AN ANSWER TO A QUESTION OF M. NEWMAN ON MATRIX COMPLETION

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ABSTRACT. Let R be a principal ideal ring, A a symmetric t -by- t matrix over R , B a t -by- $(n-t)$ matrix over R such that the t -by- n matrix (A, B) is primitive. Newman [2] proved that (A, B) may be completed (as the first t rows) to a symmetric n -by- n matrix of determinant 1, provided that $1 \leq t \leq n/3$. He showed that the result is false, in general, if $t = n/2$, and he asked to determine all values of t such that $1 \leq t \leq n$ and the result holds. It is shown here that these values are exactly t satisfying $1 \leq t < n/2$.

Moreover, the result is proved for a larger (than the principal ideal rings) class of commutative rings, namely, for the rings satisfying the second stable range condition of Bass [1].

Also, it is observed that Theorems 2 and 3 of [2, p. 40] proved there for principal ideal rings are true for this larger class of rings, as well as the basic result of [2, p. 39].

Statement of results. In this paper, "ring" means "commutative associative ring with 1".

We use the notation $\text{sr}(R)$ [3, 7]. In particular, $\text{sr}(R) \leq 1$ means that the following condition (the first stable range condition of Bass [1]) holds:

($\text{sr}(R) \leq 1$). If a_1, a_2 are in R and $a_1R + a_2R = R$, then $(a_1 + a_2c)R = R$ for some c in R .

This condition was discussed in detail in [6], where many examples are given. A. Roy showed me principal ideal rings with $\text{sr}(R) \leq 1$ which are not semilocal. B. Magurn showed me Dedekind rings R with $\text{sr}(R) \leq 1$ which are not principal ideal rings. The following theorem gives more examples (including all Boolean rings R with 1).

THEOREM 1. *Suppose that there is a primitive polynomial $f(x)$ in one variable x with integral coefficients such that $f(r) = 0$ for every element r of a ring R . Then $\text{sr}(R) \leq 1$.*

The second stable range condition, $\text{sr}(R) \leq 2$, reads as follows:

($\text{sr}(R) \leq 2$). If a_1, a_2, a_3 are in R and $a_1R + a_2R + a_3R = R$, then $(a_1 + a_3c_1)R + (a_2 + a_3c_2)R = R$ for some c_1, c_2 in R .

If R is Noetherian of finite Krull dimension $\dim(R)$, then $\text{sr}(R) \leq 1 + \dim(R)$, by Bass [1]. In particular, $\text{sr}(R) \leq 1 + \dim(R) \leq 1 + 1 = 2$ for each principal ideal ring R .

Here are more examples of rings R with $\text{sr}(R) \leq 2$: The ring of integers in any number field or, more generally, any subring R with 1 of any global field; any R whose space of maximal ideals is Noetherian of dimension ≤ 1 ; any finitely

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generated algebra R over any finite field with $\dim(R) \leq 2$ (see [7]); the ring of real continuous functions on an interval or, more generally, on any topological space of dimension ≤ 1 (see [3]); the ring of all continuous complex functions on a topological space of dimension ≤ 3 (see [3]).

For any ring R and any natural numbers t and n , let $M_{t,n}R$ denote the set of all t -by- n matrices over R . A matrix in $M_{t,n}R$ is said to be *unimodular* if it has a left (when $t \leq n$) or right (when $t > n$) inverse in $M_{n,t}R$. This is equivalent for this matrix to be *primitive*, i.e. the ideal of R generated by all maximal minors to be R .

Let GL_nR be the group of unimodular (i.e. invertible) matrices in $M_{n,n}R$, and let SL_nR denote the subgroup of matrices with determinant 1.

THEOREM 2. *Let R be a ring, and let t and n be natural numbers such that $t \leq n$. If $\text{sr}(R) \leq n - 2t + 1$ and $t < n/2$, then*

$(R_{t,n})$. For every symmetric matrix $A = A^T$ in $M_{t,t}$ and every matrix B in $M_{t,n-t}R$ such that the matrix (A, B) in $M_{t,n}R$ is unimodular, there is a symmetric matrix in SL_nR whose first t rows form the given matrix (A, B) .

THEOREM 3. *Let R be a ring, and let t and n be natural numbers such that $t \leq n$. Then*

(a) when $t = n$, the statement $(R_{t,n})$ above is true if and only if the group GL_1R is trivial, i.e. 1 is the only unit of R ;

(b) when $t = n/2$ is odd, $(R_{t,n})$ is true if and only if $r^4 = r^2$ for all r in R and $2R = 0$;

(c) when $t = n/2$ is even, $(R_{t,n})$ is true if and only if $(r^2 - 2r)(r^2 - 1) = 0$ for all r in R ;

(d) when $n/2 < t < n$, $(R_{t,n})$ is true if and only if $r^2 = r$ for all r in R , i.e. R is a Boolean ring.

Combining Theorems 2 and 3 we obtain the following complete answer to the open question (c) of [2, p. 45].

COROLLARY. *If $\text{sr}(R) \leq 2$ (for example, R is a principal ideal ring) then the statement $(R_{t,s})$ holds, provided that $1 \leq t < n/2$. If $(r - 2)(r^4 - r^2) \neq 0$ for some r in R , then the statement $(R_{t,n})$ never holds for $n/2 \leq t < n$.*

However, Theorem 3 justifies a modification of the question of Newman for $t \geq n/2$. For example, $(R_{n,n})$ becomes true if we replace SL_nR in it by GL_nR . The following theorem answers the modified question for all t .

THEOREM 4. *The statement $(R_{t,n})$ with SL_nR replaced by GL_nR is true for all t and n such that $t \leq n$ if and only if $\text{sr}(R) \leq 1$.*

REMARK. Let $\text{sr}(R) \leq 2$. Then, by [4, 5], for any natural numbers t and n such that $t \leq n$ and any matrix C in $M_{t,t}R$, the symplectic group

$$\text{Sp}_{2n}R = \left\{ D \in \text{SL}_{2n}R : D^T \begin{pmatrix} 0 & 1_n \\ -1_n & 0 \end{pmatrix} D = \begin{pmatrix} 0 & 1_n \\ -1_n & 0 \end{pmatrix} \right\}$$

acts transitively on the matrices (A, B) in $M_{t,2n}R$ with A, B in $M_{t,n}R$ and $AB^T - BA^T = C$.

Taking here $C = 0$ and $t = 1$ (respectively, $t = n$), we obtain Theorem 2 (resp., Theorem 3) of [2], extended from principal ideal rings R to any R with $\text{sr}(R) \leq 2$.

PROOF OF THEOREM 1. Let d be the degree of the polynomial $f(x)$. Then for any maximal ideal m of R the polynomial vanishes on the field R/m , hence $\text{card}(R/m) \leq d$. Therefore $r^{d!} \equiv r \pmod{m}$ for every element r in R and any maximal ideal m of R .

Let (a_1, a_2) be an arbitrary unimodular row in $M_{1,2}R$. We set $c = a_1^{d!} - 1$. The claim is that $(a_1 + a_2c)R = R$. It suffices to show that the left-hand side is not contained in any maximal ideal m of R . Passing to the factor ring R/m , we see that it suffices to prove the claim in the case when R is a field. In this case,

$$a_1 + a_2c = \begin{cases} a_1 & \text{if } a \neq 0 \text{ (because then } c = 0), \\ a_2 & \text{if } a_1 = 0 \text{ (because then } c = -1). \end{cases}$$

So $a_1 + a_2c \neq 0$, hence $(a_1 + a_2c)R = R$.

PROOF OF THEOREM 2. We will use the following two lemmas:

LEMMA 1 (SEE [3]). *For any natural numbers d, s, t the condition $\text{sr}(R) \leq d$ is equivalent to the following condition: For any matrices A in $M_{s,d+s-1}R$ and B in $M_{s,t}R$ such that (A, B) in $M_{s,d+s-1+t}R$ is unimodular there is a matrix C in $M_{t,rd+s-1}R$ such that the matrix $A + BC$ in $M_{s,d+s-1}R$ is unimodular.*

LEMMA 2 (SEE [1, 5, 7]). *For any s, t with $t \geq s + \text{sr}(R)$, the group SL_tR acts transitively on the set of unimodular matrices in $M_{s,t}R$; if $\text{sr}(R) \leq 2$, then the condition $t \geq s + \text{sr}(R)$ above can be replaced by $t \geq s + 1$.*

REMARK. Lemma 2 can be easily proved by induction on s . After this, it is not hard to prove Lemma 1 also by induction on s . Of course, Lemma 2 is a trivial consequence of Lemma 1. Lemma 2 generalizes the basic result of [2, p. 39].

Now we are ready to prove Theorem 2. Let $\text{sr}(R) \leq n - 2t + 1$ and let A and B be as in $(R_{t,n})$.

Case 1. B has the form $(1_t, 0)$, where 1_t is the identity matrix in SL_tR and 0 is the zero matrix in $M_{t,n-2t}R$. Then for any matrix $X = X^T$ in $M_{n-2t,n-2t}R$ the matrix

$$Y = \begin{pmatrix} A & 1_t & 0 \\ 1_t & 0 & 0 \\ 0 & 0 & X \end{pmatrix} \quad \text{in } M_{n,n}R$$

is symmetric, its first t rows form the given matrix $(A, B) = (A, 1_t, 0)$, and $\det(Y) = (-1)^t \det(X)$. Choosing X with $\det(X) = (-1)^t$ (a diagonal matrix will do), we complete our proof in Case 1.

Case 2. B is unimodular. Then by Lemma 2 there is a matrix C in $\text{SL}_{n-t}R$ such that $BC = (1_t, 0)$. By Case 1, there is a symmetric matrix Y in SL_nR of the form $Y = \begin{pmatrix} A & BC \\ * & * \end{pmatrix}$. Then the symmetric matrix

$$\begin{pmatrix} 1_t & 0 \\ 0 & C^{-1} \end{pmatrix}^T Y \begin{pmatrix} 1_t & 0 \\ 0 & C^{-1} \end{pmatrix} \quad \text{in } \text{SL}_nR$$

is of the form $\begin{pmatrix} A & B \\ * & * \end{pmatrix}$.

General case. By Lemma 1, there is a matrix D in $M_{t,n-t}R$ such that $B + AD$ in $M_{t,n-t}R$ is unimodular. By Case 2, there is a symmetric matrix Y in $SL_n R$ of the form $Y = \begin{pmatrix} A & B+AD \\ * & * \end{pmatrix}$. Then the symmetric matrix

$$\begin{pmatrix} 1_t & 0 \\ -D^T & 1_{n-t} \end{pmatrix} Y \begin{pmatrix} 1_t & -D \\ 0 & 1_{n-t} \end{pmatrix} \quad \text{in } SL_n R$$

is of the form $\begin{pmatrix} A & B \\ * & * \end{pmatrix}$.

PROOF OF THEOREM 3. Part (a) is evident, so let $n/2 \leq t < n$.

LEMMA 3. *The condition $(R_{t,2t})$ implies that $b^2 \equiv (-1)^t \pmod{aR}$ for every unimodular row (a, b) in $M_{1,2}R$.*

PROOF. We set $A = \begin{pmatrix} 0 & 0 \\ 0 & a \end{pmatrix}$ and $B = \begin{pmatrix} 1_{t-1} & 0 \\ 0 & b \end{pmatrix}$ (both in $M_{t,t}R$; when $t = 1$, $(A, B) = (a, b)$). Let Y be a symmetric matrix in $SL_{2t}R$ of the form $Y = \begin{pmatrix} A & B \\ * & * \end{pmatrix}$. Then $1 = \det(Y) = (-1)^{t-1} \det \begin{pmatrix} a & b \\ b & a \end{pmatrix} = (-1)^t (b^2 - ad)$, where d is the $(2t, 2t)$ -entry of the matrix Y . The lemma is proved.

Let us now prove the "only if" parts of (b)–(d) of Theorem 3. We assume $(R_{t,n})$ and want to obtain certain conclusions about the ring R .

(b) Taking $(a, b) = (0, 1)$ in Lemma 3, we conclude that $2 = 0$ in R , i.e. $2R = 0$. For every maximal ideal m of R and any b in R outside of m we can find an element r in R such that $rb - 1 \in m$. Applying Lemma 3 to $(a, b) = (rb - 1, b)$, we obtain that $b^2 - 1 \in m$.

Therefore $\text{card}(B/m) = 2$ for every maximal ideal m of R , hence $r^2 - r \in m$ for every m , i.e. $r^2 - r \in \text{rad}(R)$ for every r in R , where $\text{rad}(R)$ is the Jacobson radical of R , i.e. the intersection of all maximal ideals.

In particular, $1 + r^2 - r = 1 + r^2 + r \in \text{GL}_1 R$ for every r in R . By Lemma 3 with $(a, b) = (0, 1 + r + r^2)$, we obtain that $(1 + r + r^2)^2 = 1 + r^2 + r^4 = 1$, hence $r^2 = r^4$ for all r in R .

(c) For any maximal ideal m of R and any b outside of m we have $rb - 1 \in m$ for some r in R . By Lemma 3 with $(a, b) = (rb - 1, b)$, we obtain $b^2 \equiv 1 \pmod{m}$. So $\text{card}(R/m) = 2$ or 3 for every maximal ideal m of R . By Lemma 3 with $(a, b) = (0, 1 + r^3 - r)$, we obtain that $(1 + r^3 - r)^2 = 1$ for all r in R . Setting here $r = 2$, we have $48 = 0$ in R . So the ring R splits into the direct product of its 2-primary component $3R$ and its 3-primary component $8R$.

In $3R$ we have $r^2 - r \in \text{rad}(3R)$, so $(1 - r^2 + r)^2 = 1$, hence

$$(1 + r - r^2)^2 - 1 = (r^2 - r)(r^2 - r - 2) = (r^2 - 2r)(r^2 - 1) = 0$$

for all r in $3R$.

In the ring $8R$ we have $r^3 - r \in \text{rad}(8R)$, so $(1 \pm (r^3 - r))^2 = 1$, hence $4(r^3 - r) = (r^3 - r) = 0$, so $(r - 2)(r^3 - r) = (r^2 - 2r)(r^2 - 1) = 0$ for all r in $8R$.

Thus, $(r^2 - 2r)(r^2 - 1) = 0$ for all r in R .

(d) For an arbitrary unit u of R we pick some $X = X^T$ in $\text{GL}_{2t-n}R$ with $\det(X) = u$ and define $A = \begin{pmatrix} X & 0 \\ 0 & 0 \end{pmatrix}$ in $M_{t,t}R$. We set $B = \begin{pmatrix} 0 \\ 1_{n-t} \end{pmatrix}$ in $M_{t,n-t}R$. If $\begin{pmatrix} A & B \\ * & * \end{pmatrix} = Y$ is a symmetric matrix in $SL_n R$, then

$$1 = \det(Y) = (-1)^{n-t} \det(X) = (-1)^{n-t} u,$$

hence $u = (-1)^{n-t}$.

Thus, the group $GL_1 R$ is trivial. In particular, $2 = 0$ in R .

Evidently, $(R_{t,n})$ implies $(R_{t-(2t-n), n-(2t-n)}) = (R_{n-t, 2(n-t)})$. By (b) and (c) proved above, $r^4 - r^2 = 0$ when $n - t$ is odd and $(r^2 - 2r)(r^2 - 1) = 0$ when $n - t$ is even, for all r in R . Since $2R = 0$, $r^4 = r^2$ for all r in all cases.

Since $GL_1 R$ is trivial, $\text{rad}(R) = 0$. So $r^4 - r^2 = (r^2 - r)^2 = 0$ implies that $r^2 - r = 0$ for all r in R .

Now we have the "if" parts of (b)-(d) to prove. So we assume that the appropriate polynomials vanish on R , and we want to prove $(R_{t,n})$.

By Theorem 1, $\text{sr}(R) \leq 1$. Let (A, B) be as in $(R_{t,n})$. If $t = n/2$ (cases (b) and (c)), then, by Lemma 1, $B - AC \in GL_t R$ for some C in $M_{t,t} R$. So the matrix

$$\begin{aligned} Y &= \begin{pmatrix} 1 & 0 \\ C^T & 1 \end{pmatrix} \begin{pmatrix} A & B - AC \\ (B - AC)^T & 0 \end{pmatrix} \begin{pmatrix} 1 & C \\ 0 & 1 \end{pmatrix} \\ &= \begin{pmatrix} A & B \\ B^T & B^T C + C^T B - C^T A C \end{pmatrix} \end{aligned}$$

is symmetric with $\det(Y) = (-1)^t \det(B - AC)^2$, where 1 stands for 1_t .

In case (b), the identity $r^4 = r^2$ gives that $u^2 = 1$ for every unit u of R . The identity $2r = 0$ gives that $(-1)^t = -1 = 1$. So $\det(Y) = (-1)^t \det(B - AC)^2 = 1$.

In case (c) the identity $(r^2 - 2r)(r^2 - 1) = 0$ gives (when $r = 3$) that $24 = 0$ in R . So R splits into the direct product of a 2-primary component $3R$ and a 3-primary component $8R$. On $3R$, $u^2 - 2u$ is a unit for any unit u , so the identity gives that $u^2 = 1$. On $8R$, setting $r = u - 1$, we obtain that $u^2(u - 1)(u - 2) = 0$, hence $(u - 1)(u - 2) = u^2 - 1 = 0$ for any unit u . Thus, $u^2 = 1$ on R for any unit u . In particular, $\det(Y) = \det(B - AC)^2 = 1$.

In case (d) our statement follows from Theorem 4 (which will be proved in the next section), because $GL_1 R$ is trivial for any Boolean ring R .

PROOF OF THEOREM 4. First, we want to prove that $\text{sr}(R) \leq 1$, assuming that the statement $(R_{t,n})$ with $SL_n R$ replaced by $GL_n R$ is true for some t, n such that $3/2 \leq n/2 \leq t < n$.

Let a, b be in R . We set

$$\begin{aligned} (A, B) &= X_2 = \begin{pmatrix} a & 1 & 0 & 0 \\ 1 & b & 1 & 0 \end{pmatrix} \quad \text{when } t = 2 = n/2; \\ (A, B) &= X_t = \begin{pmatrix} 0 & 0 & 1_{n-t-2} \\ 0 & X_2 & 0 \end{pmatrix} \quad \text{when } n = 2t > 4; \\ (A, B) &= \begin{pmatrix} 1_{2t-n} & 0 \\ 0 & X_{n-t} \end{pmatrix} \quad \text{when } n > 2t \geq 4. \end{aligned}$$

If $Y = \begin{pmatrix} A & B \\ * & * \end{pmatrix}$ is a symmetric matrix in $GL_n R$, then

$$GL_1 R \ni \det(Y) = (-1)^{n-t} \det \begin{pmatrix} a & 1 & 0 \\ 1 & b & 1 \\ 0 & 1 & y \end{pmatrix} = (-1)^{n-t} (y(ab - 1) - a),$$

where y is the (n, n) th entry of Y .

Thus, for any a, b in R , there is some y in R such that $y(ab - 1) - a$ is a unit. Let us show that this implies that $\text{sr}(R) \leq 1$ (as matter of fact, this is equivalent to $\text{sr}(R) \leq 1$). Let (a_1, a_2) in $M_{1,2}R$ be unimodular. Then $a_1b_1 + a_2b_2 = 1$ for some b_1, b_2 in R . As above, we find y in R such that $y(a_1b_1 - 1) - a_1 \in \text{GL}_1R$. Since $a_1b_1 - 1 = -a_2b_2$, we have $ya_2b_2 + a_1 \in \text{GL}_1R$. So $a_1 + a_2c \in \text{GL}_1R$ for $c = yb_2$.

Assume now that $\text{sr}(R) \leq 1$. We have to prove $(R_{t,n})$ with SL_nR replaced by GL_nR , where $t \leq n$. When $t \leq n/2$, we are done by Theorem 2. The case $t = n$ is trivial. So we assume that $n/2 \leq t \leq n - 1$.

Let (A, B) be as in $(R_{t,n})$. If $t = n/2$, then by Lemma 1, $B - AC \in \text{GL}_tR$ for some C in $M_{t,t}R$ and we are done by a computation in a previous section.

Let now $n/2 < t < n$. When we replace (t, n) by $(t + 1, n + 1)$, we make our statement (the modified $(R_{t,n})$ which we are proving) stronger. So, after a few such replacements, we can assume that n is divisible by $n - t$. Set $k = n/(n - t) - 1$.

Note that (A, B) can be completed to a symmetric matrix in GL_nR if and only if $(DAD^T, D(B + AC))$ can, where C is a matrix in $M_{t,t}R$ and $D \in \text{GL}_tR$ (compare with the proof of Theorem 2). Since $\text{sr}(R) \leq 1$, Lemma 1 and 2 allow us to find C, D satisfying $D(B + AC) = \begin{pmatrix} 0 \\ 1_{n-t} \end{pmatrix}$ in $M_{t,n-t}R$. So we can assume that $B = \begin{pmatrix} A & 0 \\ B^T & 1_{n-t} \end{pmatrix}$ from the beginning.

Repeating this argument, we can assume that the matrix (A, B) in $M_{t,n}R$ has $D_1, D_2, \dots, D_{k+1}$ along the main diagonal with D_i in $M_{n-t, n-t}R$; 1_{n-t} on the line above the main diagonal and on the line below the diagonal; 0 elsewhere.

Applying Lemma 4 below with $s = n - t$ and $U_k = 1_s$ to the matrix $Y = \begin{pmatrix} A & B \\ B^T & X \end{pmatrix}$ in $M_{n,n}R$, we see that $\det(Y) = \det(V + WX)$ for some V, W in $M_{s,s}R$ with unimodular (V, W) and $VW^T = WV^T$. Using Lemma 5 below, we find a symmetric X such that $Y \in \text{GL}_nR$.

Thus, Theorem 4 is reduced to the following two lemmas.

LEMMA 4. *Let s, k be natural numbers, R a ring, $D_1, \dots, D_{k+1}, U_1, \dots, U_k$ matrices in $M_{s,s}R$ such that $U_i = 1_s$ for $i < k$ and all D_i are symmetric. Let Y be the matrix in $M_{sk+s, sk+s}R$ with D_i along the main diagonal, 1_s along the line below the diagonal, U_i along the line above the diagonal, and 0 elsewhere. Then $\det(Y) = \det(VU_k + WD_{k+1})$ for some matrices V, W in $M_{s,s}R$ with unimodular (V, W) and symmetric VW^T .*

PROOF. We proceed by induction on k . When $k = 1$, $Y = \begin{pmatrix} D_1 & U_1 \\ 1_s & D_2 \end{pmatrix}$, so

$$\det(Y) = \det \left(\begin{pmatrix} 1_s & -D_1 \\ 0 & 1_s \end{pmatrix} Y \right) = \det \begin{pmatrix} 0 & U_1 - D_1D_2 \\ 1_s & D_2 \end{pmatrix} = \det(D_1D_2 - U_1),$$

so we can take $V = D_1$ and $W = -1_s$.

Suppose now that $k > 1$. Using 1_s in the last s rows of $Y = F(D_1, \dots, D_{k+1}; U_k)$, we can eliminate the term D_{k+1} by column addition operations over R . Then it is clear that $\det(Y) = \det(F(D_1, \dots, D_{k-1}, D_kD_{k-1} - U_k; D_{k+1}))$.

By the induction hypothesis, the last determinant has the form

$$\det(V'D_{k+1} + W'(D_kD_{k+1} - U_k))$$

with unimodular (V', W') and symmetric VW^T . But $V'D_{k+1} + W'(D_k D_{k+1} - U_k) = VU_k + WD_{k+1}$ with

$$(V, W) = (-W', V' + W'D_k) = (-W', V') \begin{pmatrix} 1_s & -D_k \\ 0 & 1_s \end{pmatrix}$$

which is unimodular, because so is (V', W') . Moreover, $WV^T = -(V' + W'D_k)W'^T$ is symmetric, because so are D_k and $V'W'^T$.

LEMMA 5. *Let R be a ring with $\text{sr}(R) \leq 1$. Then for any natural number s and any matrices V and W in $M_{s,s}R$ such that (V, W) in $M_{s,2s}R$ is unimodular and $VW^T = WV^T$ there is a matrix $X = X^T$ in $M_{s,s}R$ such that $V + WX \in \text{GL}_s R$.*

PROOF. We proceed by induction on s . When $s = 1$, our conclusion coincides with our condition $\text{sr}(R) \leq 1$. Let now $s \geq 2$.

By Lemma 1 and 2, there are matrices C in $M_{s,s}R$ and D in $\text{GL}_s R$ such that $D(V + WC) = 1_s$. Let X_1 be the symmetric matrix in $M_{s,s}R$ with the same first column as C and with all entries outside the first column and row equal 0. Then $D(V + WX_1) = \begin{pmatrix} 1 & u \\ 0 & V' \end{pmatrix}$ with some u in $M_{1,s-1}R$ and V' in $M_{s-1,s-1}R$. We write $DW = \begin{pmatrix} * & w \\ v & W' \end{pmatrix}$ with v, w^T in $M_{s-1,1}R$ and W' in $M_{s-1,s-1}R$.

Since (V, W) is unimodular, so is $D(V + WX_1, W) = \begin{pmatrix} 1 & * & * & * \\ 0 & V' & v & W' \end{pmatrix}$, hence the matrix (V', v, W') in $M_{s-1,2s-1}R$ is also unimodular. Since WV^T is symmetric, so is

$$DW(D(V + WX_1))^T = \begin{pmatrix} * & w \\ v & W' \end{pmatrix} \begin{pmatrix} 1 & 0 \\ u^T & V'^T \end{pmatrix} = \begin{pmatrix} * & wV'^T \\ v + W'u^T & W'V'^T \end{pmatrix},$$

hence $v + W'u^T = V'w^T$ and $W'V'^T = V'W'^T$. Since (V', v, W') is unimodular and $v = V'w^T - W'u^T$, we conclude that (V', W') is unimodular.

By the induction hypothesis, $V' + W'X' \in \text{GL}_{s-1}R$ for some symmetric matrix X' in $M_{s-1,s-1}R$. We set $X = X_1 + \begin{pmatrix} 0 & 0 \\ 0 & X' \end{pmatrix} = X^T$ in $M_{s,s}R$. Then

$$\begin{aligned} D(V + WX) &= D(V + WX_1) + DW \begin{pmatrix} 0 & 0 \\ 0 & X' \end{pmatrix} \\ &= \begin{pmatrix} 1^* & \\ 0 & V' \end{pmatrix} + \left(\begin{pmatrix} * & * \\ * & W' \end{pmatrix} \begin{pmatrix} 0 & 0 \\ 0 & X' \end{pmatrix} \right) \\ &= \begin{pmatrix} 1 & * \\ 0 & V' + W'X' \end{pmatrix} \in \text{GL}_s R, \end{aligned}$$

hence $V + WX \in \text{GL}_s R$.

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