

## SOME REMARKS ON SPREADING MODELS AND MIXED TSIRELSON SPACES

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ABSTRACT. We prove that if a Banach space with a bimonotone shrinking basis does not contain  $\ell_1^\omega$  spreading models but every block sequence of the basis contains a further block sequence which is a  $c - \ell_1^n$  spreading model for every  $n \in \mathbb{N}$ , then every subspace has a further subspace which is arbitrarily distortable. We also prove that a mixed Tsirelson space  $T[(S_n, \theta_n)_n]$ , such that  $\theta_n \searrow 0$ , does not contain  $\ell_1^{\omega^2}$  spreading models.

### INTRODUCTION

A Banach space  $X$  with a basis  $(e_i)$  is an asymptotic  $\ell_1$  space if there exists  $c > 0$  such that for all  $n$  and all  $e_n < x_1 < \dots < x_n$ ,

$$\left\| \sum_{i=1}^n x_i \right\| \geq c \sum_{i=1}^n \|x_i\|.$$

The first non-trivial example of an asymptotic  $\ell_1$  space was discovered by Tsirelson [17]. Recent results [6], [7], [15], have shown the necessity of studying the higher ordinal structure of an asymptotic  $\ell_1$  Banach space in order to obtain results on the global structure of its infinite dimensional subspaces. A normalized sequence  $(x_n)_n$  in a Banach space  $X$  is said to be a  $c - \ell_1^\xi$  spreading model if

$$\left\| \sum_{n \in F} \alpha_n x_n \right\| \geq c \sum_{n \in F} |\alpha_n| \quad \forall F \in \mathcal{S}_\xi, (a_n)_{n \in F} \subset \mathbb{R},$$

where  $\mathcal{S}_\xi$ ,  $\xi < \omega_1$ , are the generalized Schreier families defined in [1].

It is well known that if a separable Banach space  $X$  does not contain  $\ell_1$ , then there exists  $\xi < \omega_1$ , such that  $X$  does not contain an  $\ell_1^\xi$  spreading model. A complete classification of normalized weakly null sequences, in connection with spreading models, has been provided in [7].

Spreading models is a basic tool for the study of the asymptotic structure of a Banach space. The structure of the spreading models may even determine the geometry of the space [14]. Spreading models have been employed in [10] to prove the existence of strictly singular non-compact operators in certain Hereditarily Indecomposable mixed Tsirelson spaces.

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The idea of investigating the geometry of a Banach space by studying its asymptotic finite-dimensional subspaces emerged naturally in recent studies related to problems of distortion, i.e. the stabilization of equivalent norms on infinite-dimensional subspaces [2], [3], [5], [9], [15].

A Banach space  $(X, \|\cdot\|)$  is said to be  $\lambda$ -distortable if there exists an equivalent norm  $|\cdot|$  on  $X$  so that

$$\inf_Y \sup \left\{ \frac{|x|}{|y|} : x, y \in S(Y, \|\cdot\|) \right\} \geq \lambda ,$$

where the infimum is taken over all infinite-dimensional subspaces  $Y$  of  $X$ .  $X$  is arbitrarily distortable if it is  $\lambda$ -distortable for all  $\lambda > 1$ . In section 2 we prove the following:

**Theorem.** *Let  $X$  be a Banach space with a bimonotone shrinking basis  $(e_i)$  such that*

- (1)  *$X$  does not contain an  $\ell_1^\omega$  spreading model.*
- (2) *For every  $n \in \mathbb{N}$ , every block sequence of  $(e_i)$  contains a further block sequence which is a  $c - \ell_1^n$  spreading model.*

*Then every subspace of  $X$  contains a further subspace which is arbitrarily distortable.*

The relation of the distortion problem with spreading models has been studied in [15], [9]. In [9] a criterion has been provided related to  $\ell_1^n$  spreading models, which implies the distortion of certain asymptotic  $\ell_1$  Banach spaces. The motivation for this theorem was the space constructed in [5], where an example of a mixed Tsirelson space  $X$  was given which has  $c - \ell_1^n$  spreading models in every block subspace but has no  $\ell_1^\omega$  spreading model. The norm of  $X$  satisfies, for an appropriate sequence  $(k_j, \theta_j)$ , the implicit equation

$$\|x\| = \max \left\{ \|x\|_\infty, \sup \left\{ \sum_{k=1}^n \|x|_{[n,+\infty)}\|_{j_k} : n \in \mathbb{N}, j_1 < j_2 < \dots < j_n \right\} \right\},$$

where  $\|x\|_j = \sup \{ \theta_j \sum_{i \in F} \|E_i x\| : (E_i x)_{i \in F} \text{ } \mathcal{S}_{k_j}\text{-admissible} \}$ .

To prove the theorem we use some results proved by E.Odell, N.Tomczak-Jaegermann and R.Wagner [15]. In this paper, for a Banach space  $X$  with basis  $(e_i)$ , certain indices  $(\delta_\alpha(x_i))_{\alpha < \omega_1}$ , for a block sequence  $(x_i)$ , have been introduced and studied. Roughly speaking, the indices  $(\delta_\alpha(x_i))_{\alpha < \omega_1}$  measure the strong presence of  $\ell_1$  in the subspace  $\langle (x_i) \rangle$  in connection with the families  $(\mathcal{S}_\alpha)_{\alpha < \omega_1}$ . The notion of  $\Delta$ -spectrum,  $\Delta(X)$ , is also introduced. Roughly,  $\Delta(X)$  is the set of all  $\gamma = (\gamma_\alpha)_{\alpha < \omega_1}$ , where  $\gamma_\alpha$  is the stabilization of  $\delta_\alpha(y_i)$  for some block basis  $(y_i)$  of  $(e_i)$ . Using the stabilization result from [15], we prove that every block subspace has a further subspace  $Y$  such that: For every  $n \in \mathbb{N}$  there exist two asymptotic sets  $A_n$  and  $B_n$  in  $Y$  and a subset  $A_n^*$  of  $X^*$  such that the equivalent norm

$$\| \|x\| \| = \gamma_n \|x\| + \sup \{ x^*(x) : x^* \in A_n^* \}$$

is a  $\approx \frac{1}{\gamma_n}$  distortion for  $Y$ . Since  $\gamma_\omega = 0$ , from the continuity of the indices  $(\gamma_\alpha)_{\alpha < \omega_1}$  [15], we have that  $Y$  is arbitrarily distortable.

In section 3 we prove that in the mixed Tsirelson spaces  $T[(\mathcal{S}_n, \theta_n)_n]$  the following holds.

**Theorem.** *Let  $X = T[(\mathcal{S}_n, \theta_n)_n]$  such that  $\theta_{n+m} \geq \theta_n \theta_m$ ,  $\lim_n \theta_n = 0$ . Then the space  $X$  does not contain  $\ell_1^{\omega^2}$  spreading models.*

In [5] it has been proved that, assuming  $\lim_n \theta_n^{1/n} = 1$ , the space  $T[(\mathcal{S}_n, \theta_n)_n]$  contains an  $\ell_1^\omega$  spreading model. The existence of  $\ell_1^\omega$  spreading models in these spaces is based on the disjoint representability of  $c_0$  in these spaces [4]. Another approach to the existence of  $\ell_1^\omega$  in certain mixed Tsirelson spaces has been provided in [10]. The key point for the proof of this theorem is to produce for every normalized block sequence  $(x_n)$  of the basis, a vector in the linear span of  $(x_n)$ , whose norm is arbitrarily small yet its support with respect to  $(x_n)$  belongs to  $\mathcal{S}_{\omega^2}$ . The dual of the original Tsirelson’s space [17] contains no  $\ell_1^\omega$  spreading model. This is due to the fact that every block sequence is equivalent to a subsequence of the basis.

1. PRELIMINARIES

*Notation.* Let  $(e_i)_{i=1}^\infty$  be a basic sequence. For  $x = \sum_{i=1}^\infty a_i e_i$  the *support* of  $x$  w.r.t.  $(e_i)$  is the set  $\text{supp } x = \{i \in \mathbb{N} : a_i \neq 0\}$ . The *range* of  $x$ , written  $\text{range}(x)$ , is the smallest interval of  $\mathbb{N}$  containing the support of  $x$ . For finite subsets  $E, F$  of  $\mathbb{N}$ ,  $E < F$  means  $\max E < \min F$  or either  $E$  or  $F$  is empty. For  $n \in \mathbb{N}$ ,  $E \subset \mathbb{N}$ ,  $n < E$  (resp.  $E < n$ ) means  $n < \min E$  (resp.  $\max E < n$ ). For  $x, y$  in  $c_{00}$ ,  $x < y$  means  $\text{supp } x < \text{supp } y$ . For  $n \in \mathbb{N}$ ,  $x \in c_{00}$ , we write  $n < x$  (resp.  $x < n$ ) if  $n < \text{supp } x$  (resp.  $\text{supp } x < n$ ). We say that the sets  $E_i \subset \mathbb{N}$ ,  $i = 1, \dots, n$ , are *successive* if  $E_1 < E_2 < \dots < E_n$ . Similarly, the vectors  $x_i$ ,  $i = 1, \dots, n$ , are *successive* if  $x_1 < x_2 < \dots < x_n$ . If  $(x_i)$  is a block sequence of  $(e_i)$  we write  $(x_i) \prec (e_i)$ . For  $x = \sum_{i=1}^\infty a_i e_i$  and  $E$  a subset of  $\mathbb{N}$ , we denote by  $Ex$  the vector  $Ex = \sum_{i \in E} a_i e_i$ . For an infinite subset  $M$  of  $\mathbb{N}$  we denote by  $[M]$  the class of infinite subsets of  $M$  and by  $[M]^{<\omega}$  the class of finite subsets of  $M$ .

The *generalized Schreier families*  $\{\mathcal{S}_\xi\}_{\xi < \omega_1}$ , introduced in [1], are defined by transfinite induction as follows:

$$\mathcal{S}_0 = \{\{n\} : n \in \mathbb{N}\} \cup \{\emptyset\}.$$

Suppose that the families  $\mathcal{S}_\alpha$  have been defined for all  $\alpha < \xi$ .

If  $\xi = \zeta + 1$ , we set

$$\mathcal{S}_\xi = \{F \in [\mathbb{N}]^{<\omega} : F = \bigcup_{i=1}^n F_i, n \in \mathbb{N}, \forall i \leq n F_i \in \mathcal{S}_\zeta \text{ and } n \leq F_1 < \dots < F_n\} \cup \{\emptyset\}.$$

If  $\xi$  is a limit ordinal, let  $(\xi_n + 1)_n$  be a sequence of successor ordinals which strictly increases to  $\xi$ . We set

$$\mathcal{S}_\xi = \{F \in \mathbb{N}^{<\omega} : \text{for some } n \in \mathbb{N}, n \leq \min F \text{ and } F \in \mathcal{S}_{\xi_n + 1}\}.$$

If  $N = (n_i)_i$  is an infinite subset of  $\mathbb{N}$ , then we define

$$\mathcal{S}_\xi[N] = \{F : F \subset N, F \in \mathcal{S}_\xi\} \text{ and } \mathcal{S}_\xi(N) = \{(n_i)_{i \in F} : F \in \mathcal{S}_\xi\}.$$

**Proposition 1.1.** (a) [2] *Let  $N \in [\mathbb{N}]$ . Then there exists  $L = (\ell_i) \in [N]$  so that for all  $\alpha < \omega_1$ ,*

$$(\ell_i)_{i \in F} \in \mathcal{S}_\alpha \Rightarrow (\ell_i)_{i \in F \setminus (\min F)} \in \mathcal{S}_\alpha(N).$$

(b) [15] *Let  $\beta < \alpha < \omega_1$ . There exists  $n_0 \in \mathbb{N}$  such that*

$$n_0 < F \in \mathcal{S}_\beta \Rightarrow F \in \mathcal{S}_\alpha.$$

(c) [15] *Let  $\beta < \alpha < \omega_1$ . There exists  $M \in [\mathbb{N}]$  such that  $\mathcal{S}_\alpha[\mathcal{S}_\beta](M) \subset \mathcal{S}_{\beta+\alpha}$ .*

We next pass to the definition of the *repeated averages hierarchy* introduced in [7]. We let  $(e_n)$  denote the standard basis of  $c_{00}$ . For every countable ordinal  $\xi$  and every  $M \in [\mathbb{N}]$ , we define a convex block sequence  $(\xi_n^M)_{n=1}^\infty$  of  $(e_n)$  by transfinite induction on  $\xi$  in the following manner:

If  $\xi = 0$  and  $M = (m_n)_{n=1}^\infty$ , then  $\xi_n^M = e_{m_n}$ , for all  $n \in \mathbb{N}$ .

Assume that  $(\zeta_n^M)_{n=1}^\infty$  has been defined for all  $\zeta < \xi$  and  $M \in [\mathbb{N}]$ . Let  $\xi = \zeta + 1$ . We set

$$\xi_1^M = \frac{1}{m_1} \sum_{i=1}^{m_1} \zeta_i^M$$

where  $m_1 = \min M$ . Suppose that  $\xi_1^M < \dots < \xi_n^M$  have been defined. Let

$$M_n = \{m \in M : m > \max \text{supp } \xi_n^M\} \quad \text{and} \quad k_n = \min M_n.$$

Set

$$\xi_{n+1}^M = \frac{1}{k_n} \sum_{i=1}^{k_n} \zeta_i^{M_n} = \xi_1^{M_n}.$$

If  $\xi$  is a limit ordinal, let  $(\xi_n + 1)_n$  be the sequence of ordinals associated to  $\xi$ , and also let  $M \in [\mathbb{N}]$ . Define

$$\xi_1^M = [\xi_{m_1} + 1]_1^M$$

where  $m_1 = \min M$ . Suppose that  $\xi_1^M < \dots < \xi_n^M$  have been defined. Let

$$M_n = \{m \in M : m > \max \text{supp } \xi_n^M\} \quad \text{and} \quad k_n = \min M_n.$$

Set

$$\xi_{n+1}^M = [\xi_{k_n} + 1]_1^{M_n}.$$

The inductive definition of  $(\xi_n^M)_{n=1}^\infty, M \in [\mathbb{N}]$ , is now complete. We note that  $\text{supp } \xi_n^M \in \mathcal{S}_\xi$ , for all  $M \in [\mathbb{N}]$ ,  $\xi < \omega_1$  and  $n \in \mathbb{N}$ .

**Definition 1.2.** (a) Let  $k \in \mathbb{N}$ . A finite sequence  $(E_i)_{i=1}^m$  of successive subsets of  $\mathbb{N}$  is said to be  $\mathcal{S}_k$ -admissible if  $\{\min E_i\}_{i=1}^m \in \mathcal{S}_k$ . A finite block sequence  $(x_i)_{i=1}^m$  in  $c_{00}$  is said to be  $\mathcal{S}_k$ -admissible if  $(\text{supp } x_i)_{i=1}^m$  is  $\mathcal{S}_k$ -admissible. If  $(y_i)$  is a block sequence of the basis of  $c_{00}$ ,  $(x_i)_i$  is a block sequence of  $(y_i)$ , and  $\tilde{E}_i$  is the range of  $x_i$  with respect to (w.r.t.) the basic sequence  $(y_i)$ , then the block sequence  $(x_i)$  is  $\mathcal{S}_n$ -admissible w.r.t.  $(y_i)$  if  $\{\min \tilde{E}_i\}_i \in \mathcal{S}_n$ .

(b) Let  $\{k_n\}_n$  be an increasing sequence of integers and  $\{\theta_n\} \subset (0, 1)$  such that  $\theta_n \searrow 0$ . The mixed Tsirelson space  $X = T[(\mathcal{S}_{k_n}, \theta_n)_{n=1}^\infty]$  is the completion of  $c_{00}$  under the norm which satisfies the implicit equation

$$\|x\| = \max\{\|x\|_\infty, \sup_n \theta_n \{ \sup_{i=1}^m \|E_i(x)\| \} \},$$

where the inside supremum is taken over all  $\mathcal{S}_{k_n}$ -admissible families  $\{E_i\}_{i=1}^m, m \in \mathbb{N}$ . The space  $X$  is a reflexive Banach space, and the sequence  $(e_i)$  is a basis on  $X$ .

An essential role in our proofs is played by the following special vectors.

**Definition 1.3.** Let  $(x_n)$  be a normalized block sequence of  $(e_n)$ ,  $\varepsilon > 0$  and  $\zeta < \xi < \omega_1$ . Set  $m_n = \min \text{supp } x_n$  and  $M = (m_n)_n$ .

An  $(\varepsilon, \xi, \zeta)$  basic special convex combination (basic s.c.c.) for  $M$  is any vector of the form  $\xi_1^L = \sum_n \xi_1^L(m_n)e_{m_n}$ ,  $L \in [M]$  and  $\|\xi_1^L\|_\zeta < \varepsilon$ , where  $\|\sum \alpha_i e_i\|_\zeta = \sup\{\sum_{i \in F} |\alpha_i| : F \in \mathcal{S}_\zeta\}$ .

An  $(\varepsilon, \xi, \zeta)$  special convex combination, (s.c.c.), of  $(x_n)$  is any vector of the form  $\sum_n \xi_1^L(m_n)x_n$ , such that  $\sum_n \xi_1^L(m_n)e_{m_n}$  is an  $(\varepsilon, \xi, \zeta)$ -basic s.c.c.

**Proposition 1.4** ([6]). *For every  $M \in [\mathbb{N}]$ ,  $\varepsilon > 0$  and all ordinals  $\zeta < \xi < \omega_1$ , there exists  $N \in [M]$  such that  $\|\xi_1^L\|_\zeta < \varepsilon$  for all  $L \in [N]$ .*

It is not hard to see that the average  $n_1^L$  is a  $(\frac{3}{\min L}, n, n - 1)$ -basic s.c.c. for every  $L \in [M]$ .

**Definition 1.5.** Let  $\xi < \omega_1$  and  $\delta > 0$ . A normalized sequence  $(x_n)$  in a Banach space is an  $\delta - \ell_1^\xi$  spreading model if

$$\|\sum_{i \in F} \alpha_i x_i\| \geq \delta \sum_{i \in F} |\alpha_i|$$

for every  $F \in \mathcal{S}_\xi$  and all choices of scalars  $(\alpha_i)_{i \in F}$ .

$(x_n)$  is called an  $\ell_1^\xi$  spreading model if it is an  $\delta - \ell_1^\xi$  spreading model for some  $\delta > 0$ .

2.

**Theorem 2.1.** *Let  $X$  be a Banach space with a bimonotone shrinking basis  $(e_i)$  such that*

- (1)  $X$  does not contain an  $\ell_1^\omega$  spreading model.
- (2) There exists  $c > 0$  such that for every  $n \in \mathbb{N}$ , every block sequence of  $(e_i)$  contains a further block sequence which is a  $c - \ell_1^n$  spreading model.

*Then every subspace of  $X$  contains a further subspace which is arbitrarily distortable.*

Our proof is based on the following results of E.Odell, N. Tomczak-Jaegermann and R.Wagner [15].

**Definition 2.2** ([15]). Let  $\mathcal{F}$  be a regular set of finite subsets of  $\mathbb{N}$ . For a basic sequence  $(x_i)_i$  in  $X$  we define

$$\delta_{\mathcal{F}} = \sup\{\delta \geq 0 : \|\sum_{i=1}^k y_i\| \geq \delta \sum_{i=1}^k \|y_i\| \text{ whenever } (y_i)_1^k \prec (x_i) \text{ is } \mathcal{F}\text{-admissible w.r.t. } (x_i)\}.$$

For  $\alpha < \omega_1$  we set  $\delta_\alpha(x_i) = \delta_{\mathcal{S}_\alpha}(x_i)$  and  $\delta_\alpha(X) = \delta_{\mathcal{S}_\alpha}(X)$ .

**Definition 2.3** ([15]). Let  $X$  be a Banach space with basis  $(e_i)$ , and let  $\gamma = (\gamma_\alpha)_{\alpha < \omega_1} \subset \mathbb{R}$ . We say that a basic sequence  $(x_i)$  in  $X$   $\Delta$ -stabilizes  $\gamma$ , if there exists  $\varepsilon_n \searrow 0$  so that for every  $\alpha < \omega_1$  there exists  $m \in \mathbb{N}$  such that for every  $n \geq m$  if  $(y_i) \prec (x_i)_n^\infty$ , then  $|\delta_\alpha(y_i) - \gamma_\alpha| < \varepsilon_n$ .

The  $\Delta$ -spectrum of  $X$ ,  $\Delta(X)$ , is defined to be the set of all  $\gamma$ 's so that there exists  $(x_i) \prec (e_i)$  such that  $(x_i)$   $\Delta$ -stabilizes  $\gamma$ .

**Proposition 2.4** ([15, Proposition 4.11]). (1) *Let  $X$  be a Banach space with a basis  $(e_i)$ . Then there exists  $\gamma = (\gamma_\alpha)_{\alpha < \omega_1}$  and  $(x_i)$  block sequence of  $(e_i)$  so that  $(x_i)$   $\Delta$ -stabilizes  $\gamma$ .*

- (2)  $(\gamma_\alpha)_{\alpha < \omega_1}$  is a continuous function of  $\alpha$ .

In the above definitions, the admissibility refers with respect to the block basis  $(x_i)$  itself. It has been proved in [2] that, if we consider reference level for admissibility fixed the basis, then these two concepts of spectrum actually coincide.

*Proof of Theorem 2.1.* Let  $W$  be a block subspace of  $X$ . Then there exists a block sequence  $(y_i)_i$  in  $W$  and  $(\gamma_\alpha)_{\alpha < \omega_1}$  such that  $(y_i)$   $\Delta$ -stabilizes  $(\gamma_\alpha)_{\alpha < \omega_1}$ . Let  $\varepsilon_n \searrow 0$  be the sequence in the stabilization of  $(\gamma_\alpha)_{\alpha < \omega_1}$  by  $(y_i)$ , i.e. for every  $\alpha < \omega_1$  there exists  $m \in \mathbb{N}$  such that for every  $n \geq m$  if  $(x_i) \prec (y_i)_n^\infty$ , then  $|\delta_\alpha(x_i) - \gamma_\alpha| < \varepsilon_n$ .

Inductively choose a strictly increasing sequence  $(m(n))_n$  of integers such that  $\varepsilon_{m(n)} < \frac{(\delta_1(y_i))^n}{2}$  and

$$|\delta_n(x_i) - \gamma_n| < \varepsilon_{m(n)} \text{ for all } (x_i) \prec (y_{m(i)})_n^\infty .$$

Let  $N_0 = (\text{minsupp } y_{m(i)})_i = (n_i)_i$ . Passing to a subset  $N = (n_{k_i})_i$ , we may assume that for every  $\alpha < \omega_1$ , if  $(n_{k_i})_{i \in F} \in \mathcal{S}_\alpha$ , then  $(n_{k_i})_{i \in F \setminus \min(F)} \in \mathcal{S}_\alpha(N)$ . In particular  $(k_i)_{i \in F \setminus \min(F)} \in \mathcal{S}_\alpha$ . We shall prove that the subspace  $Y = \overline{\text{span}}\{y_{m(k_i)}\}$  is arbitrarily distortable. Let  $y_{m(k_i)}^* \in B_X^*$  such that  $y_{m(k_i)}^*(y_{m(k_i)}) = \|y_{m(k_i)}\|$  and  $\text{range}(y_{m(k_i)}^*) = \text{range}(y_{m(k_i)})$  for every  $i \in \mathbb{N}$ . From the hypothesis we have that  $X$  does not contain an  $\ell_1^\omega$  spreading model. It follows that  $\gamma_\omega = 0$ , for otherwise there exists  $(x_i) \prec (y_{m(k_i)})$  such that  $\delta_\omega(x_i) > 0$ , and therefore  $(x_i)$  would be an  $\delta_\omega(x_i) - \ell_1^\omega$  spreading model. Since  $(\gamma_\alpha)_\alpha$  is a continuous function of  $\alpha$  it follows that  $\gamma_n \searrow 0$ . We set

$$\begin{aligned} A_n^* &= \{x^* : x^* = \frac{\gamma_n}{2} \sum_{i \in F} x_i^*, x_i^* \in B_{Y^*}, \\ &\quad y_{m(k_n)}^* \leq (x_i^*)_{i \in F} \text{ is } \mathcal{S}_n\text{-admissible w.r.t. } (y_{m(k_i)}^*)_i \}, \\ A_n &= \{y \in S(Y) : y \text{ is } \frac{1}{6}\text{-normed by } A_n^*\} . \end{aligned}$$

We observe that  $A_n^* \subset B_{Y^*}$ . Indeed, first we observe that if  $(x_i) \prec (y_{m(k_i)})_n^\infty$ , then

$$\frac{1}{2} \delta_n(x_i) \leq \delta_n(x_i) - \varepsilon_{m(k_n)} < \gamma_n < \delta_n(x_i) + \varepsilon_{m(k_n)} \leq 2\delta_n(x_i) ,$$

since  $\delta_n(x_i) \geq (\delta_1(y_i))^n > 2\varepsilon_{m(k_n)}$ .

Let  $x^* = \frac{\gamma_n}{2} \sum_{i \in F} x_i^* \in A_n^*$  and for  $i \in F$  we set  $E_i = \text{range}(x_i^*)$ . For every  $y \in S_Y$  we have that

$$\begin{aligned} |x^*(y)| &\leq \frac{\gamma_n}{2} \sum_{i \in F} |x_i^*(y)| \leq \frac{\gamma_n}{2} \sum_{i \in F} \|y|_{\text{range}(x_i^*)}\| \\ &\leq \delta_n((y_{m(k_i)})_n^\infty) \sum_{i \in F} \|E_i y\| \leq \|y\| , \end{aligned}$$

since  $(E_i(y))_{i \in F}$  is  $\mathcal{S}_n$ -admissible w.r.t.  $(y_{m(k_i)})_n^\infty$ , and the basis is bimonotone. Also  $A_n$  is an asymptotic set. Indeed, for any block sequence  $(x_i) \prec (y_{m(k_i)})_n^\infty$  from the stabilization of  $\gamma_n$  we have that  $|\delta_n(x_i) - \gamma_n| < \varepsilon_{m(k_n)}$ , from which it follows that  $\delta_n(x_i) < \gamma_n + \varepsilon_{m(k_n)}$ . It follows from the definition of  $\delta_n(x_i)$  that there exists a block sequence  $(w_i)_{i \in F}$  of  $(x_i)$  which is  $\mathcal{S}_n$ -admissible w.r.t.  $(x_i)$  and therefore w.r.t.  $(y_{m(i)})$  as well, such that

$$\delta_n(x_i) \sum_{i \in F} \|w_i\| \leq \left\| \sum_{i \in F} w_i \right\| < (\gamma_n + \varepsilon_{m(k_n)}) \sum_{i \in F} \|w_i\| .$$

Let  $x_i^* \in B_{Y^*}$  be such that  $x_i^*(w_i) = \|w_i\|$  and  $\text{range}(x_i^*) \subset \text{range}(w_i)$ . We set  $x^* = \frac{\gamma_n}{2} \sum_{i \in F} x_i^* \in A_n^*$ , and  $y = \frac{\sum_{i \in F} w_i}{\|\sum_{i \in F} w_i\|}$ . Then we have that

$$(2.1) \quad x^*(y) = \frac{\gamma_n \sum_{i \in F} \|w_i\|}{2 \|\sum_{i \in F} w_i\|} \geq \frac{\gamma_n}{2(\gamma_n + \varepsilon_{m(k_n)})} \geq \frac{1}{6},$$

since  $\gamma_n \geq \delta_n(x_i) - \varepsilon_{m(k_n)} > \frac{(\delta_1(x_i))^n}{2} > \varepsilon_{m(k_n)}$ .

From the hypothesis we have that every normalized block sequence has a further block subsequence which is an  $c\text{-}\ell_1^k$  spreading model,  $k \in \mathbb{N}$ . It follows that for every  $\varepsilon > 0$  every block sequence  $(z_i) \prec (y_{m(k_i)})$  contains  $\frac{c}{2}$ -normalized  $(\varepsilon, n + 1, n)$ -s.c.c. Indeed let  $0 < \varepsilon < \frac{1}{2}$  and  $(z_i)$  be an  $c\text{-}\ell_1^{n+1}$  spreading model, and  $\min \text{supp} z_i = n_{l_i}$ . Let  $[n + 1]_I^L = \sum_{i \in F} \alpha_i e_{n_{l_i}}$  be an  $(n + 1)$ -average of a subset  $L$  of  $(n_{l_i})$  with  $l_{\min F} > 3/\varepsilon$ . Then by the remark following Proposition 1.4,  $\sum_{i \in F} \alpha_i e_{n_{l_i}}$  is an  $(\varepsilon, n + 1, n)$ -basic s.c.c.,  $(n_{l_i})_{i \in F} \in \mathcal{S}_{n+1}$ , and by the properties of the set  $N$ , we have that  $(l_i)_{i \in F \setminus \min(F)} \in \mathcal{S}_{n+1}$ . Let  $G = \{l_i : i \in F\}$  and set  $x = \sum_{j \in G} \alpha_j z_j$ . Then  $x$  is an  $(\varepsilon, n + 1, n)$  s.c.c., and

$$\|x\| \geq c \sum_{j \in G \setminus \min(G)} \alpha_j \geq c(1 - \varepsilon),$$

since  $(z_i)$  is a  $c\text{-}\ell_1^{n+1}$  spreading model. We set

$$B_n = \{b : b \text{ is an } \frac{c}{2}\text{-normalized } (\varepsilon_{m(k_n)}, n + 1, n)\text{-s.c.c.}$$

of a normalized block sequence of the basis of  $Y\}$ .

From the above it follows that  $B_n$  is an asymptotic set in  $Y$ . For every  $b \in B_n$  we have

$$(2.2) \quad |x^*(b)| \leq 3\gamma_n \text{ for every } x^* \in A_n^* .$$

Indeed, let  $(z_i)$  be a normalized block sequence of the basis of  $Y$ ,  $b = \sum_{i \in G} b_i z_i \in B_n$ , and  $x^* = \gamma_n/2 \sum_{k \in F} x_k^* \in A_n^*$ . Set  $I = \{i \in G : \text{supp} z_i \cap \text{supp} x_k^* \neq \emptyset \text{ for at most one } k\}$ , and  $J = G \setminus I$ . Also for every  $i \in J$ , let  $K_i = \{k : \text{supp} z_i \cap \text{supp} x_k^* \neq \emptyset\}$ . Then  $(z_i)_{i \in J}$  is the union of at most two  $\mathcal{S}_n$  admissible sets, hence

$$\begin{aligned} \frac{\gamma_n}{2} \sum_k |x_k^*(\sum_i b_i z_i)| &\leq \frac{\gamma_n}{2} \left( \sum_{i \in I} b_i \|z_i\| + \sum_{i \in J} b_i \sum_{k \in K_i} |x_k^*(z_i)| \right) \\ &\leq \frac{\gamma_n}{2} \left( 1 + \frac{4\varepsilon_{m(k_n)}}{\gamma_n} \max_i \|z_i\| \right) \leq 3\gamma_n . \end{aligned}$$

Combining (2.1) and (2.2), it follows that the equivalent norm  $\| \|y\| \| = \gamma_n \|y\| + \sup\{x^*(y) : x^* \in A_n^*\}$  gives a  $\frac{1}{6\gamma_n(1+6/c)}$  distortion on  $Y$ . Since  $\inf\{\gamma_n : n \in \mathbb{N}\} = 0$  we have that  $Y$  is arbitrarily distortable.  $\square$

*Remark.* The arguments of Theorem 2.1 may give us another approach to the distortion of the space  $X$ , constructed by E.Odell and Th.Schlumprecht [13], which does not have any  $\ell_p$ ,  $1 \leq p \leq \infty$ , as a spreading model. Following [15], we have to consider the indices  $\delta_{A_n}((x_i)_i)$  for the families  $A_n = \{F \subset \mathbb{N} : \#F \leq n\}$  and to prove a stabilization result for the sequence  $(\delta_{A_n}((x_i)_i)_n$  for every block subspace. Since  $\ell_1$  is finitely block representable in  $X$ , and  $X$  does not contain  $\ell_1$  spreading models, we may deduce that every subspace has an arbitrarily distortable subspace.

Theorem 2.1 should be compared with the following result from [15]: Let  $Y = \langle (y_i) \rangle$  be a subspace of  $X$ , and  $(\gamma_\alpha)_\alpha$  be stabilized by  $(y_i)$ . For  $\alpha < \omega_1$  let  $\hat{\gamma}_\alpha(Y) = \lim_n (\gamma_{\alpha \cdot n}(Y))^{\frac{1}{n}}$ . If  $\lim_n \gamma_{\alpha \cdot n} \hat{\gamma}_\alpha(Y)^{-n} = 0$ , then  $Y$  contains an arbitrarily distortable subspace.

3.

**Theorem 3.1.** *Let  $X = T[(\mathcal{S}_n, \theta_n)_n]$  be such that  $\theta_{n+m} \geq \theta_n \theta_m$ ,  $\lim_n \theta_n = 0$ . Then the space  $X$  does not contain an  $\ell_1^{\omega_2}$  spreading model.*

*Proof.* On the contrary assume that there exists a normalized block sequence  $(x_i)_i$  which is an  $2c - \ell_1^{\omega_2}$  spreading model for some constant  $2c > 0$ . We shall prove that for every  $n_0 \in \mathbb{N}$  we have that  $c \leq 10\theta_{n_0}$ , which yields that  $c = 0$ .

By Proposition 1.1(b) choose  $k(0) \in \mathbb{N}$  such that if  $k(0) \leq F \in \mathcal{S}_\omega$ , then  $F \in \mathcal{S}_{\omega_2}$  and  $k(n)$  such that if  $k(n) \leq F \in \mathcal{S}_{\omega+n}$ , then  $F \in \mathcal{S}_{\omega_2}$ . Without loss of generality we may assume that if  $n \leq F \in \mathcal{S}_n$ , then  $F \in \mathcal{S}_\omega$ .

Let  $n_0 \in \mathbb{N}$  and set  $N_0 = \{\text{minsupp } x_i\}_{i \in \mathbb{N}} = (n_i)_i$ . Define a sequence  $(m_i)$  by the rule  $m_1 = n_1$  and  $m_{i+1} = n_{m_i}$ , and consider the subset  $N = (n_{m_i})_{i \in \mathbb{N}}$  of  $N_0$ . Passing to a further subset of  $N$  and relabelling we may assume that  $m_{\min N} > \max\{k(0), k(n_0)\}$ ,  $\mathcal{S}_{n_0}[\mathcal{S}_\omega](N) \subset \mathcal{S}_{\omega+n_0}$  (by Proposition 1.1(c)), and moreover that the following holds:

$$\forall \alpha < \omega_1, \text{ if } (n_{m_i})_{i \in F} \in \mathcal{S}_\alpha, \text{ then } (n_{m_i})_{i \in F \setminus \min(F)} \in \mathcal{S}_\alpha(N_0),$$

hence  $(m_i)_{i \in F \setminus \min(F)} \in \mathcal{S}_\alpha$  (by Proposition 1.1(a)).

Let  $L_0 = (n_{m_i})_{M_0} \subset N$  be such that  $m_{\min L_0} > \min\{n_0, \frac{3}{\theta_{n_0}^2}\}$ . Let  $n_1 > n_0 + 10$ . Passing to further subset  $L_1 = (n_{m_i})_{M_1}$  of  $L_0$  we may assume that  $m_{\min L_1} > \min\{n_1, \frac{3}{\theta_{n_1}^2}\}$ .

Let  $[n_1]_1^{L_1} = \sum_{j \in F_1} \alpha_{m_j} e_{n_{m_j}}$  be the first  $n_1$ -average of  $L_1$ , where  $(e_i)$  denotes the unit vector basis of the space  $X$ . We have that  $[n_1]_1^{L_1}$  is an  $(\theta_{n_1}^2, n_1, n_1 - 1)$ -basic s.c.c. The set  $(n_{m_j})_{j \in F_1} \in \mathcal{S}_{n_1}$  and therefore by the property of the set  $N$  we have that  $G_1 = \{m_i : i \in F_1 \setminus \min(F_1)\} \in \mathcal{S}_{n_1}$ . We set  $J_1 = \{m_i : i \in F_1\}$ , i.e.  $J_1 = G_1 \cup \{m_{\min F_1}\}$ . Then  $[n_1]_1^{L_1} = \sum_{j \in J_1} \alpha_j e_{n_j}$ .

Set  $y_1 = \sum_{j \in J_1} \alpha_j x_j$ . Then  $y_1$  is a  $(\theta_{n_1}^2, n_1, n_1 - 1)$ -s.c.c. of  $(x_i)$  with  $c \leq \|y_1\|$ .

Indeed, since  $\{\text{minsupp } x_j : j \in J_1\} = \{n_{m_j} : j \in F_1\}$  and  $[n_1]_1^{L_1}$  is an  $(\theta_{n_1}^2, n_1, n_1 - 1)$  basic s.c.c., we have that  $y_1$  is an  $(\theta_{n_1}^2, n_1, n_1 - 1)$  s.c.c. Also since  $G_1 \geq n_1$  and  $G_1 \in \mathcal{S}_{n_1}$ , we have that  $G_1 \in \mathcal{S}_\omega$ . Also from the choice of  $L_0$ ,  $G_1 > k(0)$ . Therefore  $G_1 \in \mathcal{S}_{\omega_2}$ , and

$$\|y_1\| \geq \left\| \sum_{j \in G_1} \alpha_j x_j \right\| \geq 2c \sum_{j \in G_1} \alpha_j \geq 2c \sum_{j \in F_1 \setminus \min(F_1)} \alpha_{m_j} \geq c,$$

since  $(x_i)_i$  is a  $2c - \ell_1^{\omega_2}$  spreading model.

Assume that we have chosen  $y_1 < y_2 < \dots < y_\ell$  and  $n_1 < n_2 < \dots < n_\ell$  such that

- (1) Each  $y_r = \sum_{j \in J_r} \alpha_j x_j$  is a  $c$ -normalized  $(\theta_{n_r}^2, n_r, n_r - 1)$  s.c.c. of  $(x_i)$ , for  $r = 1, \dots, \ell$ .
- (2)  $n_r < J_r \setminus \min(J_r) = G_r \in \mathcal{S}_{n_r}$  for  $r = 1, \dots, \ell$ .
- (3)  $\|y_r\|_{\ell_1} \leq \frac{\theta_{n_r}}{\theta_{n_{r+1}}}$  for  $r = 1, \dots, \ell - 1$  where  $\|\cdot\|_{\ell_1}$  denotes the norm of the space  $\ell_1$ .



Then we choose  $n_{\ell+1}$  such that  $\|y_\ell\|_{\ell_1} \leq \frac{\theta_{n_\ell}}{\theta_{n_{\ell+1}}}$  and  $2 < \theta_{n_\ell}/\theta_{n_{\ell+1}}$ . We also choose a subset  $L_{\ell+1} = (n_{m_i})_i$  of  $L \setminus \bigcup_{r=1}^\ell \text{supp}[n_r]_1^{L_r}$  such that  $m_{\min L_{\ell+1}} \geq \min\{n_{\ell+1}, \frac{3}{\theta_{n_{\ell+1}}^2}\}$ .

Let  $[n_{\ell+1}]_1^{L_{\ell+1}} = \sum_{j \in F_{\ell+1}} \alpha_{m_j} e_{n_{m_j}}$  be the first  $n_{\ell+1}$ -average of the set  $L_{\ell+1}$ . Then  $[n_{\ell+1}]_1^{L_{\ell+1}}$  is  $(\theta_{n_{\ell+1}}^2, n_{\ell+1}, n_{\ell+1} - 1)$  basic s.c.c. Also  $(n_{m_j})_{j \in F_{\ell+1}} \in \mathcal{S}_{n_{\ell+1}}$  and therefore by the property of the set  $N$  we have that the set  $G_{\ell+1} = \{m_j : j \in F_{\ell+1} \setminus \min(F_{\ell+1})\} \in \mathcal{S}_{n_{\ell+1}}$ . We set  $J_{\ell+1} = \{m_j : j \in F_{\ell+1}\}$ . By the choice of  $L_{\ell+1}$ , we have that  $n_{\ell+1} \leq G_{\ell+1}$ , and therefore  $G_{\ell+1} \in \mathcal{S}_\omega$ . Also we have that  $k(0) \leq G_{\ell+1}$ , so we deduce that  $G_{\ell+1} \in \mathcal{S}_{\omega 2}$ .

We set  $y_{\ell+1} = \sum_{j \in J_{\ell+1}} \alpha_j x_j$ . With the same arguments as for  $y_1$  we have that  $y_{\ell+1}$  is a  $(\theta_{n_{\ell+1}}^2, n_{\ell+1}, n_{\ell+1} - 1)$ -s.c.c. of  $(x_i)$  with  $\|y_{\ell+1}\| \geq c$ .

We continue in the same manner to produce a sequence  $(y_r)_{r \in \mathbb{N}}$  satisfying properties (1)–(3) for all  $r$ .

Now let  $M \subset \{\min \text{supp } y_i : i \in \mathbb{N}\} \subset L$  and let  $[n_0]_1^M = \sum_{j \in G_0} \gamma_{m_j} e_{n_{m_j}}$  be the first  $n_0$  average of the set  $M$ , such that  $[n_0]_1^M$  is  $(\theta_{n_0}^2, n_0, n_0 - 1)$ -basic s.c.c. Then we have that  $[n_0]_1^M = \sum_{j \in G_0} \gamma_j e_{n_j}$ , where  $G = \{m_j : j \in G_0\}$ , and  $G \setminus \min(G) \in \mathcal{S}_{n_0}$ . Also we have that  $\bigcup_{G \setminus \min(G)} G_j \in \mathcal{S}_{n_0}[\mathcal{S}_\omega]$  and therefore

$$\{n_i : i \in \bigcup_{G \setminus \min(G)} G_j\} \in \mathcal{S}_{n_0}[\mathcal{S}_\omega](N) \subset \mathcal{S}_{\omega+n_0},$$

by the choice of the set  $N$ . From the definition of  $m_{i+1} = n_{m_i}$  it follows that

$$(3.1) \quad H = \bigcup_{G \setminus \min(G)} (G_j \setminus \min G_j) \in \mathcal{S}_{\omega+n_0},$$

since the families  $(\mathcal{S}_\alpha)_\alpha$  are spreading. Indeed, let  $G_j = \{m_{r_1^{(j)}} < m_{r_2^{(j)}} < \dots < m_{r_k^{(j)}}\}$ . Then for every  $k \geq 2$ ,  $m_{r_k^{(j)}} = n_{m_{r_k^{(j)}-1}} \geq n_{m_{r_{k-1}^{(j)}}}$  and since  $(n_i)_{i \in \bigcup_{G \setminus \min(G)} G_j} \in \mathcal{S}_{\omega+n_0}$  we have (3.1). Also  $k(n_0) < H$  and therefore  $H$  belongs to  $\mathcal{S}_{\omega 2}$ .

Set  $z = \sum_{j \in G} \gamma_j y_j = \sum_{j \in G} \gamma_j \sum_{i \in J_j} \alpha_i x_i$ . Since we have assumed that  $(x_i)$  is a  $2c - \ell_1^{\omega 2}$  spreading model, setting  $z_i = \gamma_j \alpha_i x_i$ , for every  $i \in G_j$  and every  $j \in G$ , we have that

$$\begin{aligned} \|z\| &\geq \left\| \sum_{i \in \bigcup_{j \in G \setminus \min(G)} G_j} z_i \right\| \geq 2c \sum_{j \in G \setminus \min(G)} \gamma_j \sum_{i \in G_j \setminus \min(G_j)} \beta_i \\ &\geq 2c \sum_{j \in G \setminus \min(G)} \gamma_j (1 - 2\theta_{n_j}^2) \geq 2c(1 - \theta_{n_0}^2)(1 - 2\theta_{n_1}^2) \geq c. \end{aligned}$$

The vector  $z$  is also an  $(\theta_{n_0}^2, n_0)$ -R.I.s.c.c. That is,  $z$  is of the form  $z = \sum_{j=1}^k \gamma_j y_j$  such that

- (1)  $y_j$  is a  $c$ -normalized  $(\theta_{n_j}^2, n_j, n_j - 1)$ -s.c.c.
- (2)  $n_0 + 2 < n_1 < \dots < n_k$ , and  $\{\min \text{supp } y_j\}_j \in \mathcal{S}_{n_0}$ .
- (3)  $\|y_j\|_{\ell_1} \leq \frac{\theta_{n_j}}{\theta_{n_{j+1}}}$  and  $2 < \theta_{n_j}/\theta_{n_{j+1}}$ .

For such vectors we have that there exists a constant  $M \leq 10$  such that

$$(3.2) \quad \|z\| \leq M\theta_{n_0} .$$

We refer to [3] (Corollary 2.15), [4] (Proposition 1.15), and [9] for a proof of this estimation. Therefore we have that  $c \leq 10\theta_{n_0}$ . Since  $n_0$  was arbitrarily chosen we have the result.  $\square$

*Remark.* Let  $X = T[(\mathcal{S}_{\xi_n}, \theta_n)_n]$  be such that  $\lim \xi_n = \xi$  is a limit ordinal. If the sequence  $(\xi_n, \theta_n)_n$  is “appropriate” chosen, quoting the above arguments, for appropriate  $(\theta_n^2, \xi_n, \zeta)$ -s.c.c., we have that the space  $X$  does not contain  $\ell_1^{\xi_2}$  spreading models. We do not have a proof of inequality (3.2) for every sequence  $(\xi_n) \nearrow \xi$ . We refer to [8] for a proof of inequality (3.2) for the appropriate chosen sequence  $(\xi_n, \theta_n)_n$ .

The same arguments apply in the case of  $p$ -spaces, and yield that those spaces contain no  $\ell_1^2$  spreading model. A space  $X$  is said to be  $p$ -space if  $X = T[(\mathcal{A}_n, \frac{1}{n^{1/q_n}})]$ , where  $\frac{1}{p_n} + \frac{1}{q_n} = 1$  and  $p_n \searrow p \in [1, \infty)$  and  $\mathcal{A}_n = \{F \subset \mathbb{N} : \#F \leq n\}$  where the norm is defined similarly to the one in Definition 1.2(b). We can also apply the above argument for  $A_k[\mathcal{S}_1]$  sequences to produce R.I.s.c.c. of length  $k$  and in this case we know that the norm is less than or equal to  $Mn_k^{1/p_k}$  [12]. Let us recall that the existence of  $\ell_1$  spreading models in Schlumprecht’s space [16] has been established in [11].

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