## THE NORM OF A HERMITIAN ELEMENT IN A BANACH ALGEBRA

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ABSTRACT. We prove that the norm of a hermitian element in a Banach algebra is equal to the spectral radius of the element.

An element h in a complex Banach algebra with identity (of norm 1) is said to be hermitian if  $\|\exp i\alpha h\| = 1$  for all real  $\alpha$  [6], [3, Definition 5.1]. I. Vidav uses a Phragmén-Lindelöf theorem to show that the numerical radius [3, Definition 2.1] of a hermitian element is equal to its spectral radius [6, p. 123, Hilfssatz 3], [3, Theorem 5.10]. We show that the norm of  $h+\beta 1$  is equal to the spectral radius of  $h+\beta 1$  for h a hermitian element and  $\beta$  a complex number (Proposition 2). The proof uses a generalisation of Bernstein's theorem which gives a bound on the derivative of an entire function along the real line. F. F. Bonsall and M. J. Crabb [2] have recently given an elementary proof of our Proposition 2 when  $\beta$  is zero (which is equivalent to  $\beta$  real). In Lemma 5 and Proposition 6 we construct a norm on the algebra of polynomials, in one indeterminate x, which is maximal with respect to the property that x is hermitian of norm one.

An entire function F is said to be of order R if

$$R = \limsup_{\alpha \to \infty} \frac{\log \log M(\alpha)}{\log \alpha}$$

where  $M(\alpha)$  denotes  $\sup\{|F(z)|: |z| \le \alpha\}$ . An entire function of finite order R is said to be of type T if

$$T = \limsup_{\alpha \to \infty} \alpha^{-R} \log M(\alpha).$$

If the entire function F is of order less than 1 or F is of order 1 and type less than or equal to T, we say F is of exponential type T [1, p. 8]. G. Lumer and R. S. Phillips [5, p. 685, Theorem 2.3] prove the following lemma when x is topologically nilpotent. Let  $\nu(x)$  denote the spectral radius of an element x.

1. LEMMA. Let A be a Banach algebra with identity. For each continuous linear functional f on A and each x in A, the entire function  $\lambda \rightarrow f(\exp \lambda x)$  is of exponential type  $\nu(x)$ .

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PROOF. Since  $|f(\exp \lambda x)| \le ||f|| \cdot \exp |\lambda| \cdot ||x||$ , we see that the order of  $f(\exp \lambda x)$  is less than or equal to 1. Suppose that the order of  $f(\exp \lambda x)$  is 1. The *n*th derivative of  $f(\exp \lambda x)$  at zero is  $f(x^n)$ . Thus, by equation 2.2.12 of [1, p. 11], the type of  $f(\exp \lambda x)$  is equal to  $\limsup_{n\to\infty} |f(x^n)|^{1/n}$ , which is less than or equal to the spectral radius of x. This completes the proof.

Alternatively Lemma 1 may be proved using [3, Theorem 3.8].

For each x in A that is not topologically nilpotent there is a continuous linear functional f on A with ||f|| = f(1) = 1 such that  $f(\exp \lambda x)$  has order 1 and type  $\nu(x)$ . Let B be a closed commutative subalgebra of A containing x and 1, and let  $\theta$  be a character on B such that the modulus of  $\theta(x)$  is equal to  $\nu(x)$ . By the Hahn-Banach theorem there is an extension f of  $\theta$  to A of norm 1. Then  $f(\exp \lambda x) = \exp \lambda \theta(x)$ , which is of order 1 and type  $\nu(x)$ .

2. PROPOSITION. Let A be a Banach algebra with identity. Then  $||h+\beta 1|| = \nu(h+\beta 1)$  for each hermitian element h and each complex number  $\beta$ .

PROOF. Because the sum of two hermitian elements is hermitian and a real multiple of the identity is hermitian [6, p. 122, Hilfssatz 2], [3, Lemma 5.4], we have to prove  $||h+\beta 1|| = \nu(h+\beta 1)$  only when  $\beta$  is imaginary. Let  $\gamma$  be a real number, and let f be a continuous linear functional on A of norm 1 with  $f(h+i\gamma 1) = ||h+i\gamma 1||$ . Then, by Lemma 1,  $\lambda \rightarrow f(\exp \lambda ih)$  is an entire function of exponential type  $\nu(h)$  whose modulus is bounded by 1 for all real  $\lambda$ . We now state a generalization of a theorem of S. Bernstein [4, Theorem 1], [1, Chapter 11]. If F is an entire function of exponential type T whose modulus is bounded by 1 for all real  $\lambda$ , then

(1) 
$$|F'(\lambda) - \alpha F(\lambda)| \leq (T^2 + \alpha^2)^{1/2}$$

for all real  $\lambda$  and  $\alpha$ , where 'denotes differentiation with respect to  $\lambda$ . Although the hypotheses of [4, Theorem 1] are not stated in terms of the type of an entire function it is a routine matter to write them in this form so that (1) is a special case of [4, Theorem 1]. Alternatively, when T is nonzero this inequality may be obtained from inequality 11.4.5 of [1, p. 214] by substituting  $\alpha = -T \tan \omega$  (see also [1, p. 211 and p. 222]).

We apply (1) with  $F(\lambda) = f(\exp \lambda i h)$  and  $\lambda = 0$  obtaining

(2) 
$$||h+i\gamma 1|| = |f(h)+i\gamma f(1)| \le |\nu(h)+i\gamma|$$

since the derivative of  $f(\exp \lambda ih)$  is  $f(ih \exp \lambda ih)$ . Since the spectrum

of h is contained in the real line [6, p. 122, Hilfssatz 2] and  $\gamma$  is real,

(3) 
$$\nu(h+i\gamma 1) = |\nu(h)+i\lambda|.$$

Combining (2) and (3) completes the proof.

We shall require the following corollary in Proposition 6.

3. COROLLARY. If Q is a polynomial, with complex coefficients, whose zeros lie on the imaginary axis, and if h is a hermitian element, then ||Q(h)|| = |Q(||h||)|.

PROOF. The spectrum of h is contained in the real line, and so, by Proposition 2,  $\|h\|$  or  $-\|h\|$  is in  $\sigma(h)$ . Thus  $\nu(h-\alpha 1)=|\|h\|-\alpha|$  for all imaginary  $\alpha$ . Proposition 2 now implies that  $\|h-\alpha 1\|=|\|h\|-\alpha|$ . We factorise Q(h) into linear factors and use this result and the submultiplicativity of the norm to obtain  $\|Q(h)\| \le |Q(\|h\|)|$ . As all the zeros of Q lie on the imaginary axis,  $|Q(\|h\|)| = |Q(-\|h\|)|$ . This and the result that  $\|h\|$  or  $-\|h\|$  is in  $\sigma(h)$  imply that  $|Q(\|h\|)| \le \nu(Q(h))$   $\le \|Q(h)\|$ , which completes the proof.

Alternatively Corollary 3 may be proved directly from Lemma 1 by using Theorems 11.7.7, 7.8.3, and 11.7.2 of [1].

4. DEFINITION. Let C(x) be the algebra of all polynomials in x with complex coefficients, and let L be the set of all constants, and all polynomials whose zeros lie on the imaginary axis in the complex plane. Then every polynomial P in C(x) is the sum of a finite number of polynomials in L. Let  $\alpha$  be positive real number. We define  $\|\cdot\|_0$  on C(x) by

$$||P||_0 = \inf \left\{ \sum_j |Q_j(\alpha)| : P = \sum_j Q_j, Q_j \in L \text{ all } j \right\},$$
 and  $||\cdot||_{\infty}$  on  $C(x)$  by

$$||P||_{\infty} = \sup\{|P(\lambda)|: -\alpha \leq \lambda \leq \alpha\}.$$

5. LEMMA. Let  $\alpha$  be a positive real number. Then  $\|\cdot\|_0$  (and  $\|\cdot\|_{\infty}$ ) is an algebra norm on C(x),  $\|\cdot\|_0 \ge \|\cdot\|_{\infty}$ , and x is a hermitian element in the completion of  $(C(x), \|\cdot\|_0)$  with spectrum the interval  $[-\alpha, \alpha]$ .

PROOF. If Q is in L, then  $\beta \rightarrow |Q(\beta)|$  is a monotonically increasing function of positive real  $\beta$ , as may be seen by factorising Q into linear factors and noting that the zeros of Q lie on the imaginary axis so that  $\beta \rightarrow |\beta - \gamma|$  is a monotonically increasing function for each zero  $\gamma$  of Q. Let  $P = \sum_j Q_j$  with  $Q_j$  in L, and let  $-\alpha \le \lambda \le \alpha$ . Then  $|P(\lambda)| \le \sum_j |Q_j(\lambda)| = \sum_j |Q_j(|\lambda|)|$  since  $\lambda$  is real, since the zeros of  $Q_j$  lie on the imaginary axis, and since  $|\lambda + i\alpha| = |-\lambda + i\alpha|$  for all  $\alpha$ . There-

fore  $|P(\lambda)| \leq \sum_{j} |Q_{j}(\alpha)|$ , so that  $||P||_{\infty} \leq ||P||_{0}$ . If  $||P||_{0} = 0$ , P is zero on  $[-\alpha, \alpha]$  and so P = 0. An elementary calculation now shows that  $||\cdot||_{0}$  is an algebra norm on C(x).

Let A be the completion of C(x) in  $\|\cdot\|_0$ . Then, for all real t, exp itx is the  $\|\cdot\|_0$  = limit of  $(1+i/n\cdot tx)^n$  as n tends to infinity [3, Theorem 3.3]. Now  $\|(1+i/n\cdot tx)^n\|_0 \le |(1+i/n\cdot t\alpha)^n|$ , so that, taking limits as n tends to infinity, we obtain  $\|\exp itx\|_0 \le |\exp it\alpha| = 1$ . Therefore  $\|\exp itx\|_0 = 1$  for all real t, so that x is a hermitian element in A.

Since x is hermitian and  $||x||_0 \le \alpha$ , the spectrum of x in A is contained in the interval  $[-\alpha, \alpha]$ . For each  $\lambda$  in  $[-\alpha, \alpha]$  the function  $P \rightarrow P(\lambda)$ :  $C(x) \rightarrow C$  is a continuous character on C(x) taking the value  $\lambda$  at x. This shows that the spectrum of x in A is  $[-\alpha, \alpha]$ , and completes the proof.

The norm  $\|\cdot\|_0$  given above is the maximal norm on C(x) such that x is hermitian with  $\|x\| = \alpha$ .

6. PROPOSITION. Let  $\alpha$  be a positive real number, let A be a Banach algebra with identity, and let h be in A. Then h is hermitian with  $||h|| \le \alpha$  if, and only if,  $||P(h)|| \le ||P||_0$  for all P in C(x).

PROOF. If h is hermitian with  $||h|| \le \alpha$ , then, for each Q in L,  $||Q(h)|| = |Q(||h||)| \le |Q(\alpha)|$  by Corollary 3 and the monotonicity of  $|Q(\alpha)|$ , which we proved in Lemma 5. Thus  $||P(h)|| \le \sum_j |Q_j(\alpha)|$  for all  $Q_j$  in L with  $P = \sum_j Q_j$ , so that  $||P(h)|| \le ||P||_0$  for all P in C(x).

Conversely, suppose that  $||P(h)|| \le ||P||_0$  for all P in C(x). Then, by [3, Theorem 3.3],

$$\begin{aligned} \left\| \exp ith \right\| &= \lim_{n \to \infty} \left\| (1 + i/n \cdot th)^n \right\| \leq \lim_{n \to \infty} \left\| (1 + i/n \cdot tx)^n \right\|_0 \\ &= \left\| \exp itx \right\|_0 = 1 \end{aligned}$$

for all real t. This implies that  $\|\exp ith\| = 1$  for all real t, and completes the proof since  $\|h\| \le \|x\|_0 \le \alpha$ .

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