ON THE DISTORTION OF *n*-DIMENSIONAL QUASICONFORMAL MAPPINGS

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ABSTRACT. A new upper bound c(n, K) for the linear dilatation of a K-quasiconformal mapping of a domain in \mathbb{R}^n is proved. This upper bound substantially improves the previously known n-dimensional bound and it is asymptotically sharp when n = 2.

1. Introduction. In this paper we shall prove some theorems about the distortion of quasiconformal mappings defined on the *n*-dimensional Möbius space $\overline{R}^n = R^n \cup \{\infty\}$, $n \ge 2$, equipped with the spherical metric q,

(1.1)
$$q(x,y) = |x-y| (1+|x|^2)^{-1/2} (1+|y|^2)^{-1/2}; \qquad x \neq \infty \neq y,$$
$$q(x,\infty) = (1+|x|^2)^{-1/2}; \qquad x \in \mathbb{R}^n.$$

Besides the spherical metric we shall often require the Poincaré metric of $R_+^n = \{(x_1, \dots, x_n) \in R^n : x_n > 0\}$ denoted by ρ or $\rho_{R_+^n}$.

In his recent book, A. F. Beardon [B, p. 42] proved the following theorem which yields the sharp Lipschitz constant of a Möbius transformation in the spherical metric.

1.2. THEOREM. If $f: \overline{R}^n \to \overline{R}^n$ is a Möbius transformation and $f^*: \overline{R}^{n+1} \to \overline{R}^{n+1}$ is its Poincaré extension with $f^*R_+^{n+1} = R_+^{n+1}$, then

$$\operatorname{Lip}(f) = \sup_{x \neq y} \frac{q(f(x), f(y))}{q(x, y)} = \exp \rho_{R_{+}^{n+1}}(e_{n+1}, f^{*}(e_{n+1})).$$

We shall extend this result to the case of quasiconformal mappings. Since quasiconformal mappings are locally Hölder continuous with an exponent which may be less than one, the above supremum may be infinite in the case of these mappings. In order to circumvent this technical difficulty we introduce

(1.3)
$$\delta_f = \inf\{q(x,y): q(f(x),f(y)) \ge 1/2\} \in [0,1]$$

whenever $f: \overline{R}^n \to \overline{R}^n$ is a continuous mapping. Then, if f is a Möbius transformation,

$$\operatorname{Lip}(f) \leqslant 1/\delta_f \leqslant 2\operatorname{Lip}(f)$$

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(see Corollary 2.12). Assume now that $f: \overline{R}^n \to \overline{R}^n$ is a K-quasiconformal mapping and let $f^*: \overline{R}^{n+1} \to \overline{R}^{n+1}$ be its K^* -quasiconformal extension with $K^* = K^*(n, K)$ (see Tukia and Väisälä [TV]). We shall prove the following quasiconformal version of Theorem 1.2.

- 1.4. THEOREM. If $f: \overline{R}^n \to \overline{R}^n$ is a K-quasiconformal mapping, $f^*: \overline{R}^{n+1} \to \overline{R}^{n+1}$ is its extension as above and δ_f is as in (1.3), then
- (1) $q(f(x), f(y)) \leq (\lambda_n / \sqrt{3})(q(x, y) / \delta_f)^{\alpha}$, where $\alpha = K^{1/(1-n)}$ and λ_n is a number depending only on n.

 Moreover.
- (2) $a_1 \leq \exp \rho_{R_+^{n+1}}(e_{n+1}, f^*(e_{n+1})) \leq a_2$, where a_1 and a_2 are positive numbers depending only on n, K^* , and δ_f .

Let G be a domain in R^n and let $f: G \to R^n$ be a continuous mapping. The linear dilatation of f at $x \in G$ is defined as

$$H(x,f) = \limsup_{r \to 0} \frac{L(x,f,r)}{l(x,f,r)},$$

where for $r \in (0, d(x, \hat{v}G))$,

$$L(x, f, r) = \max\{|f(z) - f(x)|: |z - x| = r\},\$$

$$l(x, f, r) = \min\{|f(z) - f(x)|: |z - x| = r\}.$$

The main result of this paper is

1.5. THEOREM. Let G be a domain in R^n and let $f: G \to fG \subset R^n$ be a K-quasiconformal mapping. Then

(1.6)
$$H(x,f) \leq 1 + \tau^{-1}(\tau(1)/K) = c(n,K),$$

where $\tau(s)$ stands for the capacity of the Teichmüller ring in \mathbb{R}^n .

For n=2, A. Mori [M, pp. 61–62] proved a result similar to Theorem 1.5 and his result was generalized to the higher dimensional case by F. W. Gehring [G1, p. 371], however, with a constant d(n, K) > c(n, K). For n=2 the best possible constant $\lambda(K)$ in Theorem 1.5 was found by O. Lehto, K. I. Virtanen and J. Väisälä [LVV, p. 8]. The constant c(n, K) in (1.6) seems to be the smallest constant applicable to all dimensions $n \ge 2$. In the particular case n=2 it is asymptotically sharp, i.e. $c(2, K)/\lambda(K) \to 1$ as $K \to \infty$ while $d(2, K)/\lambda(K) \to 16$ as $K \to \infty$ (see (3.4)–(3.11)). Several other inequalities relating c(n, K), d(n, K) and $\lambda(K)$ to each other will be proved elsewhere [AVV]. By [AVV], 10c(n, K) < d(n, K) for $n \ge 2$.

Finally, we remark that Theorem 1.5 can be immediately extended to the case of quasiregular mappings in R^n , $n \ge 2$ (see Remark 3.2 below). As a result, one obtains an upper bound for the linear dilatation of these mappings, which improves the previously known bound due to Yu. G. Reshetnyak [R, Theorem 1, p. 1312] and O. Martio, S. Rickman and J. Väisälä [MRV, Theorem 4.5, p. 19].

2. Preliminary results. We shall adopt the relatively standard notation and terminology of [V]. The coordinate unit vectors in R^n are e_1, \ldots, e_n . If $x, y \in R^n$, then we denote $[x, y] = \{tx + (1 - t)y : 0 \le t \le 1\}$ and similarly for open or

half-open segments. If $x \in R^n \setminus \{0\}$, then $[x, \infty) = \{ux: u \ge 1\}$. For $x \in R^n$ and r > 0 let $B^n(x, r) = \{z \in R^n: |x - z| < r\}$, $S^{n-1}(x, r) = \partial B^n(x, r)$, $B^n(r) = B^n(0, r)$, $S^{n-1}(r) = \partial B^n(r)$, $B^n = B^n(1)$, and $S^{n-1} = \partial B^n$.

For the definition and some properties of the modulus $M(\Delta)$ of a curve family Δ the reader is referred to [G3, V]. If E, F, G are subsets of R^n or \overline{R}^n , then $\Delta(E, F; G)$ stands for the family of all curves joining E to F in G (see [V, p. 21]). If $G = R^n$ or $G = \overline{R}^n$ we denote $\Delta(E, F; G) = \Delta(E, F)$. If G and G' are domains in R^n or \overline{R}^n , E, $F \subset G$, and if $f: G \to G'$ is a K-quasiconformal mapping, then $f\Delta(E, F; G) = \Delta(fE, fF; G')$ and (cf. [V, 13.1])

$$(2.1) M(\Delta(E, F; G))/K \leq M(\Delta(fE, fF; G')) \leq KM(\Delta(E, F; G)).$$

A ring in \overline{R}^n is a domain such that its complement has exactly two components. By definition, the complementary components of the Teichmüller ring $R_T(s)$ are $[-e_1,0]$ and $[se_1,\infty)$, $s\in(0,\infty)$, while those of the Grötzsch ring $R_G(s)$ are \overline{B}^n and $[se_1,\infty)$, $s\in(1,\infty)$. The capacities of these rings, denoted by $\operatorname{cap} R_T(s)$ and $\operatorname{cap} R_G(s)$ respectively, are strictly decreasing functions of s. Some properties of $\operatorname{cap} R_T(s)$ are given in [G3]. A basic formula is

(2.2)
$$\operatorname{cap} R_G(t) = 2^{n-1} \operatorname{cap} R_T(t^2 - 1)$$

for $t \in (1, \infty)$. We denote $\tau(s) = \operatorname{cap} R_T(s)$. The well-known equality $\tau(s) = M(\Delta([-e_1, 0], [se_1, \infty)))$ will often be used.

- 2.3. LEMMA. Let G be a domain in R^n with $0, x, y \in G$ and assume $0 < |x| < |y| < d(0, \partial G)/2$. If $\tau(s) = \operatorname{cap} R_T(s)$, then
 - (1) $M(\Delta([0, x], [y, \infty); G)) \le \tau(|y|/|x| 1).$
- If E and F are continua with $0, x \in E \subset \overline{B}^n(|x|), y \in F, F \cap \partial G \neq \emptyset$, then
 - (2) $M(\Delta(E, F; G)) \ge \tau(|y|/|x|) 2\omega_{n-1}(\log(d(0, \partial G)/|x|))^{1-n}$.

PROOF. Part (1) is a recent result due to F. W. Gehring and it will be published elsewhere [Vu2, 2.58].

To prove part (2) perform a spherical symmetrization of E and F in the positive and negative x_1 -axis, respectively, with center at 0. Denote the symmetrized sets by E^* , F^* . Then by [G3, Theorem 3, p. 225],

$$M(\Delta(E, F; R^n)) \geqslant M(\Delta(E^*, F^*; R^n)).$$

Also by [V, 6.2, 7.5],

$$M(\Delta(E^*, F^*; R^n)) + \omega_{n-1} \left(\log \frac{d(0, \partial G)}{|x|}\right)^{1-n} \geqslant \tau(|y|/|x|),$$

$$M(\Delta(E, F; G)) + \omega_{n-1} \left(\log \frac{d(0, \partial G)}{|x|}\right)^{1-n} \geqslant M(\Delta(E, F; R^n)).$$

In combination, these inequalities yield the desired lower bound (2).

2.4. Möbius transformations of B^n . As shown in [A, p. 24] (see also [B, pp. 36-42]) a sense-preserving Möbius transformation T_a : $\overline{R}^n \to \overline{R}^n$ with $T_a B^n = B^n$ and $T_a(a) = 0$, where $a \in B^n$ is a prescribed point, can be constructed as follows. If a = 0, set

 $T_a = I$ (identity). If $a \in B^n \setminus \{0\}$, define $T_a(x) = (p_a \circ \sigma_a)(x)$, where σ_a is an inversion in the sphere $S^{n-1}(a/|a|^2, r)$, $r = \sqrt{|a|^{-2} - 1}$, orthogonal to S^{n-1} , i.e.

(2.5)
$$\sigma_a(x) = a^* + r^2(x - a^*)^*, \qquad u^* = u/|u|^2$$

and p_a is a reflection in the (n-1)-dimensional plane orthogonal to a containing 0. Conversely, a prescribed Möbius transformation $g: \overline{R}^n \to \overline{R}^n$ with $gB^n = B^n$ has a canonical representation [A, p.24; B, pp. 36-42]

$$(2.6) g = k \circ T_a; k \in O(n), a \in B^n,$$

where O(n) is the set of all orthogonal mappings. We shall employ the Poincaré metric ρ of B^n defined by the element of length $d\rho = 2|dx|/(1-|x|^2)$. The Poincaré metric of the halfspace R_+^n is defined by $d\rho = |dx|/x_n$.

2.7. Möbius transformations of \overline{R}^n . We shall identify \overline{R}^n with the Riemann sphere $S^n(e_{n+1}/2, 1/2) \subset R^{n+1}$ via the stereographic projection $\pi: \overline{R}^n \to S^n(e_{n+1}/2, 1/2)$,

(2.8)
$$\pi(x) = e_{n+1} + (x - e_{n+1})^*.$$

The stereographic projection can be used to define the spherical (chordal) metric q, see (1.1), by the formula $q(x, y) = |\pi(x) - \pi(y)|$ for $x, y \in \overline{R}^n$. For $x \in \overline{R}^n$ we define $\tilde{x} \in \overline{R}^n$ such that $\pi(x)$ and $\pi(\tilde{x})$ are antipodal (diametrically opposite) points on the Riemann sphere, i.e. $\tilde{0} = \infty$, $\tilde{\infty} = 0$, and $\tilde{x} = -x/|x|^2$ for $x \in R^n \setminus \{0\}$. For $x \in \overline{R}^n$, $r \in (0,1)$, let $Q(x,r) = \{z \in \overline{R}^n : q(z,x) < r\}$. By virtue of the Pythagorean theorem $Q(x,r) = \overline{R}^n \setminus \overline{Q}(\tilde{x},\sqrt{1-r^2})$. Hence $\pi Q(x,1/\sqrt{2})$ is a hemisphere of the Riemann sphere, $x \in \overline{R}^n$. We call a Möbius transformation preserving all spherical distances a spherical isometry. We denote by $h_z : \overline{R}^n \to \overline{R}^n$ a sense-preserving spherical isometry such that $h_z(z) = 0$ [V, 12.2]. It follows from (1.1) that for $r \in (0,1)$

(2.9)
$$h_{r}Q(z,r) = Q(0,r) = B^{n}(w(r)); \quad w(r) = r/\sqrt{1-r^{2}},$$

for all $z \in \overline{R}^n$. We shall identify \overline{R}^n with the subset $\{x \in R^{n+1}: x_{n+1} = 0\} \cup \{\infty\}$ of \overline{R}^{n+1} . Each Möbius transformation $f : \overline{R}^n \to \overline{R}^n$ has an extension $f : \overline{R}^{n+1} \to \overline{R}^{n+1}$, the so-called Poincaré extension [**B**, p. 33], such that f * is a Möbius transformation with $f * R_+^{n+1} = R_+^{n+1}$ and $f * | \overline{R}^n = f$.

For a continuous mapping $f: \overline{R}^n \to \overline{R}^n$ and $t \in (0,1]$ we define

(2.10)
$$\delta_f^t = \inf \{ q(x, y) \colon q(f(x), f(y)) = t, x, y \in \overline{R}^n \}.$$

If δ_f is the number in (1.3), then clearly $\delta_f = \delta_f^{1/2}$.

2.11. Lemma. Let $f: \overline{R}^n \to \overline{R}^n$ be a Möbius transformation, let $f^*: \overline{R}^{n+1} \to \overline{R}^{n+1}$ be its Poincaré extension, and let $\rho = \rho_{R^{n+1}}(e_{n+1}, f^*(e_{n+1}))$. Then

$$te^{-\rho} \leqslant \delta_f^t \leqslant 2t/(e^{\rho} + e^{-\rho})$$

for all $t \in (0, 1]$.

PROOF. The first inequality follows directly from Theorem 1.2 and from the definition (2.10). For the proof of the second inequality we note that the spherical distances change under f in the same way as the euclidean distances change under

 $\pi \circ f \circ \pi^{-1}$, where π is the stereographic projection (2.8). Then $\pi \circ f \circ \pi^{-1}$ is a Möbius self-mapping of the Riemann sphere. By performing an auxiliary translation followed by a stretching with factor 2 we may assume that f is initially defined on S^n and maps onto $S^n \subset R^{n+1}$. Formula (2.6) applied to the Poincaré extension of f shows that $f = k \circ T_a | S^n$, where $k \in O(n+1)$, $\rho_{B^{n+1}}(0,a) = \rho$, $T_a = p_a \circ \sigma_a$. Because k and p_a are euclidean isometries, it follows that the change of distances under f is caused by the inversion σ_a . Fix x_t , $y_t \in S^n$ such that $|\sigma_a(x_t) - \sigma_a(y_t)| = 2t$ and

$$|x_t - a^*| = |y_t - a^*| \le |\sigma_a(x_t) - a^*|,$$

where $a^* = a/|a|^2$ and such that the vectors $x_t - a^*$, a, $y_t - a^*$ are coplanar. Denote $u_1 = |x_t - a^*|$ and $u_2 = |\sigma_a(x_t) - a^*|$. By elementary geometry, $u_1u_2 = |a|^{-2} - 1$. The properties of similar triangles yield

$$|x_t - y_t| = 2u_1 t/u_2 = 2t(|a|^{-2} - 1)/u_2^2$$
.

From the choice of x_t it follows that $u_2^2 = 1 + |a|^{-2} + 2|a|^{-1}\sqrt{1 - t^2}$ and hence

$$|x_t - y_t| \le \frac{2(|a|^{-2} - 1)t}{1 + |a|^{-2}} = \frac{4t}{e^{\rho} + e^{-\rho}}$$

because $\rho = \log((1 + |a|)/(1 - |a|))$.

2.12. COROLLARY. If δ_f is as in (1.3) and f is as in Lemma 2.11, then $e^{-\rho}/2 \le \delta_f \le 1/(e^{\rho} + e^{-\rho}), \quad \operatorname{Lip}(f) \le 1/\delta_f \le 2\operatorname{Lip}(f).$

PROOF. The proof follows from Lemma 2.11 and the fact that $Lip(f) = e^{\rho}$ (cf. 1.2).

3. The main results.

PROOF OF THEOREM 1.4(1). Let h_z : $\overline{R}^n \to \overline{R}^n$ be a spherical isometry as in (2.9) with $h_z(z) = 0$. Because the inequality 1.4(1) is invariant under spherical isometries, we may as well assume x = 0, f(x) = 0, by considering $g = h_{f(x)} \circ f \circ h_x^{-1}$ (note that $\delta_f = \delta_g$). By (2.9) and the definition of δ_f we see that f maps $B^n(w(\delta_f))$ into $B^n(1/\sqrt{3})$. By the quasiconformal version of the Schwarz lemma [G3, V, 18.2; Vu2, 3.3] we obtain for $x, y \in \overline{R}^n$ with $q(x, y) < \delta_f$,

$$\sqrt{3} q(f(x), f(y)) \leq \frac{w(q(f(x), f(y)))}{w(1/2)}$$

$$\leq \lambda_n \left(\frac{w(q(x, y))}{w(\delta_f)}\right)^{\alpha} \leq \lambda_n \left(\frac{q(x, y)}{\delta_f}\right)^{\alpha},$$

where λ_n is a positive constant depending only on n and the function w is as in (2.9). Because $4 \le \lambda_n < e^n$ (cf. [GO, p. 61, (3.3)]), the above inequality holds trivially for $q(x, y) \ge \delta_t$, and the proof is thereby completed.

PROOF OF THEOREM 1.5. We may assume x = 0 = f(x). Fix $r \in (0, d(0, \partial G)/2)$ and choose $x_r, y_r \in S^{n-1}(x, r)$ such that $|f(x_r) - f(x)| = L(x, f, r)$ and $|f(y_r) - f(x)| = l(x, f, r)$. Let $\Gamma' = \Delta([0, f(y_r)], [f(x_r), \infty)$; fG) and $\Gamma = f^{-1}\Gamma'$. It follows

from (2.1) and Lemma 2.3(1) that

$$M(\Gamma) \leq KM(\Gamma') \leq K\tau((|f(x_r)|/|f(y_r)|) - 1)$$

and from Lemma 2.3(2) that

$$M(\Gamma) \geqslant \tau(1) - 2\omega_{n-1} \left(\log \frac{d(0,\partial G)}{r}\right)^{1-n}$$
.

Letting $r \to 0$ yields $\tau(1)/K \le \tau(H(0, f) - 1)$. The inequality (1.6) follows, since τ is strictly decreasing.

3.1. COROLLARY. Let $f: \mathbb{R}^n \to \mathbb{R}^n$ be a K-quasiconformal mapping with f(0) = 0. Then

$$|f(x)| \le c(n,K)|f(y)|$$

for $|x| \le |y|$, where c(n, K) is as defined in (1.6).

PROOF. The proof is similar to the above proof.

3.2. REMARK. With small changes the proof of Theorem 1.5 and Theorem 3.2 in [MRV] yield a similar upper bound for the linear dilatation of a quasiregular mapping: if $f: G \to \mathbb{R}^n$ is quasiregular and $x \in G$, then

(3.3)
$$H(x, f) \le c(n, i(x, f)K_0(f)),$$

where i(x, f) is the local topological index of f at x (see [MRV, p. 11]) and $K_0(f)$ is the outer dilatation of f (see [MRV, p. 14]). The inequality (3.3) improves the bounds of Yu. G. Reshetnyak [R, Theorem 1, p. 1312] and O. Martio, S. Rickman and J. Väisälä [MRV, Theorem 4.5].

Denote $\gamma(s) = \operatorname{cap} R_G(s)$. In view of (2.2) the constant c(n, K) in (1.6) can also be written as

(3.4)
$$c(n,K) = \left[\gamma^{-1} \left(\gamma(\sqrt{2}) / K \right) \right]^2 = \left[\gamma^{-1} \left(2^{n-1} \tau(1) / K \right) \right]^2.$$

In particular, c(n, 1) = 2. It is easy to see that (cf. e.g. [Vu2, 2.16])

(3.5)
$$\gamma(s) \leq \omega_{n-1} \left(\log(s + \sqrt{s^2 - 1}) \right)^{1-n}, \\ \gamma^{-1}(u) \leq \cosh \left[\left(\omega_{n-1} / u \right)^{1/(n-1)} \right],$$

where ω_{n-1} is the area of S^{n-1} . Now (3.4) and (3.5) give

(3.6)
$$c(n, K) \le \cosh^2 \left[\left(\frac{K\omega_{n-1}}{\gamma(\sqrt{2})} \right)^{1/(n-1)} \right] = \cosh^2 \left[\frac{1}{2} \left(\frac{K\omega_{n-1}}{\tau(1)} \right)^{1/(n-1)} \right].$$

A. Mori [M, p. 61] proved Theorem 1.5 for n = 2 with the constant $e^{\pi K}$ and an *n*-dimensional version of his result due to F. W. Gehring [G1, Lemma 8, p. 371] yields Theorem 1.5 for $n \ge 2$ with the constant

(3.7)
$$d(n,K) = \exp\left[\left(\frac{K\omega_{n-1}}{\tau(1)}\right)^{1/(n-1)}\right], \quad d(2,K) = e^{\pi K}.$$

It follows from (3.6) that c(n, K) is strictly smaller than d(n, K).

For n = 2 the best possible constant $\lambda(K)$ in Theorem 1.5,

(3.8)
$$\lambda(K) = \frac{1}{16}e^{\pi K} - \frac{1}{2} + \delta(K); \quad \delta(K) \in (0, 2e^{-\pi K}),$$

was found by O. Lehto, K. I. Virtanen and J. Väisälä [LVV, p. 12]. We are now going to compare the numerical values of c(2, K) and $\lambda(K)$. Making use of [LV, p. 65] we observe that (3.5) can be improved for n = 2 as follows (here $\gamma_2(s)$ is $\gamma(s)$ with n = 2):

(3.9)
$$\gamma_2(s) \leq 2\pi/\log\left[s\left(1 + \sqrt[4]{1 - s^{-2}}\right)^2\right] \leq 2\pi/\log(s + 3\sqrt{s^2 - 1}),$$

$$\gamma_2^{-1}(u) \leq \left(3\sqrt{\beta^2 + 8} - \beta\right)/8; \qquad \beta = \exp(2\pi/u).$$

By (3.4) and (3.9) we obtain because $\gamma_2(\sqrt{2}) = 4$ [LV, p. 63, (2.8)]

(3.10)
$$c(2, K) \le ((3\sqrt{\beta^2 + 8} - \beta)/8)^2; \quad \beta = \exp(\pi K/2).$$

It follows from (3.8) and (3.10) that $c(2, K)/\lambda(K) \to 1$ as $K \to \infty$, and that for all $K \ge 1$,

(3.11)
$$c(2, K) \le (c^2/64) \exp(\pi K) < \exp(\pi K)/10,$$
$$c = -1 + 3\sqrt{1 + 8e^{-\pi}} = 2.480144....$$

The proof in [LVV] was based on the Teichmüller theory, while the proof of Theorem 1.5 was a straightforward application of the modulus method. The crucial novel feature in its proof is the application of F. W. Gehring's new modulus inequality in Lemma 2.3(1) above.

By a theorem of Tukia and Väisälä [TV] for $n \ge 2$ and $K \ge 1$ there exists a number K^* depending only on n and K such that each K-quasiconformal mapping $f: \overline{R}^n \to \overline{R}^n$ has a K^* -quasiconformal extension $f^*: \overline{R}^{n+1} \to \overline{R}^{n+1}$ such that $f^*|\partial R_+^{n+1} = f$ and $f^*R_+^{n+1} = R_+^{n+1}$. We are now going to prove the second part of Theorem 1.4.

3.12. LEMMA. Let f and f^* be as above and let δ_f be the number defined in (1.3). Then $\delta_f > 0$ and there exist strictly increasing functions β_j : $[0, \infty) \to [0, \infty)$, j = 1, 2, depending only on n and K such that

$$\beta_1(\rho) \leqslant 1/\delta_f \leqslant \beta_2(\rho),$$

where
$$\rho = \rho_{R_{+}^{n+1}}(e_{n+1}, f^{*}(e_{n+1})).$$

PROOF. By performing an auxiliary Möbius transformation h of \overline{R}^{n+1} mapping R_+^{n+1} onto B^{n+1} and e_{n+1} onto 0, we may assume that $f: S^n \to S^n$ initially. Note that 2q(x, y) = |h(x) - h(y)| for all $x, y \in \overline{R}^n$.

We shall first prove the left inequality. Let $f^*(0) = re$, $e \in S^{n-1}$, r > 0. Then $(1+r)/(1-r) = e^{\rho}$. Fix $y_0 \in S^n$ such that $|y_0 + e| = 1$ and let J' be the shorter arc of a circle with radius one in S^n connecting -e with y_0 . Then $J = f^{-1}J'$ is an arc on S^n with $d(J) \ge 2\delta_f$. Let A be a continuum connecting 0 with S^n . From a symmetry property of the modulus [G2, Lemma 1] and from some well-known inequalities (see [Vu1, 1.10, 1.11 or V, pp. 30-40]) it follows that

(3.13)
$$M(\Delta(A: J; \overline{B}^{n+1})) \geqslant 2^{-1}3^{-n-4}(\log 2) c_{n+1} \delta_f = a_n \delta_f,$$

where a_n is a positive number depending only on n. It follows from [V. 7.5] that

(3.14)
$$M(\Delta([re,e], J')) \leq \omega_n \left(\log \frac{\sqrt{3}}{1-r}\right)^{-n} = \omega_n \left(\log \frac{\sqrt{3}}{2} (1+e^{\rho})\right)^{-n}$$
.

Applying (3.13) with $A = f^{*-1}[re, e]$ we obtain by (2.1)

$$a_n \delta_f \leqslant \omega_n \left(\log \frac{\sqrt{3}}{2} (1 + e^{\rho})\right)^{-n} K^*,$$

from which the left inequality of the lemma follows.

For the proof of the right inequality we fix $x, y \in S^n$ such that $|x - y| = 2\delta_f$ and |f(x) - f(y)| = 1. Such points exist by the definition of δ_f . Let J be the shorter circular arc of radius one in S^n connecting x with y, and let z be the midpoint of J. If |x - z| < 1, then we obtain by [V, 7.5]

(3.15)
$$M(\Delta(J, [0, -z])) \leq \omega_n \left(\log \frac{1}{|x-z|}\right)^{-n} \leq \omega_n \left(\log \frac{\sqrt{3}}{2\delta_f}\right)^{-n}$$

and if $|x-z| \in [1, \sqrt{2}]$, then $\delta_t \ge \sqrt{3}/2$ and we obtain

$$(3.15)' M(\Delta(J, [0, -z])) \leq \omega_n (\log\sqrt{5})^{-n} \leq \frac{2\delta_f}{\sqrt{3}} \omega_n (\log\sqrt{5})^{-n}.$$

We shall next prove a lower bound for $M(f^*\Delta(J, [0, -z]))$. Let $f^*(0) = se$, $e \in S^n$. Because $1 - s = 2/(1 + e^\rho)$ and $d(fJ) \ge 1 - s$, we get by [Vu1, 1.10, 1.11 and G2, Lemma 1],

(3.16)
$$M(\Delta(fJ, f^*[0, -z])) \ge 2^{-1}3^{-n-4}c_{n+1}(\log 2)2/(1 + e^{\rho})$$
$$= d_n/(1 + e^{\rho}).$$

Because f is quasiconformal, the right inequality of the lemma follows from (3.15), (3.15)', (3.16) and (2.1).

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