

## CAUCHY-SCHWARZ AND MEANS INEQUALITIES FOR ELEMENTARY OPERATORS INTO NORM IDEALS

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(Communicated by Palle E. T. Jorgensen)

ABSTRACT. The Cauchy-Schwarz norm inequality for normal elementary operators

$$\left\| \sum_{n=1}^{\infty} A_n X B_n \right\| \leq \left\| \left( \sum_{n=1}^{\infty} A_n^* A_n \right)^{1/2} X \left( \sum_{n=1}^{\infty} B_n^* B_n \right)^{1/2} \right\|,$$

implies a means inequality for generalized normal derivations

$$\left\| \frac{AX + XB}{2} \right\| \leq \|X\|^{1-\frac{1}{r}} \left\| \frac{|A|^r X + X|B|^r}{2} \right\|^{\frac{1}{r}},$$

for all  $r \geq 2$ , as well as an inequality for normal contractions  $A$  and  $B$

$$\left\| (I - A^* A)^{\frac{1}{2}} X (I - B^* B)^{\frac{1}{2}} \right\| \leq \|X - AXB\|,$$

for all  $X$  in  $B(H)$  and for all unitarily invariant norms  $\|\cdot\|$ .

### 1. INTRODUCTION

Let  $B(H)$  and  $\mathcal{C}_\infty$  stand respectively for spaces of all bounded and all compact linear operators acting on a separable, infinite-dimensional, complex Hilbert space  $H$ . For an  $X \in B(H)$  let  $\|X\|$  denote its norm, and for an arbitrary  $X \in \mathcal{C}_\infty$  let  $s_1(X) \geq s_2(X) \geq \dots$  denote the singular values of  $X$ , i.e., the eigenvalues of  $|X| = (X^* X)^{1/2}$ , arranged in a non-increasing order, with their multiplicities counted. Each “symmetric gauge function”  $\Phi$  on sequences gives rise to a unitarily invariant (u.i.) norm on operators defined by  $\|A\|_\Phi = \Phi(\{s_n(A)\})$ . We will denote by the symbol  $\|\cdot\|$  any such norm. Any such norm is defined on a natural subclass  $\mathcal{C}_{\|\cdot\|}$  of  $\mathcal{C}_\infty$  called the norm ideal associated with the norm  $\|\cdot\|$ , and satisfies the invariance property  $\|UAV\| = \|A\|$  for all  $A$  in this ideal and for all unitary operators  $U, V$ . Each norm ideal  $\mathcal{C}_{\|\cdot\|}$  is closed in the topology generated by the norm  $\|\cdot\|$ . Particularly well known among unitarily invariant norms are the Schatten  $p$ -norms, defined as  $\|X\|_p = (\sum_{n=1}^{\infty} s_n^p(A))^{1/p}$  for  $1 \leq p < \infty$  and  $\|X\|_\infty = \|X\| = s_1(X)$ , which represent the norms on the Schatten  $p$ -ideals  $\mathcal{C}_p$ . The Ky Fan norms, defined as  $\|A\|_k = \Phi_k(s_i(A)) = \sum_{i=1}^k s_i(A)$  for  $k = 1, 2, \dots$ , represent another interesting family of unitarily invariant norms. The associated ideals  $\mathcal{C}_\infty^{(k)}$  consist of all compact operators as every Ky Fan  $k$ -norm is equivalent to the norm in  $\mathcal{C}_\infty$ . The property saying that for all  $X \in \mathcal{C}_\infty$  and  $Y \in \mathcal{C}_{\|\cdot\|}$  with  $\|X\|_k \leq \|Y\|_k$  for all  $k \geq 1$  we have

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Received by the editors March 12, 1996 and, in revised form, February 4, 1997.

1991 *Mathematics Subject Classification*. Primary 47A30; Secondary 47B05, 47B10, 47B15.

*Key words and phrases*. Unitarily invariant norms, Ky Fan dominance property.

$X \in \mathcal{C}_{\|\cdot\|}$  with  $\|X\| \leq \|Y\|$  is known as the Ky Fan dominance property ([GK], ch. 3, §4). For a complete account of the theory of norm ideals, the reader is referred to [GK], [Sch] and [Si].

If  $\mathcal{A} = (A_1, \dots, A_N)$  and  $\mathcal{B} = (B_1, \dots, B_N)$  are  $N$ -tuples of bounded Hilbert space operators, then the elementary operator  $R = R_{\mathcal{A}, \mathcal{B}}$  on  $B(H)$  is defined by  $R(X) = \sum_{n=1}^N A_n X B_n$ . Elementary operators were introduced by Lumer and Rosenblum in [LR], who studied their spectral properties. In this setting many authors subsequently studied spectral, algebraic, metric and structural properties of elementary operators (see [F83], [F85], [F87], [FL], [McI], and the references therein).

If both  $\{A_n\}_{n=1}^N$  and  $\{B_n\}_{n=1}^N$  are families of commuting normal operators, one can easily show that the associated elementary operator  $R_{\mathcal{A}, \mathcal{B}}$  is normal when restricted to the Hilbert space  $\mathcal{C}_2$ . So, in the sequel, by a normal elementary operator we will always mean such an operator, including those cases of  $N = \infty$  with the convergence guaranteed. As was shown by G. Weiss in his paper [W83], a famous Fuglede-Putnam type theorem extends to such operators. Very important examples of normal elementary operators are so called “pinching” operators  $R_{\mathcal{P}}(X) = \sum_{n=1}^{\infty} P_n X P_n$ , generated by a family of mutually orthogonal self-adjoint projections  $\{P_n\}_{n=1}^{\infty}$ .

## 2. MAIN RESULTS

We start with the basic Cauchy-Schwarz norm inequality for normal elementary operators. The following theorem extends “pinching” theorems 2.5.1 of [GK] and 1.19 of [Si].

**Theorem 2.1.** *If  $\sum_{n=1}^{\infty} C_n^* C_n \leq 1$ ,  $\sum_{n=1}^{\infty} C_n C_n^* \leq 1$ ,  $\sum_{n=1}^{\infty} D_n^* D_n \leq 1$  and  $\sum_{n=1}^{\infty} D_n D_n^* \leq 1$  for some operator families  $\{C_n\}_{n=1}^{\infty}$  and  $\{D_n\}_{n=1}^{\infty}$ , then also  $\sum_{n=1}^{\infty} C_n Y D_n \in \mathcal{C}_{\|\cdot\|}$  whenever  $Y \in \mathcal{C}_{\|\cdot\|}$  for some unitarily invariant norm  $\|\cdot\|$ , and moreover*

$$(2.1) \quad \left\| \sum_{n=1}^{\infty} C_n Y D_n \right\| \leq \|Y\|.$$

*Proof.* For arbitrary  $f$  and  $g$  in  $H$  a straightforward calculation gives

$$\begin{aligned} \left| \left\langle \left( \sum_{n=1}^{\infty} C_n Y D_n \right) f, g \right\rangle \right| &\leq \sum_{n=1}^{\infty} \|Y\| \|D_n f\| \|C_n^* g\| \\ &\leq \|Y\| \left( \sum_{n=1}^{\infty} \|D_n f\|^2 \right)^{1/2} \left( \sum_{n=1}^{\infty} \|C_n^* g\|^2 \right)^{1/2} \\ &= \|Y\| \left\langle \sum_{n=1}^{\infty} D_n^* D_n f, f \right\rangle^{1/2} \left\langle \sum_{n=1}^{\infty} C_n C_n^* g, g \right\rangle^{1/2} \\ &= \|Y\| \left\| \left( \sum_{n=1}^{\infty} C_n C_n^* \right)^{1/2} g \right\| \left\| \left( \sum_{n=1}^{\infty} D_n^* D_n \right)^{1/2} f \right\| \leq \|Y\| \|f\| \|g\|, \end{aligned}$$

from which we conclude that

$$(2.2) \quad \left\| \sum_{n=1}^{\infty} C_n Y D_n \right\| \leq \|Y\|.$$

Therefore, for all  $N = 1, 2, \dots$ , for  $Y \in \mathcal{C}_1$  and for all  $W \in B(H)$  we have

$$\begin{aligned} |tr(\sum_{n=1}^N C_n Y D_n W^*)| &= |tr(Y(\sum_{n=1}^N C_n^* W D_n^*)^*)| \\ &\leq \|Y\|_1 \|\sum_{n=1}^N C_n^* W D_n^*\| \leq \|Y\|_1 \|W\|, \end{aligned}$$

according to (2.2), from which we deduce that

$$(2.3) \quad \|\sum_{n=1}^N C_n Y D_n\|_1 \leq \|Y\|_1.$$

If  $Y \in \mathcal{C}_\infty$ , let  $Y = \sum_{n=1}^\infty s_n(Y) \langle \cdot, e_n \rangle f_n$  be a singular value decomposition for some orthonormal systems  $\{e_n\}$  and  $\{f_n\}$ . For all  $k \geq 2$  we introduce operators  $Z = \sum_{n=1}^{k-1} (s_n(Y) - s_{n+1}(Y)) \sum_{j=1}^n \langle \cdot, e_j \rangle f_j$  and  $V = s_k(Y) \sum_{n=1}^k \langle \cdot, e_n \rangle f_n + \sum_{n=k+1}^\infty s_n(Y) \langle \cdot, e_n \rangle f_n$ . We see that

$$\begin{aligned} Z &= \sum_{n=1}^{k-1} \sum_{j=1}^n (s_n(Y) - s_{n+1}(Y)) \langle \cdot, e_j \rangle f_j \\ &= \sum_{j=1}^k (s_j(Y) - s_k(Y)) \langle \cdot, e_j \rangle f_j \\ &= \sum_{n=1}^k s_n(Y) \langle \cdot, e_n \rangle f_n + s_k(Y) \sum_{n=1}^k \langle \cdot, e_n \rangle f_n = Y - V. \end{aligned}$$

We can also note that  $s_1(V) = \dots = s_k(V) = s_k(Y)$ , due to orthogonality of the systems  $\{e_n\}$  and  $\{f_n\}$ . That will allow us to conclude that for all Ky Fan  $k$ -norms we have

$$(2.4) \quad \begin{aligned} \left\| \sum_{n=1}^N C_n Y D_n \right\|_k &\leq \left\| \sum_{n=1}^N C_n Z D_n \right\|_k + \left\| \sum_{n=1}^N C_n V D_n \right\|_k \\ &\leq \|Z\|_1 + k \left\| \sum_{n=1}^N C_n Z D_n \right\|_\infty \end{aligned}$$

$$(2.5) \quad \leq \sum_{n=1}^{k-1} (s_n(Y) - s_{n+1}(Y)) \sum_{j=1}^n \|\langle \cdot, e_j \rangle f_j\|_\infty + k \|V\|_\infty$$

$$(2.6) \quad \leq \sum_{n=1}^{k-1} n(s_n(Y) - s_{n+1}(Y)) + k s_k(Y) = \sum_{n=1}^k s_n(Y) = \|Y\|_k,$$

with (2.4) following from (2.3) and (2.5) from (2.2).

Moreover, if  $Y$  is in  $\mathcal{C}_\infty$  then also  $\sum_{n=1}^\infty C_n Y D_n \in \mathcal{C}_\infty$ . Indeed, elementary operators  $R_N(Y) = \sum_{n=1}^N C_n Y D_n$  acting on  $\mathcal{C}_\infty^{(k)}$  represent a bounded family, because  $\|R_N(Y)\|_k \leq \|Y\|_k$  for all  $Y \in \mathcal{C}_\infty$  by (2.6). Also, for one dimensional operators

$f \otimes g$  and  $M > N$  we have

$$\begin{aligned} \|R_M(f \otimes g) - R_N(f \otimes g)\|_k &\leq \left\| \sum_{n=N+1}^M D_n^* f \otimes C_n g \right\|_1 \\ &\leq \sum_{n=N+1}^M \|D_n^* f\| \|C_n g\| \leq \left\| \left( \sum_{n=N+1}^M C_n C_n^* \right)^{\frac{1}{2}} g \right\| \left\| \left( \sum_{n=N+1}^M D_n^* D_n \right)^{\frac{1}{2}} f \right\|, \end{aligned}$$

which  $\rightarrow 0$  as  $M, N \rightarrow \infty$ . Therefore  $R_N(Y)$  converge in  $\mathcal{C}_\infty^{(k)}$  for all finite dimensional  $Y$  to a **compact** operator. By the uniform boundedness principle the same is true for all  $Y \in \mathcal{C}_\infty^{(k)}$ , due to its separability. So (2.1) holds for all Ky Fan  $k$ -norms, and we therefore invoke the Ky Fan dominance property to conclude that (2.1) holds for all unitarily invariant norms, as required.  $\square$

In the sequel we will refer to a family  $\{A_n\}_{n=1}^\infty$  in  $B(H)$  as square summable if  $\sum_{n=1}^\infty \|A_n f\|^2 < \infty$  for all  $f \in H$ . Though this means just the weak convergence of  $\sum_{n=1}^\infty A_n^* A_n$ , an appeal to the resonance principle shows that  $\sum_{n=1}^\infty A_n^* A_n$  actually defines a **bounded** Hilbert space operator, and due to the monotonicity of its partial sums, the convergence is moreover strong. For such families the following Cauchy-Schwarz inequality holds:

**Theorem 2.2.** *For a square summable families  $\{A_n\}_{n=1}^\infty$  and  $\{B_n\}_{n=1}^\infty$  of commuting normal operators*

$$(2.7) \quad \left\| \sum_{n=1}^\infty A_n X B_n \right\| \leq \left\| \left( \sum_{n=1}^\infty A_n^* A_n \right)^{1/2} X \left( \sum_{n=1}^\infty B_n^* B_n \right)^{1/2} \right\|,$$

for all  $X \in B(H)$  and for all u.i. norms  $\|\cdot\|$ . If  $\mathcal{C}_{\|\cdot\|}$  is separable and  $X \in \mathcal{C}_{\|\cdot\|}$ , then the left-hand side sum converges in the norm of this ideal.

*Proof.* First, we need a suitable factorization for Hilbert space operators  $A_n$  and  $B_n$ . Let  $A = \left( \sum_{n=1}^\infty A_n^* A_n \right)^{\frac{1}{2}}$  and  $B = \left( \sum_{n=1}^\infty B_n^* B_n \right)^{\frac{1}{2}}$ , and let  $P$  and  $Q$  denote respectively the orthogonal projections on  $\overline{R(A)}$  and  $\overline{R(B)}$ . If for a given  $f \in H$  we have that  $Pf = \lim_{k \rightarrow \infty} A g_k$  for some sequence  $\{g_k\}$  in  $H$ , then  $\lim_{k \rightarrow \infty} A_n g_k$  exists for all  $n \geq 1$  and does not depend on the chosen sequence. Indeed,

$$\|A_n g_k - A_n g_l\| \leq \|A(g_k - g_l)\| \rightarrow \|Pf - Pf\| = 0$$

as  $k, l \rightarrow \infty$ , and also  $\|A_n g_k - A_n h_k\| \leq \|A(g_k - h_k)\| \rightarrow 0$  as  $k \rightarrow \infty$  whenever  $\lim_{k \rightarrow \infty} A h_k = Pf$  for some other sequence  $\{h_k\}$ . Thus we can correctly introduce operators  $C_n, n = 1, 2, \dots$ , by  $C_n f = \lim_{k \rightarrow \infty} A_n g_k$ , where  $\{g_k\}$  is any sequence in  $H$  such that  $\lim_{k \rightarrow \infty} A g_k = Pf$ . Let us note that due to our definition every  $C_n$  vanishes on  $N(A)$ , i.e.,  $C_n = C_n P$ , and also  $C_n A = A C_n = A_n$ . Moreover,  $\sum_{n=1}^\infty C_n^* C_n = P$ . Indeed,  $\sum_{n=1}^\infty C_n^* C_n A^2 = \sum_{n=1}^\infty A_n^* A_n = A^2$  implies  $\sum_{n=1}^\infty C_n^* C_n P = P$ , which together with the fact that  $C_n(I - P) = 0$  gives the desired conclusion. For all  $m, n = 1, 2, \dots$ ,  $C_m^*$  and  $C_n$  commute on  $R(A^2)$  and  $N(A^2)$ , and so also on all of  $H$ . Thus  $\{C_n\}_{n=1}^\infty$  is a commuting family of normal contractions which realize the factorizations  $C_n A = A C_n = A_n$ , with  $\sum_{n=1}^\infty C_n^* C_n = P$ , and which commute with the family  $\{A_n\}_{n=1}^\infty$ . Similarly we get a commuting family  $\{D_n\}_{n=1}^\infty$  of normal contractions which also commute with  $\{B_n\}_{n=1}^\infty$  and satisfy  $D_n B = B D_n = B_n$  and  $\sum_{n=1}^\infty D_n^* D_n = Q$ . One could easily derive the next explicit

formula:  $C_n = \overline{A_n A^\dagger} = \overline{A^\dagger A_n}$ , where  $A^\dagger$  denotes a (densely defined) Moore-Penrose (generalized) inverse for  $A$ .

For  $Y = AXB \in \mathcal{C}_{\|\cdot\|}$  (there is nothing to prove in the opposite case), an application of Theorem 2.1 gives

$$(2.8) \quad \begin{aligned} \left\| \sum_{n=1}^{\infty} A_n X B_n \right\| &= \left\| \sum_{n=1}^{\infty} C_n Y D_n \right\| \\ &\leq \|Y\| = \left\| \left( \sum_{n=1}^{\infty} A_n^* A_n \right)^{1/2} X \left( \sum_{n=1}^{\infty} B_n^* B_n \right)^{1/2} \right\|, \end{aligned}$$

which proves the first part of theorem.

Finally, if  $\mathcal{C}_{\|\cdot\|}$  is separable, then for all  $N = 1, 2, \dots$ , an application of the just proven part of theorem combined with the arithmetic-geometric means inequality in [BhD] gives

$$(2.9) \quad \begin{aligned} \left\| \sum_{n=N}^{\infty} A_n X B_n \right\| &\leq \left\| \left( \sum_{n=N}^{\infty} A_n^* A_n \right)^{\frac{1}{2}} X \left( \sum_{n=N}^{\infty} B_n^* B_n \right)^{\frac{1}{2}} \right\| \\ &= \left\| \left( \sum_{n=N}^{\infty} C_n^* C_n \right)^{\frac{1}{2}} A X B \left( \sum_{n=N}^{\infty} D_n^* D_n \right)^{\frac{1}{2}} \right\| \\ &\leq \frac{1}{2} \left\| \left( \sum_{n=N}^{\infty} C_n^* C_n \right) A X B + A X B \left( \sum_{n=N}^{\infty} D_n^* D_n \right) \right\|. \end{aligned}$$

We see by (2.8) that  $\{\sum_{n=N}^{\infty} C_n^* C_n\}_{N=1}^{\infty}$  and  $\{\sum_{n=N}^{\infty} D_n^* D_n\}_{N=1}^{\infty}$  represent bounded sequences of selfadjoint operators which strongly converge to 0 as  $N \rightarrow \infty$ . As  $AXB \in \mathcal{C}_{\|\cdot\|}$ , which is separable, then the right-hand side of (2.9) tends to 0 as  $N \rightarrow \infty$  by Theorem 3.6.3. of [GK]. The conclusion follows.  $\square$

**Corollary 2.1.** For normal  $A$  and  $B$  in  $B(H)$  and for all real  $r \geq 2$ ,

$$(2.10) \quad \left\| \frac{AX + XB}{2} \right\| \leq \left\| \left( \frac{1 + |A|^r}{2} \right)^{\frac{1}{r}} X \left( \frac{1 + |B|^r}{2} \right)^{\frac{1}{r}} \right\|$$

as well as

$$(2.11) \quad \left\| \frac{X + AXB}{2} \right\| \leq \left\| \left( \frac{1 + |A|^r}{2} \right)^{\frac{1}{r}} X \left( \frac{1 + |B|^r}{2} \right)^{\frac{1}{r}} \right\|$$

for all  $X \in B(H)$  and for all u.i. norms  $\|\cdot\|$ .

*Proof.*  $\{A, I\}$  and  $\{I, B\}$  are families of normal commuting operators, and so for  $r = 2$  the desired conclusion follows by Theorem 2.2. For  $r > 2$  the mapping  $t \rightarrow t^{\frac{2}{r}}$  is operator monotone by a well known Heinz theorem, and therefore this is an operator concave mapping (see [BSh]). Specifically,  $\frac{1+|A|^2}{2} \leq \left( \frac{1+|A|^r}{2} \right)^{\frac{2}{r}}$ , from which we obtain  $\left\| \left( \frac{1+|A|^2}{2} \right)^{\frac{1}{2}} \left( \frac{1+|A|^r}{2} \right)^{-\frac{1}{r}} \right\| \leq 1$  and similarly  $\left\| \left( \frac{1+|B|^2}{2} \right)^{\frac{1}{2}} \left( \frac{1+|B|^r}{2} \right)^{-\frac{1}{r}} \right\| \leq 1$ .

Therefore

$$\left\| \left( \frac{1 + |A|^2}{2} \right)^{\frac{1}{2}} X \left( \frac{1 + |B|^2}{2} \right)^{\frac{1}{2}} \right\| \leq \left\| \left( \frac{1 + |A|^r}{2} \right)^{\frac{1}{r}} X \left( \frac{1 + |B|^r}{2} \right)^{\frac{1}{r}} \right\|,$$

which completes the proof.  $\square$

**Corollary 2.2.** For normal  $A$  and  $B$  in  $B(H)$  the inequality

$$(2.12) \quad \left\| \frac{AX + XB}{2} \right\| \leq \|X\|^{1-\frac{1}{r}} \left\| \frac{|A|^r X + X|B|^r}{2} \right\|^{\frac{1}{r}}$$

holds for all real  $r \geq 2$ , for all u.i. norms  $\|\cdot\|$  and for all  $X \in \mathcal{C}_{\|\cdot\|}$ .

*Proof.* By Corollary 2.1, for all  $t > 0$ ,

$$\begin{aligned} \left\| \frac{AX + XB}{2} \right\| &= t^{-1} \left\| \frac{tAX + XtB}{2} \right\| \\ &\leq t^{-1} \left\| \left( \frac{1 + |tA|^r}{2} \right)^{\frac{1}{r}} X \left( \frac{1 + |tB|^r}{2} \right)^{\frac{1}{r}} \right\|, \end{aligned}$$

and therefore

$$\left\| \frac{AX + XB}{2} \right\| \leq t^{-1} \|X\|^{1-\frac{2}{r}} \left\| \left( \frac{1 + |tA|^r}{2} \right)^{\frac{1}{2}} X \left( \frac{1 + |tB|^r}{2} \right)^{\frac{1}{2}} \right\|^{\frac{2}{r}},$$

by [Ki], because  $\frac{2}{r} < 1$ . Therefore, the arithmetic-geometric mean inequality implies

$$(2.13) \quad \begin{aligned} \left\| \frac{AX + XB}{2} \right\| &\leq \frac{1}{2t} \|X\|^{1-\frac{2}{r}} \left\| \frac{1 + |tA|^r}{2} X + X \frac{1 + |tB|^r}{2} \right\|^{\frac{2}{r}} \\ &\leq \frac{1}{2} \|X\|^{1-\frac{2}{r}} \left( t^{-\frac{r}{2}} \|X\| + t^{\frac{r}{2}} \left\| \frac{|A|^r X + X|B|^r}{2} \right\|^{\frac{2}{r}} \right). \end{aligned}$$

As the right-hand side equals  $\|X\|^{1-\frac{1}{r}} \left\| \frac{|A|^r X + X|B|^r}{2} \right\|^{\frac{1}{r}}$ , which attains its minimum for  $t = \|X\|^{\frac{1}{r}} \left\| \frac{|A|^r X + X|B|^r}{2} \right\|^{-\frac{1}{r}}$ , the conclusion follows.  $\square$

**Theorem 2.3.** For normal contractions  $A$  and  $B$  the inequality

$$(2.14) \quad \left\| (I - A^*A)^{\frac{1}{2}} X (I - B^*B)^{\frac{1}{2}} \right\| \leq \|X - AXB\|,$$

holds for all  $X \in B(H)$  and for all unitarily invariant norms  $\|\cdot\|$ .

*Proof.* First, we note that  $s\text{-}\lim_{n \rightarrow \infty} A^n (I - A^*A)^{\frac{1}{2}} = 0$ . Indeed, by a spectral theorem, for every  $f \in H$  there is a positive, finite Borel measure  $\mu$  concentrated on  $D = \{z \in \mathbf{C} : |z| \leq 1\}$  such that  $\|A^n (I - A^*A)^{\frac{1}{2}} f\|^2 = \int_D |z|^{2n} (1 - |z|^2) d\mu_f(z)$ , whence the desired conclusion follows by Lebesgue's dominating convergence theorem. Therefore

$$w\text{-}\lim_{n \rightarrow \infty} (I - A^*A)^{\frac{1}{2}} (X - A^n X B^n) (I - B^*B)^{\frac{1}{2}} = (I - A^*A)^{\frac{1}{2}} X (I - B^*B)^{\frac{1}{2}}.$$

So by Theorem 2.2 we get

$$\begin{aligned}
 & \left\| (I - A^*A)^{\frac{1}{2}} X (I - B^*B)^{\frac{1}{2}} \right\| \\
 &= \left\| \lim_{n \rightarrow \infty} (I - A^*A)^{\frac{1}{2}} (X - A^n X B^n) (I - B^*B)^{\frac{1}{2}} \right\| \\
 &= \left\| \sum_{k=0}^{\infty} (I - A^*A)^{\frac{1}{2}} A^k (X - AXB) B^k (I - B^*B)^{\frac{1}{2}} \right\| \\
 &\leq \left\| \left( \sum_{k=0}^{\infty} (I - |A|^2) |A|^{2k} \right)^{\frac{1}{2}} (X - AXB) \left( \sum_{k=0}^{\infty} |B|^{2k} (I - |B|^2) \right)^{\frac{1}{2}} \right\| \\
 (2.15) \quad &= \left\| (I - P)(X - AXB)(I - Q) \right\| \leq \|X - AXB\|,
 \end{aligned}$$

where  $P$  and  $Q$  are the orthogonal projections on  $\text{Ker}(I - A^*A)$  and  $\text{Ker}(I - B^*B)$  respectively. This concludes the proof.  $\square$

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