

## A PROPORTIONAL DVORETZKY-ROGERS FACTORIZATION RESULT

A. A. GIANNOPOULOS

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ABSTRACT. If  $X$  is an  $n$ -dimensional normed space and  $\varepsilon \in (0, 1)$ , there exists  $m \geq (1 - \varepsilon)n$ , such that the formal identity  $i_{2,\infty}: l_2^m \rightarrow l_\infty^m$  can be written as  $i_{2,\infty} = \alpha \circ \beta$ ,  $\beta: l_2^m \rightarrow X$ ,  $\alpha: X \rightarrow l_\infty^m$ , with  $\|\alpha\| \cdot \|\beta\| \leq c/\varepsilon$ . This is proved as a consequence of a Sauer-Shelah type theorem for ellipsoids.

### 1. INTRODUCTION

A version of the classical Dvoretzky-Rogers lemma [D-R] asserts that, if  $(X, \|\cdot\|)$  is an  $n$ -dimensional normed space, there exist vectors  $x_1, \dots, x_m \in X$ ,  $m = \lfloor \sqrt{n} \rfloor$ , such that for any choice of real numbers  $t_1, \dots, t_m$ ,

$$\max_{j \leq m} |t_j| \leq \left\| \sum_{j \leq m} t_j x_j \right\|_X \leq c \left( \sum_{j \leq m} t_j^2 \right)^{1/2},$$

where  $c > 0$  is an absolute constant. Towards a strengthening of this result for  $m$  proportional to  $n$ , Bourgain-Szarek [B-S] and later Szarek-Talagrand [S-T] proved the following:

**Theorem 1.** *If  $(X, \|\cdot\|)$  is an  $n$ -dimensional normed space and  $\varepsilon \in (0, 1)$ , there exist vectors  $x_1, \dots, x_m \in X$ ,  $m \geq (1 - \varepsilon)n$ , such that for any reals  $t_1, \dots, t_m$ ,*

$$\max_{j \leq m} |t_j| \leq \left\| \sum_{j \leq m} t_j x_j \right\|_X \leq c\varepsilon^{-d} \left( \sum_{j \leq m} t_j^2 \right)^{1/2},$$

where  $c, d > 0$  are absolute constants. Equivalently, the formal identity  $i_{2,\infty}: l_2^m \rightarrow l_\infty^m$  can be written as  $i_{2,\infty} = \alpha \circ \beta$ , where  $\beta: l_2^m \rightarrow X$ ,  $\alpha: X \rightarrow l_\infty^m$ , and  $\|\alpha\| \cdot \|\beta\| \leq c\varepsilon^{-d}$ . The same holds true for  $i_{1,2}: l_1^m \rightarrow l_2^m$ .

The best possible dependence on  $\varepsilon$  is not known. As shown by S. J. Szarek [Sz.1], there exists an  $n$ -dimensional normed space  $X$  such that  $\|\alpha\| \cdot \|\beta\| \geq c(n/\log n)^{1/10}$  whenever  $i_{2,\infty}: l_2^n \rightarrow l_\infty^n$  is written as  $i_{2,\infty} = \alpha \circ \beta$  ( $\alpha, \beta$  as above), and this implies that  $d$  in Theorem 1 has to be at least  $1/10$ . On the other hand, in [S-T] it is proved that Theorem 1 holds with  $d = 2$ , and in [G] we obtain a similar result with  $d = 3/2$ . Here, we shall show that the same holds true with  $d = 1$ .

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Let us note that the method establishing this “proportional Dvoretzky-Rogers factorization” is closely related to the problem of the Banach-Mazur distance to the cube. A detailed exposition of the techniques used so far for both problems is given in [Sz.2].

The source of the improvement on the estimates in Theorem 1 is a Sauer-Shelah type theorem for ellipsoids, which we feel is of independent interest: The well-known combinatorial Sauer-Shelah lemma [Sa], [Sh] states that if  $0 \leq l < s$  and  $M$  is a subset of  $\{-1, 1\}^s$  of cardinality  $|M| > \binom{s}{0} + \binom{s}{1} + \dots + \binom{s}{l}$ , then there exists  $\sigma \subset \{1, \dots, s\}$ ,  $|\sigma| > l$ , such that  $P_\sigma(M) = \{-1, 1\}^\sigma$ , where  $P_\sigma$  is the restriction map  $(\delta_j)_{j \leq s} \rightarrow (\delta_j)_{j \in \sigma}$ . A special case of this lemma is of particular interest: If  $M \subset \{-1, 1\}^s$  and  $|M| \geq 2^{s-1}$ , then we can find  $\sigma \subset \{1, \dots, s\}$ ,  $|\sigma| \geq \frac{s}{2}$ , with  $P_\sigma(M) = \{-1, 1\}^\sigma$ .

In connection with their work on the Banach-Mazur distance to the cube, Szarek and Talagrand [S-T] proved an isomorphic variant of the Sauer-Shelah lemma: If  $M \subset \{-1, 1\}^s$ , viewed now as a set of points in  $\mathbf{R}^s$ , and if  $|M| \geq 2^{s-1}$ ,  $\varepsilon \in (0, 1)$ , then there exists  $\sigma \subset \{1, \dots, s\}$ ,  $|\sigma| \geq (1 - \varepsilon)s$ , such that

$$\text{absconv}(P_\sigma(M)) \supseteq c\varepsilon[-1, 1]^\sigma,$$

where  $c > 0$  is an absolute constant (and the absolute convex hull is taken in  $\mathbf{R}^\sigma$ ).

For our purposes, we need to consider the following situation: Let  $u_1, \dots, u_s$  be vectors in  $\mathbf{R}^n$ , of Euclidean norm  $|u_j|_n \leq 1$ ,  $j = 1, \dots, s$ . Define the symmetric convex set

$$\mathcal{E} = \left\{ (\delta_j)_{j \leq s} \in \mathbf{R}^s : \left| \sum_{j \leq s} \delta_j u_j \right|_n \leq 1 \right\}.$$

(Note that if  $s \leq n$  and the vectors  $u_j$  are linearly independent in  $\mathbf{R}^n$ , then  $\mathcal{E}$  is an ellipsoid in  $\mathbf{R}^s$ . This will be the context in the proof of Theorem 1.) Again, we are interested in the “size” of the image  $P_\sigma(\mathcal{E})$  of  $\mathcal{E}$  for “large” subsets  $\sigma$  of  $\{1, \dots, s\}$ . Our main result is then the following

**Theorem 2.** *If  $u_j \in \mathbf{R}^n$ ,  $|u_j|_n \leq 1$ ,  $j = 1, \dots, s$ , and*

$$\mathcal{E} = \left\{ (\delta_j)_{j \leq s} \in \mathbf{R}^s : \left| \sum_{j \leq s} \delta_j u_j \right|_n \leq 1 \right\},$$

*then for every  $\varepsilon \in (0, 1)$ , we can find  $\sigma \subseteq \{1, \dots, s\}$ ,  $|\sigma| \geq (1 - \varepsilon)s$ , such that*

$$P_\sigma(\mathcal{E}) \supseteq c\sqrt{\varepsilon}D_\sigma,$$

*where  $D_\sigma$  is the Euclidean unit ball in  $\mathbf{R}^\sigma$  and  $c > 0$  is an absolute constant.*

We shall use the standard notation from [M-Sc] or [T-J]. By  $|\cdot|$  we denote the cardinality of a finite set. The letter  $c$  will always denote an absolute positive constant, not necessarily the same in all its occurrences. For basic facts about  $p$ -absolutely summing operators, used in the proof of Theorem 2, we refer the reader to [L-T], [Pi], and [T-J].

## 2. PROOF OF THEOREM 2

First, we introduce some additional notation: The set  $S = \{1, \dots, s\}$ , as well as  $\mathbf{R}^S$ , will be fixed throughout the proof. If  $\varphi \subseteq S$ , then  $\mathbf{R}^\varphi = \{(\delta_j)_{j \leq s} \in \mathbf{R}^S : \delta_j = 0 \text{ if } j \notin \varphi\}$ . A point in  $\mathbf{R}^S$  denoted by  $(\delta_j)_{j \in \varphi}$  is assumed to satisfy  $\delta_j = 0$  if  $j \notin \varphi$ .

If  $\tau, \varphi$  are disjoint subsets of  $S$  and  $A \subseteq \mathbf{R}^\varphi$ , we sometimes write  $\mathbf{0}_\tau \times A$  instead of  $A$  to indicate that  $A$  is to be understood as a subset of  $\mathbf{R}^{\varphi \cup \tau}$ . In particular, if  $\varphi \subseteq S_1 \subseteq S$  and  $L > 0$ , then

$$I_{L,\varphi,S_1} = \mathbf{0}_\varphi \times \{-L, L\}^{S_1 \setminus \varphi} = \left\{ (\delta_j)_{j \in S_1} \in \mathbf{R}^{S_1} : \delta_j = \begin{cases} 0 & \text{if } j \in \varphi, \\ \pm L & \text{if } j \in S_1 \setminus \varphi \end{cases} \right\}.$$

Note that  $|I_{L,\varphi,S_1}| = 2^{|S_1 \setminus \varphi|}$ . If  $a \in \mathbf{R}^\varphi$ ,  $b \in \mathbf{R}^\tau$ , and  $\tau, \varphi$  are disjoint subsets of  $S$ , then  $(a, b) \in \mathbf{R}^{\varphi \cup \tau}$  is the sum  $a + b$ . Finally, if  $S_1$  is a non-empty subset of  $S$ , we define

$$\mathcal{E}_{S_1} = \left\{ (\delta_j)_{j \in S_1} \in \mathbf{R}^{S_1} : \left| \sum_{j \in S_1} \delta_j u_j \right|_n \leq 1 \right\}.$$

Our starting point is then an immediate consequence of the Sauer-Shelah lemma:

**Lemma 1.** *If  $L > 0$ ,  $\varphi \subseteq S_1 \subseteq S$ , and  $M \subseteq \mathbf{0}_\varphi \times \{-L, L\}^{S_1 \setminus \varphi}$ , with  $|M| \geq 2^{|S_1 \setminus \varphi| - 1}$ , then there exists  $\sigma \subseteq S_1 \setminus \varphi$ ,  $|\sigma| \geq \frac{|S_1 \setminus \varphi|}{2}$ , such that*

$$P_{\varphi \cup \sigma}(M) = \mathbf{0}_\varphi \times \{-L, L\}^\sigma. \quad \square$$

Using an inductive argument based on Lemma 1, we obtain a first result on the size of the projections of  $\mathcal{E}_{S_1}$ , for an arbitrary  $S_1 \subseteq S$ . This step is crucial for our proof of Theorem 2, so we state it as our next lemma and give its proof, although it can essentially be found in [G].

**Lemma 2.** *If  $\emptyset \neq S_1 \subseteq S$  and  $\varepsilon \in (0, 1)$  are given, then there exists  $\sigma \subseteq S_1$ , with  $|\sigma| \geq (1 - \varepsilon)|S_1|$ , such that*

$$P_\sigma(\mathcal{E}_{S_1}) \supseteq \frac{c\sqrt{\varepsilon}}{\sqrt{|S_1|}}[-1, 1]^\sigma,$$

where  $c > 0$  is an absolute constant.

*Proof.* Set  $\alpha_k = \sum_{r=0}^{k-1} 2^{r/2}$ ,  $\beta_k = \sum_{r=0}^{k-1} 2^r = 2^k - 1$ , and  $Q_\tau = [-1, 1]^\tau$  for every non-empty  $\tau \subseteq S_1$ .

We shall prove by induction that:

$$(*) \quad \begin{aligned} &\text{For } k = 1, 2, \dots, \text{ one can find } \sigma_k \subseteq S_1, \text{ with } |\sigma_k| \geq \\ &(1 - \frac{1}{2^k})|S_1|, \text{ such that} \\ &Q_{\sigma_k} \subseteq P_{\sigma_k}(\alpha_k \sqrt{2|S_1|} \mathcal{E}_{S_1} \cap \beta_k Q_{S_1}). \end{aligned}$$

Since  $\alpha_k \leq \frac{2^{k/2}}{\sqrt{2}-1}$ , condition (\*) clearly implies that, for  $k = 1, 2, \dots$ ,

$$P_{\sigma_k}(\mathcal{E}_{S_1}) \supseteq \frac{c}{\sqrt{|S_1|}} \sqrt{\frac{1}{2^k}}[-1, 1]^{\sigma_k}$$

with  $c = 1 - \frac{1}{\sqrt{2}}$ , which is the assertion of the lemma for  $\varepsilon = 1/2^k$ . The continuous version will easily follow with a worse constant  $c$ .

*Inductive step.* Consider the set  $J_k = \mathbf{0}_{\sigma_k} \times \{-2^{k/2}, 2^{k/2}\}^{S_1 \setminus \sigma_k}$ , where  $\sigma_k$  is the subset of  $S_1$  given by (\*). Note that  $|J_k| = 2^{|S_1 \setminus \sigma_k|}$ . By the parallelogram law and

the fact that  $|S_1 \setminus \sigma_k| \leq |S_1|/2^k$ , we have

$$\text{Ave}_{(\delta_j) \in J_k} \left| \sum_{j \in S_1} \delta_j u_j \right|_n^2 = 2^k \sum_{j \in S_1 \setminus \sigma_k} |u_j|_n^2 \leq |S_1|,$$

and Markov's inequality implies that there exists  $M^{k+1} \subseteq J_k \cap \sqrt{2|S_1|} \mathcal{E}_{S_1}$  with  $|M^{k+1}| \geq 2^{|S_1 \setminus \sigma_k| - 1}$ . Then, by Lemma 1, we can find  $\sigma_{k+1}^* \subseteq S_1 \setminus \sigma_k$ , of cardinality  $|\sigma_{k+1}^*| \geq \frac{|S_1 \setminus \sigma_k|}{2}$ , for which

$$P_{\sigma_k \cup \sigma_{k+1}^*}(M^{k+1}) = \mathbf{0}_{\sigma_k} \times \{-2^{k/2}, 2^{k/2}\}^{\sigma_{k+1}^*}.$$

Since  $M^{k+1} \subseteq \sqrt{2|S_1|} \mathcal{E}_{S_1} \cap 2^{k/2} Q_{S_1}$ , it follows that

$$(**) \quad \mathbf{0}_{\sigma_k} \times 2^k Q_{\sigma_{k+1}^*} \subseteq P_{\sigma_k \cup \sigma_{k+1}^*}(2^{k/2} \sqrt{2|S_1|} \mathcal{E}_{S_1} \cap 2^k Q_{S_1}).$$

Suppose now that  $a \in Q_{\sigma_k}$ ,  $b \in Q_{\sigma_{k+1}^*}$ . From the inductive hypothesis (\*), there exists  $t_a \in \alpha_k \sqrt{2|S_1|} \mathcal{E}_{S_1} \cap \beta_k Q_{S_1}$  such that  $P_{\sigma_k}(t_a) = a$ . Let  $w_a = P_{\sigma_{k+1}^*}(t_a)$ ; then  $w_a \in \beta_k Q_{\sigma_{k+1}^*}$  and

$$(a, w_a) \in P_{\sigma_k \cup \sigma_{k+1}^*}(\alpha_k \sqrt{2|S_1|} \mathcal{E}_{S_1} \cap \beta_k Q_{S_1}).$$

If  $v_{a,b} = b - w_a$ , it is clear that  $v_{a,b} \in Q_{\sigma_{k+1}^*} + \beta_k Q_{\sigma_{k+1}^*} = 2^k Q_{\sigma_{k+1}^*}$ , and therefore, by (\*\*),

$$(\mathbf{0}_{\sigma_k}, v_{a,b}) \in P_{\sigma_k \cup \sigma_{k+1}^*}(2^{k/2} \sqrt{2|S_1|} \mathcal{E}_{S_1} \cap 2^k Q_{S_1}).$$

Then,

$$\begin{aligned} (a, b) &= (a, w_a) + (\mathbf{0}_{\sigma_k}, v_{a,b}) \in P_{\sigma_k \cup \sigma_{k+1}^*}(\alpha_k \sqrt{2|S_1|} \mathcal{E}_{S_1} \cap \beta_k Q_{S_1}) \\ &\quad + P_{\sigma_k \cup \sigma_{k+1}^*}(2^{k/2} \sqrt{2|S_1|} \mathcal{E}_{S_1} \cap 2^k Q_{S_1}) \\ &\subseteq P_{\sigma_k \cup \sigma_{k+1}^*}(\alpha_{k+1} \sqrt{2|S_1|} \mathcal{E}_{S_1} \cap \beta_{k+1} Q_{S_1}). \end{aligned}$$

Since  $a \in Q_{\sigma_k}$ ,  $b \in Q_{\sigma_{k+1}^*}$  were arbitrary, this means that

$$Q_{\sigma_k \cup \sigma_{k+1}^*} \subseteq P_{\sigma_k \cup \sigma_{k+1}^*}(\alpha_{k+1} \sqrt{2|S_1|} \mathcal{E}_{S_1} \cap \beta_{k+1} Q_{S_1}).$$

If we define  $\sigma_{k+1} = \sigma_k \cup \sigma_{k+1}^*$ , we readily see that  $|\sigma_{k+1}| \geq (1 - \frac{1}{2^{k+1}})|S_1|$ , and this completes the inductive step. The first step ( $k = 1$ ) is much simpler.  $\square$

For our next two lemmas we shall need to assume that the vectors  $u_1, \dots, u_s$  are linearly independent.

**Lemma 3.** *Let  $S_1$  be a non-empty subset of  $S$ . Then, for every  $\theta \in (0, \frac{1}{4})$ , we can find disjoint  $\sigma, \tau \subseteq S_1$  with  $|\sigma| \geq \frac{|S_1|}{2}$ ,  $|\tau| \leq \theta|S_1|$ , and*

$$P_{S_1 \setminus \tau}(\mathcal{E}_{S_1}) \supseteq \mathbf{0}_{S_1 \setminus (\sigma \cup \tau)} \times c\sqrt{\theta} D_\sigma,$$

where  $c > 0$  is an absolute constant.

*Proof.* Set  $V_{S_1} = \text{span}\{u_j, j \in S_1\}$ . Then, there exist  $x_i \in V_{S_1}, i \in S_1$ , such that

$$\langle x_i, u_j \rangle = \delta_{ij} \quad \text{for any pair of } i, j \in S_1.$$

Applying Lemma 2 for the ellipsoid  $\mathcal{E}_{S_1}$ , we obtain  $\tau \subseteq S_1, |\tau| \leq \theta|S_1|$ , for which

$$P_{S_1 \setminus \tau}(\mathcal{E}_{S_1}) \supseteq \frac{c\sqrt{\theta}}{\sqrt{|S_1|}}[-1, 1]^{S_1 \setminus \tau}.$$

Then, for any choice of scalars  $(t_i)_{i \in S_1 \setminus \tau}$ , we can find a vector  $(\delta_j)_{j \in S_1}$  in  $\mathcal{E}_{S_1}$  whose restriction in  $\mathbf{R}^{S_1 \setminus \tau}$  is  $(\frac{-c\sqrt{\theta}}{\sqrt{|S_1|}} \text{sign } t_j)_{j \in S_1 \setminus \tau}$ . In view of the orthogonality relations between the  $x_i$ 's and the  $u_j$ 's we see that

$$\begin{aligned} \sum_{i \in S_1 \setminus \tau} |t_i| &= \left\langle \sum_{i \in S_1 \setminus \tau} t_i x_i, \sum_{j \in S_1 \setminus \tau} (\text{sign } t_j) u_j \right\rangle \\ &= \frac{\sqrt{|S_1|}}{c\sqrt{\theta}} \left\langle \sum_{i \in S_1 \setminus \tau} t_i x_i, \sum_{j \in S_1} \delta_j u_j \right\rangle \\ &\leq \frac{\sqrt{|S_1|}}{c\sqrt{\theta}} \left| \sum_{i \in S_1 \setminus \tau} t_i x_i \right|_n \left| \sum_{j \in S_1} \delta_j u_j \right|_n \\ &\leq \frac{\sqrt{|S_1|}}{c\sqrt{\theta}} \left| \sum_{i \in S_1 \setminus \tau} t_i x_i \right|_n. \end{aligned}$$

It follows that the operator  $T: \text{span}\{x_i, i \in S_1 \setminus \tau\} \subset l_2^n \rightarrow l_1^{|S_1 \setminus \tau|}$ , defined by  $Tx_i = e_i$  (where  $\{e_i\}$  is the canonical orthonormal basis in  $\mathbf{R}^{|S_1 \setminus \tau|}$ ), has norm not exceeding  $\sqrt{|S_1|}/c\sqrt{\theta}$ . Then,  $T^*: l_\infty^{|S_1 \setminus \tau|} \rightarrow l_2^n$  is a 2-absolutely summing operator with 2-summing norm  $\pi_2(T^*) \leq K_G \frac{\sqrt{|S_1|}}{c\sqrt{\theta}}$ , where  $K_G$  is Grothendieck's constant. From Pietch's factorization theorem, applied in the same context as in the proof of Theorem 1.2 [B-T], we can find positive real numbers  $\lambda_i, i \in S_1 \setminus \tau$ , with  $\sum_{i \in S_1 \setminus \tau} \lambda_i^2 = 1$ , such that, for any reals  $t_i, i \in S_1 \setminus \tau$ ,

$$\left( \sum_{i \in S_1 \setminus \tau} \left( \frac{t_i}{\lambda_i} \right)^2 \right)^{1/2} \leq K_G \frac{\sqrt{|S_1|}}{c\sqrt{\theta}} \left| \sum_{i \in S_1 \setminus \tau} t_i x_i \right|_n.$$

Since  $\sum_{i \in S_1 \setminus \tau} \lambda_i^2 = 1$  and  $\theta < \frac{1}{4}$ , we apply Markov's inequality to obtain  $\sigma \subseteq S_1 \setminus \tau, |\sigma| \geq \frac{|S_1|}{2}$ , with  $\lambda_i \leq \frac{2}{\sqrt{|S_1|}}$  for every  $i \in \sigma$ . Suppose now that  $(\delta_j)_{j \in \sigma} \in D_\sigma$  is given, i.e.  $\sum_{j \in \sigma} \delta_j^2 \leq 1$ . The set  $\{u_j, j \in \tau\} \cup \{x_i, i \in S_1 \setminus \tau\}$  is linearly independent (hence a basis) in  $V_{S_1}$ , so we can write

$$\sum_{j \in \sigma} \delta_j u_j + \sum_{j \in \tau} \rho_j u_j = \sum_{i \in S_1 \setminus \tau} t_i x_i$$

for suitable  $(\rho_j)_{j \in \tau}, (t_i)_{i \in S_1 \setminus \tau}$ . Then,

$$\begin{aligned} \left| \sum_{j \in \sigma} \delta_j u_j + \sum_{j \in \tau} \rho_j u_j \right|_n^2 &= \left\langle \sum_{j \in \sigma} \delta_j u_j + \sum_{j \in \tau} \rho_j u_j, \sum_{i \in S_1 \setminus \tau} t_i x_i \right\rangle \\ &= \left\langle \sum_{j \in \sigma} \delta_j u_j, \sum_{i \in \sigma} t_i x_i \right\rangle = \sum_{i \in \sigma} \delta_i t_i \leq \left( \sum_{i \in \sigma} t_i^2 \right)^{1/2} \\ &\leq \left( \sum_{i \in \sigma} \left( \frac{t_i}{\lambda_i} \right)^2 \right)^{1/2} \frac{2}{\sqrt{|S_1|}} \leq \left( \sum_{i \in S_1 \setminus \tau} \left( \frac{t_i}{\lambda_i} \right)^2 \right)^{1/2} \frac{2}{\sqrt{|S_1|}} \\ &\leq \frac{2K_G}{c} \frac{1}{\sqrt{\theta}} \left| \sum_{i \in S_1 \setminus \tau} t_i x_i \right|_n, \end{aligned}$$

and therefore,

$$\left| \sum_{j \in \sigma} \delta_j u_j + \sum_{j \in \tau} \rho_j u_j \right|_n \leq \frac{2K_G}{c} \frac{1}{\sqrt{\theta}}.$$

This means that  $\mathbf{0}_{S_1 \setminus (\sigma \cup \tau)} \times (\delta_j)_{j \in \sigma} \in \frac{1}{c_1 \sqrt{\theta}} P_{S_1 \setminus \tau}(\mathcal{E}_{S_1})$  with  $c_1 = c/2K_G$ . Since  $(\delta_j)_{j \in \sigma}$  was arbitrary in  $D_\sigma$ , the lemma follows.  $\square$

We are now ready to prove Theorem 2 in the case of independent  $u_j$ 's:

**Lemma 4.** *For every  $\varepsilon \in (0, 1)$  one can find  $\sigma \subseteq S, |\sigma| \geq (1 - \varepsilon)s$ , such that*

$$P_\sigma(\mathcal{E}) \supseteq c\sqrt{\varepsilon}D_\sigma,$$

where  $c > 0$  is an absolute constant.

*Proof.* Given  $\varepsilon \in (0, 1)$ , we set  $\theta = \varepsilon/7$ . Let also  $k$  be the non-negative integer for which  $\frac{1}{2^{k+1}} \leq \varepsilon < \frac{1}{2^k}$ . To obtain  $\sigma$ , we shall follow an inductive procedure based on Lemma 3:

*Step 1:* We set  $S_0 = S$ , and  $\theta_1 = \theta$ . Since  $\theta_1 \in (0, \frac{1}{4})$ , we can find a pair  $(\sigma_1, \tau_1)$  of disjoint subsets of  $S_0$ , with  $|\tau_1| \leq \theta_1 |S_0|, |\sigma_1| \geq \frac{1}{2} |S_0|$ , and  $P_{S_0 \setminus \tau_1}(\mathcal{E}_{S_0}) \supseteq \mathbf{0}_{S_0 \setminus (\sigma_1 \cup \tau_1)} \times c\sqrt{\theta_1}D_{\sigma_1}$ , where  $c$  is the constant from Lemma 3. Finally, we define  $S_1 = S_0 \setminus (\sigma_1 \cup \tau_1)$ . Note that  $|S_1| \leq \frac{1}{2} |S_0| = \frac{s}{2}$ .

*Inductive step:* Suppose that  $S_l$  has been defined, and  $|S_l| > \frac{\varepsilon}{2}s$ . If, in addition,  $l < k + 2$ , we define  $\theta_{l+1} = 2^{l/2}\theta$ . Note that then  $\theta_{l+1} \leq \frac{\sqrt{2}}{7}2^{k/2}\varepsilon < \frac{\sqrt{2}}{7}\sqrt{\varepsilon} < \frac{1}{4}$ , and therefore we can apply Lemma 3 for  $\mathcal{E}_{S_l}$  and  $\theta_{l+1}$  to obtain a pair  $(\sigma_{l+1}, \tau_{l+1})$  of disjoint subsets of  $S_l$ , with  $|\tau_{l+1}| \leq \theta_{l+1}|S_l|, |\sigma_{l+1}| \geq \frac{1}{2}|S_l|$ , and  $P_{S_l \setminus \tau_{l+1}}(\mathcal{E}_{S_l}) \supseteq \mathbf{0}_{S_l \setminus (\sigma_{l+1} \cup \tau_{l+1})} \times c\sqrt{\theta_{l+1}}D_{\sigma_{l+1}}$ . To complete the inductive step, we define  $S_{l+1} = S_l \setminus (\sigma_{l+1} \cup \tau_{l+1})$ . Note also that  $|S_{l+1}| \leq \frac{1}{2}|S_l|$ , hence, as far as we continue performing these steps,  $|S_l| \leq \frac{s}{2^l}$ .

We end this inductive construction when we arrive at a set  $S_l$  of cardinality  $|S_l| \leq \frac{\varepsilon}{2}s$ . This will certainly happen after at most  $(k + 2)$ -steps, since  $\frac{1}{2^{k+2}} \leq \frac{\varepsilon}{2}$  and our construction implies that  $|S_l| < \frac{s}{2^l}$  for every admissible  $l$ .

Suppose  $l_*$  is the first index for which  $|S_{l_*}| \leq \frac{\varepsilon}{2}s$ . We define  $\sigma = \sigma_1 \cup \dots \cup \sigma_{l_*}$ .

*Claim 1.*  $|\sigma| \geq (1 - \varepsilon)s$ .

[*Proof.* Note that  $\bigcup_{1 \leq l \leq l_*} (\sigma_l \cup \tau_l) = S \setminus S_{l_*}$ , hence

$$\begin{aligned} |S \setminus \sigma| &= |S_{l_*}| + \sum_{1 \leq l \leq l_*} |\tau_l| \leq \frac{\varepsilon}{2}s + \sum_{1 \leq l \leq l_*} \theta_l |S_{l-1}| \\ &\leq \frac{\varepsilon}{2}s + \theta \sum_{1 \leq l \leq l_*} 2^{(l-1)/2} \frac{s}{2^{l-1}} < \frac{\varepsilon}{2}s + \frac{\varepsilon}{7}s \left( \sum_{l=0}^{\infty} \frac{1}{2^{l/2}} \right) < \varepsilon s. \end{aligned}$$

*Claim 2.* If  $1 \leq l \leq l_*$ , then

$$P_\sigma(\mathcal{E}) \supseteq \mathbf{0}_{\sigma \setminus \sigma_l} \times c2^{(l-1)/4} \sqrt{\theta} D_{\sigma_l}.$$

[*Proof.* Suppose that  $\Delta_l = (\delta_j)_{j \in \sigma_l} \in c2^{(l-1)/4} \sqrt{\theta} D_{\sigma_l}$ . Then our construction implies that  $\mathbf{0}_{S_{l-1} \setminus (\sigma_l \cup \tau_l)} \times \Delta_l \in P_{S_{l-1} \setminus \tau_l}(\mathcal{E}_{S_{l-1}})$ . Hence, we can find  $(\zeta_i)_{i \in \tau_l}$  such that

$$\left| \sum_{j \in \sigma_l} \delta_j u_j + \sum_{i \in \tau_l} \zeta_i u_i \right|_n \leq 1.$$

Since  $\sigma \cap \tau_l = \emptyset$ , it is clear that  $\mathbf{0}_{\sigma \setminus \sigma_l} \times \Delta_l \in P_\sigma(\mathcal{E})$ .

To conclude the proof of the lemma, suppose that  $\Delta = (\delta_j)_{j \in \sigma}$  is an arbitrary point in  $D_\sigma$ , i.e.  $\sum_{j \in \sigma} \delta_j^2 \leq 1$ . Consider the restriction  $\Delta_l = \mathbf{0}_{\sigma \setminus \sigma_l} \times (\delta_j)_{j \in \sigma_l}$  of  $\Delta$  in  $\mathbf{R}^{\sigma_l}$ , and set  $|\Delta_l| = (\sum_{j \in \sigma_l} \delta_j^2)^{1/2}$ ,  $1 \leq l < l_*$ . By Claim 2, each  $\Delta_l$  belongs to  $\frac{|\Delta_l|}{c2^{(l-1)/4} \sqrt{\theta}} P_\sigma(\mathcal{E})$ ; thus

$$\begin{aligned} \Delta &= \sum_{1 \leq l \leq l_*} \Delta_l \in \left( \sum_{1 \leq l \leq l_*} \frac{|\Delta_l|}{c2^{(l-1)/4} \sqrt{\theta}} \right) P_\sigma(\mathcal{E}) \\ &\subseteq \frac{1}{c\sqrt{\theta}} \left( \sum_{1 \leq l \leq l_*} |\Delta_l|^2 \right)^{1/2} \left( \sum_{l=0}^{\infty} \frac{1}{2^{l/2}} \right)^{1/2} P_\sigma(\mathcal{E}) \\ &\subseteq \frac{\sqrt{7}}{c} \left( \frac{\sqrt{2}}{\sqrt{2}-1} \right)^{1/2} \frac{1}{\sqrt{\varepsilon}} P_\sigma(\mathcal{E}), \end{aligned}$$

and the lemma is proved with  $c' = c/5$ . □

*Proof of Theorem 2.* Assume that  $u_1, \dots, u_s$  are arbitrary vectors in  $\mathbf{R}^n$  with  $|u_j|_n \leq 1, j = 1, \dots, s$ . Set  $v_j = u_j + e_{j+n}, j = 1, \dots, s$ , where  $\{e_i\}_{i \leq n+s}$  is the canonical orthonormal basis in  $\mathbf{R}^{n+s}$ . Then, the  $v_j$ 's are linearly independent vectors in  $\mathbf{R}^{n+s}$ , of Euclidean norm at most  $\sqrt{2}$ , and if

$$\mathcal{E}^* = \left\{ (\delta_j)_{j \leq s} : \left| \sum_{j \leq s} \delta_j v_j \right|_{n+s} \leq 1 \right\},$$

Lemma 4 implies that, given  $\varepsilon \in (0, 1)$ , there exists  $\sigma \subseteq S, |\sigma| \geq (1 - \varepsilon)s$ , for which

$$P_\sigma(\mathcal{E}^*) \supseteq c'' \sqrt{\varepsilon} D_\sigma$$

with  $c'' = c/\sqrt{2}, c$  the constant from Lemma 4. Since

$$\left| \sum_{j \leq s} \delta_j v_j \right|_{n+s}^2 = \left| \sum_{j \leq s} \delta_j u_j \right|_n^2 + \sum_{j \leq s} \delta_j^2,$$

we readily see that

$$P_\sigma(\mathcal{E}) \supseteq c'' \sqrt{\varepsilon} D_\sigma$$

and Theorem 2 is proved. □

### 3. PROOF OF THEOREM 1 WITH $d = 1$

For the proof of the proportional Dvoretzky-Rogers factorization result, we shall combine Theorem 2 with the method used in [S-T]: Let  $X = (\mathbf{R}^n, \|\cdot\|)$  be an  $n$ -dimensional normed space and  $\varepsilon \in (0, 1)$  be given. Without loss of generality, we may assume that the ellipsoid of minimal volume containing the unit ball  $B_X$  of  $X$  is the Euclidean unit ball  $D$ . By John's theorem [J],  $D \subseteq \sqrt{n}B_X$ . We can also find contact points  $y_i, i \leq N, \|y_i\|_X = |y_i|_n = 1, N = O(n^2)$ , and positive real numbers  $\mu_i, i \leq N$ , such that the following representation of the identity holds: for every  $x \in \mathbf{R}^n, x = \sum_{i \leq N} \mu_i \langle x, y_i \rangle y_i$ . Now, if  $s$  is the smallest integer  $\geq (1 - \frac{\varepsilon}{2})n$ , we can choose  $x_1, \dots, x_s$  among the  $y_i$ 's so that:

**Lemma 5** ([S-T]).  $\text{dist}(x_i, \text{span}\{x_j, j \neq i\}) \geq \sqrt{\frac{\varepsilon}{2}}, i = 1, \dots, s$ .

Hence, there exist  $v_j, j \leq s$ , in  $\text{span}\{x_i, i \leq s\}$  satisfying

- (i)  $|v_j|_n \leq \sqrt{2/\varepsilon}, j = 1, \dots, s$ ,
- (ii)  $\langle x_i, v_j \rangle = \delta_{ij}, i, j = 1, \dots, s$ .

Set  $u_j = \sqrt{\varepsilon/2}v_j$  and define  $\mathcal{E} = \{(\delta_j)_{j \leq s} : |\sum_{j \leq s} \delta_j u_j|_n \leq 1\}$ . From Theorem 2 we obtain  $\sigma \subseteq S, |\sigma| \geq (1 - \frac{\varepsilon}{2})s$ , with  $P_\sigma(\mathcal{E}) \supseteq c\sqrt{\varepsilon}D_\sigma$ . Then  $|\sigma| \geq (1 - \varepsilon)n$ , and for any choice of scalars  $\mathbf{t} = (t_i)_{i \in \sigma}$  we have

$$|\mathbf{t}|^2 = \sum_{i \in \sigma} t_i^2 = \left\langle \sum_{i \in \sigma} t_i x_i, \sum_{j \in \sigma} t_j v_j \right\rangle = \sqrt{\frac{2}{\varepsilon}} \left\langle \sum_{i \in \sigma} t_i x_i, \sum_{j \in \sigma} t_j u_j \right\rangle.$$

We can extend  $(\frac{c\sqrt{\varepsilon}}{|\mathbf{t}|}t_j)_{j \in \sigma}$  to a vector  $(\delta_j)_{j \leq s}$  in  $\mathcal{E}$ . Hence,

$$|\mathbf{t}|^2 = \sqrt{\frac{2}{\varepsilon}} \frac{|\mathbf{t}|}{c\sqrt{\varepsilon}} \left\langle \sum_{i \in \sigma} t_i x_i, \sum_{j \leq s} \delta_j u_j \right\rangle \leq \frac{c'}{\varepsilon} |\mathbf{t}| \left| \sum_{i \in \sigma} t_i x_i \right|_n$$

and, since  $|\cdot|_n \leq \|\cdot\|_X$  and the  $x_i$ 's are of  $\|\cdot\|$ -norm one, we have

$$\left( \sum_{i \in \sigma} t_i^2 \right)^{1/2} \leq \frac{c'}{\varepsilon} \left| \sum_{i \in \sigma} t_i x_i \right|_n \leq \frac{c'}{\varepsilon} \left\| \sum_{i \in \sigma} t_i x_i \right\|_X \leq \frac{c'}{\varepsilon} \sum_{i \in \sigma} |t_i|.$$

Defining  $\beta: l_1^{|\sigma|} \rightarrow X$  with  $\beta(e_i) = x_i, i \in \sigma$ , and  $\alpha: X \rightarrow l_2^{|\sigma|}$  with  $\alpha = TP_\sigma$  where  $P_\sigma$  is the orthogonal projection of  $X$  onto  $\text{span}\{x_i, i \in \sigma\}$  and  $Tx_i = e_i$ , we have a factorization  $i_{1,2} = \alpha \circ \beta$  of the identity  $i_{1,2}: l_1^{|\sigma|} \rightarrow l_2^{|\sigma|}$  with  $\|\alpha\| \cdot \|\beta\| \leq c'/\varepsilon$ . By duality and by the extension property of  $l_\infty^n$ , this is then equivalent to the assertion of the theorem.

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DEPARTMENT OF MATHEMATICS, CASE WESTERN RESERVE UNIVERSITY, CLEVELAND, OHIO 44106

*Current address:* Department of Mathematics, University of Crete, Iraklion, Crete, Greece

*E-mail address:* deligia@talos.cc.ucl.ac.gr