

A GENERALIZED BANACH CONTRACTION PRINCIPLE THAT CHARACTERIZES METRIC COMPLETENESS

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(Communicated by Joseph A. Ball)

ABSTRACT. We prove a fixed point theorem that is a very simple generalization of the Banach contraction principle and characterizes the metric completeness of the underlying space. We also discuss the Meir-Keeler fixed point theorem.

1. INTRODUCTION

Throughout this paper we denote by \mathbb{N} the set of all positive integers and by \mathbb{R} the set of all real numbers.

The following famous theorem is referred to as the *Banach contraction principle*.

Theorem 1 (Banach [1]). *Let (X, d) be a complete metric space and let T be a contraction on X , i.e., there exists $r \in [0, 1)$ such that*

$$d(Tx, Ty) \leq r d(x, y)$$

for all $x, y \in X$. Then T has a unique fixed point.

This theorem is very forceful and simple, and it became a classical tool in non-linear analysis. Moreover, it has many generalizations; see [2, 3, 4, 8, 9, 14, 15, 17, 18, 21, 23, 24, 25] and others. On the other hand, Connell [6] gave an example of a metric space X such that X is not complete and every contraction on X has a fixed point. Thus, Theorem 1 cannot characterize the metric completeness of X which means the notion of contractions is too strong from this point of view.

A mapping T on a metric space (X, d) is called *Kannan* if there exists $\alpha \in [0, 1/2)$ such that

$$d(Tx, Ty) \leq \alpha d(x, Tx) + \alpha d(y, Ty)$$

for all $x, y \in X$. Kannan [11] proved that if X is complete, then every Kannan mapping has a fixed point. We note that Kannan's theorem is not an extension of Theorem 1. In our opinion, Kannan's fixed point theorem is also very important because Subrahmanyam [22] proved that Kannan's theorem characterizes the metric completeness. That is, a metric space X is complete if and only if every Kannan mapping on X has a fixed point. Also, several mathematicians have studied the

Received by the editors July 17, 2006 and, in revised form, December 18, 2006.

2000 *Mathematics Subject Classification*. Primary 54H25; Secondary 54E50.

Key words and phrases. Banach contraction principle, fixed point, metric completeness, Kannan mapping.

The author is supported in part by Grants-in-Aid for Scientific Research from the Japanese Ministry of Education, Culture, Sports, Science and Technology.

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metric completeness. For example, Kirk [13] proved that Caristi's fixed point theorem [2, 3] characterizes the metric completeness. For other results in this setting, see [7, 10, 19, 20, 26] and others.

In this paper, we prove a fixed point theorem which is a generalization of Theorem 1 and characterizes the metric completeness. Though there are many generalizations of Theorem 1, the direction of our extension is new and very simple. We also generalize the Meir-Keeler fixed point theorem [17].

2. FIXED POINT THEOREM

In this section, we prove the following theorem, which is a generalization of the Banach contraction principle (Theorem 1).

Theorem 2. *Let (X, d) be a complete metric space and let T be a mapping on X . Define a nonincreasing function θ from $[0, 1)$ onto $(1/2, 1]$ by*

$$\theta(r) = \begin{cases} 1 & \text{if } 0 \leq r \leq (\sqrt{5} - 1)/2, \\ (1 - r)r^{-2} & \text{if } (\sqrt{5} - 1)/2 \leq r \leq 2^{-1/2}, \\ (1 + r)^{-1} & \text{if } 2^{-1/2} \leq r < 1. \end{cases}$$

Assume that there exists $r \in [0, 1)$ such that

$$\theta(r) d(x, Tx) \leq d(x, y) \quad \text{implies} \quad d(Tx, Ty) \leq r d(x, y)$$

for all $x, y \in X$. Then there exists a unique fixed point z of T . Moreover $\lim_n T^n x = z$ for all $x \in X$.

Proof. Since $\theta(r) \leq 1$, $\theta(r) d(x, Tx) \leq d(x, Tx)$ holds for every $x \in X$. By hypothesis,

$$(1) \quad d(Tx, T^2x) \leq r d(x, Tx)$$

for all $x \in X$. We now fix $u \in X$ and define a sequence $\{u_n\}$ in X by $u_n = T^n u$. Then (1) yields $d(u_n, u_{n+1}) \leq r^n d(u, Tu)$, so $\sum_{n=1}^{\infty} d(u_n, u_{n+1}) < \infty$, and a standard argument shows $\{u_n\}$ is a Cauchy sequence. Since X is complete, $\{u_n\}$ converges to some point $z \in X$. We next show

$$(2) \quad d(Tx, z) \leq r d(x, z) \quad \text{for all } x \in X \setminus \{z\}.$$

For $x \in X \setminus \{z\}$, there exists $\nu \in \mathbb{N}$ such that $d(u_n, z) \leq d(x, z)/3$ for all $n \in \mathbb{N}$ with $n \geq \nu$. Then we have

$$\begin{aligned} \theta(r) d(u_n, Tu_n) &\leq d(u_n, Tu_n) = d(u_n, u_{n+1}) \\ &\leq d(u_n, z) + d(u_{n+1}, z) \\ &\leq (2/3) d(x, z) = d(x, z) - d(x, z)/3 \\ &\leq d(x, z) - d(u_n, z) \leq d(u_n, x). \end{aligned}$$

Hence and by hypothesis, $d(u_{n+1}, Tx) \leq r d(u_n, x)$ for $n \geq \nu$. Letting n tend to ∞ , we get $d(Tx, z) \leq r d(x, z)$. That is, we have shown (2). Arguing by contradiction, we assume that $T^j z \neq z$ for all $j \in \mathbb{N}$. Then (2) yields

$$(3) \quad d(T^{j+1}z, z) \leq r^j d(Tz, z) \quad \text{for } j \in \mathbb{N}.$$

We consider the following three cases:

- $0 \leq r \leq (\sqrt{5} - 1)/2$,
- $(\sqrt{5} - 1)/2 < r < 2^{-1/2}$,

- $2^{-1/2} \leq r < 1$.

In the case where $0 \leq r \leq (\sqrt{5} - 1)/2$, we note $r^2 + r - 1 \leq 0$ and $2r^2 < 1$. If we assume $d(T^2z, z) < d(T^2z, T^3z)$, then we have

$$\begin{aligned} d(z, Tz) &\leq d(z, T^2z) + d(Tz, T^2z) \\ &< d(T^2z, T^3z) + d(Tz, T^2z) \\ &\leq r^2 d(z, Tz) + r d(z, Tz) \\ &\leq d(z, Tz). \end{aligned}$$

This is a contradiction. So we have

$$d(T^2z, z) \geq d(T^2z, T^3z) = \theta(r) d(T^2z, T \circ T^2z).$$

By hypothesis and (3), we have

$$\begin{aligned} d(z, Tz) &\leq d(z, T^3z) + d(T^3z, Tz) \\ &\leq r^2 d(z, Tz) + r d(T^2z, z) \\ &\leq r^2 d(z, Tz) + r^2 d(Tz, z) = 2r^2 d(z, Tz) \\ &< d(z, Tz). \end{aligned}$$

This is a contradiction. In the case where $(\sqrt{5} - 1)/2 < r < 2^{-1/2}$, we note $2r^2 < 1$. If we assume $d(T^2z, z) < \theta(r) d(T^2z, T^3z)$, then we have in view of (1)

$$\begin{aligned} d(z, Tz) &\leq d(z, T^2z) + d(Tz, T^2z) \\ &< \theta(r) d(T^2z, T^3z) + d(Tz, T^2z) \\ &\leq \theta(r) r^2 d(z, Tz) + r d(z, Tz) = d(z, Tz). \end{aligned}$$

This is a contradiction. Hence $d(T^2z, z) \geq \theta(r) d(T^2z, T \circ T^2z)$. As in the previous case, we can prove

$$d(z, Tz) \leq 2r^2 d(z, Tz) < d(z, Tz).$$

This is a contradiction. In the third case, where $2^{-1/2} \leq r < 1$, we note that for $x, y \in X$, either

$$\theta(r) d(x, Tx) \leq d(x, y) \quad \text{or} \quad \theta(r) d(Tx, T^2x) \leq d(Tx, y)$$

holds. Indeed, if

$$\theta(r) d(x, Tx) > d(x, y) \quad \text{and} \quad \theta(r) d(Tx, T^2x) > d(Tx, y),$$

then we have

$$\begin{aligned} d(x, Tx) &\leq d(x, y) + d(Tx, y) \\ &< \theta(r) (d(x, Tx) + d(Tx, T^2x)) \\ &\leq \theta(r) (d(x, Tx) + r d(x, Tx)) \\ &= d(x, Tx). \end{aligned}$$

This is a contradiction. Since either

$$\theta(r) d(u_{2n}, u_{2n+1}) \leq d(u_{2n}, z) \quad \text{or} \quad \theta(r) d(u_{2n+1}, u_{2n+2}) \leq d(u_{2n+1}, z)$$

holds for every $n \in \mathbb{N}$, either

$$d(u_{2n+1}, Tz) \leq r d(u_{2n}, z) \quad \text{or} \quad d(u_{2n+2}, Tz) \leq r d(u_{2n+1}, z)$$

holds for every $n \in \mathbb{N}$. Since $\{u_n\}$ converges to z , the above inequalities imply there exists a subsequence of $\{u_n\}$ which converges to Tz . This implies $Tz = z$. This is a contradiction. Therefore in all the cases, there exists $j \in \mathbb{N}$ such that $T^j z = z$. Since $\{T^n z\}$ is a Cauchy sequence, we obtain $Tz = z$. That is, z is a fixed point of T . The uniqueness of a fixed point follows easily from (2). This completes the proof. \square

The following theorem says that $\theta(r)$ is the best constant for every $r \in [0, 1)$.

Theorem 3. *Define a function θ as in Theorem 2. Then for each $r \in [0, 1)$, there exist a complete metric space (X, d) and a mapping T on X such that T does not have a fixed point and*

$$\theta(r) d(x, Tx) < d(x, y) \quad \text{implies} \quad d(Tx, Ty) \leq r d(x, y)$$

for all $x, y \in X$.

Proof. In the case where $0 \leq r \leq (\sqrt{5} - 1)/2$, define a complete subset X of the Euclidean space \mathbb{R} by $X = \{\pm 1\}$. We also define a mapping T on X by $Tx = -x$ for $x \in X$. Then T does not have a fixed point and

$$\theta(r) d(x, Tx) = 2 \geq d(x, y)$$

for all $x, y \in X$. In the case where $(\sqrt{5} - 1)/2 < r < 2^{-1/2}$, define a complete subset X of the Euclidean space \mathbb{R} as follows: $X = \{x_n : n \in \mathbb{N} \cup \{0\}\}$, where $x_0 = 0$, $x_1 = 1$, $x_2 = 1 - r$ and $x_n = (1 - r - r^2)(-r)^{n-3}$ for $n \geq 3$. Define a mapping T on X by $Tx_n = x_{n+1}$ for $n \in \mathbb{N} \cup \{0\}$. Then T satisfies the conclusion. In the other case, where $2^{-1/2} \leq r < 1$, define a complete subset X of the Euclidean space \mathbb{R} as follows:

$$X = \{0, 1\} \cup \{x_n : n \in \mathbb{N} \cup \{0\}\},$$

where $x_n = (1 - r)(-r)^n$ for $n \in \mathbb{N} \cup \{0\}$. Define a mapping T on X by $T0 = 1$, $T1 = x_0$ and $Tx_n = x_{n+1}$ for $n \in \mathbb{N} \cup \{0\}$. Let us prove that T satisfies the conclusion. The following are obvious.

- $d(T0, T1) = r d(0, 1)$.
- $\theta(r) d(0, T0) \geq \theta(r) d(x_n, Tx_n) = d(0, x_n)$ for $n \in \mathbb{N} \cup \{0\}$.
- $d(Tx_m, Tx_n) = r d(x_m, x_n)$ for $m, n \in \mathbb{N} \cup \{0\}$.

Also, we have

$$\begin{aligned} d(T1, Tx_n) - r d(1, x_n) &= 1 - 2r - 2(-r)^{n+1} - 2(-r)^{n+2} \\ &\leq 1 - 2r + 2r^{n+1} - 2r^{n+2} = 1 - 2r + 2r^{n+1}(1 - r) \\ &\leq 1 - 2r + 2r^1(1 - r) = 1 - 2r^2 \leq 0 \end{aligned}$$

for $n \in \mathbb{N} \cup \{0\}$. This completes the proof. \square

It is obvious that the set of our contractions in Theorem 2 includes that of the usual contractions. However, our contractions and Kannan mappings are independent. We next show it.

Example 1. Define a complete metric space X by $X = \{(0, 0), (4, 0), (0, 4), (4, 5), (5, 4)\}$ and its metric d by $d((x_1, x_2), (y_1, y_2)) = |x_1 - y_1| + |x_2 - y_2|$. Define a mapping T on X by

$$T(x_1, x_2) = \begin{cases} (x_1, 0) & \text{if } x_1 \leq x_2, \\ (0, x_2) & \text{if } x_1 > x_2. \end{cases}$$

Then T satisfies the assumption in Theorem 2, but T is not a Kannan mapping.

Proof. We first note that $d(Tx, Ty) \leq (4/5)d(x, y)$ if $(x, y) \neq ((4, 5), (5, 4))$ and $(y, x) \neq ((4, 5), (5, 4))$. Since

$$\theta(r) d((4, 5), T(4, 5)) > \frac{5}{2} > 2 = d((4, 5), (5, 4))$$

and $\theta(r) d((5, 4), T(5, 4)) > d((5, 4), (4, 5))$ for every $r \in [0, 1)$, T satisfies the assumption in Theorem 2. But, since

$$d(T(5, 4), T(4, 5)) = 8 > 5 = \frac{1}{2} \left(d((4, 5), T(4, 5)) + d((5, 4), T(5, 4)) \right),$$

T is not a Kannan mapping. □

Example 2. Define a complete metric space X by $X = \{-1, 0, 1, 2\}$ and a mapping T on X by

$$Tx = \begin{cases} 0 & \text{if } x \neq 2, \\ -1 & \text{if } x = 2. \end{cases}$$

Then T is a Kannan mapping, but T does not satisfy the assumption in Theorem 2.

Proof. Since

$$d(Tx, T2) \leq 1 = \frac{1}{3}d(2, T2) \leq \frac{1}{3}d(x, Tx) + \frac{1}{3}d(2, T2)$$

for all $x \in X$, T is a Kannan mapping. But, since

$$\theta(r) d(1, T1) \leq 1 = d(1, 2) \quad \text{and} \quad d(T1, T2) = 1 = d(1, 2)$$

for every $r \in [0, 1)$, T does not satisfy the assumption in Theorem 2. □

3. METRIC COMPLETENESS

In this section, we discuss the metric completeness.

Theorem 4. *Let (X, d) be a metric space and define a function θ as in Theorem 2. For $r \in [0, 1)$ and $\eta \in (0, \theta(r)]$, let $A_{r,\eta}$ be the family of mappings T on X satisfying the following:*

- (a) For $x, y \in X$,

$$\eta d(x, Tx) \leq d(x, y) \quad \text{implies} \quad d(Tx, Ty) \leq r d(x, y).$$

Let $B_{r,\eta}$ be the family of mappings T on X satisfying (a) and the following:

- (b) $T(X)$ is countably infinite.
- (c) Every subset of $T(X)$ is closed.

Then the following are equivalent:

- (i) X is complete.
- (ii) Every mapping $T \in A_{r,\theta(r)}$ has a fixed point for all $r \in [0, 1)$.
- (iii) There exist $r \in (0, 1)$ and $\eta \in (0, \theta(r)]$ such that every mapping $T \in B_{r,\eta}$ has a fixed point.

Proof. By Theorem 2, (i) implies (ii). Since $B_{r,\eta} \subset A_{r,\theta(r)}$ for $r \in [0,1)$ and $\eta \in (0,\theta(r)]$, (ii) implies (iii). Let us prove (iii) implies (i). We assume (iii). Arguing by contradiction, we also assume that X is not complete. That is, there exists a Cauchy sequence $\{u_n\}$ which does not converge. Define a function from X into $[0,\infty)$ by $f(x) = \lim_n d(x, u_n)$ for $x \in X$. We note that f is well defined because $\{d(x, u_n)\}$ is a Cauchy sequence for every $x \in X$. The following are obvious:

- $f(x) - f(y) \leq d(x, y) \leq f(x) + f(y)$ for $x, y \in X$,
- $f(x) > 0$ for all $x \in X$ and
- $\lim_n f(u_n) = 0$.

Define a mapping T on X as follows: For each $x \in X$, since $f(x) > 0$ and $\lim_n f(u_n) = 0$, there exists $\nu \in \mathbb{N}$ satisfying $f(u_\nu) \leq \frac{\eta r}{3+\eta r} f(x)$. We put $Tx = u_\nu$. Then it is obvious that

$$f(Tx) \leq \frac{\eta r}{3 + \eta r} f(x) \quad \text{and} \quad Tx \in \{u_n : n \in \mathbb{N}\}$$

for all $x \in X$. Then $Tx \neq x$ for all $x \in X$ because $f(Tx) < f(x)$. That is, T does not have a fixed point. Since $T(X) \subset \{u_n : n \in \mathbb{N}\}$, (b) holds. Also, it is not difficult to prove (c). Let us prove (a). Fix $x, y \in X$ with $\eta d(x, Tx) \leq d(x, y)$. In the case where $f(y) > 2f(x)$, we have

$$\begin{aligned} d(Tx, Ty) &\leq f(Tx) + f(Ty) \leq \frac{\eta r}{3 + \eta r} (f(x) + f(y)) \\ &\leq \frac{r}{3} (f(x) + f(y)) \\ &\leq \frac{r}{3} (f(x) + f(y)) + \frac{2r}{3} (f(y) - 2f(x)) \\ &= r (f(y) - f(x)) \leq r d(x, y). \end{aligned}$$

In the other case, where $f(y) \leq 2f(x)$, we have

$$\begin{aligned} d(x, y) &\geq \eta d(x, Tx) \geq \eta (f(x) - f(Tx)) \\ &\geq \eta \left(1 - \frac{\eta r}{3 + \eta r}\right) f(x) = \frac{3\eta}{3 + \eta r} f(x) \end{aligned}$$

and hence

$$\begin{aligned} d(Tx, Ty) &\leq f(Tx) + f(Ty) \leq \frac{\eta r}{3 + \eta r} (f(x) + f(y)) \\ &\leq \frac{3\eta r}{3 + \eta r} f(x) \leq r d(x, y). \end{aligned}$$

Therefore we have shown (a), that is, $T \in B_{r,\eta}$. By (iii), T has a fixed point which yields a contradiction. Hence we obtain that X is complete. This completes the proof. \square

As a direct consequence of Theorem 4, we obtain the following.

Corollary 1. *For a metric space (X, d) , the following are equivalent:*

- (i) X is complete.
- (ii) There exists $r \in (0,1)$ such that every mapping T on X satisfying the following has a fixed point:
 - $\frac{1}{10000} d(x, Tx) \leq d(x, y)$ implies $d(Tx, Ty) \leq r d(x, y)$ for all $x, y \in X$.

4. THE MEIR-KEELER THEOREM

In this section, we prove a generalization of the Meir-Keeler fixed point theorem [17]. See also [5], [12], [16, Theorem 1.5.1].

Theorem 5. *Let (X, d) be a complete metric space and let T be a mapping on X . Assume that for each $\varepsilon > 0$, there exists $\delta > 0$ such that*

- $(1/2) d(x, Tx) < d(x, y)$ and $d(x, y) < \varepsilon + \delta$ imply $d(Tx, Ty) \leq \varepsilon$ and
- $(1/2) d(x, Tx) < d(x, y)$ implies $d(Tx, Ty) < d(x, y)$

for all $x, y \in X$. Then there exists a unique fixed point z of T . Moreover $\lim_n T^n x = z$ for all $x \in X$.

Remark.

- (i) The Meir-Keeler fixed point theorem [17] is a generalization of the Banach contraction principle (Theorem 1). However, Theorem 5 is not a generalization of Theorem 2.
- (ii) We note $\lim_{r \rightarrow 1-0} \theta(r) = 1/2$. By Theorem 3, we can prove that $1/2$ is the best constant.

Proof. If $Tx \neq x$, then it is obvious that $d(x, Tx) < 2d(x, Tx)$. So, by hypothesis,

$$d(Tx, T^2x) < d(x, Tx)$$

holds for all $x \in X$ with $Tx \neq x$. We also note that

$$d(Tx, T^2x) \leq d(x, Tx)$$

holds for all $x \in X$. Fix $u \in X$ and define a sequence $\{u_n\}$ in X by $u_n = T^n u$ for $n \in \mathbb{N}$. Since $\{d(u_n, u_{n+1})\}$ is a nonincreasing sequence, $\{d(u_n, u_{n+1})\}$ converges to some $\alpha \geq 0$. Arguing by contradiction, we assume $\alpha > 0$. Then $\{d(u_n, u_{n+1})\}$ is strictly decreasing. Hence $d(u_n, u_{n+1}) > \alpha$ for every $n \in \mathbb{N}$. By hypothesis, there exists $\delta > 0$ such that

- $d(x, Tx) < 2d(x, y)$ and $d(x, y) < \alpha + \delta$ imply $d(Tx, Ty) \leq \alpha$.

From the definition of α , there exists $j \in \mathbb{N}$ such that $d(u_j, u_{j+1}) < \alpha + \delta$. So we have $d(u_{j+1}, u_{j+2}) \leq \alpha$. This is a contradiction. Therefore $\alpha = 0$. That is, $\lim_n d(u_n, u_{n+1}) = 0$ holds. Fix $\varepsilon > 0$. Then there exists $\delta \in (0, \varepsilon)$ such that

- $d(x, Tx) < 2d(x, y)$ and $d(x, y) < \varepsilon + \delta$ imply $d(Tx, Ty) \leq \varepsilon$.

Let $\ell \in \mathbb{N}$ such that $d(u_n, u_{n+1}) < \delta$ for all $n \in \mathbb{N}$ with $n \geq \ell$. We shall show

$$(4) \quad d(u_\ell, u_{\ell+m}) < \varepsilon + \delta$$

for $m \in \mathbb{N}$ by induction. It is obvious that (4) holds when $m = 1$. We assume (4) holds for some $m \in \mathbb{N}$. In the case where $d(u_\ell, u_{\ell+m}) \leq \varepsilon$, we have

$$d(u_\ell, u_{\ell+m+1}) \leq d(u_\ell, u_{\ell+m}) + d(u_{\ell+m}, u_{\ell+m+1}) < \varepsilon + \delta.$$

In the other case, where $\varepsilon < d(u_\ell, u_{\ell+m}) < \varepsilon + \delta$, since

$$d(u_\ell, u_{\ell+1}) < \delta < \varepsilon < d(u_\ell, u_{\ell+m}) < 2d(u_\ell, u_{\ell+m}),$$

we have $d(u_{\ell+1}, u_{\ell+m+1}) \leq \varepsilon$ and hence

$$d(u_\ell, u_{\ell+m+1}) \leq d(u_\ell, u_{\ell+1}) + d(u_{\ell+1}, u_{\ell+m+1}) < \delta + \varepsilon.$$

So, by induction, (4) holds for every $m \in \mathbb{N}$. Therefore we have shown

$$\lim_{n \rightarrow \infty} \sup_{m > n} d(u_n, u_m) = 0.$$

This implies that $\{u_n\}$ is Cauchy. Since X is complete, $\{u_n\}$ converges to some point $z \in X$. We shall show that such z is a fixed point of T , dividing the following two cases:

- There exists $\nu \in \mathbb{N}$ such that $u_\nu = u_{\nu+1}$.
- $u_n \neq u_{n+1}$ for all $n \in \mathbb{N}$.

In the first case, $u_n = u_\nu$ for all $n \in \mathbb{N}$ with $n \geq \nu$. Since $\{u_n\}$ converges to z , we have $u_n = z$ for all $n \in \mathbb{N}$ with $n \geq \nu$. This implies $Tz = z$. In the second case, we note $u_n \neq Tu_n$ for $n \in \mathbb{N}$, so $\{d(u_n, u_{n+1})\}$ is strictly decreasing. If we assume that

$$d(u_n, u_{n+1}) \geq 2d(u_n, z) \quad \text{and} \quad d(u_{n+1}, u_{n+2}) \geq 2d(u_{n+1}, z)$$

hold for some $n \in \mathbb{N}$, then we have

$$\begin{aligned} d(u_n, u_{n+1}) &\leq d(u_n, z) + d(u_{n+1}, z) \\ &\leq (d(u_n, u_{n+1}) + d(u_{n+1}, u_{n+2}))/2 \\ &< d(u_n, u_{n+1}). \end{aligned}$$

This is a contradiction. That is, either

$$d(u_n, u_{n+1}) < 2d(u_n, z) \quad \text{or} \quad d(u_{n+1}, u_{n+2}) < 2d(u_{n+1}, z)$$

holds for all $n \in \mathbb{N}$. By hypothesis, either

$$d(u_{n+1}, Tz) < d(u_n, z) \quad \text{or} \quad d(u_{n+2}, Tz) < d(u_{n+1}, z)$$

holds for all $n \in \mathbb{N}$. Since $\{u_n\}$ converges to z , the above inequalities imply there exists a subsequence of $\{u_n\}$ which converges to Tz . This implies $Tz = z$. We have shown that z is a fixed point of T . Finally, arguing by contradiction, suppose there exists another fixed point y of T . Since

$$d(z, Tz) = 0 < 2d(z, y),$$

we have

$$d(z, y) = d(Tz, Ty) < d(z, y).$$

This is a contradiction. That is, the fixed point is unique. This completes the proof. \square

ACKNOWLEDGMENT

The author is very grateful to the referee for his/her suggestions that improved the presentation of this paper.

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