# LOCAL GRADIENT ESTIMATES FOR HEAT EQUATION ON $R C D^{*}(k, n)$ METRIC MEASURE SPACES 

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#### Abstract

In this paper, we will establish a local gradient estimate and a Liouville type theorem for weak solutions of the heat equation on $R C D^{*}(K, N)$ metric measure spaces.


## 1. Introduction

Let $M^{n}$ be an $n$-dimensional complete Riemannian manifold with $\operatorname{Ric}\left(M^{n}\right) \geqslant$ $-k, k \geqslant 0$. The Li-Yau local gradient estimate states that if $u$ is a positive solution of the heat equation $\Delta u=\partial_{t} u$ on $B_{2 R} \times(0, \infty)$, then

$$
\begin{equation*}
\sup _{x \in B_{R}}\left(|\nabla f|^{2}-\alpha \cdot \partial_{t} f\right)(x, t) \leqslant \frac{C_{n} \cdot \alpha^{2}}{R^{2}}\left(\frac{\alpha^{2}}{\alpha^{2}-1}+\sqrt{k} R\right)+\frac{n \alpha^{2} k}{2(\alpha-1)}+\frac{n \alpha^{2}}{2 t} \tag{1.1}
\end{equation*}
$$

for any $\alpha>1, f:=\ln u$. Letting $R \rightarrow \infty$ in (1.1), one gets a global estimate as follows:

$$
|\nabla f|^{2}-\alpha \partial_{t} f \leqslant \frac{n \alpha^{2} k}{2(\alpha-1)}+\frac{n \alpha^{2}}{2 t}
$$

There are many extensions and improvements of Li-Yau's gradient estimate on smooth manifolds, including both the local version and the global version; see, for example, $[6,7,9,11,24,25,27,33,35,38,45,46$ for the related results. The $\mathrm{Li}-$ Yau type estimates were generalized to the non-smooth setting; see, for example, [8, 36, 44, and so on.

In 1993, Hamilton [20] proved an elliptic type (global) gradient estimate of the heat equation. If $u$ is a global positive solution of the heat equation with $u \leqslant L$ on $M^{n}$, then

$$
\frac{|\nabla u|^{2}}{u^{2}}(x, t) \leqslant\left(\frac{1}{t}+2 k\right) \ln (L / u) .
$$

In 2006, Souplet and Zhang [38] proved a sharp local version of the above inequality. They proved that if $u$ is a positive solution of the heat equation with $u \leqslant L$ on $B_{R} \times\left[t_{0}-T, t_{0}\right] \subset M^{n} \times \mathbb{R}$, then

$$
\begin{equation*}
\frac{|\nabla u|}{u} \leqslant C_{n} \cdot\left(\frac{1}{R}+\frac{1}{\sqrt{T}}+\sqrt{k}\right)\left(1+\ln \frac{L}{u}\right) \quad \text { on } B_{R / 2} \times\left[t_{0}-T / 2, t_{0}\right] . \tag{1.2}
\end{equation*}
$$

[^0]Our main purpose in this paper is to study the local gradient estimate of the heat equation on the metric measure spaces with a "lower Ricci curvature bound", so called $R C D^{*}(K, N)$ spaces.

Given $K \in \mathbb{R}$ and $N \in[1, \infty]$, let $(X, d, \mu)$ be a proper (i.e., closed balls with finite radius are compact) complete metric measure space with $\operatorname{supp}(\mu)=X$. In recent years, several notions of "generalized Ricci curvature $\geqslant K$ and dimension $\leqslant N$ " have been defined. Sturm [39] and Lott-Villani [28] introduced the curvature-dimension condition $C D(K, N)$ on $(X, d, \mu)$ via optimal transportation. In 2010, Bacher-Sturm [5 introduced the reduced curvature-dimension condition $C D^{*}(K, N)$, which enjoys a local-to-global property. In 2015, for ruling out the Finslerian cases, Ambrosio-Gigli-Savaré [1] introduced the Riemannian curvaturedimension condition $R C D(K, \infty)$ by assuming that the Sobolev space $W^{1,2}(X)$ is a Hilbertian space. Recently, Erbar-Kuwada-Sturm 12 and Ambrosio-MondinoSavaré 4 introduced a finite-dimensional version of the Riemannian curvaturedimension condition $R C D^{*}(K, N)$ and proved the equivalence of the Riemannian curvature-dimension condition and the Bochner formula of Bakry-Emery via an abstract $\Gamma_{2}$-calculus. Of course, when $X$ is a Riemannian manifold, the notion $R C D^{*}(K, N)$ is equivalent to the original $\operatorname{Ric}(X) \geqslant K$ and $\operatorname{dim}(X) \leqslant N$. When $X$ is an Alexandrov space with generalized (sectional) curvature bounded below in the sense of Alexandrov, $X$ satisfies the $R C D^{*}(K, N)$ condition [34,42].

In recent years, many important results in geometric analysis have been extended to the $R C D^{*}(K, N)$ metric measure spaces; for example, the local Li-Yau gradient estimate for the heat equation and the local Yau gradient estimate for the harmonic functions [44, Li-Yau-Hamilton estimates [13, 21, 22] and spectral gaps [23, 29, 36, the existence of the universal cover for $R C D^{*}(K, N)$ metric measure spaces 32], and so on.

In this paper, we will study the local gradient estimate for the local weak solutions of the heat equation on an $R C D^{*}(K, N)$ metric measure space $(X, d, \mu)$. Let $\Omega \subset X$ be a domain. By the $R C D^{*}(K, N)$ condition, the Sobolev space $W^{1,2}(\Omega)$ is a Hilbertian space. Hence, by polarization in $W^{1,2}(\Omega)$, one can define the inner product $\langle\cdot, \cdot\rangle$; see (2.5) for details. Given an interval $I \subset \mathbb{R}$, we say that $u(x, t) \in W^{1,2}(\Omega \times I)$ is a local weak solution for the heat equation on $\Omega \times I$ if

$$
-\int_{I} \int_{\Omega}\langle\nabla u, \nabla \phi\rangle d \mu d t=\int_{I} \int_{\Omega} \frac{\partial u}{\partial t} \cdot \phi d \mu d t
$$

for all Lipschitz functions $\phi$ with compact support in $\Omega \times I$.
In the previous works [13, 21, 23], the main tool is the $\Gamma_{2}$-calculus for the heat flow. But the local weak solutions $u(x, t)$ do not form a semi-group in general. The method of $\Gamma_{2}$-calculus for the heat flow does not work in this case.

In Zhang-Zhu 44, the authors developed a pointwise maximum principle on metric measure spaces and proved the local Li-Yau estimate on $R C D^{*}(K, N)$ spaces. Inspired by [38] and [44], we generalized the local gradient estimates (1.2) to the $R C D^{*}(K, N)$ spaces. Our first main result is the following.

Theorem 1.3. Given $K \geqslant 0$ and $N \in(1, \infty)$, let $(X, d, \mu)$ be a metric measure space satisfying $R C D^{*}(-K, N)$. Let $T \in(0, \infty)$, let $B_{2 R} \subset X$ be a geodesic ball of radius $2 R$, let $B_{2 R, T}=B_{2 R} \times(0, T)$, and let $u(x, t) \in W^{1,2}\left(B_{2 R, T}\right)$ be a positive local weak solution of the heat equation on $B_{2 R, T}$. Suppose also that $u \leqslant M$. Then,
we have

$$
\begin{equation*}
\sup _{B_{R} \times(3 T / 4, T]} \frac{|\nabla f(x, t)|}{1-f(x, t)} \leqslant C \cdot\left(\frac{\sqrt{N}}{R}+\frac{1}{\sqrt{T}}+\sqrt{K}\right), \tag{1.4}
\end{equation*}
$$

where $f=\ln (u / M)$. Here and in what follows, $\sup _{U} f$ means $\operatorname{ess}_{\sup }^{U}$ $f$, and $C$ is a universal constant (independent of $N, K$ and $R$ ).

The constant in (1.4) is more precise than [38, eq. (1.4)]. As a consequence, our estimate even holds for any positive solution, bounded or not, when $K=0$. Precisely,
Corollary 1.5. Given $N \in(1, \infty)$, let $(X, d, \mu)$ be a metric measure space satisfying $R C D^{*}(0, N) . u$ is any positive solution of the heat equation on $X \times(0, \infty)$. Then there exists a constant $C_{N}$ such that

$$
\frac{|\nabla u|}{u}(x, t) \leqslant C_{N} \frac{1}{t^{1 / 2}}\left(C_{N}+\ln \frac{u(x, 2 t)}{u(x, t)}\right)
$$

for almost all $(x, t) \in X \times(0, \infty)$.
As a consequence of Theorem 1.3 we have the Liouville type theorem of the heat equation. Our second main result is the following.

Theorem 1.6. Given $N \in[1, \infty)$, let $(X, d, \mu)$ be a metric measure space satisfying $R C D^{*}(0, N)$. Then, we have the following conclusions.
(1) Let $u(x, t)$ be a positive weak solution of the heat equation on $X \times(-\infty, 0]$. If $u=\exp (o(d(x)+\sqrt{|t|}))$ near infinity, then $u$ must be a constant.
(2) Let $u(x, t)$ be a weak solution of the heat equation on $X \times(-\infty, 0]$. If $u=o(d(x)+\sqrt{|t|})$ near infinity, then $u$ must be a constant.
We remark that the growth condition in the second statement of Theorem 1.6 is sharp in the spatial direction, due to the example $u=x$.

## 2. Preliminaries

Let ( $X, d$ ) be a proper (i.e., closed balls of finite radius are compact) complete metric space and let $\mu$ be a Radon measure on $X$ with $\operatorname{supp}(\mu)=X$. Denote by $B_{r}(x)$ the open ball centered at $x$ with radius $r$. For any open subset $\Omega \subset X$ and any $p \in[1, \infty]$, we denote by $L^{p}(\Omega):=L^{p}(\Omega, \mu)$.

### 2.1. The curvature-dimension conditions.

Let $\mathscr{P}(X)$ be the set of all Borel probability measures on $X$. Let $\mathscr{P}_{2}(X, d)$ be the $L^{2}$-Wasserstein space over $(X, d)$, that is,
$\mathscr{P}_{2}(X, d)=\left\{\nu \in \mathscr{P}(X): \int_{X} d^{2}\left(x_{0}, x\right) d \nu(x)<\infty\right.$, for some (hence, for all) $\left.x_{0} \in X\right\}$.
Given $\nu_{1}, \nu_{2} \in \mathscr{P}_{2}(X, d)$, the $L^{2}$-Wasserstein distance $W^{2}\left(\nu_{0}, \nu_{1}\right)$ is defined by

$$
\begin{equation*}
W^{2}\left(\nu_{0}, \nu_{1}\right):=\inf \int_{X \times X} d^{2}(x, y) d q(x, y) \tag{2.1}
\end{equation*}
$$

where the infimum is taken over all couplings $q$ of $\nu_{1}$ and $\nu_{2}$. Here, we say that $q$ is a coupling of $\nu_{1}$ and $\nu_{2}$ if $q$ is in $\mathscr{P}(X \times X)$ with marginals $\nu_{0}$ and $\nu_{1}$. A coupling $q$ that realizes the inf in (2.1) is called an optimal coupling of $\nu_{0}$ and $\nu_{1}$. Let

$$
\mathscr{P}_{2}(X, d, \mu)=\left\{\nu \in \mathscr{P}_{2}(X, d): \nu \text { is absolutely continuous w.r.t. } \mu\right\}
$$

and

$$
\mathscr{P}_{\infty}(X, d, \mu)=\left\{\nu \in \mathscr{P}_{2}(X, d, \mu): \nu \text { has bounded support }\right\} .
$$

For any $\nu \in \mathscr{P}_{\infty}(X, d, \mu)$, according to the Radon-Nikodym Theorem, there exists a Borel measurable function $\rho$ such that, for any $\mu$-measurable set $A$, we have $\nu(A)=\int_{A} \rho d \mu$. We write $\nu=\rho \cdot \mu$ in the above sense.
Definition 2.2. Given $K \in \mathbb{R}$ and $N \in[1, \infty)$, we say that a metric measure space ( $X, d, \mu$ ) satisfies the reduced curvature-dimension condition $C D^{*}(K, N)$ if, for each pair $\nu_{0}=\rho_{0} \cdot \mu, \nu_{1}=\rho_{1} \cdot \mu \in \mathscr{P}_{\infty}(X, d, \mu)$, there exist an optimal coupling $q$ of them and a geodesic $\left(\nu_{t}:=\rho_{t} \cdot \mu\right)_{t \in[0,1]}$ in $\mathscr{P}_{\infty}(X, d, \mu)$ connecting them such that for all $t \in[0,1]$ and all $N^{\prime} \geqslant N$ :

$$
\begin{aligned}
& \int_{X} \rho_{t}^{-1 / N^{\prime}} d \nu_{t} \\
& \quad \geqslant \int_{X \times X}\left[\sigma_{K / N^{\prime}}^{(1-t)}\left(d\left(x_{0}, x_{1}\right)\right) \rho_{0}^{-1 / N^{\prime}}\left(x_{0}\right)+\sigma_{K / N^{\prime}}^{(t)}\left(d\left(x_{0}, x_{1}\right)\right) \rho_{1}^{-1 / N^{\prime}}\left(x_{1}\right)\right] d q\left(x_{0}, x_{1}\right),
\end{aligned}
$$

where

$$
\sigma_{k}^{(t)}(\theta):= \begin{cases}\frac{\sin (\sqrt{k} \cdot t \theta)}{\sin (\sqrt{k} \cdot \theta)}, & 0<k \theta^{2}<\pi^{2} \\ t, & k \theta^{2}=0 \\ \frac{\sinh (\sqrt{-k} \cdot t \theta)}{\sinh (\sqrt{-k} \cdot \theta)}, & k \theta^{2}<0 \\ \infty, & k \theta^{2} \geqslant \pi^{2}\end{cases}
$$

Given $f \in C(X)$, the pointwise Lipschitz constant of $f$ at $x$ is defined by

$$
\operatorname{Lip} f(x):=\limsup _{y \rightarrow x} \frac{|f(y)-f(x)|}{d(x, y)}
$$

where we put $\operatorname{Lip} f(x)=0$ if $x$ is isolated. Clearly $\operatorname{Lip} f$ is $\mu$-measurable on $X$.
Definition $2.3(3)$. The Cheeger energy $\mathrm{Ch}: L^{2}(X) \rightarrow[0, \infty]$ is defined by

$$
\operatorname{Ch}(f):=\inf \left\{\liminf _{j \rightarrow \infty} \frac{1}{2} \int_{X}\left(\operatorname{Lip} f_{j}\right)^{2} d \mu\right\}
$$

where the infimum is taken over all sequences of Lipschitz functions $\left(f_{j}\right)_{j \in \mathbb{N}}$ such that $f_{j} \rightarrow f$ in $L^{2}(X)$.
Definition 2.4. We say that a metric measure space ( $X, d, \mu$ ) is infinitesimally Hilbertian if the Cheeger energy Ch is quadratic; i.e., for any $f, g \in L^{2}(X)$, we have $\operatorname{Ch}(f+g)+\operatorname{Ch}(f-g)=2 \mathrm{Ch}(f)+2 \mathrm{Ch}(g)$. We say that $(X, d, \mu)$ satisfies the $R C D^{*}(K, N)$ condition, for some $K \in \mathbb{R}$ and $N \in[1, \infty)$, if $(X, d, \mu)$ is infinitesimally Hilbertian and satisfies the $C D^{*}(K, N)$ condition.

Let $(X, d, \mu)$ be an $R C D^{*}(K, N)$ metric measure space. For each $f \in D(\mathrm{Ch}):=$ $\left\{f \in L^{2}(X): \operatorname{Ch}(f)<\infty\right\}$, it is shown in $\S 4$ of [3] that

$$
\operatorname{Ch}(f)=\frac{1}{2} \int_{X}|\nabla f|^{2} d \mu
$$

where $|\nabla f|$ is the minimal relaxed gradient of $f$. Given $f, g \in D(\mathrm{Ch})$, it was proved [14] that the limit

$$
\begin{equation*}
\langle\nabla f, \nabla g\rangle:=\lim _{\epsilon \rightarrow 0} \frac{|\nabla(f+\epsilon \cdot g)|^{2}-|\nabla f|^{2}}{2 \epsilon} \tag{2.5}
\end{equation*}
$$

exists in $L^{1}(X)$. This inner product (2.5) is bi-linear and satisfies the CauchySchwarz inequality, the chain rule, and the Leibniz rule [14].

### 2.2. Sobolev spaces.

Given $K \in \mathbb{R}$ and $N \in[1, \infty)$, let $(X, d, \mu)$ be an $R C D^{*}(K, N)$ metric measure space. Let $\Omega \subset X$ be a domain. We denote by $\operatorname{Lip}_{\text {loc }}(\Omega)$ the set of locally Lipschitz continuous functions on $\Omega$, and by $\operatorname{Lip}(\Omega)\left(\operatorname{resp} . \operatorname{Lip}_{0}(\Omega)\right)$ the set of Lipschitz continuous functions on $\Omega$ (resp. with compact support in $\Omega$ ).

For any $1 \leqslant p \leqslant+\infty$ and $f \in \operatorname{Lip}_{\text {loc }}(\Omega)$, its $W^{1, p}(\Omega)$-norm is defined by

$$
\|f\|_{W^{1, p}(\Omega)}:=\|f\|_{L^{p}(\Omega)}+\|\operatorname{Lip} f\|_{L^{p}(\Omega)} .
$$

The Sobolev space $W^{1, p}(\Omega)$ is defined by the closure of the set

$$
\left\{f \in \operatorname{Lip}_{\mathrm{loc}}(\Omega):\|f\|_{W^{1, p}(\Omega)}<+\infty\right\}
$$

under the $W^{1, p}(\Omega)$-norm. The space $W_{0}^{1, p}(\Omega)$ is defined by the closure of $\operatorname{Lip}_{0}(\Omega)$ under the $W^{1, p}(\Omega)$-norm. We say $f \in W_{\text {loc }}^{1, p}(\Omega)$ if $f \in W^{1, p}\left(\Omega^{\prime}\right)$ for every open subset $\Omega^{\prime} \Subset \Omega$.

It is well known that $D(\mathrm{Ch})=W^{1,2}(X)$; see, for example, [44, Lemma 2.5].
We remark that several different notions of Sobolev spaces on metric measure space have been established in [10, 15-17, 37]. They coincide with each other on $R C D^{*}(K, N)$ metric measure spaces (see, for example, [2]).
2.3. The weak Laplacian and a local version of the Bochner formula. Given $K \in \mathbb{R}$ and $N \in[1, \infty)$, let $(X, d, \mu)$ be an $R C D^{*}(K, N)$ metric measure space. Fix any domain $\Omega \subset X$. We will denote $H_{0}^{1}(\Omega):=W_{0}^{1,2}(\Omega), H^{1}(\Omega):=$ $W^{1,2}(\Omega)$, and $H_{\mathrm{loc}}^{1}(\Omega):=W_{\mathrm{loc}}^{1,2}(\Omega)$.

Definition 2.6. For each $f \in H_{\mathrm{loc}}^{1}(\Omega), \mathscr{L} f$ is a functional defined on $H_{0}^{1}(\Omega) \cap$ $L^{\infty}(\Omega)$ by

$$
\mathscr{L} f(\phi):=-\int_{\Omega}\langle\nabla f, \nabla \phi\rangle d \mu \quad \forall \phi \in H_{0}^{1}(\Omega) \cap L^{\infty}(\Omega)
$$

For any $g \in H^{1}(\Omega) \cap L^{\infty}(\Omega)$, the distribution $g \cdot \mathscr{L} f$ is defined by

$$
\begin{equation*}
g \cdot \mathscr{L} f(\phi):=\mathscr{L} f(g \phi) \quad \forall \phi \in H_{0}^{1}(\Omega) \cap L^{\infty}(\Omega) \tag{2.7}
\end{equation*}
$$

By the linearity of inner product $\langle\nabla f, \nabla g\rangle$, this distributional Laplacian is linear.
Definition 2.8. A function $f \in W_{\mathrm{loc}}^{1,2}(\Omega)$ is said to satisfy the inequality

$$
\mathscr{L} f \leqslant(\geqslant,=) h
$$

in the sense of distributions if the inequality

$$
\mathscr{L} f(\varphi) \leqslant(\geqslant,=) \int_{\Omega} h \varphi d \mu
$$

holds for all $0 \leqslant \varphi \in H_{0}^{1}(\Omega) \cap L^{\infty}(\Omega)$. In this case, $\mathscr{L} f$ is a signed Radon measure [18.
$\mathscr{L}$ satisfies the following chain rule and Leibniz rule [14; see also 44].

Lemma 2.9 (44). Given $K \in \mathbb{R}$ and $N \in[1, \infty)$, let $\Omega$ be an open domain of an $R C D^{*}(K, N)$ metric measure space $(X, d, \mu)$. Then, we have
(i) (Chain rule) Let $f \in H^{1}(\Omega) \cap L^{\infty}(\Omega)$ and $\eta \in C^{2}(\mathbb{R})$. Then we have

$$
\begin{equation*}
\mathscr{L}[\eta(f)]=\eta^{\prime}(f) \cdot \mathscr{L} f+\eta^{\prime \prime}(f) \cdot|\nabla f|^{2} . \tag{2.10}
\end{equation*}
$$

(ii) (Leibniz rule) Let $f, g \in H^{1}(\Omega) \cap L^{\infty}(\Omega)$. Then we have

$$
\begin{equation*}
\mathscr{L}(f \cdot g)=f \cdot \mathscr{L} g+g \cdot \mathscr{L} f+2\langle\nabla f, \nabla g\rangle . \tag{2.11}
\end{equation*}
$$

Erbar-Kuwada-Sturm [12] and Ambrosio-Mondino-Savaré [4] proved that the $R C D^{*}(K, N)$ condition is equivalent to a Bakry-Emery Bochner inequality for the heat flow on $X$. Hence, the $R C D^{*}(K, N)$ condition implies a global version of the Bochner formula. By using a good cut-off function in 4, 19, 31] and an argument in [19], one can localize the global version of the Bochner formula in [4, 12] to a local one; see, for example, $\S 2$ in 44 for details. In the following, a local Bochner formula is given.

Theorem 2.12 (44). Let $(X, d, \mu)$ be an $R C D^{*}(K, N)$ space for $K \in \mathbb{R}$ and $N \in[1, \infty)$. Let $B_{R}$ be a geodesic ball with radius $R$ centered at a fixed point $x_{0}$.

Assume that $f \in H^{1}\left(B_{R}\right)$ satisfies $\mathscr{L} f=g$ on $B_{R}$ in the sense of distributions with $g \in H^{1}\left(B_{R}\right) \cap L^{\infty}\left(B_{R}\right)$. Then we have $|\nabla f|^{2} \in H^{1}\left(B_{R / 2}\right) \cap L^{\infty}\left(B_{R / 2}\right)$ and that the distribution $\mathscr{L}\left(|\nabla f|^{2}\right)$ is a signed Radon measure on $B_{R / 2}$. If its RadonNikodym decomposition w.r.t. $\mu$ is denoted by

$$
\mathscr{L}\left(|\nabla f|^{2}\right)=\mathscr{L}^{\text {ac }}\left(|\nabla f|^{2}\right) \cdot \mu+\mathscr{L}^{\text {sing }}\left(|\nabla f|^{2}\right),
$$

then we have $\mathscr{L}^{\operatorname{sing}}\left(|\nabla f|^{2}\right) \geqslant 0$ and, for $\mu$-a.e. $x \in B_{R / 2}$,

$$
\frac{1}{2} \mathscr{L}^{\mathrm{ac}}\left(|\nabla f|^{2}\right) \geqslant \frac{g^{2}}{N}+\langle\nabla f, \nabla g\rangle+K|\nabla f|^{2}
$$

Furthermore, if $N>1$, for $\mu$-a.e. $x \in B_{R / 2} \cap\{y:|\nabla f(y)| \neq 0\}$,

$$
\frac{1}{2} \mathscr{L}^{\mathrm{ac}}\left(|\nabla f|^{2}\right) \geqslant \frac{g^{2}}{N}+\langle\nabla f, \nabla g\rangle+K|\nabla f|^{2}+\frac{N}{N-1} \cdot\left(\frac{\left.\left.\langle\nabla f, \nabla| \nabla f\right|^{2}\right\rangle}{2|\nabla f|^{2}}-\frac{g}{N}\right)^{2} .
$$

2.4. The maximum principles. Given $K \in \mathbb{R}$ and $N \in[1, \infty)$, let $(X, d, \mu)$ be a metric measure space satisfying $R C D^{*}(K, N)$. We need the following maximum principle.
Theorem 2.13 ([44). Let $\Omega$ be a bounded domain and let $T>0$. Let $f(x, t) \in$ $H^{1}\left(\Omega_{T}\right) \cap L^{\infty}\left(\Omega_{T}\right)$ and suppose that $f$ achieves one of its strict maximums in $\Omega \times(0, T]$ in the sense that: there exist a neighborhood $U \Subset \Omega$ and an interval $(\delta, T] \subset(0, T]$ for some $\delta>0$ such that

$$
\sup _{U \times(\delta, T]} f>\sup _{\Omega_{T} \backslash(U \times(\delta, T])} f .
$$

Here $\sup _{U \times(\delta, T]} f$ means ess $\sup _{U \times(\delta, T]} f$. Assume that, for almost every $t \in(0, T)$, $\mathscr{L} f(\cdot, t)$ is a signed Radon measure with $\mathscr{L}^{\text {sing }} f(\cdot, t) \geqslant 0$. Let $v \in H^{1}\left(\Omega_{T}\right) \cap$ $L^{\infty}\left(\Omega_{T}\right)$ with $\partial_{t} v(x, t) \leqslant C$ for some constant $C>0$, for almost all $(x, t) \in \Omega_{T}$. Then, for any $\varepsilon>0$, we have

$$
\begin{aligned}
& \left(\mu \times \mathcal{L}^{1}\right)\left\{(x, t): f(x, t) \geqslant \sup _{\Omega_{T}} f-\varepsilon\right. \\
& \left.\quad \text { and } \quad \mathscr{L}^{\mathrm{ac}} f(x, t)+\langle\nabla f, \nabla v\rangle(x, t)-\frac{\partial}{\partial t} f(x, t) \leqslant \varepsilon\right\}>0
\end{aligned}
$$

where $\mathcal{L}^{1}$ is the 1-dimensional Lebesgue's measure on $(\delta, T]$.
In particular, there exists a sequence of points $\left\{\left(x_{j}, t_{j}\right)\right\}_{j \in \mathbb{N}} \subset U \times(\delta, T]$ such that every $x_{j}$ is an approximate continuity point of $\mathscr{L}^{\text {ac }} f\left(\cdot, t_{j}\right)$ and $\langle\nabla f, \nabla w\rangle\left(\cdot, t_{j}\right)$ and that
$f\left(x_{j}, t_{j}\right) \geqslant \sup _{\Omega_{T}} f-1 / j \quad$ and $\quad \mathscr{L}^{\text {ac }} f\left(x_{j}, t_{j}\right)+\langle\nabla f, \nabla v\rangle\left(x_{j}, t_{j}\right)-\frac{\partial}{\partial t} f\left(x_{j}, t_{j}\right) \leqslant 1 / j$.

## 3. The local gradient estimates

Given $K \in \mathbb{R}$ and $N \in[1, \infty)$, let $(X, d, \mu)$ be a metric measure space satisfying $R C D^{*}(K, N)$. In this section, we will prove the local gradient estimates, Theorem 1.3.
3.1. The heat equations. Let $\Omega \subset X$ be a domain. Given $T>0$, we denote by

$$
\Omega_{T}:=\Omega \times(0, T] .
$$

Definition 3.1. A function $u(x, t) \in H^{1}\left(\Omega_{T}\right)\left(=W^{1,2}\left(\Omega_{T}\right)\right)$ is called a local weak solution of the heat equation on $\Omega_{T}$ if for any $\left[t_{1}, t_{2}\right] \subset(0, T)$ and any geodesic ball $B_{R} \Subset \Omega$, we have

$$
\begin{equation*}
\int_{t_{1}}^{t_{2}} \int_{B_{R}}\left(\partial_{t} u \cdot \phi+\langle\nabla u, \nabla \phi\rangle\right) d \mu d t=0 \tag{3.2}
\end{equation*}
$$

for all $\phi(x, t) \in \operatorname{Lip}_{0}\left(B_{R} \times\left(t_{1}, t_{2}\right)\right)$. Here and in the sequel, we always denote $\partial_{t} u:=\frac{\partial u}{\partial t}$.

It is well known that the volume doubling property and the $L^{2}$-Poincaré inequality hold true in the $R C D^{*}(K, N)$ metric measure spaces. The local boundedness and the local Hölder continuity for local weak solutions of heat equations have been established in 30, 40, 41.

An equivalent definition of the local weak solution is given in the following.
Lemma 3.3 (44). Let $u(x, t)$ be a local weak solution of the heat equation on $\Omega \times(0, T)$. Then, for a.e. $t \in(0, T)$, the function $u(\cdot, t)$ satisfies

$$
\begin{equation*}
\mathscr{L} u=\partial_{t} u \tag{3.4}
\end{equation*}
$$

in the sense of distributions on $\Omega$. Conversely, if a function $u(x, t) \in H^{1}\left(\Omega_{T}\right)$ and (3.4) holds for a.e. $t \in[0, T]$, then it was shown in [43, Lemma 6.12] that $u(x, t)$ is a local weak solution of the heat equation on $\Omega_{T}$.

For a local weak solution $u$ of the heat equation on $\Omega_{T}$, we want to apply the Bochner formula in Theorem 2.12 to (3.4). But in general, $\partial_{t} u$ is only in $L^{2}$. We cannot apply the Bochner formula in Theorem 2.12) to (3.4). Similar to [44, we use the Steklov average to overcome this difficulty.
Definition 3.5. Given $B_{R} \subset X$ and $u(x, t) \in L^{1}\left(B_{R, T}\right)$, where $B_{R, T}:=B_{R} \times$ $(0, T)$, the Steklov average of $u$ is defined as follows. For every $\varepsilon \in(0, T)$ and any $h \in(0, \varepsilon)$,

$$
\begin{equation*}
u_{h}(x, t):=\frac{1}{h} \int_{0}^{h} u(x, t+\tau) d \tau, \quad t \in(0, T-\varepsilon] . \tag{3.6}
\end{equation*}
$$

By using the standard theory of $L^{p}$ spaces, it is well known that if $u \in L^{p}\left(B_{R, T}\right)$, then the Steklov average $u_{h} \rightarrow u$ in $L^{p}\left(B_{R, T-\varepsilon}\right)$ as $h \rightarrow 0$, for every $\varepsilon \in(0, T)$.

We need the following lemmas.

Lemma 3.7 ([44). If $u \in H^{1}\left(B_{R, T}\right) \cap L^{\infty}\left(B_{R, T}\right)$, then we have, for every $\varepsilon \in$ $(0, T)$, that

$$
u_{h} \in H^{1}\left(B_{R, T-\varepsilon}\right) \cap L^{\infty}\left(B_{R, T-\varepsilon}\right) \quad \text { and } \quad \partial_{t} u_{h} \in H^{1}\left(B_{R, T-\varepsilon}\right) \cap L^{\infty}\left(B_{R, T-\varepsilon}\right)
$$

for every $h \in(0, \varepsilon)$ and that $\left\|u_{h}\right\|_{H^{1}\left(B_{R, T-\varepsilon}\right)}$ is bounded uniformly with respect to $h \in(0, \varepsilon)$.

For a local weak solution $u$, we have the following property of $u_{h}$.
Lemma 3.8 (44). Let $u \in H^{1}\left(B_{R, T}\right) \cap L^{\infty}\left(B_{R, T}\right)$ be a local weak solution for the heat equation, and fix any two constants $\varepsilon, h$ such that $\varepsilon \in(0, T)$ and $h \in(0, \varepsilon)$. Then for almost all $t \in(0, T-\varepsilon)$,

$$
\mathscr{L} u_{h}=\partial_{t} u_{h}
$$

on $B_{R}$, in the sense of distributions.
We need the following lemma.
Lemma 3.9 (44). Given $K \in \mathbb{R}$ and $N \in[1, \infty)$, let $(X, d, \mu)$ be a metric measure space satisfying $R C D^{*}(K, N)$. Let $u(x, t) \in H^{1}\left(B_{2 R, T}\right) \cap L^{\infty}\left(B_{2 R, T}\right)$ be a local weak solution of the heat equation on $B_{2 R, T}$. Assume that $\partial_{t} u \in H^{1}\left(B_{2 R, T}\right) \cap L^{\infty}\left(B_{2 R, T}\right)$. Then we have $|\nabla u|^{2} \in H^{1}\left(B_{3 R / 2, T}\right) \cap L^{\infty}\left(B_{3 R / 2, T}\right)$.
3.2. Proof of Theorems $\mathbf{1 . 3}$ and 1.6. We firstly prove an important elliptic inequality.
Lemma 3.10. Given $K \geqslant 0$ and $N \in(1, \infty)$, let $(X, d, \mu)$ be an $R C D^{*}(-K, N)$ space. Let $u(x, t) \in H^{1}\left(B_{2 R, T}\right) \cap L^{\infty}\left(B_{2 R, T}\right)$ be the local weak solution of the heat equation on $B_{2 R, T}$. Assume that $M \geqslant u \geqslant \delta>0$ and $\partial_{t} u \in H^{1}\left(B_{2 R, T}\right) \cap$ $L^{\infty}\left(B_{2 R, T}\right)$. We put

$$
w(x, t)=\frac{|\nabla f|^{2}}{(1-f)^{2}},
$$

where $f=\ln (u / M)$. Then, we have $w \in H^{1}\left(B_{3 R / 2, T}\right) \cap L^{\infty}\left(B_{3 R / 2, T}\right)$ and that, for almost every $t \in(0, T)$, the function $w(\cdot, t)$ satisfies

$$
\begin{equation*}
\mathscr{L}^{\text {ac }} w \geqslant \partial_{t} w+\frac{2 f}{1-f}\langle\nabla f, \nabla w\rangle+2 \frac{|\nabla f|^{4}}{(1-f)^{3}}-2 K \frac{|\nabla f|^{2}}{(1-f)^{2}} \quad \mu \text {-a.e. } \tag{3.11}
\end{equation*}
$$

on $B_{3 R / 2}$, and

$$
\begin{equation*}
\mathscr{L}^{\text {sing }} w \geqslant 0 \tag{3.12}
\end{equation*}
$$

Proof. Without loss of generality, we may assume $M=1$. By Lemma $3.9|\nabla u|^{2} \in$ $H^{1}\left(B_{3 R / 2, T}\right) \cap L^{\infty}\left(B_{3 R / 2, T}\right)$. Note that for $\partial_{t} u \in H^{1}\left(B_{2 R, T}\right) \cap L^{\infty}\left(B_{2 R, T}\right)$ and $1 \geqslant u \geqslant \delta>0$, we have $|\nabla f|^{2}=\frac{|\nabla u|^{2}}{u^{2}} \in H^{1}\left(B_{3 R / 2, T}\right) \cap L^{\infty}\left(B_{3 R / 2, T}\right)$, and hence

$$
w=\frac{|\nabla f|^{2}}{(1-f)^{2}} \in H^{1}\left(B_{3 R / 2, T}\right) \cap L^{\infty}\left(B_{3 R / 2, T}\right)
$$

Moreover, for almost every $t$, we have $f(\cdot, t), \partial_{t} f(\cdot, t) \in H^{1}\left(B_{2 R}\right) \cap L^{\infty}\left(B_{2 R}\right)$ and, by Lemma 2.9 for almost every $t$,

$$
\begin{equation*}
\mathscr{L} f=\frac{1}{u} \mathscr{L} u-\frac{|\nabla u|^{2}}{u^{2}}=\frac{1}{u} \partial_{t} u-|\nabla f|^{2}=\partial_{t} f-|\nabla f|^{2}\left(\in H^{1}\left(B_{2 R}\right) \cap L^{\infty}\left(B_{2 R}\right)\right), \tag{3.13}
\end{equation*}
$$

in the sense of distributions on $B_{2 R}$. We denote $g=\partial_{t} f-|\nabla f|^{2}$. For almost every $(x, t) \in B_{3 R / 2, T}$, we have

$$
\begin{align*}
\partial_{t} w & =\frac{(1-f)^{2} \partial_{t}|\nabla f|^{2}+2(1-f)\left(\partial_{t} f\right)|\nabla f|^{2}}{(1-f)^{4}} \\
& =\frac{2\left\langle\nabla f, \nabla f_{t}\right\rangle}{(1-f)^{2}}+\frac{2\left(g+|\nabla f|^{2}\right)|\nabla f|^{2}}{(1-f)^{3}}  \tag{3.14}\\
& =\frac{\left.\left.2\langle\nabla f, \nabla g+\nabla| \nabla f\right|^{2}\right\rangle}{(1-f)^{2}}+\frac{2\left(g+|\nabla f|^{2}\right)|\nabla f|^{2}}{(1-f)^{3}}
\end{align*}
$$

By Lemma 2.9, we get

$$
\begin{equation*}
\left.\mathscr{L} w=\mathscr{L}\left(|\nabla f|^{2}\right) \cdot \frac{1}{(1-f)^{2}}+|\nabla f|^{2} \mathscr{L}\left(\frac{1}{(1-f)^{2}}\right)+\left.2\langle\nabla| \nabla f\right|^{2}, \nabla \frac{1}{(1-f)^{2}}\right\rangle \tag{3.15}
\end{equation*}
$$

By the Bochner formula, Theorem [2.12, we have

$$
\begin{equation*}
\mathscr{L}^{\mathrm{ac}}\left(|\nabla f|^{2}\right) \geqslant \frac{2 g^{2}}{N}+2\langle\nabla f, \nabla g\rangle-2 K|\nabla f|^{2}+\frac{2 N}{N-1}\left(\frac{\left.\left.\langle\nabla f, \nabla| \nabla f\right|^{2}\right\rangle}{2|\nabla f|^{2}}-\frac{g}{N}\right)^{2} \tag{3.16}
\end{equation*}
$$

$\mu$-a.e. on $B_{3 R / 2} \cap\{|\nabla f| \neq 0\}$. By Lemma 2.9,

$$
\begin{align*}
\mathscr{L}\left(\frac{1}{(1-f)^{2}}\right) & =\frac{2}{(1-f)^{3}} \mathscr{L} f+\frac{6}{(1-f)^{4}}|\nabla f|^{2}  \tag{3.17}\\
& =\frac{2}{(1-f)^{3}} g+\frac{6}{(1-f)^{4}}|\nabla f|^{2}
\end{align*}
$$

and

$$
\begin{equation*}
\left.\left.\left.2\langle\nabla| \nabla f\right|^{2}, \nabla \frac{1}{(1-f)^{2}}\right\rangle=\left.\frac{4}{(1-f)^{3}}\langle\nabla f, \nabla| \nabla f\right|^{2}\right\rangle . \tag{3.18}
\end{equation*}
$$

Combining (3.14)-(3.18), we have,

$$
\begin{align*}
\mathscr{L}^{\mathrm{ac}} w-\partial_{t} w= & \frac{\mathscr{L}^{\mathrm{ac}}\left(|\nabla f|^{2}\right)}{(1-f)^{2}}+|\nabla f|^{2} \mathscr{L}^{\mathrm{ac}}\left(\frac{1}{(1-f)^{2}}\right)  \tag{3.19}\\
& \left.+\left.2\langle\nabla| \nabla f\right|^{2}, \nabla \frac{1}{(1-f)^{2}}\right\rangle-\partial_{t} w \\
\geqslant & \frac{1}{(1-f)^{2}}\left(\frac{2 g^{2}}{N}-2 K|\nabla f|^{2}+\frac{2 N}{N-1}\left(\frac{\left.\left.\langle\nabla f, \nabla| \nabla f\right|^{2}\right\rangle}{2|\nabla f|^{2}}-\frac{g}{N}\right)^{2}\right) \\
& \left.\left.+\frac{6}{(1-f)^{4}}|\nabla f|^{4}+\left.\frac{4}{(1-f)^{3}}\langle\nabla f, \nabla| \nabla f\right|^{2}\right\rangle-\left.\frac{2}{(1-f)^{2}}\langle\nabla f, \nabla| \nabla f\right|^{2}\right\rangle \\
& -\frac{2}{(1-f)^{3}}|\nabla f|^{4}
\end{align*}
$$

$\mu$-a.e. on $B_{3 R / 2} \cap\{|\nabla f| \neq 0\}$. On the other hand, for almost every $t$, we have

$$
\begin{equation*}
\left.0=\left.\frac{2}{(1-f)^{2}}\langle\nabla f, \nabla| \nabla f\right|^{2}\right\rangle-2\langle\nabla f, \nabla w\rangle+\frac{4}{(1-f)^{3}}|\nabla f|^{4} \tag{3.20}
\end{equation*}
$$

and

$$
\begin{equation*}
\left.0=\left.\frac{-2}{(1-f)^{3}}\langle\nabla f, \nabla| \nabla f\right|^{2}\right\rangle+\frac{2}{1-f}\langle\nabla f, \nabla w\rangle-\frac{4}{(1-f)^{4}}|\nabla f|^{4} . \tag{3.21}
\end{equation*}
$$

Summing up (3.19) -(3.21), for almost every $t$, we have

$$
\begin{align*}
\mathscr{L}^{\mathrm{ac}} w-\partial_{t} w \geqslant & -2 K \frac{|\nabla f|^{2}}{(1-f)^{2}}+\frac{2|\nabla f|^{4}}{(1-f)^{3}}+\frac{2 f}{1-f}\langle\nabla f, \nabla w\rangle \\
& +\frac{2 g^{2}}{N(1-f)^{2}}+\frac{2 N}{(N-1)(1-f)^{2}}\left(\frac{\left.\left.\langle\nabla f, \nabla| \nabla f\right|^{2}\right\rangle}{2|\nabla f|^{2}}-\frac{g}{N}\right)^{2}  \tag{3.22}\\
& +\frac{2|\nabla f|^{4}}{(1-f)^{4}}+\frac{\left.\left.2\langle\nabla f, \nabla| \nabla f\right|^{2}\right\rangle}{(1-f)^{3}}
\end{align*}
$$

$\mu$-a.e. on $B_{3 R / 2} \cap\{|\nabla f| \neq 0\}$. Note that by the Young inequality,

$$
\begin{align*}
\frac{2 g^{2}}{N(1-f)^{2}}+ & \frac{2 N}{(N-1)(1-f)^{2}}\left(\frac{\left.\left.\langle\nabla f, \nabla| \nabla f\right|^{2}\right\rangle}{2|\nabla f|^{2}}-\frac{g}{N}\right)^{2}+\frac{2|\nabla f|^{4}}{(1-f)^{4}}+\frac{\left.\left.2\langle\nabla f, \nabla| \nabla f\right|^{2}\right\rangle}{(1-f)^{3}}  \tag{3.23}\\
= & \frac{2}{(1-f)^{2}}\left(\frac{g^{2}}{N-1}-\frac{\left.\left.g\langle\nabla f, \nabla| \nabla f\right|^{2}\right\rangle}{(N-1)|\nabla f|^{2}}+\frac{\left.\left.\langle\nabla f, \nabla| \nabla f\right|^{2}\right\rangle^{2}}{4(N-1)|\nabla f|^{4}}\right) \\
& +\frac{2}{(1-f)^{2}}\left(\frac{\left.\left.\langle\nabla f, \nabla| \nabla f\right|^{2}\right\rangle^{2}}{4|\nabla f|^{4}}+\frac{|\nabla f|^{4}}{(1-f)^{2}}+\frac{\left.\left.\langle\nabla f, \nabla| \nabla f\right|^{2}\right\rangle}{1-f}\right) \\
\geqslant & 0 .
\end{align*}
$$

Hence, by (3.22) and (3.23), we have, for almost every $t$,

$$
\begin{equation*}
\mathscr{L}^{\mathrm{ac}} w-\partial_{t} w \geqslant-2 K \frac{|\nabla f|^{2}}{(1-f)^{2}}+\frac{2|\nabla f|^{4}}{(1-f)^{3}}+\frac{2 f}{1-f}\langle\nabla f, \nabla w\rangle \tag{3.24}
\end{equation*}
$$

$\mu$-a.e. on $B_{3 R / 2} \cap\{|\nabla f| \neq 0\}$. On the other hand, for almost all $t$, we have, on $B_{3 R / 2} \cap\{|\nabla f|=0\}$,

$$
\begin{align*}
\mathscr{L}^{\mathrm{ac}} w-\partial_{t} w= & \frac{\mathscr{L}^{\mathrm{ac}}\left(|\nabla f|^{2}\right)}{(1-f)^{2}}+|\nabla f|^{2} \mathscr{L}^{\mathrm{ac}}\left(\frac{1}{(1-f)^{2}}\right) \\
& \left.+\left.2\langle\nabla| \nabla f\right|^{2}, \nabla \frac{1}{(1-f)^{2}}\right\rangle-\partial_{t} w  \tag{3.25}\\
= & \frac{\mathscr{L}^{\mathrm{ac}}\left(|\nabla f|^{2}\right)}{(1-f)^{2}} \geqslant 0 .
\end{align*}
$$

Hence, by (3.24) and (3.25), for almost all $t$, we have

$$
\mathscr{L}^{\mathrm{ac}} w-\partial_{t} w \geqslant-2 K \frac{|\nabla f|^{2}}{(1-f)^{2}}+\frac{2|\nabla f|^{4}}{(1-f)^{3}}+\frac{2 f}{1-f}\langle\nabla f, \nabla w\rangle
$$

$\mu$-a.e. on $B_{3 R / 2}$. The inequality (3.12) follows from (3.15), (3.17) and Theorem 2.12, Hence, we complete the proof.

We are ready to prove Theorem 1.3 under some additional assumptions that $0<\delta \leqslant u \leqslant M$ and $\partial_{t} u \in H^{1}\left(B_{2 R, T}\right) \cap L^{\infty}\left(B_{2 R, T}\right)$.

Lemma 3.26. Let $K \geqslant 0$ and $N \in(1, \infty)$, and let $(X, d, \mu)$ be a metric measure space satisfying $R C D^{*}(-K, N)$. Let $T \in(0, \infty)$, let $B_{2 R}:=B_{2 R}\left(x_{0}\right)$, let $B_{2 R, T}=$ $B_{2 R} \times(0, T)$, and let $u(x, t) \in W^{1,2}\left(B_{2 R, T}\right)$ be a positive local weak solution of the
heat equation on $B_{2 R, T}$. Suppose also that $0<\delta \leqslant u \leqslant M$ and $\partial_{t} u \in H^{1}\left(B_{2 R, T}\right) \cap$ $L^{\infty}\left(B_{2 R, T}\right)$. Then, we have

$$
\sup _{B_{R} \times(3 T / 4, T)} \frac{|\nabla f(x, t)|}{1-f(x, t)} \leqslant C \cdot\left(\frac{\sqrt{N}}{R}+\frac{1}{\sqrt{T}}+\sqrt{K}\right)
$$

where $f=\ln (u / M)$. Here and in what follows, $C$ is a universal constant (independent of $N, K$ and $R$ ).

Proof. Let $w$ be as in Lemma 3.10. Then we have $w \in H^{1}\left(B_{3 R / 2, T}\right) \cap L^{\infty}\left(B_{3 R / 2, T}\right)$. Without loss of generality, we assume $M=1$. We follow the strategies of [38, 44].

Step 1. (Setting up the cut-off functions)
We put

$$
M_{1}:=\sup _{B_{R} \times(3 T / 4, T)} w \quad \text { and } \quad M_{2}:=\sup _{B_{3 R / 2} \times(T / 2, T)} w
$$

We now choose $\phi(x)=\phi(r(x))$ to be a function of the distance $r$ to $x_{0}$ with the following properties that
$\left(\frac{M_{1}}{2 M_{2}}\right)^{1 / 5} \leqslant \phi \leqslant 1$ on $B_{3 R / 2}, \quad \phi=1$ on $B_{R}, \quad \phi=\left(\frac{M_{1}}{2 M_{2}}\right)^{1 / 5}$ on $B_{3 R / 2} \backslash B_{5 R / 4}$, and

$$
-\frac{C}{R} \phi^{\frac{1}{2}} \leqslant \phi^{\prime}(r) \leqslant 0 \quad \text { and } \quad\left|\phi^{\prime \prime}(r)\right| \leqslant \frac{C}{R^{2}} \quad \forall r \in(0,3 R / 2)
$$

for some universal constant $C$ (independent of $N, K$, and $R$ ).
Similarly as above, we choose $\xi(t)$ to be a cut-off function such that

$$
\xi=1 \text { on }(3 T / 4, T), \quad\left(\frac{M_{1}}{2 M_{2}}\right)^{1 / 5} \leqslant \xi \leqslant 1 \text { on }(T / 2, T)
$$

and

$$
\xi=\left(\frac{M_{1}}{2 M_{2}}\right)^{1 / 5} \quad \text { on }(T / 2,5 T / 8)
$$

and

$$
-\frac{C}{R} \xi^{\frac{1}{2}} \leqslant \xi^{\prime}(t) \leqslant 0 \quad \forall t \in(T / 2, T)
$$

Let $\psi=\phi^{4} \cdot \xi$. Then, it is easy to check that

$$
\begin{equation*}
\psi=1 \text { on } B_{R} \times[3 T / 4, T] \tag{3.27}
\end{equation*}
$$

$$
\psi \text { is decreasing as a radial function in the spatial variables, }
$$

$$
\begin{align*}
|\nabla \psi| & \leqslant \frac{C}{R} \psi^{3 / 4} \leqslant \frac{C}{R} \sqrt{\psi} \quad \text { on } B_{3 R / 2}  \tag{3.28}\\
-\sqrt{\psi} \frac{C}{T} & \leqslant \partial_{t} \psi \leqslant 0 \quad \text { on }(T / 2, T]  \tag{3.29}\\
\left|\psi^{\prime \prime}(r)\right| & \leqslant \frac{C}{R^{2}} \sqrt{\psi} \quad \forall r \in(0,3 R / 2) \tag{3.30}
\end{align*}
$$

We now give an estimate for $\mathscr{L} \psi$. By the Laplacian comparison theorem 14, Corollary 5.15] for $R C D^{*}(-K, N)$ with $N>1, K>0$, and (3.28) and (3.30), we
get

$$
\begin{equation*}
\mathscr{L} \psi=\psi^{\prime} \mathscr{L} r+\psi^{\prime \prime}|\nabla r|^{2} \geqslant-\frac{C}{R}\left(\sqrt{(N-1) K} \operatorname{coth}\left(r \sqrt{\frac{K}{N-1}}\right)\right) \sqrt{\psi}-\frac{C}{R^{2}} \sqrt{\psi} \tag{3.31}
\end{equation*}
$$

on $B_{3 R / 2}$, in the sense of distributions. Note that $\psi=0$ on $B_{R}$, and if $r \geqslant R$, we have

$$
\operatorname{coth}\left(r \sqrt{\frac{K}{N-1}}\right) \leqslant \operatorname{coth}\left(R \sqrt{\frac{K}{N-1}}\right) \leqslant 1+\frac{1}{R \sqrt{K /(N-1)}}
$$

Hence, we have

$$
\begin{align*}
\mathscr{L} \psi & \geqslant-\frac{C}{R}\left(\sqrt{(N-1) K}+\frac{N-1}{R}\right) \sqrt{\psi}-\frac{C}{R^{2}} \sqrt{\psi} \\
& \geqslant\left(-\frac{C}{R} \sqrt{(N-1) K}-\frac{C N}{R^{2}}\right) \sqrt{\psi} \tag{3.32}
\end{align*}
$$

on $B_{3 R / 2}$, in the sense of distributions. In fact, the estimate (3.32) still holds for $R C D^{*}(-K, N)$ with $N \geqslant 1$ and $K \geqslant 0$. Indeed, in the case when $K=0$ and $N>1$, the Laplacian comparison theorem states that $\mathscr{L} r \leqslant(N-1) / r$. Then (3.32) still holds.

By (3.32), $\mathscr{L} \psi$ is a signed Radon measure. Then its absolutely continuous part

$$
\begin{equation*}
(\mathscr{L} \psi)^{\mathrm{ac}} \geqslant\left(-\frac{C}{R} \sqrt{(N-1) K}-\frac{C N}{R^{2}}\right) \sqrt{\psi} \quad \mu \text {-a.e. } x \in B_{3 R / 2} \tag{3.33}
\end{equation*}
$$

and its singular part

$$
\begin{equation*}
(\mathscr{L} \psi)^{\operatorname{sing}} \geqslant 0 . \tag{3.34}
\end{equation*}
$$

Step 2. (Maximum principle arguments)
Claim. We have, for almost all $t$,

$$
\begin{aligned}
& \mathscr{L}^{\mathrm{ac}}(w \psi)+\frac{2 f}{f-1}\langle\nabla f, \nabla(w \psi)\rangle-2 \frac{\langle\nabla \psi, \nabla(w \psi)\rangle}{\psi}-\partial_{t}(w \psi) \\
& \quad \geqslant 2 \psi(1-f) w^{2}+\frac{2 f w}{f-1}\langle\nabla f, \nabla \psi\rangle-2 \frac{w|\nabla \psi|^{2}}{\psi}+w \mathscr{L}^{a c} \psi-w \partial_{t} \psi-2 K w \psi
\end{aligned}
$$

$\mu$-a.e. on $B_{3 R / 2}$.
Proof of Claim. By Lemmas 2.9 and 3.10

$$
\begin{aligned}
& \mathscr{L}^{\mathrm{ac}}(\psi w)=w \mathscr{L}^{\mathrm{ac}} \psi+\psi \mathscr{L}^{\mathrm{ac}} w+2\langle\nabla w, \nabla \psi\rangle \\
& \quad \geqslant w \mathscr{L}^{\mathrm{ac}} \psi+\psi\left(\partial_{t} w-\frac{2 f}{1-f}\langle\nabla f, \nabla w\rangle+2(1-f) w^{2}-2 K w\right)+2\langle\nabla w, \nabla \psi\rangle
\end{aligned}
$$

$\mu$-a.e. on $B_{3 R / 2}$. Hence, using the above inequality, we get

$$
\begin{aligned}
& \mathscr{L}^{\mathrm{ac}}(w \psi)+\frac{2 f}{f-1}\langle\nabla f, \nabla(w \psi)\rangle-2 \frac{\langle\nabla \psi, \nabla(w \psi)\rangle}{\psi}-\partial_{t}(w \psi) \\
& \quad \geqslant 2 \psi(1-f) w^{2}+\frac{2 f w}{f-1}\langle\nabla f, \nabla \psi\rangle-2 \frac{w|\nabla \psi|^{2}}{\psi}+w \mathscr{L}^{\mathrm{ac}} \psi-w \partial_{t} \psi-2 K w \psi
\end{aligned}
$$

$\mu$-a.e. on $B_{3 R / 2}$.

We now return to the proof of Lemma 3.26. Let $G=w \psi$, and let $\bar{G}=$ $\sup _{B_{3 R / 2} \times(T / 2, T]} G$. Notice that

$$
\begin{aligned}
\mathscr{L}(w \psi) & +\frac{2 f}{f-1}\langle\nabla f, \nabla(w \psi)\rangle-2 \frac{\langle\nabla \psi, \nabla(w \psi)\rangle}{\psi}-\partial_{t}(w \psi) \\
& =\mathscr{L}(w \psi)+\langle\nabla G, \nabla(2 f+2 \ln (1-f)-2 \ln \psi)\rangle-\partial_{t}(w \psi) .
\end{aligned}
$$

By the definition of $\psi$, the function $G$ attains its maximum of $B_{3 R / 2} \times(T / 2, T)$ in $B_{5 R / 4} \times(5 T / 8, T)$ in the sense of Theorem (2.13) By (3.34) and (3.12), we have

$$
\mathscr{L}^{\text {sing }} G=w \mathscr{L}^{\operatorname{sing}} \psi+\psi \mathscr{L}^{\operatorname{sing}} w \geqslant 0
$$

for almost every $t$. By Theorem 2.13 with $v=2 f+2 \ln (1-f)-2 \ln \psi$, there exists $\left\{\left(x_{j}, t_{j}\right)\right\}$, such that

$$
\begin{equation*}
G\left(x_{j}, t_{j}\right) \geqslant \bar{G}-1 / j \tag{3.35}
\end{equation*}
$$

and

$$
\begin{equation*}
\mathscr{L}^{\mathrm{ac}} G\left(x_{j}, t_{j}\right)+\langle\nabla G, \nabla v\rangle\left(x_{j}, t_{j}\right)-\partial t G\left(x_{j}, t_{j}\right) \leqslant 1 / j . \tag{3.36}
\end{equation*}
$$

By (3.36) and the above Claim,

$$
\begin{aligned}
& \left(2 \psi(1-f) w^{2}+\frac{2 f w}{f-1}\langle\nabla f, \nabla \psi\rangle-2 \frac{w|\nabla \psi|^{2}}{\psi}+w \mathscr{L}^{\mathrm{ac}} \psi-w \partial_{t} \psi-2 K w \psi\right)\left(x_{j}, t_{j}\right) \\
& \quad \leqslant 1 / j
\end{aligned}
$$

and, hence,

$$
\begin{align*}
&\left(2 \psi(1-f) w^{2}\right)\left(x_{j}, t_{j}\right)  \tag{3.37}\\
& \leqslant-\left(\frac{2 f w}{f-1}\langle\nabla f, \nabla \psi\rangle-2 \frac{w|\nabla \psi|^{2}}{\psi}+w \mathscr{L}^{\mathrm{ac}} \psi-w \partial_{t} \psi-2 K w \psi\right)\left(x_{j}, t_{j}\right) \\
&+1 / j
\end{align*}
$$

By Young's inequality,

$$
\begin{equation*}
-\frac{2 f w}{f-1}\langle\nabla f, \nabla \psi\rangle \leqslant 2 w^{3 / 2}|f| \cdot|\nabla \psi| \leqslant \psi(1-f) w^{2}+C \frac{f^{4} \cdot|\nabla \psi|^{4}}{(\psi(1-f))^{3}} . \tag{3.38}
\end{equation*}
$$

Thus, by (3.28), we have

$$
\begin{equation*}
-\frac{2 f w}{f-1}\langle\nabla f, \nabla \psi\rangle \leqslant \psi(1-f) w^{2}+C \frac{f^{4}}{R^{4}(1-f)^{3}} . \tag{3.39}
\end{equation*}
$$

Using the Young inequality and (3.28), we get

$$
\begin{equation*}
\frac{w|\nabla \psi|^{2}}{\psi} \leqslant \frac{\psi w^{2}}{8}+C\left(\frac{|\nabla \psi|^{2}}{\psi^{3 / 2}}\right)^{2} \leqslant \frac{\psi w^{2}}{8}+C / R^{4} \tag{3.40}
\end{equation*}
$$

By (3.33),

$$
\begin{align*}
w \mathscr{L}^{\text {ac }} \psi & \geqslant\left(-\frac{C}{R} \sqrt{(N-1) K}-\frac{C N}{R^{2}}\right) \sqrt{\psi} w \\
& \geqslant-\frac{\psi w^{2}}{8}-\left(\frac{C}{R} \sqrt{(N-1) K}+\frac{C N}{R^{2}}\right)^{2}  \tag{3.41}\\
& \geqslant-\frac{\psi w^{2}}{8}-\frac{C}{R^{2}}(N-1) K-\frac{C N^{2}}{R^{4}} .
\end{align*}
$$

By (3.29) and the Young inequality,

$$
\begin{equation*}
\left|\partial_{t} \psi\right| w \leqslant \psi w^{2} / 8+C / T^{2} \tag{3.42}
\end{equation*}
$$

By the Young inequality and the fact that $0 \leqslant \psi \leqslant 1$,

$$
\begin{equation*}
2 K w \psi \leqslant \psi w^{2} / 8+C K^{2} . \tag{3.43}
\end{equation*}
$$

Combining (3.37)-(3.43), we have

$$
\begin{aligned}
\left(2(1-f) \psi w^{2}\right)\left(x_{j}, t_{j}\right) \leqslant & \left((1-f) \psi w^{2}+\frac{\psi w^{2}}{2}+\frac{C f^{4}}{R^{4}(1-f)^{3}}\right)\left(x_{j}, t_{j}\right) \\
& +\frac{1}{j}+\frac{C}{R^{4}}+\frac{C N^{2}}{R^{4}}+\frac{C}{R^{2}}(N-1) K+\frac{C}{T^{2}}+C K^{2}
\end{aligned}
$$

and hence

$$
\begin{aligned}
\left((1-f) \psi w^{2}\right)\left(x_{j}, t_{j}\right) \leqslant & \frac{\psi w^{2}}{2}\left(x_{j}, t_{j}\right)+\frac{1}{j}+\frac{C f^{4}}{R^{4}(1-f)^{3}}\left(x_{j}, t_{j}\right)+\frac{C N^{2}}{R^{4}} \\
& +\frac{C}{R^{2}}(N-1) K+\frac{C}{T^{2}}+C K^{2} .
\end{aligned}
$$

By $f \leqslant 0$, and hence $1-f \geqslant 1, f /(1-f) \leqslant 1$, and that $0 \leqslant \psi \leqslant 1$,

$$
\left(\psi^{2} w^{2}\right)\left(x_{j}, t_{j}\right) \leqslant \frac{2}{j}+\frac{C}{R^{4}}+\frac{C N^{2}}{R^{4}}+\frac{C}{R^{2}}(N-1) K+\frac{C}{T^{2}}+C K^{2} .
$$

By the above inequality and (3.35), letting $j \rightarrow \infty$,

$$
\bar{G}^{2} \leqslant \frac{C}{R^{4}}+\frac{C N^{2}}{R^{4}}+\frac{C}{R^{2}}(N-1) K+\frac{C}{T^{2}}+C K^{2} \leqslant \frac{C N^{2}}{R^{4}}+\frac{C}{T^{2}}+C K^{2} .
$$

Hence,

$$
\bar{G} \leqslant \frac{C N}{R^{2}}+\frac{C}{T}+C K
$$

Note that $\psi=1$ on $B_{R} \times(3 T / 4, T]$ by (3.27). Thus,

$$
\sup _{B_{R} \times(3 T / 4, T]} w \leqslant \frac{C N}{R^{2}}+\frac{C}{T}+C K .
$$

By definition of $w$, we have

$$
\sup _{B_{R} \times(3 T / 4, T]} \frac{|\nabla f|}{1-f} \leqslant \frac{C \sqrt{N}}{R}+\frac{C}{\sqrt{T}}+C \sqrt{K} .
$$

We are now in position to prove Theorem (1.3),
Proof of Theorem 1.3. Given any $\mathbb{Q} \ni \delta>0$, by [41, Theorem 2.2], $u+\delta \in$ $L_{\text {loc }}^{\infty}\left(B_{2 R, T}\right)$. Since the desired estimate is a local estimate, without loss of generality, we may assume that $u+\delta \in L^{\infty}\left(B_{2 R, T}\right)$.

Given any $\mathbb{Q} \ni \varepsilon>0$ sufficiently small, by Lemma 3.8, for almost all $t \in(0, T-\varepsilon)$,

$$
\mathscr{L}\left((u+\delta)_{h}\right)=\partial_{t}\left((u+\delta)_{h}\right)
$$

on $B_{R}$, in the sense of distributions. By Lemma 3.7 we apply Lemma 3.26 to the Steklov averages $(u+\delta)_{h}$. Then, we have

$$
\sup _{B_{R} \times\left(\frac{3(T-\varepsilon)}{4}, T-\varepsilon\right]} \frac{\left|\nabla f_{\delta, h}(x, t)\right|}{1-f_{\delta, h}(x, t)} \leqslant C \cdot\left(\frac{\sqrt{N}}{R}+\frac{1}{\sqrt{T-\varepsilon}}+\sqrt{K}\right),
$$

where $f_{\delta, h}=\ln \left(\frac{(u+\delta)_{h}}{M+\delta}\right), 0<h<\varepsilon$. By letting $\mathbb{Q} \ni h \rightarrow 0$, we get

$$
\sup _{B_{R} \times\left(\frac{3(T-\varepsilon)}{4}, T-\varepsilon\right]} \frac{\left|\nabla f_{\delta}(x, t)\right|}{1-f_{\delta}(x, t)} \leqslant C \cdot\left(\frac{\sqrt{N}}{R}+\frac{1}{\sqrt{T-\varepsilon}}+\sqrt{K}\right)
$$

where $f_{\delta}=\ln \left(\frac{u+\delta}{M+\delta}\right)$. By letting $\delta \rightarrow 0$ and the arbitrariness of $\varepsilon$, we complete the proof.

Using Theorem [1.3, 44, Corollary 1.5] with $K=0$, and the same arguments as in the proof of [38, eq. (1.5)], we can prove Corollary 1.5 ,

Using Theorem [1.3, and by the same arguments as in [38, Theorem 1.2], we conclude Theorem 1.6 .

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