \rho_{k} \geqq 0, \quad \alpha_{k}$ real.

Theorem 2. If $\left\{m_{k}\right\}$ is an admissible sequence, then

$$
\begin{align*}
\int_{0}^{1}\left|T_{n}(x)\right| d x & \geqq\left(\sum_{1}^{n} \rho_{k}^{2}\right)^{1 / 2}  \tag{4}\\
& \frac{1}{2^{3 / 2}(2-1 / n)^{1 / 2}}, \quad n=1,2, \cdots
\end{align*}
$$

Proof. We have

$$
\int_{0}^{1}\left|T_{n}(x)\right|^{2} d x=\frac{1}{2} \sum_{k=1}^{n} \rho_{k}^{2} .
$$

If $U_{n}(x)=\sum_{k=1}^{n}\left\{\rho_{k} e\left(m_{k} x+\alpha_{k}\right)\right\}$, then $T_{n}(x)=\operatorname{Re} U_{n}(x)$. By Theorem 1 ,

$$
\begin{aligned}
\int_{0}^{1}\left|U_{n}(x)\right|^{4} d x & =2\left(\sum_{k=1}^{n}\left|\rho_{k} e\left(\alpha_{k}\right)\right|^{2}\right)^{2}-\sum_{k=1}^{n}\left|\rho_{k} e\left(\alpha_{k}\right)\right|^{4} \\
& =2\left(\sum_{k=1}^{n} \rho_{k}^{2}\right)^{2}-\sum_{1}^{n} \rho_{k}^{4}
\end{aligned}
$$

But $\left|T_{n}(x)\right| \leqq\left|U_{n}(x)\right|$ and Hölder's inequality now gives

$$
\begin{aligned}
&\left(\int_{0}^{1}\left|T_{n}(x)\right| d x\right)^{2 / 3} \\
& \geqq \frac{\int_{0}^{1}\left|T_{n}(x)\right|^{2} d x}{\left(\int_{0}^{1}\left|T_{n}(x)\right|^{4} d x\right)^{1 / 3}} \geqq \frac{\int_{0}^{1}\left|T_{n}(x)\right|^{2} d x}{\left(\int_{0}^{1}\left|U_{n}(x)\right|^{4} d x\right)^{1 / 3}} \\
& \geqq \frac{1}{2} \sum_{k=1}^{n} \rho_{k}^{2} \\
&\left.\geqq(2-1 / n)^{1 / 3}\left(\sum_{1}^{n} \rho_{k}^{2}\right)^{2 / 3}\right]
\end{aligned}=\left(\sum_{k=1}^{n} \rho_{k}^{2}\right)^{1 / 3} \frac{1}{2} \frac{1}{(2-1 / n)^{1 / 3}},
$$

and ${ }_{i}^{T}(4)$ is proved.
Theorem 3. If $\left\{m_{k}\right\}$ is an admissible sequence, then

$$
\begin{equation*}
\min _{0 \leq x<1} T_{n}(x) \leqq-\frac{1}{2^{5 / 2}(2-1 / n)^{1 / 2}}\left(\sum_{1}^{n} \rho_{k}^{2}\right)^{1 / 2} \tag{5}
\end{equation*}
$$

Proof. Write

$$
T_{n}^{+}=\max \left(T_{n}, 0\right), \quad T_{n}^{-}=-\min \left(T_{n}, 0\right)
$$

Then

$$
\begin{aligned}
\int_{0}^{1}\left|T_{n}\right| d x & =\int_{0}^{1} T_{n}^{+} d x+\int_{0}^{1} T_{n}^{-} d x \\
\int_{0}^{1} T_{n} d x & =\int_{0}^{1} T_{n}^{+} d x-\int_{0}^{1} T_{n}^{-} d x=0
\end{aligned}
$$

Hence

$$
2 \int_{0}^{1} T_{n} d x=\int_{0}^{1}\left|T_{n}(x)\right| d x
$$

But $T_{n}^{-}(x) \leqq-\min _{0 \leqq x \leqq 1} T_{n}(x)$. Hence

$$
\frac{1}{2^{5 / 2}(2-1 / n)^{1 / 2}}\left(\sum_{1}^{n} \rho_{k}^{2}\right)^{1 / 2} \leqq \int_{0}^{1} T_{n}^{-}(x) d x \leqq-\min _{0 \leq x \leq 1} T_{n}(x),
$$

and the theorem is proved.
Corollary. If $\left\{m_{k}\right\}$ is an admissible sequence, then

$$
\begin{equation*}
\min _{0 \leq x<1} \sum_{1}^{n} \cos 2 \pi m_{k} x \leqq-2^{-5 / 2}\left(2-\frac{1}{n}\right)^{-1 / 2} n^{1 / 2}<-\frac{1}{8} n^{1 / 2} \tag{6}
\end{equation*}
$$

We now consider this minimum when $\left\{m_{k}\right\}$ is not necessarily an admissible sequence. Let $\beta_{0}$ be the unique root of the equation

$$
I(x)=\int_{0}^{3 \pi / 2} \frac{\cos u}{u^{x}} d u=0
$$

The value of $\beta_{0}(=.30844 \cdots$ ) has been calculated (cf. [2], [4]) to fifteen places of decimal.

Theorem 4. Write

$$
\begin{equation*}
m(n)=\min _{0 \leq x<1} T_{n}(x, 0)=\min _{0 \leq x<1} \sum_{k=1}^{n} \rho_{k} \cos 2 \pi m_{k} x \tag{7}
\end{equation*}
$$

and let $0<\beta<\beta_{0}, 1 \leqq b<1 /(1-\beta), 0<\gamma<1-b(1-\beta)$. Suppose that
(8) $1 \leqq m_{1}<m_{2}<\cdots, \quad m_{k}<K k^{b} \rho_{k}^{1 /(1-\beta)}, \quad k=1,2, \cdots$, where $K$ is a constant. Then

$$
\begin{equation*}
\limsup _{n \rightarrow \infty}\left\{-m(n) / n^{\gamma}\right\}>0 \tag{9}
\end{equation*}
$$

We omit the proof which is similar to that of Theorem 3 of [2].
Remarks. A result similar to Theorem 4 can be proved for

$$
\min _{0 \leq x<1} \sum_{1}^{n} \rho_{k} \cos \left(2 \pi m_{k} x+2 \pi \alpha_{k}\right)
$$

provided we put a suitable condition on $\alpha_{k}$ (cf. [2], [5]).
Example. Let $1 \leqq m_{1}<m_{2}<\cdots, m_{k}=O\left(k^{1+\epsilon}\right), \rho_{k}>0, k=1,2, \cdots$, $\rho_{k}{ }^{-1}=O\left(k^{\epsilon}\right)$ for every $\epsilon>0$. Then the condition (8) is satisfied with $b>1$. Hence (9) holds with any number $\gamma<\beta_{0}$. This extends a result of Chowla [1, p. 131].

## References

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University of Kentucky

