A NEW (PROBABILISTIC) PROOF OF THE DIAZ–METCALF AND PÓLYA–SZEGŐ INEQUALITIES AND SOME APPLICATIONS

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TIBOR K. POGÁNY

Abstract. The Diaz–Metcalf and Pólya–Szegő inequalities are proved in the probabilistic setting. These results generalize the classical case for both sums and integrals. Using these results we obtain some other well-known inequalities in the probabilistic setting, namely the Kantorovich, Rennie, and Schweitzer inequalities.

1. Introduction

The celebrated Cauchy–Bunyakovski–Schwarz inequality can be written in the probabilistic setting as follows:

\[ |E \xi \eta|^2 \leq E \xi^2 E \eta^2 \]

where \( \xi \) and \( \eta \) are random variables defined on some probability space \((\Omega, \mathcal{F}, P)\). An inequality, converse to (1), is also true but only in exceptional cases known as the Diaz–Metcalf and Pólya–Szegő inequalities. Some partial cases of the latter two results are known as Kantorovich, Rennie, and Schweitzer inequalities (see [6, §2.11], [7]).

Below we prove new inequalities that can be viewed as inverses to (1) for almost surely bounded random variables \( \xi \) and \( \eta \). These inequalities involve two first moments \( E \xi \) and \( E \xi^2 \) and the upper and lower bounds \( m \) and \( M \) of the random variable \( \xi \), that is, we assume that \( P\{m \leq \xi \leq M\} = 1 \). We provide necessary and sufficient conditions for all cases under consideration. These results generalize the classical Diaz–Metcalf and Pólya–Szegő inequalities as well as other inequalities mentioned above for the probabilistic setting. The proof below is given for both discrete and continuous cases. We also consider inequalities for random vectors and inequalities with weights. The methods we use are elementary and are based on the properties of the operator \( E \).

We write \( \xi \sim \psi \) if the random variable \( \xi \) has the distribution/density \( \psi \). The symbols \( I_A \) and \( \chi_S(t) \) stand for the indicator of a random event \( A \) and the characteristic function of a set \( S \), respectively; \( \mathbb{N}_0 \) denotes the set of nonnegative integers, \( \delta_{\lambda \mu} \) is the Kronecker delta. Finally \( L^2_P[A] \) denotes the space of functions \( \{h: \int_A |h(t)|^2 \varphi(t) \, dt < \infty\} \) such that \( \text{supp}(h) = \{t: h(t) \neq 0\} \).

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2. Diaz–Metcalf inequality

Below we consider real, almost surely bounded random variables $\xi$ for which there are real constants $m$ and $M$, $m \leq M$, such that

$$P\{m \leq \xi \leq M\} = 1.$$  

The moments $E\xi^r$, $r > 0$, can be estimated in the case of $m \geq 0$ by $m^r \leq E\xi^r \leq M^r$. The variance satisfies the inequality $\text{Var} \xi \leq (M - m)^2/4$. In what follows we obtain more sophisticated results.

First we provide an auxiliary result used then to derive conditions where the Diaz–Metcalf inequality becomes an equality. This result is communicated to the author by O. I. Klesov [5].

**Equality Theorem.** Let $\mathcal{X}$ be a random variable for which there are two real numbers $m$ and $M$, $m < M$, such that $P\{m \leq \mathcal{X} \leq M\} = 1$.

The following two conditions are equivalent:

1. $E(\mathcal{X} - m)(M - \mathcal{X}) = 0$
2. $P(\mathcal{X} \in \{m, M\}) = 0$,
3. $P(\mathcal{X} \in \mathbb{R} \setminus \{m, M\}) = 0$,
4. $P(A \cup B) = 1$,
5. $P(A \cap B) = 0$.

Here “a.s.” stands for “almost surely”.

**Proof.** Put $\delta = (\mathcal{X} - m)(M - \mathcal{X})$. Conditions (3)–(5) imply (2), since $\delta = 0$ almost surely in this case.

To prove the converse put $A = \{\omega: \mathcal{X}(\omega) = m\}$ and $B = \{\omega: \mathcal{X}(\omega) = M\}$. Then (2) implies

$$P(\mathcal{X} \in \mathbb{R} \setminus \{m, M\}) = 0,$$

whence conditions (3) and (4) follow. Since $m < M$, condition (5) also holds. $\square$

Now we are ready to prove the Diaz–Metcalf inequality for bounded random variables.

**Theorem 1.** Let $\xi$ and $\eta$ be real random variables defined on the same probability space $(\Omega, \mathcal{F}, P)$. Assume that $P\{m_1 \leq \xi \leq M_1\} = 1$, $P\{m_2 \leq \eta \leq M_2\} = 1$, $m_1 \leq M_1$, $m_2 \leq M_2$, and $m_2 > 0$. Then

$$E\xi^2 + \frac{m_1 M_1}{m_2 M_2} E\eta^2 \leq \left(\frac{m_1}{M_2} + \frac{M_1}{m_2}\right) E\xi\eta.$$  

The inequality becomes an equality if and only if either (i) $m_1/M_2 = M_1/m_2$, or (ii) $m_1/M_2 < M_1/m_2$ and

$$P\left(\frac{\xi}{\eta} \in \left\{\frac{m_1}{M_2}, \frac{M_1}{m_2}\right\}\right) = 1.$$  

**Proof.** It is easy to see that

$$\frac{m_1}{M_2} \leq \frac{\xi}{\eta} \leq \frac{M_1}{m_2}.$$  

The operator $E$ is monotone, thus

$$E\left(\frac{M_1\eta}{m_2} - \xi\right)\left(\xi - \frac{m_1\eta}{M_2}\right) \geq 0.$$
Now (6) follows from (5), since $E$ is a linear operator.

It remains to treat the case of an equality in (6), that is, in (9). Since the case (i) is obvious, we consider the case (ii). Let $m_1/M_2 < M_1/m_2$ and condition (7) hold. We have in the case of (ii) that

$$P(m_2 \xi = M_1 \eta \lor M_2 \xi = m_1 \eta) = 1 \quad \text{and} \quad P(m_2 \xi = M_1 \eta \land M_2 \xi = m_1 \eta) = 0.$$ 

Thus inequality (9) becomes an equality if (8) holds. On the other hand, if (9) becomes an equality, then

$$P\{M_2 \xi = m_1 \eta \lor m_2 \xi = M_1 \eta\} = 1.$$ 

Put $A = \{\omega \in \Omega: M_2 \xi = m_1 \eta\}$ and $B = \{\omega \in \Omega: m_2 \xi = M_1 \eta\}$. We apply the Equality Theorem to

$$\mathfrak{X} = \xi/\eta, \quad m = m_1/M_2, \quad \mathfrak{M} = M_1/m_2$$

and complete the proof of (7). \qed

**Corollary 1.1** (Weighted Diaz–Metcalf type inequality in the discrete case). Assume that

$$m_1 \leq x_k \leq M_1, \quad k = 1, \ldots, n.$$ 

Let $0 < m_2 \leq y_l \leq M_2$, $l = 1, \ldots, m$, $p_{kl} \geq 0$, and $\sum_{k=1}^{n} \sum_{l=1}^{m} p_{kl} = 1$. Then

$$\sum_{k=1}^{n} x_k^2 q_k + \frac{m_1 M_1}{m_2 M_2} \sum_{l=1}^{m} y_l^2 r_l \leq \left(\frac{m_1}{M_2} + \frac{M_1}{m_2}\right) \sum_{k=1}^{n} \sum_{l=1}^{m} x_k y_l p_{kl}$$

where

$$\sum_{l=1}^{m} p_{kl} = q_k, \quad k = 1, \ldots, n, \quad \sum_{k=1}^{n} p_{kl} = r_l, \quad l = 1, \ldots, m.$$ 

Inequality (11) becomes an equality if and only if

(i) either $m_1/M_2 = M_1/m_2$,

(ii) or $m_1/M_2 < M_1/m_2$ and

$$\sum_{k,l \in I_{x,y}} p_{kl} = 1,$$

where $I_{x,y} := \{(k,l): x_k/y_l \in \{m_1/M_2, M_1/m_2\}\}$.

**Proof.** Let $(\xi, \eta)$ be a random discrete vector whose coordinates are defined on a probability space $(\Omega, P(\Omega), P)$. Let $\eta$ be a nonnegative random variable and $P(\Omega) = \{S: S \subseteq \Omega\}$. Let $(\xi, \eta) \sim P[\xi = x_k, \eta = y_l] = p_{kl}, k = 1, \ldots, n, l = 1, \ldots, m,$ and $\sum_{k=1}^{n} \sum_{l=1}^{m} p_{kl} = 1$. Theorem 1 and inequality (6) prove (11). The case of an equality in (11) follows from the corresponding part of Theorem 1. \qed

**Remark 1.** Putting $m = n$ and $p_{kl} = \delta_{kl}/n$, $k, l = 1, \ldots, n$, in (11) (note that $q_k = r_l = 1/n$) in this case we obtain the original Diaz–Metcalf inequality:

$$\sum_{k=1}^{n} x_k^2 + \frac{m_1 M_1}{m_2 M_2} \sum_{l=1}^{m} y_l^2 \leq \left(\frac{m_1}{M_2} + \frac{M_1}{m_2}\right) \sum_{k=1}^{n} x_k y_k$$

(see [2]). This inequality becomes an equality if and only if $x_k/y_l \in \{m_1/M_2, M_1/m_2\}$ for all $k = 1, \ldots, n$. This follows from (12), since $p_{kl} = 0$ for all $k \neq l$ and $p_{kk} = 1/n$.

A generalization of the latter inequality is given in [2] for complex numbers (see also the list of references in [6 pp. 66–67]).

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\textbf{Corollary 1.2} (Weighted Diaz–Metcalf inequality for integrals). Let $f$ and $g$ be Borel functions such that
\[ m_1 \leq f(x) \leq M_1 \quad \text{and} \quad 0 < m_2 \leq g(y) \leq M_2 \]
for almost all $(x, y) \in [a, b] \times [c, d]$.

Let $w(x, y)$ be a nonnegative function such that $\text{supp}(w) = [a, b] \times [c, d]$ and
\[ \int_a^b \int_c^d w(x, y) \, dx \, dy = 1. \]

Put
\[ \int_c^d w(x, y) \, dy = w_1(x), \quad \int_a^b w(x, y) \, dx = w_2(y). \]

Then
\[ \int_a^b f^2(x)w_1(x) \, dx + \frac{m_1 M_1}{m_2 M_2} \int_c^d g^2(y)w_2(y) \, dy \leq \left( \frac{m_1}{M_2} + \frac{M_1}{m_2} \right) \int_a^b \int_c^d f(x)g(y)w(x, y) \, dx \, dy. \]

Inequality (14) becomes an equality if and only if either
(i) $m_1/M_2 = M_1/m_2$, or
(ii) $m_1/M_2 < M_1/m_2$ and
\[ \int_{x,y} w(x, y) \, dx \, dy = 1 \]
where $I_{x,y} := \{(x, y) : f(x)/g(y) \in \{m_1/M_2, M_1/m_2\}\}$.

Proof. Let $(\xi, \eta)$ be a random vector with the density $w(x, y)$ whose support is $[a, b] \times [c, d]$. It is clear that $w_1(x)$ and $w_2(y)$ are the densities of the random variables $\xi$ and $\eta$, respectively. Since $f$ and $g$ are Borel functions, they belong to $L^2_{w_1}[a, b]$ and $L^2_{w_2}[c, d]$, respectively. Let $m_1, m_2$ and $M_1, M_2$ be real numbers such that
\[ \mathbb{P}\{m_1 \leq f(\xi) \leq M_1\} = \mathbb{P}\{m_2 \leq g(\eta) \leq M_2\} = 1. \]

It follows from Theorem 1 that
\[ \mathbb{E} f^2(\xi) + \frac{m_1 M_1}{m_2 M_2} \mathbb{E} g^2(\eta) \leq \left( \frac{m_1}{M_2} + \frac{M_1}{m_2} \right) \mathbb{E} f(\xi)g(\eta) \]
which is equivalent to (14).

The case of equality is obvious in the case of (i). In the case of (ii) we have
\[ \mathbb{E} f^2(\xi) + \frac{m_1 M_1}{m_2 M_2} \mathbb{E} g^2(\eta) - \left( \frac{m_1}{M_2} + \frac{M_1}{m_2} \right) \mathbb{E} f(\xi)g(\eta) = \mathbb{E} \left( f(\xi) - \frac{M_1}{m_2}g(\eta) \right) \left( f(\xi) - \frac{m_1}{M_2}g(\eta) \right) \]
and thus the statement on the equality follows from the Equality Theorem. \hfill \Box

Remark 2. If $(\xi, \eta) \sim w(x, y) = (b - a)^{-1} \chi_{[a,b]}(x,y) \delta_{xy}$, then Corollary 1.2 coincides with the classical Diaz–Metcalf inequality for integrals:
\[ \int_a^b f^2(x) \, dx + \frac{m_1 M_1}{m_2 M_2} \int_a^b g^2(x) \, dx \leq \left( \frac{m_1}{M_2} + \frac{M_1}{m_2} \right) \int_a^b f(x)g(x) \, dx, \]
since the densities of the coordinates in this case are given by
\[ w_1(x) = (b - a)^{-1} \chi_{[a,b]}(x) = w_2(x). \]
The equality holds if and only if either (i) $m_1/M_2 = M_1/m_2$, or (ii) $m_1/M_2 < M_1/m_2$ and

$$
\int_{I_x} w_1(x) \, dx = 1,
$$

where $I_x \equiv I_{x,x}$, $x \in [a, b]$ (see Corollary 1.2 and [2]). Other related results can be found in [3] p. 64.

3. Pólya–Szegő inequality

The Pólya–Szegő inequality is published in [3] pp. 57 and 213–214 for both sums and integrals. Below we provide a probabilistic inequality for moments covering this classical result.

**Theorem 2.** Let $\xi$ and $\eta$ be real random variables defined on a probability space $(\Omega, \mathcal{F}, \mathbb{P})$. If $\mathbb{P}\{m_1 \leq \xi \leq M_1\} = 1$ and $\mathbb{P}\{m_2 \leq \eta \leq M_2\} = 1$ for $0 < m_j \leq M_j$, $j = 1, 2$, then

$$
\frac{\mathbb{E} \xi^2 \mathbb{E} \eta^2}{(\mathbb{E} \xi \eta)^2} \leq \frac{1}{4} \left( \frac{m_1 m_2}{M_1 M_2} + \frac{M_1 M_2}{m_1 m_2} \right)^2. \tag{16}
$$

Inequality (16) becomes an equality if and only if

$$
\xi = m_1 \mathcal{I}_A(\omega) + M_1 \mathcal{I}_{\Omega \setminus A}(\omega) \quad \text{and} \quad \eta = m_2 \mathcal{I}_B(\omega) + M_2 \mathcal{I}_A(\omega) \quad \text{a.s.} \tag{17}
$$

for some random event $A \in \mathcal{F}$ such that

$$
\mathbb{P}(A) = \frac{M_1 m_2}{m_1 M_2 + M_1 m_2}. \tag{18}
$$

**Proof.** Assume that $\xi$ and $\eta$ are almost surely nonnegative bounded random variables.

Applying arithmetic-mean–geometric-mean inequality to the left-hand side of the Diaz–Metcalf inequality (10) we obtain

$$
\mathbb{E} \xi^2 + \frac{m_1 M_1}{m_2 M_2} \mathbb{E} \eta^2 \geq 2 \sqrt{\frac{m_1 M_1}{m_2 M_2} \mathbb{E} \xi^2 \mathbb{E} \eta^2}. \tag{19}
$$

Now it is easy to get the desired result.

To prove the necessity in the statement on equality let $\xi$ and $\eta$ be defined by (17) and (18), respectively. It is easy to see that

$$
\mathbb{E} \xi^2 = \frac{m_1 M_1 (m_1 m_2 + M_1 M_2)}{m_1 M_2 + M_1 m_2},
$$

$$
\mathbb{E} \eta^2 = \frac{m_2 M_2 (m_2 m_1 + M_1 M_2)}{m_2 M_1 + M_1 m_2},
$$

$$
\mathbb{E} \xi \eta = \frac{2m_1 m_2 M_1 M_2}{m_1 M_2 + M_1 m_2},
$$

whence we obtain an equality in (16).

Inequality (16) becomes an equality if inequalities (10) and (19) become equalities. Assume that $m_1 m_2 < M_1 M_2$ (the theorem is obvious otherwise). Then

(a) \hspace{1cm} \mathbb{P}\left( \frac{\xi}{\eta} \in \left\{ \frac{m_1}{M_2}, \frac{M_1}{m_2} \right\} \right) = 1,

(b) \hspace{1cm} \mathbb{E} \xi^2 = m_1 M_1 (m_2 M_2)^{-1} \mathbb{E} \eta^2.

Relation (a) holds if and only if there exist events $A, B \in \mathcal{F}$, $A \cup B = \Omega$, $A \cap B = \emptyset$, such that

$$
\xi = m_1 \mathcal{I}_A(\omega) + M_1 \mathcal{I}_B(\omega), \quad \eta = m_2 \mathcal{I}_B(\omega) + M_2 \mathcal{I}_A(\omega). \tag{20}
$$
Substituting (20) into (b) we obtain

\[ \frac{P(A)}{M_1/m_1} = \frac{P(B)}{M_2/m_2}, \]

that is,

\[ P(A) = \frac{M_1 m_2}{m_1 M_2 + M_1 m_2}, \quad P(B) = \frac{M_2 m_1}{m_1 M_1 + M_1 m_2}. \]

Thus relations (17) and (18) are proved.

**Corollary 2.1 (Weighted Pólya–Szegő type inequality for sums).** Assume that

\[ 0 < m_1 \leq x_k \leq M_1, \quad k = 1, \ldots, n, \quad 0 < m_2 \leq y_l \leq M_2, \quad l = 1, \ldots, m. \]

Also let \( p_{kl} \geq 0 \) and \( \sum_{k=1}^{n} \sum_{l=1}^{m} p_{kl} = 1. \) Then

\[ \sum_{k=1}^{n} x_k^2 q_k \sum_{l=1}^{m} y_l^2 r_l \leq \frac{1}{4} \left( \sqrt{\frac{m_1 m_2}{M_1 M_2}} + \sqrt{\frac{M_1 M_2}{m_1 m_2}} \right)^2 \left( \sum_{k=1}^{n} \sum_{l=1}^{m} x_k y_l p_{kl} \right)^2 \]

where

\[ \sum_{l=1}^{m} p_{kl} = q_k, \quad k = 1, \ldots, n, \quad \sum_{k=1}^{n} p_{kl} = r_l, \quad l = 1, \ldots, m. \]

Inequality (21) becomes an equality if and only if \( m = n \) and

\[ \kappa = \frac{M_1 m_2 n}{m_1 M_2 + M_1 m_2} \in \mathbb{N}_0, \]

\[ x_i = \cdots = x_{i_0} = m_1, \quad x_{i_{0+1}} = \cdots = x_n = M_1, \]

\[ y_i = \cdots = y_{i_0} = M_2, \quad y_{i_{0+1}} = \cdots = y_n = m_2, \quad i_j \in \{1, \ldots, n\}, \]

\[ p_{kl} = 0, \quad (k, l) \in \{i_1, \ldots, i_0\} \times \{i_{0+1}, \ldots, i_n\} \cup \{i_{0+1}, \ldots, i_n\} \times \{i_1, \ldots, i_0\}. \]

**Proof.** Let a random vector \( (\xi, \eta) \) be defined on a probability space \( (\Omega, \mathcal{P}(\Omega), \mathcal{P}) \) and

\[ 0 < (\xi, \eta) \sim \mathcal{P}\{\xi = x_k, \eta = y_l\} = p_{kl}. \]

Applying (16) we easily prove (21).

The statement on equality easily follows from conditions (22) – (24), since \( m = n. \)

The Kantorovich inequality is a particular case of the weighted Pólya–Szegő inequality for sums (see [3]). Putting \( m = n, x_j^2 = \gamma_j, y_k^2 = \gamma_k^{-1} \), we obtain \( 0 < \sqrt{\mu} \leq \gamma_k \leq \sqrt{M} \) where \( m_1 = \mu \) and \( M_1 = M. \) If

\[ p_{kl} = \frac{u_j^2}{\sum_{j=1}^{n} u_j^2} \delta_{kl}, \quad k, l = 1, \ldots, n, \]

where \( u_k \neq 0 \) for at least one \( k, \) then we get the Kantorovich inequality from (21):

\[ \sum_{j=1}^{n} \gamma_j u_j^2 \sum_{j=1}^{n} \frac{u_j^2}{\gamma_j} \leq \frac{1}{4} \left( \sqrt{\frac{\mu}{M}} + \sqrt{\frac{M}{\mu}} \right)^2 \left( \sum_{j=1}^{n} u_j^2 \right)^2 \]

(see also [6] p. 61)).

For \( m = n \) we define the weights \( p_{kl} \) similarly to (25). Then

\[ \sum_{k=1}^{n} x_k^2 u_k^2 \sum_{k=1}^{n} y_k^2 u_k^2 \leq \frac{1}{4} \left( \sqrt{\frac{m_1 m_2}{M_1 M_2}} + \sqrt{\frac{M_1 M_2}{m_1 m_2}} \right)^2 \left( \sum_{k=1}^{n} x_k y_k u_k^2 \right)^2, \]

which is exactly the Greub and Rheinboldt result (see [3] and [6] p. 61)).
Putting $m = n$ and $p_{kl} = n^{-1} \delta_{kl}$ we obtain from (21) the classical weighted Pólya–Szegő inequality for sums:

$$
\sum_{k=1}^{n} x_k^2 \sum_{k=1}^{n} y_k^2 \leq \frac{1}{4} \left( \sqrt{\frac{m_1 m_2}{M_1 M_2}} + \sqrt{\frac{M_1 M_2}{m_1 m_2}} \right)^2 \left( \sum_{k=1}^{n} x_k y_k \right)^2
$$

for all positive real numbers $x_k$ and $y_k$, $k = 1, \ldots, n$, bounded as in Corollary (21) (see for example, [6, pp. 60–61], [8]).

The condition for the equality is simpler in this case (as compared to Corollary 2.1), namely (26) becomes an equality under conditions (22)–(24).

**Corollary 2.2** (Weighted Pólya–Szegő inequality for integrals). Let $f$ and $g$ be positive Borel functions such that

$$
0 < m_1 \leq f(x) \leq M_1 \quad \text{and} \quad 0 < m_2 \leq g(y) \leq M_2
$$

for almost all $(x, y) \in [a, b] \times [c, d]$. Let $w(x, y)$ be a nonnegative weight function with $\text{supp}(w) = [a, b] \times [c, d]$. Put

$$
\int_c^d w(x, y) \, dy = w_1(x), \quad \int_a^b w(x, y) \, dx = w_2(y).
$$

Then

$$
\int_a^b \int_c^d f(x) g(y) w(x, y) \, dx \, dy \leq \frac{1}{4} \left( \sqrt{\frac{m_1 m_2}{M_1 M_2}} + \sqrt{\frac{M_1 M_2}{m_1 m_2}} \right)^2.
$$

Inequality (28) becomes an equality if and only if $[a, b] \equiv [c, d]$ and

$$
f(x) = m_1 \chi_S(x) + M_1 \chi_{[a, b] \setminus S}(x), \quad g(y) = M_2 \chi_{[a, b] \setminus S}(y) + m_2 \chi_S(y),
$$

for some Borel set $S \subseteq [a, b]$ whose Lebesgue measure is such that

$$
|S| = \frac{M_1 m_2 (b - a)}{m_1 M_2 + M_1 m_2},
$$

and

$$
w(x, y) = 0 \quad \text{for all} \quad (x, y) \in S^2 \cup ([a, b] \setminus S)^2.
$$

Since the proof of inequality (28) is similar to that of Corollaries 1.2 and 21.1 we omit it.

**Remark 3.** If $[a, b] = [c, d]$ and $(\xi, \eta) \sim w(x, y) = (b - a)^{-1} \chi_{[a, b]}^2(x, y) \delta_{xy}$, then

$$
\int_a^b \int_c^d f(x) g(x) \, dx \, dy \leq \frac{1}{4} \left( \sqrt{\frac{m_1 m_2}{M_1 M_2}} + \sqrt{\frac{M_1 M_2}{m_1 m_2}} \right)^2
$$

for all $f, g \in L^2[a, b]$ such that

$$
0 < m_1 \leq f(x) \leq M_1, \quad 0 < m_2 \leq g(x) \leq M_2.
$$

If functions $f$ and $g$ satisfy conditions (30) and (31), then inequality (32) becomes an equality, and vice versa. Inequality (32) is proved by Pólya and Szegő (see [8, pp. 71 and 253–255, Problem 93]). Note that the case of equality in (32) is not studied in [8].
4. Rennie and Schweitzer inequalities

In this section we give a generalization of the Rennie and Schweitzer inequalities for the probabilistic setting. There are two methods of proof of these results, namely

1) the proof based on the linearity and monotonicity of the operator $E$,
2) the proof based on an application of the Diaz–Metcalf and Pólya–Szegö inequalities.

Let $\zeta$ be a positive and bounded random variable, that is,

\[ P\{m \leq \zeta \leq M\} = 1, \quad m > 0. \]

Then

\[ E(M\zeta^{-1} - 1)(\zeta - m) \geq 0. \]

Thus

\[ E\zeta + mM E\zeta^{-1} \leq m + M. \]

The latter is a Rennie type inequality for positive bounded random variables. According to the arithmetic-mean–geometric-mean inequality, the left-hand side of the Rennie inequality is greater than or equal to

\[ 2\sqrt{mM E\zeta E(1/\zeta)}. \]

Hence

\[ E\zeta E\zeta^{-1} \leq \frac{(m + M)^2}{4mM}, \]

which is a Schweitzer type inequality.

**Theorem 3.** Let $\zeta$ be an almost surely positive bounded random variable defined on a probability space $(\Omega, \mathcal{F}, P)$, that is, $m > 0$ and $P\{m \leq \zeta \leq M\} = 1$. Then

\[ (33) \quad E\zeta + mM E\zeta^{-1} \leq m + M \]

where the inequality becomes an equality if and only if $\zeta = m\mathcal{I}_A(\omega) + M\mathcal{I}_{\Omega \setminus A}(\omega)$ for some random event $A \in \mathcal{F}$. Moreover

\[ (34) \quad E\zeta E\zeta^{-1} \leq \frac{(m + M)^2}{4mM} \]

where the inequality becomes an equality if and only if $\zeta = m\mathcal{I}_A(\omega) + M\mathcal{I}_{\Omega \setminus A}(\omega)$ for some random event $A \in \mathcal{F}$ such that $P(A) = \frac{1}{2}$.

**Proof.** It is necessary to put $\xi^2 = \zeta = \eta^{-2}$ in (6) and (10). $\square$

The following result is given in [9] without any discussion of the case of equality (see also [9] p. 63).

**Corollary 3.1** (Rennie inequality for sums). Let $x_j, 1 \leq j \leq n$, be positive real numbers and let $\pi_j \geq 0$ for all $1 \leq j \leq n$ and $\sum_{j=1}^{n} \pi_j = 1$. Then

\[ (35) \quad \sum_{j=1}^{n} x_j \pi_j + mM \sum_{j=1}^{n} \frac{\pi_j}{x_j} \leq m + M, \]

where $m$ and $M$ are the minimal and maximal terms of the sequence $\{x_j\}$.

Inequality (35) becomes an equality if and only if $x_j \in \{m, M\}, j = 1, \ldots, n$. 

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Proof. Consider a random variable \( \zeta \) with the distribution \( \mathbb{P}(\zeta = x_j) = \pi_j \). Applying (34) we get (35).

Let \( I \subseteq \{1, \ldots, n\} \). Put \( x_j = m \) for \( j \in I \) and \( x_j = M \) for \( j \notin I \). Since
\[
\sum_{j=1}^n x_j \pi_j + mM = m \sum_{j \in I} \pi_j + M \sum_{j \notin I} \pi_j + M \left( \frac{1}{m} \sum_{j \in I} \pi_j + \frac{1}{M} \sum_{j \notin I} \pi_j \right) = m + M,
\]
Corollary 3.1 is proved.

**Corollary 3.2** (Rennie inequality for integrals). Let \( f, 1/f \in L^1_w[a, b] \) where \( w(x) \geq 0 \) and \( \int_a^b w(x) \, dx = 1 \). If \( 0 < m \leq f(x) \leq M \) for all \( x \in [a, b] \), then
\[
\int_a^b f(x)w(x) \, dx + mM \int_a^b \frac{w(x)}{f(x)} \, dx \leq m + M.
\]
The inequality becomes an equality if and only if \( f(x) = m \chi_S(x) + M \chi_{[a, b] \setminus S}(x) \) for some Borel set \( S \subseteq [a, b] \).

**Corollary 3.3** (Weighted Schweitzer inequality for sums). Let
\[
0 < m \leq x_j \leq M, \quad \pi_j \geq 0, \quad j = 1, \ldots, n,
\]
and moreover \( \sum_{j=1}^n \pi_j = 1 \). Then
\[
\sum_{j=1}^n x_j \pi_j \sum_{j=1}^n \frac{\pi_j}{x_j} \leq \frac{(m + M)^2}{4mM}.
\]
The inequality becomes an equality if and only if \( n \) is even \( (n = 2\lambda) \), \( \sum_{l=1}^{\lambda} \pi_l = 1/2 \), and
\[
x_{j_1} = \cdots = x_{j_\lambda} = m, \quad x_{j_{\lambda+1}} = \cdots = x_{j_n} = M, \quad j_l \in \{1, \ldots, n\}.
\]

**Corollary 3.4** (Weighted Schweitzer inequality for integrals). Let
\[
f \in L^1_w[a, b] \quad \text{and} \quad 1/f \in L^1_w[a, b]
\]
where \( w(x) \geq 0 \) and \( \int_a^b w(x) \, dx = 1 \). If \( 0 < m \leq f(x) \leq M \) for all \( x \in [a, b] \), then
\[
\int_a^b f(x)w(x) \, dx \int_a^b \frac{w(x)}{f(x)} \, dx \leq \frac{(m + M)^2}{4mM}.
\]
The inequality becomes an equality if and only if \( f(x) = m \chi_S(x) + M \chi_{[a, b] \setminus S}(x) \) for some Borel set \( S \subseteq [a, b] \) whose Lebesgue measure \( |S| \) is equal to \( (b - a)/2 \).

The Schweitzer inequality can be found in [10] for both sums and integrals. If a random variable
\[
\xi \sim \mathbb{P}(\xi = x_j) = \pi_j = 1/n, \quad j = 1, \ldots, n,
\]
is defined on some probability space \( (\Omega, \mathcal{P}(\Omega), \mathbb{P}) \), then (34) implies that
\[
\sum_{j=1}^n x_j \sum_{j=1}^n \frac{1}{x_j} \leq \frac{(m + M)^2 n^2}{4mM},
\]
which coincides with the Schweitzer inequality for sums.

If \( \xi \sim \mathcal{U}[a, b] \) in (39), that is, \( w(x) = (b - a)^{-1} \chi_{[a, b]}(x) \), then
\[
\int_a^b f(x) \, dx \int_a^b \frac{dx}{f(x)} \leq \frac{(m + M)^2}{4mM} (b - a)^2.
\]
This is the original Schweitzer inequality proved in [10]. Other related results can be found in [6] pp. 60–61, [8] pp. 71 and 253–255.
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Bibliography


Faculty of Maritime Studies, University of Rijeka, Studentska 2, 51000 Rijeka, Croatia
E-mail address: pogan@brod.pfri.hr

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