# A SHARP LOWER BOUND ON THE POLYGONAL ISOPERIMETRIC DEFICIT 

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#### Abstract

It is shown that the isoperimetric deficit of a convex polygon $P$ admits a lower bound in terms of the variance of the radii of $P$, the area of $P$, and the variance of the barycentric angles of $P$. The proof involves circulant matrix theory and a Taylor expansion of the deficit on a compact manifold.


## 1. Introduction

The polygonal isoperimetric inequality states that if $n \geq 3$ and $P$ is an $n$-gon with area $|P|$ and perimeter $L(P)$, then the deficit is nonnegative,

$$
\delta(P):=L^{2}(P)-4 n \tan \frac{\pi}{n}|P| \geq 0
$$

and uniquely minimized when $P$ is convex and regular. A sharp stability result for this classical inequality has recently been obtained in [IN15 via a novel approach involving a functional minimization problem on a compact manifold and the spectral theory for circulant matrices. The heart of the matter is a quantitative polygonal isoperimetric inequality for convex polygons which states that

$$
\begin{equation*}
\sigma_{s}^{2}(P)+\sigma_{r}^{2}(P) \lesssim \delta(P), \tag{1.1}
\end{equation*}
$$

where $\sigma_{s}^{2}(P)$ is the variance of the side lengths of $P$ and $\sigma_{r}^{2}(P)$ is the variance of its radii (i.e. the distances between the vertices and their barycenter).

The starting point of the proof is the following inequality [FRS85, pg. 35] which holds for any $n$-gon:

$$
\begin{equation*}
8 n^{2} \sin ^{2} \frac{\pi}{n} \sigma_{r}^{2}(P) \leq n S(P)-4 n \tan \frac{\pi}{n}|P|, \tag{1.2}
\end{equation*}
$$

where $S(P)$ is the sum of the squares of the side lengths of $P$. Since $n^{2} \sigma_{s}^{2}(P)=$ $n S(P)-L^{2}(P)$, it follows that (1.2) is equivalent to

$$
\begin{equation*}
8 n^{2} \sin ^{2} \frac{\pi}{n} \sigma_{r}^{2}(P) \leq \delta(P)+n^{2} \sigma_{s}^{2}(P) \tag{1.3}
\end{equation*}
$$

In order to establish (1.1), it is shown in (IN15 that

$$
\begin{equation*}
\sigma_{s}^{2}(P) \lesssim \delta(P) \tag{1.4}
\end{equation*}
$$

whenever $P$ is a convex $n$-gon; thereafter, a more general stability result (e.g. valid for simple $n$-gons) is deduced via a version of the Erdős-Nagy theorem which states that a polygon may be convexified in a finite number of "flips" while keeping the

[^0]perimeter invariant. The method of proof of (1.2) given in FRS85 is based on a polygonal Fourier decomposition, whereas the technique in IN15 is based on a Taylor expansion of the deficit (in a suitable sense). It is natural to wonder whether one can directly deduce (1.1) via the method in IN15 without relying on FRS85. A positive answer is given in this paper. In fact, a new inequality is established which combined with (1.4) improves (1.1).

Let $\sigma_{a}^{2}(P)$ denote the variance of the barycentric angles of $P$ (i.e. the angles generated by the vertices and barycenter of the set of vertices of $P$; see \$22). Then the following is true.

Theorem 1.1. Let $n \geq 3$ and let $P$ be a convex $n$-gon. There exists $c_{n}>0$ such that

$$
c_{n} \delta(P) \geq \sigma_{r}^{2}(P)+|P| \sigma_{a}^{2}(P)
$$

and the exponent on the deficit is sharp.
This result directly combines with (1.4) and yields:
Corollary 1.2. Let $n \geq 3$ and let $P$ be a convex n-gon. There exists $c_{n}>0$ such that

$$
c_{n} \delta(P) \geq \sigma_{s}^{2}(P)+\sigma_{r}^{2}(P)+|P| \sigma_{a}^{2}(P)
$$

Remark 1.3. The theorem holds for a more general class of polygons. The only requirement in the proof is that the barycentric angles of $P$ sum to $2 \pi$.

Remark 1.4. An inequality of the form

$$
\sigma_{a}^{2}(P) \leq c_{n} \delta(P)
$$

cannot hold in general. One can see this by a simple scaling consideration: let $P$ be a convex polygon and let $P_{\alpha}$ be the convex polygon obtained by dilating the radii of $P$ by $\alpha>0$. Then $\delta\left(P_{\alpha}\right)=\alpha^{2} \delta(P)$, but $\sigma_{a}^{2}\left(P_{\alpha}\right)=\sigma_{a}^{2}(P)$.

Quantitative polygonal isoperimetric inequalities turn out to be useful tools in geometric problems. For instance (1.1) was recently utilized in CM14 to improve a result of Hales which showed up in his proof of the honeycomb conjecture Hal01. This was achieved by showing that the notion of asymmetry in (1.1) directly controls the Hausdorff distance between $P$ and a specific regular polygon. Moreover, [IN15] has also been employed in CN15 to prove a quantitative version of a Faber-Krahn inequality for the Cheeger constant of $n$-gons obtained in BF15. Related stability results for the isotropic, anisotropic, and relative isoperimetric inequalities have been obtained in FMP08, FMP10, FI13, respectively.

## 2. Preliminaries

Let $n \geq 3$ and let $P \subset \mathbb{R}^{2}$ be an $n$-gon generated by the set of vertices $\left\{A_{1}\right.$, $\left.A_{2}, \ldots, A_{n}\right\} \subset \mathbb{R}^{2}$ whose center of mass $O$ is taken to be the origin. For $i \in$ $\{1,2, \ldots, n\}$, the $i$-th side length of $P$, denoted by $l_{i}:=A_{i} A_{i+1}$, is the length of the vector $\overrightarrow{A_{i} A_{i+1}}$ which connects $A_{i}$ to $A_{i+1}$, where $A_{i}=A_{j}$ if and only if $i=j(\bmod n)$; with this notation in mind, $\left\{r_{i}:=O A_{i}\right\}_{i=1}^{n} \xrightarrow{\text { is the set of radii. }}$ Furthermore, $x_{i}$ is the angle between the vectors $\overrightarrow{O A_{i}}$ and $\overrightarrow{O A_{i+1}}$ and the set $\left\{x_{i}\right\}_{i=1}^{n}$ comprises the barycentric angles of $P$.

The circulant matrix method introduced in [IN15] is based on the idea that a large class of polygons can be viewed as points in $\mathbb{R}^{2 n}$ satisfying some constraints. More precisely, consider

$$
\mathcal{M}:=\left\{(x ; r) \in \mathbb{R}^{2 n}: x_{i}, r_{i} \geq 0 \text {, (2.1), (2.2), (2.3) hold }\right\}
$$

where

$$
\begin{gather*}
\sum_{i=1}^{n} r_{i}=n  \tag{2.2}\\
\left\{\begin{array}{c}
\sum_{i=1}^{n} r_{i} \cos \left(\sum_{k=1}^{i-1} x_{k}\right)=0 \\
\sum_{i=1}^{n} r_{i} \sin \left(\sum_{k=1}^{i-1} x_{k}\right)=0
\end{array}\right.
\end{gather*}
$$

Note that $\mathcal{M}$ is a compact $2 n-4$ dimensional manifold and each point $(x ; r) \in \mathcal{M}$ represents a polygon centered at the origin with barycentric angles $x$ and radii $r$; therefore, it is appropriate to name such objects polygonal manifolds. Indeed, a point $O$ is the barycenter of the set of vertices of $P$ if and only if

$$
\sum_{i=1}^{n} \overrightarrow{O A_{i}}=0
$$

which is equivalent to saying that the projections of $\sum_{i=1}^{n} \overrightarrow{O A_{i}}$ onto $\overrightarrow{O A_{1}}$ and $\overrightarrow{O A_{1}} \perp$ vanish; in other words, $(x ; r)$ satisfies (2.3). Furthermore, (2.1) is satisfied by all convex polygons (also many nonconvex ones) and (2.2) is a convenient technical assumption which derives from scaling considerations. Note that the convex regular $n$-gon corresponds to the point $\left(x_{*} ; r_{*}\right)=\left(\frac{2 \pi}{n}, \ldots, \frac{2 \pi}{n} ; 1, \ldots, 1\right)$. With this in mind, the variance of the interior angles and radii of $P$ are represented, respectively, by the quantities

$$
\begin{aligned}
& \sigma_{a}^{2}(P)=\sigma_{a}^{2}(x ; r):=\frac{1}{n} \sum_{i=1}^{n} x_{i}^{2}-\frac{1}{n^{2}}\left(\sum_{i=1}^{n} x_{i}\right)^{2}, \\
& \sigma_{r}^{2}(P)=\sigma_{r}^{2}(x ; r):=\frac{1}{n} \sum_{i=1}^{n} r_{i}^{2}-\frac{1}{n^{2}}\left(\sum_{i=1}^{n} r_{i}\right)^{2} .
\end{aligned}
$$

Moreover, in $(x ; r)$ coordinates, the deficit is given by the formula

$$
\begin{aligned}
\delta(P)=\delta(x ; r): & \left(\sum_{i=1}^{n}\left(r_{i+1}^{2}+r_{i}^{2}-2 r_{i+1} r_{i} \cos x_{i}\right)^{1 / 2}\right)^{2} \\
& -2 n \tan \frac{\pi}{n} \sum_{i=1}^{n} r_{i} r_{i+1} \sin x_{i} .
\end{aligned}
$$

## 3. Proof of Theorem 1.1

By a simple reduction argument, it suffices to prove the inequality on $\mathcal{M}$ : let $P$ be a convex $n$-gon and note that it is represented by $(x ; r) \in \mathbb{R}^{2 n}$, where $x \in \mathbb{R}^{n}$ denotes its interior angles and $r \in \mathbb{R}^{n}$ its radii. Convexity implies (2.1), and (2.3) follows from the definition of barycenter. If

$$
\sum_{i=1}^{n} r_{i}=s \neq n
$$

consider (by a slight abuse of notation) the polygon $P_{s}=\left(x ; \frac{n}{s} r\right)$ obtained by scaling the radii of $P$. Evidently $\sigma_{a}^{2}\left(P_{s}\right)=\sigma_{a}^{2}(P),\left|P_{s}\right|=(n / s)^{2}|P|, \sigma_{r}^{2}\left(P_{s}\right)=(n / s)^{2} \sigma_{r}^{2}(P)$, and $\delta\left(P_{s}\right)=(n / s)^{2} \delta(P)$. Hence if the inequality stated in the theorem holds for $P_{s} \in \mathcal{M}$, then it also holds for $P$. Now let

$$
\begin{aligned}
\phi(x ; r): & =n^{2}\left(|P| \sigma_{a}^{2}+\sigma_{r}^{2}\right) \\
& =\frac{1}{2}\left(\sum_{i=1}^{n} r_{i} r_{i+1} \sin x_{i}\right)\left(n \sum_{i=1}^{n} x_{i}^{2}-\left(\sum_{i=1}^{n} x_{i}\right)^{2}\right)+n \sum_{i=1}^{n} r_{i}^{2}-\left(\sum_{i=1}^{n} r_{i}\right)^{2},
\end{aligned}
$$

and note that it suffices to show

$$
\begin{equation*}
\phi(x ; r) \leq c \delta(x ; r) \tag{3.1}
\end{equation*}
$$

for all $(x ; r) \in \mathcal{M}$. The polygonal isoperimetric inequality implies $\delta(x ; r) \geq 0$ for every $(x ; r) \in \mathcal{M}$ with $\delta(x ; r)=0$ if and only if $(x ; r)=z_{*}:=\left(x_{*} ; r_{*}\right)$. Since $\mathcal{M}$ is compact and $\delta$ is continuous it follows that for $\mu>0$,

$$
\inf _{\mathcal{M} \backslash B_{\mu}\left(z_{*}\right)} \delta>0,
$$

and so (3.1) follows easily on $\mathcal{M} \backslash B_{\mu}\left(z_{*}\right)$. Thus it suffices to prove (3.1) for some neighborhood $B_{\mu}$ of the point $z_{*}$. Direct calculations imply (recall that the notation is periodic $\bmod n$ )

$$
\begin{gather*}
D \phi\left(z_{*}\right):=\left(D_{x} \phi\left(z_{*}\right), D_{r} \phi\left(z_{*}\right)\right)=0,  \tag{3.2}\\
D_{x_{k} x_{l}} \phi\left(z_{*}\right)=\left\{\begin{aligned}
n(n-1) \sin \frac{2 \pi}{n}, & k=l, \\
-n \sin \frac{2 \pi}{n}, & k \neq l,
\end{aligned}\right. \\
D_{r_{k} r_{l}} \phi\left(z_{*}\right)=\left\{\begin{array}{rr}
2(n-1), & k=l, \\
-2, & k \neq l,
\end{array}\right.
\end{gather*}
$$

and $D_{r_{k} x_{l}} \phi\left(z_{*}\right)=0$. Thus by letting $\Phi:=D^{2} \phi\left(z_{*}\right)$ it follows that

$$
\Phi=\left(\begin{array}{cc}
n \sin \frac{2 \pi}{n} \mathcal{C} & 0_{n \times n} \\
0_{n \times n} & 2 \mathcal{C}
\end{array}\right)
$$

where $0_{n \times n}$ is the $n \times n$ zero matrix and

$$
\mathcal{C}=\left(\begin{array}{cccccc}
n-1 & -1 & & \cdots & & -1 \\
-1 & n-1 & -1 & & \cdots & \\
& -1 & n-1 & -1 & \ddots & \vdots \\
\vdots & & \ddots & \ddots & \ddots & \\
& \vdots & \ddots & -1 & n-1 & -1 \\
-1 & & \cdots & & -1 & n-1
\end{array}\right)_{n \times n} .
$$

Moreover, $D \delta\left(z_{*}\right)$ is given by

$$
\left\{\begin{array}{l}
D_{x_{k}} \delta\left(z_{*}\right)=2 n \tan \frac{\pi}{n} \\
D_{r_{k}} \delta\left(z_{*}\right)=0
\end{array}\right.
$$

hence, (2.1) implies

$$
\begin{align*}
\left\langle D \delta\left(z_{*}\right),\left(x-x_{*} ; r-r_{*}\right)\right\rangle & =\left\langle D_{x} \delta\left(z_{*}\right), x-x_{*}\right\rangle+\left\langle D_{r} \delta\left(z_{*}\right), r-r_{*}\right\rangle \\
& =2 n \tan \frac{\pi}{n} \sum_{i=1}^{n}\left(x_{i}-\left(x_{*}\right)_{i}\right)=0 . \tag{3.3}
\end{align*}
$$

Since $\phi\left(z_{*}\right)=\delta\left(z_{*}\right)=0$, by utilizing (3.2), (3.3), and performing a Taylor expansion, it follows that for $z$ close enough to $z_{*}$,

$$
\begin{aligned}
\phi(z)= & \frac{1}{2}\left\langle D^{2} \phi\left(z_{*}\right)\left(z-z_{*}\right),\left(z-z_{*}\right)\right\rangle \\
& +\frac{1}{6} \sum_{i, j, k=1}^{2 n} D_{i j k} \phi\left(\left(1-\theta_{z}\right) z_{*}+\theta_{z} z\right)\left(z-z_{*}\right)_{i}\left(z-z_{*}\right)_{j}\left(z-z_{*}\right)_{k}
\end{aligned}
$$

and

$$
\begin{aligned}
\delta(z)= & \frac{1}{2}\left\langle D^{2} \delta\left(z_{*}\right)\left(z-z_{*}\right),\left(z-z_{*}\right)\right\rangle \\
& +\frac{1}{6} \sum_{i, j, k=1}^{2 n} D_{i j k} \delta\left(\left(1-\tau_{z}\right) z_{*}+\tau_{z} z\right)\left(z-z_{*}\right)_{i}\left(z-z_{*}\right)_{j}\left(z-z_{*}\right)_{k}
\end{aligned}
$$

for some $\theta_{z}, \tau_{z} \in(0,1)$. Furthermore, since in a neighborhood of $z_{*}, \phi$ and $\delta$ are $C^{3}$ and $\mathcal{M}$ is compact, there exists $C>0$ such that

$$
\begin{aligned}
& \frac{1}{6}\left|\sum_{i, j, k=1}^{2 n} D_{i j k} \phi\left(\left(1-\theta_{z}\right) z_{*}+\theta_{z} z\right)\left(z-z_{*}\right)_{i}\left(z-z_{*}\right)_{j}\left(z-z_{*}\right)_{k}\right| \leq C\left|z-z_{*}\right|^{3}, \\
& \frac{1}{6}\left|\sum_{i, j, k=1}^{2 n} D_{i j k} \delta\left(\left(1-\theta_{z}\right) z_{*}+\theta_{z} z\right)\left(z-z_{*}\right)_{i}\left(z-z_{*}\right)_{j}\left(z-z_{*}\right)_{k}\right| \leq C\left|z-z_{*}\right|^{3}
\end{aligned}
$$

for $z \in \mathcal{M}$ sufficiently close to $z_{*}$. Thus there exists $C>0$ for which

$$
\begin{align*}
& \left|\phi(z)-\frac{1}{2}\left\langle D^{2} \phi\left(z_{*}\right)\left(z-z_{*}\right),\left(z-z_{*}\right)\right\rangle\right| \leq C\left|z-z_{*}\right|^{3}  \tag{3.4}\\
& \left|\delta(z)-\frac{1}{2}\left\langle D^{2} \delta\left(z_{*}\right)\left(z-z_{*}\right),\left(z-z_{*}\right)\right\rangle\right| \leq C\left|z-z_{*}\right|^{3} \tag{3.5}
\end{align*}
$$

in a neighborhood of $z_{*}$. In particular, there exists $\eta=\eta(n)>0$ such that

$$
\begin{equation*}
\phi(z) \leq \frac{1}{2}| | \Phi \|_{2}\left|z-z_{*}\right|^{2}+C\left|z-z_{*}\right|^{3} \tag{3.6}
\end{equation*}
$$

for all $z \in B_{\eta}\left(z_{*}\right)$. By the results of [IN15, §3.6], it follows that

$$
\inf _{w \in S_{\mathcal{H}}}\left\langle D^{2} \delta\left(z_{*}\right) w, w\right\rangle=: \sigma>0,1
$$

where $\mathcal{H}$ is the tangent space of $\mathcal{M}$ at $z_{*}$ and $S_{\mathcal{H}}$ is the unit sphere in $\mathcal{H}$ with center $z_{*}$. Moreover by continuity there exists a neighborhood $U \subset \mathbb{R}^{2 n}$ of $S_{\mathcal{H}}$ such that

$$
\left\langle D^{2} \delta\left(z_{*}\right) w, w\right\rangle \geq \frac{\sigma}{2}
$$

for all $w \in U$. Note that $\frac{z-z_{*}}{\left|z-z_{*}\right|} \in U$ for $z \in \mathcal{M}$ sufficiently close to $z_{*}$. Hence there exists $\mu=\mu(\eta, \sigma) \in(0, \eta]$ such that

$$
\left\langle D^{2} \delta\left(z_{*}\right)\left(z-z_{*}\right),\left(z-z_{*}\right)\right\rangle \geq \frac{\sigma}{2}\left|z-z_{*}\right|^{2}
$$

for $z \in B_{\mu}\left(z_{*}\right)$. In particular, for $\tilde{\mu}:=\min \left\{\mu, \frac{\sigma}{8 C}\right\}$ and $z \in B_{\tilde{\mu}}\left(z_{*}\right)$,

$$
\delta(z) \geq \frac{1}{4}\left\langle D^{2} \delta\left(z_{*}\right)\left(z-z_{*}\right),\left(z-z_{*}\right)\right\rangle ;
$$

thus, recalling (3.6),

$$
\phi(z) \leq\left(\frac{1}{\sigma}| | \Phi \|_{2}+\frac{2 C}{\sigma}\left|z-z_{*}\right|\right)\left\langle D^{2} \delta\left(z_{*}\right)\left(z-z_{*}\right),\left(z-z_{*}\right)\right\rangle \leq c_{n} \delta(z),
$$

where $c_{n}:=\frac{4}{\sigma}\|\Phi\|_{2}+\frac{8 C}{\sigma} \tilde{\mu}$. To achieve the second part of the theorem, it suffices to prove the existence of $c>0$ such that

$$
\begin{equation*}
\langle\Phi(x ; r),(x ; r)\rangle \geq c|(x ; r)|^{2} \tag{3.7}
\end{equation*}
$$

for

$$
(x ; r) \in \mathcal{Z}:=\left\{(x ; r): \sum_{i=1}^{n} x_{i}=0, \sum_{i=1}^{n} r_{i}=0\right\}
$$

Indeed, if (3.7) holds, let $\omega:[0, \infty] \rightarrow[0, \infty]$ be any modulus of continuity (i.e. $\omega(0+)=0)$ such that

$$
\phi(z) \leq c_{n} \omega(\delta(z))
$$

Then for $z \in \mathcal{M}$ close to $z_{*}$, (3.5) implies

$$
\delta(z) \leq c_{0}\left|z-z_{*}\right|^{2}
$$

for some $c_{0}>0$. Moreover, $z-z_{*} \in \mathcal{Z}$ since $z \in \mathcal{M}$, and by combining (3.4) with (3.7) it follows that

$$
\begin{equation*}
\delta(z) \leq c_{0}\left|z-z_{*}\right|^{2} \leq c_{1}\left\langle\Phi\left(z-z_{*}\right),\left(z-z_{*}\right)\right\rangle \leq c_{2} \phi(z) \leq \tilde{c} \omega(\delta(z)) \tag{3.8}
\end{equation*}
$$

for some $\tilde{c}>0$ provided $z$ is close to $z_{*}$; however, since $\delta(z) \rightarrow 0$ as $z \rightarrow z_{*}$ and $\delta(z)>0$ for $z \neq z_{*}$, (3.8) leads to a contradiction if

$$
\liminf _{t \rightarrow 0^{+}} \frac{\omega(t)}{t}=0
$$

[^1]Thus the liminf is strictly greater than zero and this implies $\omega$ is at most linear at zero.

To verify (3.7), note first that $\mathcal{C}$ is a real, symmetric, circulant matrix generated by the vector $(n-1,-1, \ldots,-1)$. A calculation shows that the eigenvalues of $\mathcal{C}$, say $\lambda_{k}$, are given by

$$
\begin{equation*}
\lambda_{0}=0 \quad \text { and } \quad \lambda_{k}=n \quad \text { for } k=1, \ldots, n-1 . \tag{3.9}
\end{equation*}
$$

Moreover, let $v_{0}:=(1, \ldots, 1)$, and for $l \in\left\{1, \ldots,\left\lfloor\frac{n}{2}\right\rfloor\right\}$ define

$$
\begin{aligned}
v_{2 l-1} & :=\left(1, \cos \frac{2 \pi l}{n}, \cos \frac{4 \pi l}{n}, \ldots, \cos \frac{2 \pi l(n-1)}{n}\right) \\
v_{2 l} & :=\left(0, \sin \frac{2 \pi l}{n}, \sin \frac{4 \pi l}{n}, \ldots, \sin \frac{2 \pi l(n-1)}{n}\right)
\end{aligned}
$$

One can readily check that $v_{k}$ is an eigenvector of $\mathcal{C}$ corresponding to the eigenvalue $\lambda_{\left\lceil\frac{k}{2}\right\rceil}$, and that the set $\left\{v_{0}, v_{1}, \ldots, v_{n-1}\right\}$ forms a real orthogonal basis of $\mathbb{R}^{n}$ (see e.g. Proposition 2.1 in [IN15). For $k=1,2, \ldots, n$, define $b_{k}:=\left(v_{k-1} ; 0, \ldots, 0\right) \in \mathbb{R}^{2 n}$ and $b_{k}:=\left(0, \ldots, 0 ; v_{k-n-1}\right) \in \mathbb{R}^{2 n}$ for $k=n+1, \ldots, 2 n$. Since the set $\left\{b_{k}\right\}_{k=1}^{2 n}$ forms a real orthogonal basis of $\mathbb{R}^{2 n}$, given $(x ; r) \in \mathbb{R}^{2 n}$ there exist unique coefficients $\alpha_{k} \in \mathbb{R}$ such that

$$
(x ; r)=\sum_{k=1}^{2 n} \alpha_{k} b_{k}
$$

Thus, by utilizing (3.9) it follows that

$$
\begin{aligned}
\langle\Phi(x ; r),(x ; r)\rangle & =\sum_{k, k^{\prime}=1}^{2 n} \alpha_{k} \alpha_{k^{\prime}}\left\langle\Phi b_{k}, b_{k^{\prime}}\right\rangle \\
& =n \sin \frac{2 \pi}{n} \sum_{k=1}^{n} \alpha_{k}^{2} \lambda_{\left\lceil\frac{k-1}{2}\right\rceil}\left|b_{k}\right|^{2}+2 \sum_{k=n+1}^{2 n} \alpha_{k}^{2} \lambda_{\left\lceil\frac{k-n-1}{2}\right\rceil}\left|b_{k}\right|^{2} \\
& =n^{2} \sin \frac{2 \pi}{n} \sum_{k=2}^{n} \alpha_{k}^{2}\left|b_{k}\right|^{2}+2 n \sum_{k=n+2}^{2 n} \alpha_{k}^{2}\left|b_{k}\right|^{2} .
\end{aligned}
$$

Furthermore, if $(x ; r) \in \mathcal{Z}$,

$$
\begin{gathered}
\alpha_{1}=\frac{\left\langle(x ; r), b_{1}\right\rangle}{\left|b_{1}\right|^{2}}=\sum_{i=1}^{n} x_{i}=0, \\
\alpha_{n+1}=\frac{\left\langle(x ; r), b_{n+1}\right\rangle}{\left|b_{1}\right|^{2}}=\sum_{i=1}^{n} r_{i}=0
\end{gathered}
$$

hence,

$$
\begin{aligned}
\langle\Phi(x ; r),(x ; r)\rangle & =n^{2} \sin \frac{2 \pi}{n} \sum_{k=1}^{n} \alpha_{k}^{2}\left|b_{k}\right|^{2}+2 n \sum_{k=n+1}^{2 n} \alpha_{k}^{2}\left|b_{k}\right|^{2} \\
& \geq 2 n \sum_{k=1}^{2 n} \alpha_{k}^{2}\left|b_{k}\right|^{2},
\end{aligned}
$$

and this concludes the proof.

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[^1]:    ${ }^{1}$ In fact, something stronger is proved: namely that $\inf _{w \in S_{\mathcal{H}}}\left\langle D^{2} f\left(z_{*}\right) w, w\right\rangle=: \sigma>0$, where $f$ is an explicit function for which $D^{2} f \leq D^{2} \delta$. This is achieved via the spectral theory for circulant matrices and an analysis involving the tangent space of $\mathcal{M}$ at $z_{*}$ and the identification of a suitable coordinate system in which calculations can be performed efficiently. The barycentric condition (2.3) built into the definition of $\mathcal{M}$ comes up in this analysis.

