LOCAL GRADIENT ESTIMATES FOR HEAT EQUATION ON $RCD^*(k, n)$ METRIC MEASURE SPACES

JIA-CHENG HUANG

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ABSTRACT. In this paper, we will establish a local gradient estimate and a Liouville type theorem for weak solutions of the heat equation on $RCD^*(K, N)$ metric measure spaces.

1. INTRODUCTION

Let M^n be an *n*-dimensional complete Riemannian manifold with $Ric(M^n) \ge -k$, $k \ge 0$. The Li–Yau local gradient estimate states that if u is a positive solution of the heat equation $\Delta u = \partial_t u$ on $B_{2R} \times (0, \infty)$, then

(1.1)
$$\sup_{x \in B_R} \left(|\nabla f|^2 - \alpha \cdot \partial_t f \right)(x,t) \leqslant \frac{C_n \cdot \alpha^2}{R^2} \left(\frac{\alpha^2}{\alpha^2 - 1} + \sqrt{kR} \right) + \frac{n\alpha^2 k}{2(\alpha - 1)} + \frac{n\alpha^2}{2t}$$

for any $\alpha > 1$, $f := \ln u$. Letting $R \to \infty$ in (1.1), one gets a global estimate as follows:

$$|\nabla f|^2 - \alpha \partial_t f \leqslant \frac{n\alpha^2 k}{2(\alpha - 1)} + \frac{n\alpha^2}{2t}.$$

There are many extensions and improvements of Li–Yau's gradient estimate on smooth manifolds, including both the local version and the global version; see, for example, [6, 7, 9, 11, 24, 25, 27, 33, 35, 38, 45, 46] for the related results. The Li–Yau type estimates were generalized to the non-smooth setting; see, for example, [8, 36, 44], and so on.

In 1993, Hamilton [20] proved an elliptic type (global) gradient estimate of the heat equation. If u is a global positive solution of the heat equation with $u \leq L$ on M^n , then

$$\frac{|\nabla u|^2}{u^2}(x,t) \leqslant \left(\frac{1}{t} + 2k\right) \ln(L/u).$$

In 2006, Souplet and Zhang [38] proved a sharp local version of the above inequality. They proved that if u is a positive solution of the heat equation with $u \leq L$ on $B_R \times [t_0 - T, t_0] \subset M^n \times \mathbb{R}$, then

(1.2)
$$\frac{|\nabla u|}{u} \leq C_n \cdot \left(\frac{1}{R} + \frac{1}{\sqrt{T}} + \sqrt{k}\right) \left(1 + \ln\frac{L}{u}\right) \quad \text{on } B_{R/2} \times [t_0 - T/2, t_0].$$

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Our main purpose in this paper is to study the local gradient estimate of the heat equation on the metric measure spaces with a "lower Ricci curvature bound", so called $RCD^*(K, N)$ spaces.

Given $K \in \mathbb{R}$ and $N \in [1,\infty]$, let (X,d,μ) be a proper (i.e., closed balls with finite radius are compact) complete metric measure space with $supp(\mu) = X$. In recent years, several notions of "generalized Ricci curvature $\geq K$ and dimension $\leq N$ " have been defined. Sturm [39] and Lott-Villani [28] introduced the curvature-dimension condition CD(K, N) on (X, d, μ) via optimal transportation. In 2010, Bacher-Sturm [5] introduced the reduced curvature-dimension condition $CD^*(K, N)$, which enjoys a local-to-global property. In 2015, for ruling out the Finslerian cases, Ambrosio-Gigli-Savaré [1] introduced the Riemannian curvaturedimension condition $RCD(K,\infty)$ by assuming that the Sobolev space $W^{1,2}(X)$ is a Hilbertian space. Recently, Erbar–Kuwada–Sturm [12] and Ambrosio–Mondino– Savaré [4] introduced a finite-dimensional version of the Riemannian curvaturedimension condition $RCD^*(K, N)$ and proved the equivalence of the Riemannian curvature-dimension condition and the Bochner formula of Bakry-Emery via an abstract Γ_2 -calculus. Of course, when X is a Riemannian manifold, the notion $RCD^*(K,N)$ is equivalent to the original $Ric(X) \ge K$ and $\dim(X) \le N$. When X is an Alexandrov space with generalized (sectional) curvature bounded below in the sense of Alexandrov, X satisfies the $RCD^*(K, N)$ condition [34, 42].

In recent years, many important results in geometric analysis have been extended to the $RCD^*(K, N)$ metric measure spaces; for example, the local Li–Yau gradient estimate for the heat equation and the local Yau gradient estimate for the harmonic functions [44], Li–Yau–Hamilton estimates [13,21,22] and spectral gaps [23,29,36], the existence of the universal cover for $RCD^*(K, N)$ metric measure spaces [32], and so on.

In this paper, we will study the local gradient estimate for the local weak solutions of the heat equation on an $RCD^*(K, N)$ metric measure space (X, d, μ) . Let $\Omega \subset X$ be a domain. By the $RCD^*(K, N)$ condition, the Sobolev space $W^{1,2}(\Omega)$ is a Hilbertian space. Hence, by polarization in $W^{1,2}(\Omega)$, one can define the inner product $\langle \cdot, \cdot \rangle$; see (2.5) for details. Given an interval $I \subset \mathbb{R}$, we say that $u(x,t) \in W^{1,2}(\Omega \times I)$ is a local weak solution for the heat equation on $\Omega \times I$ if

$$-\int_{I}\int_{\Omega}\langle\nabla u,\nabla\phi\rangle d\mu dt=\int_{I}\int_{\Omega}\frac{\partial u}{\partial t}\cdot\phi d\mu dt$$

for all Lipschitz functions ϕ with compact support in $\Omega \times I$.

In the previous works [13, 21, 23], the main tool is the Γ_2 -calculus for the heat flow. But the local weak solutions u(x,t) do not form a semi-group in general. The method of Γ_2 -calculus for the heat flow does not work in this case.

In Zhang-Zhu [44], the authors developed a pointwise maximum principle on metric measure spaces and proved the local Li–Yau estimate on $RCD^*(K, N)$ spaces. Inspired by [38] and [44], we generalized the local gradient estimates (1.2) to the $RCD^*(K, N)$ spaces. Our first main result is the following.

Theorem 1.3. Given $K \ge 0$ and $N \in (1, \infty)$, let (X, d, μ) be a metric measure space satisfying $RCD^*(-K, N)$. Let $T \in (0, \infty)$, let $B_{2R} \subset X$ be a geodesic ball of radius 2R, let $B_{2R,T} = B_{2R} \times (0,T)$, and let $u(x,t) \in W^{1,2}(B_{2R,T})$ be a positive local weak solution of the heat equation on $B_{2R,T}$. Suppose also that $u \le M$. Then, we have

(1.4)
$$\sup_{B_R \times (3T/4,T]} \frac{|\nabla f(x,t)|}{1 - f(x,t)} \leq C \cdot \left(\frac{\sqrt{N}}{R} + \frac{1}{\sqrt{T}} + \sqrt{K}\right),$$

where $f = \ln(u/M)$. Here and in what follows, $\sup_U f$ means $\operatorname{ess} \sup_U f$, and C is a universal constant (independent of N, K and R).

The constant in (1.4) is more precise than [38, eq. (1.4)]. As a consequence, our estimate even holds for any positive solution, bounded or not, when K = 0. Precisely,

Corollary 1.5. Given $N \in (1, \infty)$, let (X, d, μ) be a metric measure space satisfying $RCD^*(0, N)$. u is any positive solution of the heat equation on $X \times (0, \infty)$. Then there exists a constant C_N such that

$$\frac{|\nabla u|}{u}(x,t) \leqslant C_N \frac{1}{t^{1/2}} \left(C_N + \ln \frac{u(x,2t)}{u(x,t)} \right)$$

for almost all $(x,t) \in X \times (0,\infty)$.

As a consequence of Theorem 1.3, we have the Liouville type theorem of the heat equation. Our second main result is the following.

Theorem 1.6. Given $N \in [1, \infty)$, let (X, d, μ) be a metric measure space satisfying $RCD^*(0, N)$. Then, we have the following conclusions.

- (1) Let u(x,t) be a positive weak solution of the heat equation on $X \times (-\infty, 0]$. If $u = \exp(o(d(x) + \sqrt{|t|}))$ near infinity, then u must be a constant.
- (2) Let u(x,t) be a weak solution of the heat equation on $X \times (-\infty,0]$. If $u = o(d(x) + \sqrt{|t|})$ near infinity, then u must be a constant.

We remark that the growth condition in the second statement of Theorem 1.6 is sharp in the spatial direction, due to the example u = x.

2. Preliminaries

Let (X, d) be a proper (i.e., closed balls of finite radius are compact) complete metric space and let μ be a Radon measure on X with $\operatorname{supp}(\mu) = X$. Denote by $B_r(x)$ the open ball centered at x with radius r. For any open subset $\Omega \subset X$ and any $p \in [1, \infty]$, we denote by $L^p(\Omega) := L^p(\Omega, \mu)$.

2.1. The curvature-dimension conditions.

Let $\mathscr{P}(X)$ be the set of all Borel probability measures on X. Let $\mathscr{P}_2(X,d)$ be the L^2 -Wasserstein space over (X,d), that is,

$$\mathscr{P}_2(X,d) = \{ \nu \in \mathscr{P}(X) : \int_X d^2(x_0, x) d\nu(x) < \infty, \text{ for some (hence, for all) } x_0 \in X \}.$$

Given $\nu_1, \nu_2 \in \mathscr{P}_2(X, d)$, the L²-Wasserstein distance $W^2(\nu_0, \nu_1)$ is defined by

(2.1)
$$W^2(\nu_0, \nu_1) := \inf \int_{X \times X} d^2(x, y) dq(x, y),$$

where the infimum is taken over all couplings q of ν_1 and ν_2 . Here, we say that q is a coupling of ν_1 and ν_2 if q is in $\mathscr{P}(X \times X)$ with marginals ν_0 and ν_1 . A coupling q that realizes the inf in (2.1) is called an optimal coupling of ν_0 and ν_1 . Let

 $\mathscr{P}_2(X, d, \mu) = \{ \nu \in \mathscr{P}_2(X, d) : \nu \text{ is absolutely continuous w.r.t. } \mu \}$

and

$$\mathscr{P}_{\infty}(X,d,\mu) = \{\nu \in \mathscr{P}_{2}(X,d,\mu) : \nu \text{ has bounded support}\}.$$

For any $\nu \in \mathscr{P}_{\infty}(X, d, \mu)$, according to the Radon–Nikodym Theorem, there exists a Borel measurable function ρ such that, for any μ -measurable set A, we have $\nu(A) = \int_A \rho d\mu$. We write $\nu = \rho \cdot \mu$ in the above sense.

Definition 2.2. Given $K \in \mathbb{R}$ and $N \in [1, \infty)$, we say that a metric measure space (X, d, μ) satisfies the reduced curvature-dimension condition $CD^*(K, N)$ if, for each pair $\nu_0 = \rho_0 \cdot \mu, \nu_1 = \rho_1 \cdot \mu \in \mathscr{P}_{\infty}(X, d, \mu)$, there exist an optimal coupling q of them and a geodesic $(\nu_t := \rho_t \cdot \mu)_{t \in [0,1]}$ in $\mathscr{P}_{\infty}(X, d, \mu)$ connecting them such that for all $t \in [0, 1]$ and all $N' \ge N$:

$$\int_{X} \rho_{t}^{-1/N'} d\nu_{t}$$

$$\geq \int_{X \times X} \left[\sigma_{K/N'}^{(1-t)} \left(d(x_{0}, x_{1}) \right) \rho_{0}^{-1/N'}(x_{0}) + \sigma_{K/N'}^{(t)} \left(d(x_{0}, x_{1}) \right) \rho_{1}^{-1/N'}(x_{1}) \right] dq(x_{0}, x_{1}),$$

where

$$\sigma_k^{(t)}(\theta) := \begin{cases} \frac{\sin(\sqrt{k} \cdot t\theta)}{\sin(\sqrt{k} \cdot \theta)}, & 0 < k\theta^2 < \pi^2 \\ t, & k\theta^2 = 0, \\ \frac{\sinh(\sqrt{-k} \cdot t\theta)}{\sinh(\sqrt{-k} \cdot \theta)}, & k\theta^2 < 0, \\ \infty, & k\theta^2 \geqslant \pi^2. \end{cases}$$

Given $f \in C(X)$, the pointwise Lipschitz constant of f at x is defined by

$$\operatorname{Lip} f(x) := \limsup_{y \to x} \frac{|f(y) - f(x)|}{d(x, y)}$$

where we put $\operatorname{Lip} f(x) = 0$ if x is isolated. Clearly $\operatorname{Lip} f$ is μ -measurable on X.

Definition 2.3 ([3]). The Cheeger energy $Ch: L^2(X) \to [0,\infty]$ is defined by

$$\operatorname{Ch}(f) := \inf \Big\{ \liminf_{j \to \infty} \frac{1}{2} \int_X (\operatorname{Lip} f_j)^2 d\mu \Big\},\,$$

where the infimum is taken over all sequences of Lipschitz functions $(f_j)_{j\in\mathbb{N}}$ such that $f_j \rightarrow f$ in $L^2(X)$.

Definition 2.4. We say that a metric measure space (X, d, μ) is infinitesimally Hilbertian if the Cheeger energy Ch is quadratic; i.e., for any $f, g \in L^2(X)$, we have $\operatorname{Ch}(f+g) + \operatorname{Ch}(f-g) = 2\operatorname{Ch}(f) + 2\operatorname{Ch}(g)$. We say that (X, d, μ) satisfies the $RCD^*(K, N)$ condition, for some $K \in \mathbb{R}$ and $N \in [1, \infty)$, if (X, d, μ) is infinitesimally Hilbertian and satisfies the $CD^*(K, N)$ condition.

Let (X, d, μ) be an $RCD^*(K, N)$ metric measure space. For each $f \in D(Ch) := \{f \in L^2(X) : Ch(f) < \infty\}$, it is shown in §4 of [3] that

$$\operatorname{Ch}(f) = \frac{1}{2} \int_X |\nabla f|^2 d\mu,$$

where $|\nabla f|$ is the minimal relaxed gradient of f. Given $f, g \in D(Ch)$, it was proved [14] that the limit

(2.5)
$$\langle \nabla f, \nabla g \rangle := \lim_{\epsilon \to 0} \frac{|\nabla (f + \epsilon \cdot g)|^2 - |\nabla f|^2}{2\epsilon}$$

exists in $L^1(X)$. This inner product (2.5) is bi-linear and satisfies the Cauchy–Schwarz inequality, the chain rule, and the Leibniz rule [14].

2.2. Sobolev spaces.

Given $K \in \mathbb{R}$ and $N \in [1, \infty)$, let (X, d, μ) be an $RCD^*(K, N)$ metric measure space. Let $\Omega \subset X$ be a domain. We denote by $\operatorname{Lip}_{\operatorname{loc}}(\Omega)$ the set of locally Lipschitz continuous functions on Ω , and by $\operatorname{Lip}(\Omega)$ (resp. $\operatorname{Lip}_0(\Omega)$) the set of Lipschitz continuous functions on Ω (resp. with compact support in Ω).

For any $1 \leq p \leq +\infty$ and $f \in \operatorname{Lip}_{\operatorname{loc}}(\Omega)$, its $W^{1,p}(\Omega)$ -norm is defined by

$$||f||_{W^{1,p}(\Omega)} := ||f||_{L^p(\Omega)} + ||\text{Lip}f||_{L^p(\Omega)}.$$

The Sobolev space $W^{1,p}(\Omega)$ is defined by the closure of the set

$$\left\{ f \in \operatorname{Lip}_{\operatorname{loc}}(\Omega) : \|f\|_{W^{1,p}(\Omega)} < +\infty \right\}$$

under the $W^{1,p}(\Omega)$ -norm. The space $W_0^{1,p}(\Omega)$ is defined by the closure of $\operatorname{Lip}_0(\Omega)$ under the $W^{1,p}(\Omega)$ -norm. We say $f \in W^{1,p}_{\operatorname{loc}}(\Omega)$ if $f \in W^{1,p}(\Omega')$ for every open subset $\Omega' \subseteq \Omega$.

It is well known that $D(Ch) = W^{1,2}(X)$; see, for example, [44, Lemma 2.5].

We remark that several different notions of Sobolev spaces on metric measure space have been established in [10, 15–17, 37]. They coincide with each other on $RCD^*(K, N)$ metric measure spaces (see, for example, [2]).

2.3. The weak Laplacian and a local version of the Bochner formula. Given $K \in \mathbb{R}$ and $N \in [1, \infty)$, let (X, d, μ) be an $RCD^*(K, N)$ metric measure space. Fix any domain $\Omega \subset X$. We will denote $H_0^1(\Omega) := W_0^{1,2}(\Omega)$, $H^1(\Omega) := W^{1,2}_{loc}(\Omega)$, and $H_{loc}^1(\Omega) := W_{loc}^{1,2}(\Omega)$.

Definition 2.6. For each $f \in H^1_{loc}(\Omega)$, $\mathscr{L}f$ is a functional defined on $H^1_0(\Omega) \cap L^{\infty}(\Omega)$ by

$$\mathscr{L}f(\phi) := -\int_{\Omega} \langle \nabla f, \nabla \phi \rangle d\mu \qquad \forall \ \phi \in H^1_0(\Omega) \cap L^\infty(\Omega).$$

For any $g \in H^1(\Omega) \cap L^{\infty}(\Omega)$, the distribution $g \cdot \mathscr{L} f$ is defined by

(2.7)
$$g \cdot \mathscr{L}f(\phi) := \mathscr{L}f(g\phi) \qquad \forall \ \phi \in H^1_0(\Omega) \cap L^\infty(\Omega)$$

By the linearity of inner product $\langle \nabla f, \nabla g \rangle$, this distributional Laplacian is linear.

Definition 2.8. A function $f \in W^{1,2}_{loc}(\Omega)$ is said to satisfy the inequality

$$\mathscr{L}f \leqslant (\geqslant, =)h$$

in the sense of distributions if the inequality

$$\mathscr{L}f(\varphi) \leqslant (\geqslant,=) \int_{\Omega} h\varphi d\mu$$

holds for all $0 \leq \varphi \in H_0^1(\Omega) \cap L^{\infty}(\Omega)$. In this case, $\mathscr{L}f$ is a signed Radon measure [18].

 \mathscr{L} satisfies the following chain rule and Leibniz rule [14]; see also [44].

Lemma 2.9 ([44]). Given $K \in \mathbb{R}$ and $N \in [1, \infty)$, let Ω be an open domain of an $RCD^*(K, N)$ metric measure space (X, d, μ) . Then, we have

(i) (Chain rule) Let $f \in H^1(\Omega) \cap L^{\infty}(\Omega)$ and $\eta \in C^2(\mathbb{R})$. Then we have

(2.10)
$$\mathscr{L}[\eta(f)] = \eta'(f) \cdot \mathscr{L}f + \eta''(f) \cdot |\nabla f|^2$$

(ii) (Leibniz rule) Let $f, g \in H^1(\Omega) \cap L^{\infty}(\Omega)$. Then we have

(2.11)
$$\mathscr{L}(f \cdot g) = f \cdot \mathscr{L}g + g \cdot \mathscr{L}f + 2\langle \nabla f, \nabla g \rangle.$$

Erbar–Kuwada–Sturm [12] and Ambrosio–Mondino–Savaré [4] proved that the $RCD^*(K, N)$ condition is equivalent to a Bakry–Emery Bochner inequality for the heat flow on X. Hence, the $RCD^*(K, N)$ condition implies a global version of the Bochner formula. By using a good cut-off function in [4, 19, 31] and an argument in [19], one can localize the global version of the Bochner formula in [4, 12] to a local one; see, for example, §2 in [44] for details. In the following, a local Bochner formula is given.

Theorem 2.12 ([44]). Let (X, d, μ) be an $RCD^*(K, N)$ space for $K \in \mathbb{R}$ and $N \in [1, \infty)$. Let B_R be a geodesic ball with radius R centered at a fixed point x_0 .

Assume that $f \in H^1(B_R)$ satisfies $\mathscr{L}f = g$ on B_R in the sense of distributions with $g \in H^1(B_R) \cap L^{\infty}(B_R)$. Then we have $|\nabla f|^2 \in H^1(B_{R/2}) \cap L^{\infty}(B_{R/2})$ and that the distribution $\mathscr{L}(|\nabla f|^2)$ is a signed Radon measure on $B_{R/2}$. If its Radon-Nikodym decomposition w.r.t. μ is denoted by

$$\mathscr{L}(|\nabla f|^2) = \mathscr{L}^{\mathrm{ac}}(|\nabla f|^2) \cdot \mu + \mathscr{L}^{\mathrm{sing}}(|\nabla f|^2),$$

then we have $\mathscr{L}^{sing}(|\nabla f|^2) \ge 0$ and, for μ -a.e. $x \in B_{R/2}$,

$$\frac{1}{2}\mathscr{L}^{\mathrm{ac}}(|\nabla f|^2) \geqslant \frac{g^2}{N} + \langle \nabla f, \nabla g \rangle + K |\nabla f|^2.$$

Furthermore, if N > 1, for μ -a.e. $x \in B_{R/2} \cap \{y : |\nabla f(y)| \neq 0\}$,

$$\frac{1}{2}\mathscr{L}^{\mathrm{ac}}(|\nabla f|^2) \geqslant \frac{g^2}{N} + \langle \nabla f, \nabla g \rangle + K |\nabla f|^2 + \frac{N}{N-1} \cdot \Big(\frac{\langle \nabla f, \nabla |\nabla f|^2 \rangle}{2|\nabla f|^2} - \frac{g}{N}\Big)^2.$$

2.4. The maximum principles. Given $K \in \mathbb{R}$ and $N \in [1, \infty)$, let (X, d, μ) be a metric measure space satisfying $RCD^*(K, N)$. We need the following maximum principle.

Theorem 2.13 ([44]). Let Ω be a bounded domain and let T > 0. Let $f(x,t) \in H^1(\Omega_T) \cap L^{\infty}(\Omega_T)$ and suppose that f achieves one of its strict maximums in $\Omega \times (0,T]$ in the sense that: there exist a neighborhood $U \Subset \Omega$ and an interval $(\delta,T] \subset (0,T]$ for some $\delta > 0$ such that

$$\sup_{U \times (\delta,T]} f > \sup_{\Omega_T \setminus (U \times (\delta,T])} f.$$

Here $\sup_{U\times(\delta,T]} f$ means $\operatorname{ess\,sup}_{U\times(\delta,T]} f$. Assume that, for almost every $t \in (0,T)$, $\mathscr{L}f(\cdot,t)$ is a signed Radon measure with $\mathscr{L}^{\operatorname{sing}}f(\cdot,t) \ge 0$. Let $v \in H^1(\Omega_T) \cap L^{\infty}(\Omega_T)$ with $\partial_t v(x,t) \le C$ for some constant C > 0, for almost all $(x,t) \in \Omega_T$. Then, for any $\varepsilon > 0$, we have

$$\begin{split} (\mu \times \mathcal{L}^1) \Big\{ (x,t) &: f(x,t) \geqslant \sup_{\Omega_T} f - \varepsilon \\ and \quad \mathscr{L}^{\mathrm{ac}} f(x,t) + \langle \nabla f, \nabla v \rangle(x,t) - \frac{\partial}{\partial t} f(x,t) \leqslant \varepsilon \Big\} > 0, \end{split}$$

where \mathcal{L}^1 is the 1-dimensional Lebesgue's measure on $(\delta, T]$.

In particular, there exists a sequence of points $\{(x_j, t_j)\}_{j \in \mathbb{N}} \subset U \times (\delta, T]$ such that every x_j is an approximate continuity point of $\mathscr{L}^{\mathrm{ac}}f(\cdot, t_j)$ and $\langle \nabla f, \nabla w \rangle(\cdot, t_j)$ and that

$$f(x_j, t_j) \ge \sup_{\Omega_T} f - 1/j$$
 and $\mathscr{L}^{\mathrm{ac}} f(x_j, t_j) + \langle \nabla f, \nabla v \rangle(x_j, t_j) - \frac{\partial}{\partial t} f(x_j, t_j) \le 1/j.$

3. The local gradient estimates

Given $K \in \mathbb{R}$ and $N \in [1, \infty)$, let (X, d, μ) be a metric measure space satisfying $RCD^*(K, N)$. In this section, we will prove the local gradient estimates, Theorem 1.3.

3.1. The heat equations. Let $\Omega \subset X$ be a domain. Given T > 0, we denote by $\Omega_T := \Omega \times (0, T]$.

Definition 3.1. A function $u(x,t) \in H^1(\Omega_T)$ $(=W^{1,2}(\Omega_T))$ is called a local weak solution of the heat equation on Ω_T if for any $[t_1, t_2] \subset (0, T)$ and any geodesic ball $B_R \subseteq \Omega$, we have

(3.2)
$$\int_{t_1}^{t_2} \int_{B_R} \left(\partial_t u \cdot \phi + \langle \nabla u, \nabla \phi \rangle \right) d\mu dt = 0$$

for all $\phi(x,t) \in \operatorname{Lip}_0(B_R \times (t_1,t_2))$. Here and in the sequel, we always denote $\partial_t u := \frac{\partial u}{\partial t}$.

It is well known that the volume doubling property and the L^2 -Poincaré inequality hold true in the $RCD^*(K, N)$ metric measure spaces. The local boundedness and the local Hölder continuity for local weak solutions of heat equations have been established in [30, 40, 41].

An equivalent definition of the local weak solution is given in the following.

Lemma 3.3 ([44]). Let u(x,t) be a local weak solution of the heat equation on $\Omega \times (0,T)$. Then, for a.e. $t \in (0,T)$, the function $u(\cdot,t)$ satisfies

$$(3.4) \qquad \qquad \mathscr{L}u = \partial_t u$$

in the sense of distributions on Ω . Conversely, if a function $u(x,t) \in H^1(\Omega_T)$ and (3.4) holds for a.e. $t \in [0,T]$, then it was shown in [43, Lemma 6.12] that u(x,t) is a local weak solution of the heat equation on Ω_T .

For a local weak solution u of the heat equation on Ω_T , we want to apply the Bochner formula in Theorem 2.12 to (3.4). But in general, $\partial_t u$ is only in L^2 . We cannot apply the Bochner formula in Theorem 2.12 to (3.4). Similar to [44], we use the Steklov average to overcome this difficulty.

Definition 3.5. Given $B_R \subset X$ and $u(x,t) \in L^1(B_{R,T})$, where $B_{R,T} := B_R \times (0,T)$, the Steklov average of u is defined as follows. For every $\varepsilon \in (0,T)$ and any $h \in (0,\varepsilon)$,

(3.6)
$$u_h(x,t) := \frac{1}{h} \int_0^h u(x,t+\tau) d\tau, \quad t \in (0,T-\varepsilon].$$

By using the standard theory of L^p spaces, it is well known that if $u \in L^p(B_{R,T})$, then the Steklov average $u_h \to u$ in $L^p(B_{R,T-\varepsilon})$ as $h \to 0$, for every $\varepsilon \in (0,T)$.

We need the following lemmas.

Lemma 3.7 ([44]). If $u \in H^1(B_{R,T}) \cap L^{\infty}(B_{R,T})$, then we have, for every $\varepsilon \in (0,T)$, that

$$u_h \in H^1(B_{R,T-\varepsilon}) \cap L^\infty(B_{R,T-\varepsilon})$$
 and $\partial_t u_h \in H^1(B_{R,T-\varepsilon}) \cap L^\infty(B_{R,T-\varepsilon})$

for every $h \in (0,\varepsilon)$ and that $||u_h||_{H^1(B_{R,T-\varepsilon})}$ is bounded uniformly with respect to $h \in (0,\varepsilon)$.

For a local weak solution u, we have the following property of u_h .

Lemma 3.8 ([44]). Let $u \in H^1(B_{R,T}) \cap L^{\infty}(B_{R,T})$ be a local weak solution for the heat equation, and fix any two constants ε , h such that $\varepsilon \in (0,T)$ and $h \in (0,\varepsilon)$. Then for almost all $t \in (0, T - \varepsilon)$,

$$\mathscr{L}u_h = \partial_t u_h$$

on B_R , in the sense of distributions.

We need the following lemma.

Lemma 3.9 ([44]). Given $K \in \mathbb{R}$ and $N \in [1, \infty)$, let (X, d, μ) be a metric measure space satisfying $RCD^*(K, N)$. Let $u(x, t) \in H^1(B_{2R,T}) \cap L^{\infty}(B_{2R,T})$ be a local weak solution of the heat equation on $B_{2R,T}$. Assume that $\partial_t u \in H^1(B_{2R,T}) \cap L^{\infty}(B_{2R,T})$. Then we have $|\nabla u|^2 \in H^1(B_{3R/2,T}) \cap L^{\infty}(B_{3R/2,T})$.

3.2. **Proof of Theorems 1.3 and 1.6.** We firstly prove an important elliptic inequality.

Lemma 3.10. Given $K \ge 0$ and $N \in (1, \infty)$, let (X, d, μ) be an $RCD^*(-K, N)$ space. Let $u(x,t) \in H^1(B_{2R,T}) \cap L^{\infty}(B_{2R,T})$ be the local weak solution of the heat equation on $B_{2R,T}$. Assume that $M \ge u \ge \delta > 0$ and $\partial_t u \in H^1(B_{2R,T}) \cap L^{\infty}(B_{2R,T})$. We put

$$w(x,t) = \frac{|\nabla f|^2}{(1-f)^2},$$

where $f = \ln(u/M)$. Then, we have $w \in H^1(B_{3R/2,T}) \cap L^{\infty}(B_{3R/2,T})$ and that, for almost every $t \in (0,T)$, the function $w(\cdot,t)$ satisfies

$$(3.11) \qquad \mathscr{L}^{\mathrm{ac}}w \ge \partial_t w + \frac{2f}{1-f} \langle \nabla f, \nabla w \rangle + 2\frac{|\nabla f|^4}{(1-f)^3} - 2K \frac{|\nabla f|^2}{(1-f)^2} \qquad \mu\text{-a.e.}$$

on $B_{3R/2}$, and

$$(3.12) \qquad \qquad \mathscr{L}^{\operatorname{sing}} w \geqslant 0$$

Proof. Without loss of generality, we may assume M = 1. By Lemma 3.9, $|\nabla u|^2 \in H^1(B_{3R/2,T}) \cap L^{\infty}(B_{3R/2,T})$. Note that for $\partial_t u \in H^1(B_{2R,T}) \cap L^{\infty}(B_{2R,T})$ and $1 \ge u \ge \delta > 0$, we have $|\nabla f|^2 = \frac{|\nabla u|^2}{u^2} \in H^1(B_{3R/2,T}) \cap L^{\infty}(B_{3R/2,T})$, and hence

$$w = \frac{|\nabla f|^2}{(1-f)^2} \in H^1(B_{3R/2,T}) \cap L^\infty(B_{3R/2,T})$$

Moreover, for almost every t, we have $f(\cdot, t)$, $\partial_t f(\cdot, t) \in H^1(B_{2R}) \cap L^{\infty}(B_{2R})$ and, by Lemma 2.9, for almost every t, (3.13)

$$\mathscr{L}f = \frac{1}{u}\mathscr{L}u - \frac{|\nabla u|^2}{u^2} = \frac{1}{u}\partial_t u - |\nabla f|^2 = \partial_t f - |\nabla f|^2 \ (\in H^1(B_{2R}) \cap L^\infty(B_{2R})),$$

in the sense of distributions on B_{2R} . We denote $g = \partial_t f - |\nabla f|^2$. For almost every $(x,t) \in B_{3R/2,T}$, we have

(3.14)

$$\partial_t w = \frac{(1-f)^2 \partial_t |\nabla f|^2 + 2(1-f)(\partial_t f) |\nabla f|^2}{(1-f)^4}$$

$$= \frac{2\langle \nabla f, \nabla f_t \rangle}{(1-f)^2} + \frac{2(g+|\nabla f|^2) |\nabla f|^2}{(1-f)^3}$$

$$= \frac{2\langle \nabla f, \nabla g + \nabla |\nabla f|^2 \rangle}{(1-f)^2} + \frac{2(g+|\nabla f|^2) |\nabla f|^2}{(1-f)^3}$$

By Lemma 2.9, we get

(3.15)
$$\mathscr{L}w = \mathscr{L}(|\nabla f|^2) \cdot \frac{1}{(1-f)^2} + |\nabla f|^2 \mathscr{L}\left(\frac{1}{(1-f)^2}\right) + 2\langle \nabla |\nabla f|^2, \nabla \frac{1}{(1-f)^2}\rangle.$$

By the Bochner formula. Theorem 2.12, we have

By the Bochner formula, Theorem 2.12, we have

$$(3.16) \quad \mathscr{L}^{\mathrm{ac}}(|\nabla f|^2) \ge \frac{2g^2}{N} + 2\langle \nabla f, \nabla g \rangle - 2K|\nabla f|^2 + \frac{2N}{N-1} \left(\frac{\langle \nabla f, \nabla |\nabla f|^2 \rangle}{2|\nabla f|^2} - \frac{g}{N}\right)^2$$

 μ -a.e. on $B_{3R/2} \cap \{|\nabla f| \neq 0\}$. By Lemma 2.9,

(3.17)
$$\mathscr{L}\left(\frac{1}{(1-f)^2}\right) = \frac{2}{(1-f)^3}\mathscr{L}f + \frac{6}{(1-f)^4}|\nabla f|^2$$
$$= \frac{2}{(1-f)^3}g + \frac{6}{(1-f)^4}|\nabla f|^2$$

and

(3.18)
$$2\langle \nabla |\nabla f|^2, \nabla \frac{1}{(1-f)^2} \rangle = \frac{4}{(1-f)^3} \langle \nabla f, \nabla |\nabla f|^2 \rangle.$$

Combining (3.14)–(3.18), we have,

(3.19)

$$\begin{split} \mathscr{L}^{\mathrm{ac}}w - \partial_t w &= \frac{\mathscr{L}^{\mathrm{ac}}(|\nabla f|^2)}{(1-f)^2} + |\nabla f|^2 \mathscr{L}^{\mathrm{ac}}\left(\frac{1}{(1-f)^2}\right) \\ &+ 2\langle \nabla |\nabla f|^2, \nabla \frac{1}{(1-f)^2} \rangle - \partial_t w \\ \geqslant \frac{1}{(1-f)^2} \left(\frac{2g^2}{N} - 2K |\nabla f|^2 + \frac{2N}{N-1} \left(\frac{\langle \nabla f, \nabla |\nabla f|^2 \rangle}{2|\nabla f|^2} - \frac{g}{N}\right)^2\right) \\ &+ \frac{6}{(1-f)^4} |\nabla f|^4 + \frac{4}{(1-f)^3} \langle \nabla f, \nabla |\nabla f|^2 \rangle - \frac{2}{(1-f)^2} \langle \nabla f, \nabla |\nabla f|^2 \rangle \\ &- \frac{2}{(1-f)^3} |\nabla f|^4 \end{split}$$

 μ -a.e. on $B_{3R/2} \cap \{ |\nabla f| \neq 0 \}$. On the other hand, for almost every t, we have

(3.20)
$$0 = \frac{2}{(1-f)^2} \langle \nabla f, \nabla | \nabla f |^2 \rangle - 2 \langle \nabla f, \nabla w \rangle + \frac{4}{(1-f)^3} | \nabla f |^4$$

and

(3.21)
$$0 = \frac{-2}{(1-f)^3} \langle \nabla f, \nabla | \nabla f |^2 \rangle + \frac{2}{1-f} \langle \nabla f, \nabla w \rangle - \frac{4}{(1-f)^4} | \nabla f |^4.$$

Summing up (3.19)–(3.21), for almost every t, we have

$$\mathcal{L}^{ac}w - \partial_t w \ge -2K \frac{|\nabla f|^2}{(1-f)^2} + \frac{2|\nabla f|^4}{(1-f)^3} + \frac{2f}{1-f} \langle \nabla f, \nabla w \rangle$$
(3.22)
$$+ \frac{2g^2}{N(1-f)^2} + \frac{2N}{(N-1)(1-f)^2} \left(\frac{\langle \nabla f, \nabla |\nabla f|^2 \rangle}{2|\nabla f|^2} - \frac{g}{N} \right)^2$$

$$+ \frac{2|\nabla f|^4}{(1-f)^4} + \frac{2\langle \nabla f, \nabla |\nabla f|^2 \rangle}{(1-f)^3}$$

 μ -a.e. on $B_{3R/2} \cap \{ |\nabla f| \neq 0 \}$. Note that by the Young inequality,

$$\begin{aligned} (3.23) \\ & \frac{2g^2}{N(1-f)^2} + \frac{2N}{(N-1)(1-f)^2} \left(\frac{\langle \nabla f, \nabla |\nabla f|^2 \rangle}{2|\nabla f|^2} - \frac{g}{N} \right)^2 + \frac{2|\nabla f|^4}{(1-f)^4} + \frac{2\langle \nabla f, \nabla |\nabla f|^2 \rangle}{(1-f)^3} \\ &= \frac{2}{(1-f)^2} \left(\frac{g^2}{N-1} - \frac{g\langle \nabla f, \nabla |\nabla f|^2 \rangle}{(N-1)|\nabla f|^2} + \frac{\langle \nabla f, \nabla |\nabla f|^2 \rangle^2}{4(N-1)|\nabla f|^4} \right) \\ &\quad + \frac{2}{(1-f)^2} \left(\frac{\langle \nabla f, \nabla |\nabla f|^2 \rangle^2}{4|\nabla f|^4} + \frac{|\nabla f|^4}{(1-f)^2} + \frac{\langle \nabla f, \nabla |\nabla f|^2 \rangle}{1-f} \right) \\ &\geqslant 0. \end{aligned}$$

Hence, by (3.22) and (3.23), we have, for almost every t,

(3.24)
$$\mathscr{L}^{\mathrm{ac}}w - \partial_t w \ge -2K \frac{|\nabla f|^2}{(1-f)^2} + \frac{2|\nabla f|^4}{(1-f)^3} + \frac{2f}{1-f} \langle \nabla f, \nabla w \rangle$$

 μ -a.e. on $B_{3R/2} \cap \{|\nabla f| \neq 0\}$. On the other hand, for almost all t, we have, on $B_{3R/2} \cap \{|\nabla f| = 0\}$,

$$\mathscr{L}^{\mathrm{ac}}w - \partial_t w = \frac{\mathscr{L}^{\mathrm{ac}}(|\nabla f|^2)}{(1-f)^2} + |\nabla f|^2 \mathscr{L}^{\mathrm{ac}}\left(\frac{1}{(1-f)^2}\right)$$

$$(3.25) \qquad \qquad + 2\langle \nabla |\nabla f|^2, \nabla \frac{1}{(1-f)^2} \rangle - \partial_t w$$

$$= \frac{\mathscr{L}^{\mathrm{ac}}(|\nabla f|^2)}{(1-f)^2} \ge 0.$$

Hence, by (3.24) and (3.25), for almost all t, we have

$$\mathscr{L}^{\mathrm{ac}}w - \partial_t w \geqslant -2K \frac{|\nabla f|^2}{(1-f)^2} + \frac{2|\nabla f|^4}{(1-f)^3} + \frac{2f}{1-f} \langle \nabla f, \nabla w \rangle$$

 μ -a.e. on $B_{3R/2}$. The inequality (3.12) follows from (3.15), (3.17) and Theorem 2.12. Hence, we complete the proof.

We are ready to prove Theorem 1.3 under some additional assumptions that $0 < \delta \leq u \leq M$ and $\partial_t u \in H^1(B_{2R,T}) \cap L^{\infty}(B_{2R,T})$.

Lemma 3.26. Let $K \ge 0$ and $N \in (1, \infty)$, and let (X, d, μ) be a metric measure space satisfying $RCD^*(-K, N)$. Let $T \in (0, \infty)$, let $B_{2R} := B_{2R}(x_0)$, let $B_{2R,T} = B_{2R} \times (0,T)$, and let $u(x,t) \in W^{1,2}(B_{2R,T})$ be a positive local weak solution of the

heat equation on $B_{2R,T}$. Suppose also that $0 < \delta \leq u \leq M$ and $\partial_t u \in H^1(B_{2R,T}) \cap L^{\infty}(B_{2R,T})$. Then, we have

$$\sup_{B_R \times (3T/4,T)} \frac{|\nabla f(x,t)|}{1 - f(x,t)} \leqslant C \cdot \left(\frac{\sqrt{N}}{R} + \frac{1}{\sqrt{T}} + \sqrt{K}\right),$$

where $f = \ln(u/M)$. Here and in what follows, C is a universal constant (independent of N, K and R).

Proof. Let w be as in Lemma 3.10. Then we have $w \in H^1(B_{3R/2,T}) \cap L^{\infty}(B_{3R/2,T})$. Without loss of generality, we assume M = 1. We follow the strategies of [38, 44].

Step 1. (Setting up the cut-off functions)

We put

$$M_1 := \sup_{B_R \times (3T/4,T)} w$$
 and $M_2 := \sup_{B_{3R/2} \times (T/2,T)} w$

We now choose $\phi(x) = \phi(r(x))$ to be a function of the distance r to x_0 with the following properties that

$$\left(\frac{M_1}{2M_2}\right)^{1/5} \leqslant \phi \leqslant 1 \text{ on } B_{3R/2}, \quad \phi = 1 \text{ on } B_R, \quad \phi = \left(\frac{M_1}{2M_2}\right)^{1/5} \text{ on } B_{3R/2} \backslash B_{5R/4},$$

and

$$-\frac{C}{R}\phi^{\frac{1}{2}} \leqslant \phi'(r) \leqslant 0 \quad \text{and} \quad |\phi''(r)| \leqslant \frac{C}{R^2} \qquad \forall \ r \in (0, 3R/2)$$

for some universal constant C (independent of N, K, and R).

Similarly as above, we choose $\xi(t)$ to be a cut-off function such that

$$\xi = 1$$
 on $(3T/4, T)$, $\left(\frac{M_1}{2M_2}\right)^{1/5} \le \xi \le 1$ on $(T/2, T)$

and

$$\xi = \left(\frac{M_1}{2M_2}\right)^{1/5}$$
 on $(T/2, 5T/8)$,

and

$$-\frac{C}{R}\xi^{\frac{1}{2}} \leqslant \xi'(t) \leqslant 0 \qquad \forall \ t \in (T/2, T).$$

Let $\psi = \phi^4 \cdot \xi$. Then, it is easy to check that

(3.27)
$$\psi = 1 \text{ on } B_R \times [3T/4, T],$$

 ψ is decreasing as a radial function in the spatial variables,

(3.28)
$$|\nabla \psi| \leqslant \frac{C}{R} \psi^{3/4} \leqslant \frac{C}{R} \sqrt{\psi}$$
 on $B_{3R/2}$,

(3.29)
$$-\sqrt{\psi}\frac{C}{T} \leqslant \partial_t \psi \leqslant 0 \quad on(T/2,T],$$

(3.30)
$$|\psi''(r)| \leq \frac{C}{R^2}\sqrt{\psi} \qquad \forall r \in (0, 3R/2).$$

We now give an estimate for $\mathscr{L}\psi$. By the Laplacian comparison theorem [14, Corollary 5.15] for $RCD^*(-K, N)$ with N > 1, K > 0, and (3.28) and (3.30), we

get

(3.31)

$$\mathscr{L}\psi = \psi'\mathscr{L}r + \psi''|\nabla r|^2 \ge -\frac{C}{R} \Big(\sqrt{(N-1)K} \coth\left(r\sqrt{\frac{K}{N-1}}\right)\Big)\sqrt{\psi} - \frac{C}{R^2}\sqrt{\psi}$$

on $B_{3R/2}$, in the sense of distributions. Note that $\psi = 0$ on B_R , and if $r \ge R$, we have

$$\operatorname{coth}\left(r\sqrt{\frac{K}{N-1}}\right) \leqslant \operatorname{coth}\left(R\sqrt{\frac{K}{N-1}}\right) \leqslant 1 + \frac{1}{R\sqrt{K/(N-1)}}$$

Hence, we have

(3.32)
$$\mathscr{L}\psi \ge -\frac{C}{R} \left(\sqrt{(N-1)K} + \frac{N-1}{R}\right) \sqrt{\psi} - \frac{C}{R^2} \sqrt{\psi}$$
$$\ge \left(-\frac{C}{R} \sqrt{(N-1)K} - \frac{CN}{R^2}\right) \sqrt{\psi}$$

on $B_{3R/2}$, in the sense of distributions. In fact, the estimate (3.32) still holds for $RCD^*(-K, N)$ with $N \ge 1$ and $K \ge 0$. Indeed, in the case when K = 0 and N > 1, the Laplacian comparison theorem states that $\mathscr{L}r \le (N-1)/r$. Then (3.32) still holds.

By (3.32), $\mathscr{L}\psi$ is a signed Radon measure. Then its absolutely continuous part

(3.33)
$$(\mathscr{L}\psi)^{\mathrm{ac}} \ge \left(-\frac{C}{R}\sqrt{(N-1)K} - \frac{CN}{R^2}\right)\sqrt{\psi} \quad \mu\text{-a.e. } x \in B_{3R/2},$$

and its singular part

$$(3.34) \qquad \qquad (\mathscr{L}\psi)^{\operatorname{sing}} \geqslant 0.$$

Step 2. (Maximum principle arguments)

Claim. We have, for almost all t,

$$\begin{aligned} \mathscr{L}^{\mathrm{ac}}(w\psi) + \frac{2f}{f-1} \langle \nabla f, \nabla(w\psi) \rangle &- 2 \frac{\langle \nabla \psi, \nabla(w\psi) \rangle}{\psi} - \partial_t(w\psi) \\ \geqslant 2\psi(1-f)w^2 + \frac{2fw}{f-1} \langle \nabla f, \nabla \psi \rangle - 2 \frac{w|\nabla \psi|^2}{\psi} + w\mathscr{L}^{ac}\psi - w\partial_t\psi - 2Kw\psi \end{aligned}$$

 μ -a.e. on $B_{3R/2}$.

Proof of Claim. By Lemmas 2.9 and 3.10,

$$\begin{aligned} \mathscr{L}^{\mathrm{ac}}(\psi w) &= w \mathscr{L}^{\mathrm{ac}} \psi + \psi \mathscr{L}^{\mathrm{ac}} w + 2 \langle \nabla w, \nabla \psi \rangle \\ &\geqslant w \mathscr{L}^{\mathrm{ac}} \psi + \psi \left(\partial_t w - \frac{2f}{1-f} \langle \nabla f, \nabla w \rangle + 2(1-f)w^2 - 2Kw \right) + 2 \langle \nabla w, \nabla \psi \rangle \end{aligned}$$

 μ -a.e. on $B_{3R/2}$. Hence, using the above inequality, we get

$$\begin{split} \mathscr{L}^{\mathrm{ac}}(w\psi) &+ \frac{2f}{f-1} \langle \nabla f, \nabla(w\psi) \rangle - 2 \frac{\langle \nabla \psi, \nabla(w\psi) \rangle}{\psi} - \partial_t(w\psi) \\ &\geqslant 2\psi(1-f)w^2 + \frac{2fw}{f-1} \langle \nabla f, \nabla \psi \rangle - 2 \frac{w|\nabla \psi|^2}{\psi} + w \mathscr{L}^{\mathrm{ac}}\psi - w \partial_t \psi - 2Kw\psi \end{split}$$

 μ -a.e. on $B_{3R/2}$.

We now return to the proof of Lemma 3.26. Let $G = w\psi$, and let $\overline{G} = \sup_{B_{3R/2} \times (T/2,T]} G$. Notice that

$$\begin{aligned} \mathscr{L}(w\psi) &+ \frac{2f}{f-1} \langle \nabla f, \nabla(w\psi) \rangle - 2 \frac{\langle \nabla \psi, \nabla(w\psi) \rangle}{\psi} - \partial_t(w\psi) \\ &= \mathscr{L}(w\psi) + \langle \nabla G, \nabla(2f+2\ln(1-f)-2\ln\psi) \rangle - \partial_t(w\psi) \end{aligned}$$

By the definition of ψ , the function G attains its maximum of $B_{3R/2} \times (T/2, T)$ in $B_{5R/4} \times (5T/8, T)$ in the sense of Theorem 2.13. By (3.34) and (3.12), we have

 $\mathscr{L}^{\operatorname{sing}} G = w \mathscr{L}^{\operatorname{sing}} \psi + \psi \mathscr{L}^{\operatorname{sing}} w \geqslant 0$

for almost every t. By Theorem 2.13 with $v = 2f + 2\ln(1-f) - 2\ln\psi$, there exists $\{(x_j, t_j)\}$, such that

$$(3.35) G(x_j, t_j) \ge \overline{G} - 1/j$$

and

(3.36)
$$\mathscr{L}^{\mathrm{ac}}G(x_j,t_j) + \langle \nabla G, \nabla v \rangle(x_j,t_j) - \partial t G(x_j,t_j) \leqslant 1/j.$$

By (3.36) and the above Claim,

$$\left(2\psi(1-f)w^2 + \frac{2fw}{f-1} \langle \nabla f, \nabla \psi \rangle - 2\frac{w|\nabla \psi|^2}{\psi} + w\mathscr{L}^{\mathrm{ac}}\psi - w\partial_t\psi - 2Kw\psi \right) (x_j, t_j) \\ \leqslant 1/j,$$

and, hence,

$$(3.37)$$

$$(2\psi(1-f)w^{2})(x_{j},t_{j})$$

$$\leqslant -\left(\frac{2fw}{f-1}\langle\nabla f,\nabla\psi\rangle-2\frac{w|\nabla\psi|^{2}}{\psi}+w\mathscr{L}^{\mathrm{ac}}\psi-w\partial_{t}\psi-2Kw\psi\right)(x_{j},t_{j})$$

$$+1/j.$$

By Young's inequality,

$$(3.38) \qquad -\frac{2fw}{f-1}\langle \nabla f, \nabla \psi \rangle \leqslant 2w^{3/2}|f| \cdot |\nabla \psi| \leqslant \psi(1-f)w^2 + C\frac{f^4 \cdot |\nabla \psi|^4}{(\psi(1-f))^3}.$$

Thus, by (3.28), we have

(3.39)
$$-\frac{2fw}{f-1}\langle \nabla f, \nabla \psi \rangle \leqslant \psi (1-f)w^2 + C\frac{f^4}{R^4(1-f)^3}$$

Using the Young inequality and (3.28), we get

(3.40)
$$\frac{w|\nabla\psi|^2}{\psi} \leqslant \frac{\psi w^2}{8} + C\left(\frac{|\nabla\psi|^2}{\psi^{3/2}}\right)^2 \leqslant \frac{\psi w^2}{8} + C/R^4.$$

By (3.33),

$$w\mathscr{L}^{\mathrm{ac}}\psi \geqslant \left(-\frac{C}{R}\sqrt{(N-1)K} - \frac{CN}{R^2}\right)\sqrt{\psi}w$$

$$\geqslant -\frac{\psi w^2}{8} - \left(\frac{C}{R}\sqrt{(N-1)K} + \frac{CN}{R^2}\right)^2$$

$$\geqslant -\frac{\psi w^2}{8} - \frac{C}{R^2}(N-1)K - \frac{CN^2}{R^4}.$$

By (3.29) and the Young inequality,

$$(3.42) \qquad \qquad |\partial_t \psi| w \leqslant \psi w^2 / 8 + C/T^2$$

By the Young inequality and the fact that $0 \leq \psi \leq 1$,

$$(3.43) 2Kw\psi \leqslant \psi w^2/8 + CK^2$$

Combining (3.37)–(3.43), we have

$$(2(1-f)\psi w^2)(x_j, t_j) \leq \left((1-f)\psi w^2 + \frac{\psi w^2}{2} + \frac{Cf^4}{R^4(1-f)^3} \right) (x_j, t_j) + \frac{1}{j} + \frac{C}{R^4} + \frac{CN^2}{R^4} + \frac{C}{R^2}(N-1)K + \frac{C}{T^2} + CK^2,$$

and hence

$$((1-f)\psi w^2)(x_j,t_j) \leq \frac{\psi w^2}{2}(x_j,t_j) + \frac{1}{j} + \frac{Cf^4}{R^4(1-f)^3}(x_j,t_j) + \frac{CN^2}{R^4} + \frac{C}{R^2}(N-1)K + \frac{C}{T^2} + CK^2.$$

By $f \leq 0$, and hence $1 - f \ge 1$, $f/(1 - f) \le 1$, and that $0 \le \psi \le 1$,

$$(\psi^2 w^2)(x_j, t_j) \leq \frac{2}{j} + \frac{C}{R^4} + \frac{CN^2}{R^4} + \frac{C}{R^2}(N-1)K + \frac{C}{T^2} + CK^2.$$

By the above inequality and (3.35), letting $j \to \infty$,

$$\overline{G}^2 \leqslant \frac{C}{R^4} + \frac{CN^2}{R^4} + \frac{C}{R^2}(N-1)K + \frac{C}{T^2} + CK^2 \leqslant \frac{CN^2}{R^4} + \frac{C}{T^2} + CK^2.$$

Hence,

$$\overline{G} \leqslant \frac{CN}{R^2} + \frac{C}{T} + CK.$$

Note that $\psi = 1$ on $B_R \times (3T/4, T]$ by (3.27). Thus,

$$\sup_{B_R \times (3T/4,T]} w \leqslant \frac{CN}{R^2} + \frac{C}{T} + CK.$$

By definition of w, we have

$$\sup_{B_R \times (3T/4,T]} \frac{|\nabla f|}{1-f} \leqslant \frac{C\sqrt{N}}{R} + \frac{C}{\sqrt{T}} + C\sqrt{K}.$$

We are now in position to prove Theorem 1.3.

Proof of Theorem 1.3. Given any $\mathbb{Q} \ni \delta > 0$, by [41, Theorem 2.2], $u + \delta \in L^{\infty}_{loc}(B_{2R,T})$. Since the desired estimate is a local estimate, without loss of generality, we may assume that $u + \delta \in L^{\infty}(B_{2R,T})$.

Given any $\mathbb{Q} \ni \varepsilon > 0$ sufficiently small, by Lemma 3.8, for almost all $t \in (0, T - \varepsilon)$,

$$\mathscr{L}\left((u+\delta)_h\right) = \partial_t \left((u+\delta)_h\right)$$

on B_R , in the sense of distributions. By Lemma 3.7, we apply Lemma 3.26 to the Steklov averages $(u + \delta)_h$. Then, we have

$$\sup_{B_R \times \left(\frac{3(T-\varepsilon)}{4}, T-\varepsilon\right]} \frac{|\nabla f_{\delta,h}(x,t)|}{1 - f_{\delta,h}(x,t)} \leqslant C \cdot \left(\frac{\sqrt{N}}{R} + \frac{1}{\sqrt{T-\varepsilon}} + \sqrt{K}\right),$$

where $f_{\delta,h} = \ln(\frac{(u+\delta)_h}{M+\delta}), \ 0 < h < \varepsilon$. By letting $\mathbb{Q} \ni h \to 0$, we get

$$\sup_{B_R \times \left(\frac{3(T-\varepsilon)}{4}, T-\varepsilon\right]} \frac{|\nabla f_{\delta}(x,t)|}{1 - f_{\delta}(x,t)} \leqslant C \cdot \left(\frac{\sqrt{N}}{R} + \frac{1}{\sqrt{T-\varepsilon}} + \sqrt{K}\right),$$

where $f_{\delta} = \ln(\frac{u+\delta}{M+\delta})$. By letting $\delta \to 0$ and the arbitrariness of ε , we complete the proof.

Using Theorem 1.3, [44, Corollary 1.5] with K = 0, and the same arguments as in the proof of [38, eq. (1.5)], we can prove Corollary 1.5.

Using Theorem 1.3, and by the same arguments as in [38, Theorem 1.2], we conclude Theorem 1.6.

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School of Mathematical Sciences, Fudan University, No. 220, Handan Road, Yangpu District, Shanghai 86200433, People's Republic of China

Email address: hjiach@fudan.edu.cn