A FAREY TREE ORGANIZATION OF LOCKING REGIONS FOR SIMPLE CIRCLE MAPS

K. M. BRUCKS AND C. TRESSER

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ABSTRACT. Let f be a C^3 circle endomorphism of degree one with exactly two critical points and negative Schwarzian derivative. Assume that there is no real number a such that $f + a$ has a unique rotation number equal to $\frac{p}{q}$. Then the same holds true for any $\frac{p'}{q'}$ such that $\frac{p}{q}$ stands above $\frac{p'}{q'}$ in the Farey tree and can be related to it by a path on the tree.

1. INTRODUCTION

Let F be a *degree-one lift*, i.e., $F : \mathbb{R} \rightarrow \mathbb{R}$ is a continuous map such that $F(x+1) = F(x) + 1$ for all $x \in \mathbb{R}$. Hence, F is a lift to the universal cover $\mathbb{R}$ of some degree-one endomorphism f of the circle $\mathbf{T} = \mathbb{R}/\mathbb{Z}$, i.e., $\pi \circ F = f \circ \pi$, where $\pi : \mathbb{R} \rightarrow \mathbf{T}$ is given by $\pi(x) = x \bmod 1$. For each $x \in \mathbb{R}$ we set

$$\underline{\rho}_F(x) = \liminf_{m \rightarrow \infty} \frac{F^m(x) - x}{m} \quad \text{and} \quad \bar{\rho}_F(x) = \limsup_{m \rightarrow \infty} \frac{F^m(x) - x}{m},$$

where as usual $F^0 = \text{Id}$ and $F^m = F \circ F^{m-1}$. We define,

$$\begin{aligned} \underline{\text{Rot}}(F) &= \{\underline{\rho}_F(x) \mid x \in \mathbb{R}\}, \\ \overline{\text{Rot}}(F) &= \{\bar{\rho}_F(x) \mid x \in \mathbb{R}\}, \\ \text{Rot}(F) &= \{\rho_F(x) \mid x \in \mathbb{R} \text{ and } \rho_F(x) = \underline{\rho}_F(x) = \bar{\rho}_F(x)\}. \end{aligned}$$

It is known that $\underline{\text{Rot}}(F) = \overline{\text{Rot}}(F) = \text{Rot}(F)$ and that this set is either a single point or a non-degenerate closed interval (see e.g. [1], Theorem 3.7.20). Throughout this note we make many references to [1] both for the convenience of the reader and of the authors; the reader will find original references traced and discussed in [1]. The map F is said to be *frequency locked* if $\text{Rot}(F)$ is a single point. Any degree-one lift which is non-decreasing is frequency locked; this is a simple extension of the classical theory of rotation numbers developed by Poincaré [12]. Thus for such non-decreasing degree-one lifts, the above $\limsup$ and $\liminf$ can be replaced by a true $\lim$ symbol and there is no x -dependence.

As described for instance in [3] and in [11], the characterization of frequency-locked maps which are not necessarily injective is simplest when the maps are

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C^3 , have at most two critical points, and their Schwarzian derivative is negative (where defined). Hence, we say a degree-one lift F belongs to Class $\mathcal{A}$ if F is strictly piecewise monotone with precisely two turning points in the interval $(0, 1)$, a maximum C and a minimum K with $K > C$; when more than one lift is used we write K_F and C_F to avoid confusion (see Figure 4). If in addition, F has a negative Schwarzian derivative (where defined), then we say F belongs to Class $\mathcal{B}$. Our main result, Theorem 1, is given for maps in Class $\mathcal{B}$; we remark that our main result also holds for piecewise affine maps with two turning points per period (these maps are described in [14]). Recall that the *Schwarzian* derivative of F is defined as

$$S(F) = \frac{F'''}{F'} - \frac{3}{2} \left(\frac{F''}{F'} \right)^2.$$

If F is any degree-one lift, we can construct a one-parameter family of degree-one lifts from F by setting $F_a(x) = F(x) + a$ for $a \in \mathbb{R}$.

Now we pass to some definitions from number theory. Throughout this note all fractions are in lowest terms unless otherwise mentioned. The fractions $\frac{p_1}{q_1}$ and $\frac{p_2}{q_2}$ are said to be *Farey neighbors* if they satisfy the identity $p_1q_2 - p_2q_1 = \pm 1$. An arbitrary pair of fractions $\frac{p_1}{q_1}$ and $\frac{p_2}{q_2}$ can be combined to form their *mediant*, defined as $\frac{p_1+p_2}{q_1+q_2}$, which is not necessarily in lowest terms. In case $\frac{p_1}{q_1}$ and $\frac{p_2}{q_2}$ are Farey neighbors, $\frac{p_1}{q_1} \oplus \frac{p_2}{q_2} \stackrel{\text{def}}{=} \frac{p_1+p_2}{q_1+q_2}$ is necessarily in lowest terms and is called their *Farey sum*.

Proposition 1 [8, 9]. *Every rational number $\frac{p}{q} \in (0, 1)$ can be expressed uniquely as a Farey sum $\frac{p}{q} = \frac{p_1}{q_1} \oplus \frac{p_2}{q_2}$.*

The fractions $\frac{p_1}{q_1}$ and $\frac{p_2}{q_2}$ are the (Farey) parents of $\frac{p}{q}$. If $\frac{p_1}{q_1} < \frac{p_2}{q_2}$, then $\frac{p_1}{q_1} = L(\frac{p}{q})$ is the *left parent* and $\frac{p_2}{q_2} = R(\frac{p}{q})$ is the *right parent*. The children of $\frac{p}{q} \in (0, 1)$ are the *left child* and *right child* defined respectively as $l(\frac{p}{q}) = L(\frac{p}{q}) \oplus \frac{p}{q}$ and $r(\frac{p}{q}) = \frac{p}{q} \oplus R(\frac{p}{q})$. Finally we define one child for each of 0 and 1 by $r(\frac{0}{1}) = l(\frac{1}{1}) = \frac{1}{2}$. Throughout this note, for $\frac{p}{q} \in (0, 1)$ we let $\frac{p_1}{q_1} < \frac{p_2}{q_2}$ denote the Farey parents of $\frac{p}{q}$.

The Farey tree **FT** is the infinite tree whose vertices are the set of rational numbers in $[0, 1]$ with one edge between every fraction $\frac{p}{q}$ and each of its children (see Figure 1). The vertices fall into levels indexed by the non-negative integers. Vertices $\frac{0}{1}$ and $\frac{1}{1}$ are at level 0, while the vertices at level $n > 0$ are the children of the vertices at level $n - 1$. For example, $\frac{2}{5}$ is at level 3, $\frac{3}{7}$ is at level 4, $\frac{1}{4}$ and $\frac{2}{5}$ are children of $\frac{1}{3}$, and $\frac{4}{7}$ and $\frac{5}{8}$ are children of $\frac{3}{5}$. Given two integers $m < n$ and two fractions on the tree, $\frac{p_m}{q_m}$ at level m and $\frac{p_n}{q_n}$ at level n , we say that $\frac{p_m}{q_m}$ is *higher* than $\frac{p_n}{q_n}$ on the Farey tree if these numbers are joined by a path on **FT**. For example, $\frac{1}{3}$ is higher than $\frac{3}{8}$, but not higher than $\frac{4}{7}$ (as there is no path between $\frac{1}{3}$ and $\frac{4}{7}$). We can now state our main result.

Theorem 1. *Let F be a degree-one lift in Class $\mathcal{B}$, and let $\{F_a \mid a \in \mathbb{R}\}$ be the one-parameter family defined by F . Let $\frac{p}{q}$ be higher than $\frac{p'}{q'}$ on the Farey tree. Then if no F_a is frequency locked with frequency $\frac{p}{q}$, the same holds true for $\frac{p'}{q'}$.*

Often rotation numbers $\rho_F(x)$ are considered mod 1, while rotation intervals $\text{Rot}(F)$ need in general to be considered as real intervals since they can be quite long. However, since our interest in this paper is in quite short rotation intervals,

FIGURE 1

the reader may consider that all $\rho_F(x)$'s are taken mod 1 for maps on which we focus our attention, although this does not allow us to explore the full parametrized families to which our maps belong.

Two-parameter families of smooth deformations of rotations such as the standard family defined by

$$H_{(a,b)}(x) = x + a + \frac{b}{2\pi} \cdot \sin(2\pi x)$$

are still the subject of much attention (see for instance the bibliography in [11], the recent universality results in [10], or the current literature on chaos in the natural sciences). Assume $F_{(a,b)} = F_b(x) + a$ is such a family where $F_{(a,0)}$ is the rotation through angle a . The *frequency-locking region* with frequency ω , L_ω , is the set of parameters (a,b) such that $\text{Rot}(F_{(a,b)}) = \{\omega\}$. The height of L_ω is the largest value of b such that some map $F_{(a,b)}$ belongs to L_ω . It has recently been shown that for the family $\{H_{(a,b)}\}$ above, all frequency-locking regions are connected [5]. However, in Class $\mathcal{B}$ it is not known whether all frequency-locking regions are connected and pathologies as represented in Figure 2 have yet to be shown not to exist. Thus we call the connected component $L_\omega^{\mathbf{T}}$ of L_ω containing all invertible maps in the family $\{F_{(a,b)}\}$ the *frequency-locking tongue* with frequency ω . The reduced height of L_ω is then the height of $L_\omega^{\mathbf{T}}$, i.e., the largest value of b such that some map $F_{(a,b)}$ belongs to $L_\omega^{\mathbf{T}}$. Theorem 1 has the following corollary.

Corollary 1. *In a smooth two-parameter family in Class $\mathcal{B}$ (as above), if $\frac{p}{q}$ is higher than $\frac{p'}{q'}$ in the Farey tree, then the reduced height of $L_{\frac{p}{q}}$ is greater than the reduced height of $L_{\frac{p'}{q'}}$.*

FIGURE 2

Remark 1. The fact that the inequality in the above corollary is strict follows from the proof of Theorem 1 (in the proof of Theorem 1 use that $A_F = M_i$ and $B_F = N_i$ at the tip of a tongue).

This corollary furthers our understanding of the boundary between a single rotation number and a nontrivial rotation interval in “nice” families. In the same setting, it was previously proved that this boundary is not locally connected [2, 6]. Notice that we deal with heights of frequency-locking regions; a much older problem is to determine whether the widths of these regions are organized along the Farey tree under some “reasonable” condition on a two-parameter family. The “classical” problem is, in fact, about isomorphisms of the circle (i.e., for instance, the case when $b < 1$ in the standard family). This is why our title begins by “A” and not by “The”.

2. PREPARATORY MATERIAL ON DEGREE ONE LIFTS

For the convenience of the reader and for completeness we begin with some basic facts about lift maps. These basic facts are used throughout this note. Again, there are many sources for the information in this section; for simplicity we continue to list [1].

Fact 1. Let F be a degree-one lift. Then, $F_k^n(x) = F^n(x) + kn$, for all $x \in \mathbb{R}$, $k \in \mathbb{Z}$, and $n \in \mathbb{N}$ [1, Proposition 3.1.7].

Fact 2. Let F be a non-decreasing degree-one lift. Then for every $x \in \mathbb{R}$, $\rho_F(x) = \bar{\rho}_F(x)$ and this number is independent of x [1, Proposition 3.7.11]. Thus, $\text{Rot}(F)$ is a single point, which we will denote with $\rho(F)$.

Definition 1. Let F be a degree-one lift, and let $x \in \mathbb{R}$. The lift-orbit of x is defined to be $\text{orb}(x, F) + \mathbb{Z}$, where $\text{orb}(x, F) = \{x, F(x), F^2(x), \dots\}$. We say that the lift-orbit of x is a twisted lift-orbit provided that F restricted to $\text{orb}(x, F) + \mathbb{Z}$

is non-decreasing. We say that $\text{orb}(x, F) + \mathbb{Z}$ is a *lifted cycle* provided there is some $n \in \mathbb{N}^*$ such that $F^n(x) - x \in \mathbb{Z}$. The lift-orbit $\text{orb}(x, F) + \mathbb{Z}$ is called a *lifted m -cycle* if $\text{orb}(x, F) + \mathbb{Z}$ is a lifted cycle and if $m = \min\{n \in \mathbb{N}^* \mid F^n(x) - x \in \mathbb{Z}\}$. Lastly, $\text{orb}(x, F) + \mathbb{Z}$ is a *twist-lifted m -cycle* if $\text{orb}(x, F) + \mathbb{Z}$ is a lifted m -cycle and a twisted lift-orbit (in this case we say that x or F has a twist-lifted m -cycle) [1, sections 3.2, 3.3 and 3.7].

Fact 3. *Let F be a degree-one lift, and suppose that $\text{orb}(x, F) + \mathbb{Z}$ is a lifted m -cycle. Then, the cardinality of $(\text{orb}(x, F) + \mathbb{Z}) \cap [y, y + 1) = m$ for every $y \in \mathbb{R}$ [1, Proposition 3.2.2].*

Fact 4. *If F is a degree-one lift, $\text{orb}(x, F) + \mathbb{Z}$ a twist-lifted m -cycle, and $l \in \mathbb{Z}$ is such that $F^m(x) - x = l$, then m, l are coprime and for every $y \in \text{orb}(x, F) + \mathbb{Z}$ we have $\rho_F(y) = \frac{l}{m}$ [1, Lemma 3.7.2 and Corollary 3.7.6].*

Fact 5. *Let F be a degree-one lift, and let $x \in \mathbb{R}$ have a twist-lifted q -cycle with $F^q(x) - x = p$. Set $\text{orb}(x, F) + \mathbb{Z} = \{\dots, y_{-2}, y_{-1}, y_0, y_1, y_2, \dots\}$ with $\dots < y_{-2} < y_{-1} < y_0 < y_1 < y_2 < \dots$. Then $F(y_i) = y_{i+p}$ for all $i \in \mathbb{Z}$ [1, Lemma 3.7.4].*

Lemma 1. *Let F, x, q, p , and $\{y_i\}_{i=-\infty}^{\infty}$ be as in Fact 5. Let $(\text{orb}(x, F) + \mathbb{Z}) \cap [0, 1) = \{y_0, y_1, \dots, y_{q-1}\}$; we can do this by Fact 3. Then, $y_{i+p} \bmod 1 = y_{(i+p) \bmod q}$ for each $i \in \mathbb{Z}$.*

Proof. Fix $i \in \mathbb{Z}$. Choose the unique $m \in \mathbb{Z}$ such that $i + p \in \{mq, mq + 1, \dots, (m + 1)q - 1\}$; we can do this since $\{mq + j \mid m \in \mathbb{Z} \text{ and } 0 \leq j \leq q - 1\} = \mathbb{Z}$. Say $i + p = mq + t$ with $0 \leq t \leq q - 1$. Then $(i + p) \bmod q = t$. Hence, if we show that $y_{mq+t} \bmod 1 = y_t$, then we are done. But $\text{orb}(x, F) + \mathbb{Z} = (\text{orb}(x, F) + \mathbb{Z}) + \mathbb{Z}$ and Fact 3 imply that $y_i + mq = y_{mq+i}$ for $0 \leq i \leq q - 1$. Thus, $y_{mq+t} \bmod 1 = (y_t + mq) \bmod 1 = y_t$. This completes the proof. $\square$

Definition 2. Let F be a degree-one lift. The maps F_l and F_u are defined as follows:

$$\begin{aligned} F_l(x) &= \inf\{F(y) \mid y \geq x\}, \\ F_u(x) &= \sup\{F(y) \mid y \leq x\}. \end{aligned}$$

For $0 \leq \mu \leq \mu_1 = \sup_{x \in \mathbb{R}} (F - F_l)(x)$, the map F_μ is defined by

$$F_\mu = (\min(F, F_l + \mu))_u.$$

Each of F_l , F_u , and F_μ are non-decreasing degree-one lifts (see Figure 3 and [1, Section 3.7]).

Fact 6. *The function $F \mapsto \rho(F)$ is continuous on the space of all non-decreasing degree-one lifts [1, Lemma 3.7.12].*

Fact 7. *Let F and G be degree-one lifts with at least one of the lifts non-decreasing. If $F \leq G$, then $F^n \leq G^n$ for all $n \in \mathbb{N}$ [1, Lemma 3.7.19].*

FIGURE 3

Fact 8 [1, Theorem 3.7.20 and proof]. *Let F be a degree-one lift. Then the following hold.*

- (i) $\text{Rot}(F) = [\rho(F_l), \rho(F_u)]$.
- (ii) *If a is a rational number in $\text{Rot}(F)$, then there exists a twist-lifted cycle of F with rotation number a and disjoint from $\text{Const}(F)$. Here, $\text{Const}(F)$ is the maximal open set on which F is locally constant.*
- (iii) *Recall the family $\{F_\mu\}_{\mu \in [0, \mu_1]}$ from Definition 2. For each $a \in [\rho(F_l), \rho(F_u)]$, there exists $\mu_a \in [0, \mu_1]$ with $\rho(F_{\mu_a}) = a$.*

Fact 9 [11, Proposition 4.2]. *Let F be in Class $\mathcal{B}$ and $\frac{p}{q} \in \text{Rot}(F)$. Then F has at most two twist-lifted cycles with rotation number $\frac{p}{q}$.*

Remark 2. Let F be a degree-one lift, and consider the one-parameter family $\{F_a\}$ with $a \in \mathbb{R}$. For every $a \in \mathbb{R}$, we have that $(F_a)_l = F_l + a$ and $(F_a)_u = F_u + a$. From this and Fact 7 we see that if $a_1 < a_2$, then $\rho((F_{a_1})_l) \leq \rho((F_{a_2})_l)$ and $\rho((F_{a_1})_u) \leq \rho((F_{a_2})_u)$. Thus (recall Fact 8(i)), if $a, b \in \mathbb{R}$ are such that both F_a and F_b are frequency locked with $\rho(F_a) > \rho(F_b)$, then $a > b$.

Remark 3. From Fact 1 and the beginning of Remark 2, we have that $\rho((F_k)_l) = \rho(F_l) + k$ and $\rho((F_k)_u) = \rho(F_u) + k$ for each $k \in \mathbb{Z}$.

3. PREPARATORY MATERIAL FROM NUMBER THEORY

The material in this section is not new; however, we recall it in a form which meets our needs. Lemmas 2 and 3 are simply technical lemmas needed for the proof of Lemma 4 of Section 4. Lemma 4 is essential to our proof of Theorem 1. Lemma 3 is proven similar to Lemma 2.

Lemma 2. *Let $\frac{u}{v} = \frac{p_1}{q_1} \oplus \frac{p}{q}$, i.e., $\frac{u}{v}$ is the left child of $\frac{p}{q}$. Then*

- (i) $uq - pv = -1$,
- (ii) $p_1q - pq_1 = -1$,
- (iii) *if $i_0 \in \{0, 1, \dots, q-2\}$, then $p_1q + 1 \leq i_0 + q_1p \leq p_1q + (q-1)$, and*
- (iv) *if $i_0 \in \{0, 1, \dots, q-2\}$, then $(i_0 + q_1p) \bmod q = i_0 + 1$.*

Proof. Statement (i) is easily obtained from [9, p. 23, Theorem 28]. From part (i), $v = q_1 + q$, and $u = p_1 + p$, we have that $-1 = uq - pv = (p_1 + p)q - p(q_1 + q)$ and thus (ii) holds.

To see (iii) notice that $0 \leq i_0 \leq q - 2$ gives that $q_1p \leq i_0 + q_1p \leq (q - 2) + q_1p$. But by part (ii), $q_1p = p_1q + 1$; therefore, $p_1q + 1 \leq i_0 + q_1p \leq p_1q + (q - 1)$ and (iii) holds. For part (iv) use that $i_0 + q_1p = i_0 + p_1q + 1$ (by part (ii)) and $1 \leq i_0 + 1 \leq q - 1$ to conclude that $[(i_0 + q_1p) = (i_0 + 1 + p_1q)] \bmod q = i_0 + 1$. $\square$

Lemma 3. Let $\frac{a}{b} = \frac{p}{q} \oplus \frac{p_2}{q_2}$, i.e., $\frac{a}{b}$ is the right child of $\frac{p}{q}$. We have

- (i) $aq - pb = 1$,
- (ii) $pq_2 - p_2q = -1$,
- (iii) if $1 \leq i_0 \leq q - 1$, then $p_2q \leq i_0 + q_2p \leq p_2q + (q - 2)$, and
- (iv) if $1 \leq i_0 \leq q - 1$, then $(i_0 + q_2p) \bmod q = i_0 - 1$.

4. PROOF OF THE MAIN THEOREM

In the interest of simplifying the proof of Theorem 1, we begin with three lemmas. These lemmas are essentially well known, but we include them here for the convenience of the reader. Lemma 4 is just a small remark from the more general theory of coding problems in dynamics and in number theory. For information about this more general theory see for example [7, 8, 13]. Lemma 5 can be obtained, for example, from the work in [3, 11], and Lemma 6 from [3, 4, 11]. Notation in this section is as in previous sections.

Lemma 4. Let F be a degree-one lift, and let $x \in \mathbb{R}$ have a twist-lifted q -cycle with $F^q(x) - x = p$. Set $\text{orb}(x, F) + \mathbb{Z} = \{\dots, y_{-2}, y_{-1}, y_0, y_1, y_2, \dots\}$ with $\dots < y_{-2} < y_{-1} < y_0 < y_1 < y_2 < \dots$ and with $(\text{orb}(x, F) + \mathbb{Z}) \cap [0, 1) = \{y_0, y_1, \dots, y_{q-1}\}$. For emphasis recall that $\frac{p}{q} = \frac{p_1}{q_1} \oplus \frac{p_2}{q_2}$. Lastly, let $i_0 \in \{0, 1, \dots, q - 2\}$ and $i_1 \in \{1, 2, \dots, q - 1\}$. Then we have that

- (i) $F^{q_1}(y_{i_0}) \bmod 1 = y_{i_0+1}$,
- (ii) $F^{q_1}(y_{i_0}) \in [p_1, p_1 + 1)$,
- (iii) $F^{q_2}(y_{i_1}) \bmod 1 = y_{i_1-1}$, and
- (iv) $F^{q_2}(y_{i_1}) \in [p_2, p_2 + 1)$.

Proof. We first prove statements (i) and (ii). By Fact 5, $F^{q_1}(y_{i_0}) = y_{i_0+q_1p}$ and therefore $[F^{q_1}(y_{i_0}) = y_{i_0+q_1p}] \bmod 1 = y_{(i_0+q_1p) \bmod q}$, by Lemma 1. However, $(i_0 + q_1p) \bmod q = i_0 + 1$ by Lemma 2 (iv) and hence (i) holds. To see (ii) first note that $p_1q + 1 \leq i_0 + q_1p \leq p_1q + (q - 1)$ (by Lemma 2 (iii)) and then use Fact 3 along with $F^{q_1}(y_{i_0}) = y_{i_0+q_1p}$ (Fact 5).

Statements (iii) and (iv) are proven in a similar manner except that now Lemma 3 is used in place of Lemma 2. $\square$

Remark 4. Let F be a degree-one lift in Class $\mathcal{A}$. Then there exists a unique point A_F such that $K_F - 1 < A_F < C_F$ and $F(A_F) = F(K_F)$; similarly there is a unique point B_F such that $K_F < B_F < C_F + 1$ and $F(B_F) = F(C_F)$ (see Figure 4). Clearly, the origin can be chosen so that $0 \leq A_F < C_F < K_F < B_F < 1$. Also notice that for a one-parameter family of the form $\{F_a\}$ with $a \in \mathbb{R}$, all points A_{F_a} , C_{F_a} , K_{F_a} , and B_{F_a} are independent of the parameter a , i.e., $A_{F_a} = A_F$, $C_{F_a} = C_F$, $K_{F_a} = K_F$, and $B_{F_a} = B_F$ for all $a \in \mathbb{R}$. Thus, throughout the rest of this note we use simply A_F, C_F, K_F , and B_F .

FIGURE 4

Lemma 5. *Let F be a degree-one lift in Class $\mathcal{A}$. Let $l \in \mathbb{Z}$ and $m \in \mathbb{N}$ be coprime. Assume that no F_a , for $a \in \mathbb{R}$, is frequency locked with frequency $\frac{l}{m}$. Then for some $a_0 \in \mathbb{R}$, F_{a_0} has a twist-lifted m -cycle with rotation number $\frac{l}{m}$ which has two consecutive points $M < N$ with $M \in (A_F, C_F)$ and $N \in (K_F, B_F)$ such that $F_{a_0}(M) < F_{a_0}(N)$.*

Proof. We first show that there is some $\hat{a} \in \mathbb{R}$ with $\rho((F_{\hat{a}})_l) = \frac{l}{m}$. But this follows immediately from $\rho((F_k)_l) = \rho(F_l) + k$ for all $k \in \mathbb{Z}$ (Remark 3) and the function $G \mapsto \rho(G)$ being continuous on all non-decreasing degree-one lifts (Fact 6). Hence, choose $\hat{a} \in \mathbb{R}$ such that $\rho((F_{\hat{a}})_l) = \frac{l}{m}$.

Next we show there exists $a_0 \in \mathbb{R}$ such that $\frac{l}{m}$ is in the interior of the closed interval $\text{Rot}(F_{a_0})$. There exist parameters $a < \hat{a}$ such that $\rho((F_a)_l) < \rho((F_{\hat{a}})_l) = \frac{l}{m}$ since $\rho((F_{\hat{a}-1})_l) = \rho((F_{\hat{a}})_l) - 1 = \frac{l}{m} - 1$ by Remark 3. Now the existence of a_0 follows from the continuity of $F \mapsto \rho(F)$ on the non-decreasing degree-one lifts (Fact 6) and the assumption that no F_a is frequency locked with frequency $\frac{l}{m}$.

Lastly we show that this a_0 satisfies our lemma. Set $G = F_{a_0}$. Apply Fact 8(iii) to the family $\{G_\mu\}$ to choose a value μ so that $\rho(G_\mu) = \frac{l}{m}$. Next apply Fact 8(ii) to get a twist-lift m -cycle of G_μ with rotation number $\frac{l}{m}$ and disjoint from $\text{Const}(G_\mu)$; let $\mathcal{O}$ denote this twist-lift m -cycle. First notice that the construction of G_μ and the fact that $\mathcal{O}$ does not intersect $\text{Const}(G_\mu)$ give that $\mathcal{O}$ is a twist-lift m -cycle of $G = F_{a_0}$. Moreover, $\mathcal{O} \cap [0, 1)$ does not intersect the interval (C_G, K_G) since $\mathcal{O} \cap \text{Const}(G_\mu) = \emptyset$. Also, both $\mathcal{O} \cap [0, C_G]$ and $\mathcal{O} \cap [K_G, 1)$ are non-empty since G is strictly increasing on both of $[0, C_G]$ and $[K_G, 1)$. Let $M = \max\{y \mid y \in \mathcal{O} \cap [0, C_G]\}$, and let $N = \min\{y \mid y \in \mathcal{O} \cap [K_G, 1)\}$. Then, $G(M) < G(N)$ by construction of

G_μ . If $M < A_G$ or $N > B_G$, then $\rho(G_l) = \frac{l}{m}$ or $\rho(G_u) = \frac{l}{m}$; but this contradicts our choice of a_0 (namely that $\frac{l}{m}$ is in the interior of $\text{Rot}(G) = [\rho(G_l), \rho(G_u)]$). $\square$

Lemma 6. *Let F be a degree-one lift in Class $\mathcal{B}$. Let $l \in \mathbb{Z}$, and let $m \in \mathbb{N}$ be coprime. Assume that F_a is frequency locked with frequency $\frac{l}{m}$, for some fixed $a \in \mathbb{R}$. Then, F_a has at least one twist-lifted m -cycle with rotation number $\frac{l}{m}$ and with two consecutive points $M < N$ such that $M \in [0, A_F]$ and $N \in [B_F, 1)$.*

Proof. The fact that F_a has at least one twist-lifted m -cycle with rotation number $\frac{l}{m}$ is immediate from Fact 8(ii). However, by Fact 9, F_a has at most two such twist-lifted cycles. Set $F_a = G$, and consider the family $\{G_\mu\}$ with $\mu \in [0, \mu_1]$ from Definition 2. Now, $\text{Rot}(G) = \frac{l}{m}$ implies that $\rho(G_\mu) = \frac{l}{m}$ for all $\mu \in [0, \mu_1]$; see Fact 7. Hence (see Fact 8(ii)), each G_μ has a twist-lifted m -cycle with rotation number $\frac{l}{m}$ which is disjoint from $\text{Const}(G_\mu)$. However, each of these twist-lifted cycles are also twist lifted-cycles for G (recall the construction of G_μ and then use that each such twist-lifted cycle is disjoint from $\text{Const}(G_\mu)$). The lemma now follows, for otherwise using these twist-lifted cycles from the $\{G_\mu\}$, we would have that $G = F_a$ has infinitely many twist-lifted m -cycles, a contradiction. $\square$

Proof of Theorem 1. With the notation of Theorem 1, assume that no F_a is frequency locked with frequency $\frac{p}{q}$. Then by Lemma 5, some F_{a_0} has a twist-lifted q -cycle with rotation number $\frac{p}{q}$ and with two consecutive points $M < N$ such that

$$(1) \quad M \in (A_F, C_F), \quad N \in (K_F, B_F), \quad \text{and} \quad F_{a_0}(M) < F_{a_0}(N).$$

To prove the theorem, it is enough to consider the cases when $\frac{p'}{q'}$ is a child of $\frac{p}{q}$. Hence, we assume that either $\frac{p'}{q'} = l(\frac{p}{q})$ or that $\frac{p'}{q'} = r(\frac{p}{q})$.

Assume *ad absurdum* that there exists $a_1 \in \mathbb{R}$ such that F_{a_1} is frequency locked with frequency $l(\frac{p}{q}) = \frac{p_1}{q_1} \oplus \frac{p}{q}$, or $a_2 \in \mathbb{R}$ such that F_{a_2} is frequency locked with frequency $r(\frac{p}{q}) = \frac{p_2}{q_2} \oplus \frac{p}{q}$. From Remark 2 we deduce that

$$(2) \quad a_1 < a_0 < a_2.$$

By Lemma 6, each of F_{a_1} and F_{a_2} admit a twisted lift cycle with rotation number $l(\frac{p}{q})$ and $r(\frac{p}{q})$ respectively and with consecutive points $M_1 < N_1$ and $M_2 < N_2$ respectively such that

$$(3) \quad M_i \in [0, A_F] \quad \text{and} \quad N_i \in [B_F, 1),$$

for $i = 1, 2$. Hence,

$$(4) \quad M_i \leq A_F < M < C_F < K_F < N < B_F \leq N_i,$$

for $i = 1, 2$. From (2), (4), and the fact that none of the twist-lifted cycles explore the regions where the maps are decreasing, and using the consecutive property of the points M, N and M_i, N_i , we deduce that

$$(5) \quad F_{a_1}^m(M_1) \leq F_{a_0}^m(M) \quad \text{and} \quad F_{a_2}^m(N_2) \geq F_{a_0}^m(N),$$

for every $m \in \mathbb{N}$.

From Lemma 4(i), (ii) applied to $\frac{p}{q} = \frac{p_1}{q_1} \oplus \frac{p_2}{q_2}$ and to $l(\frac{p}{q}) = \frac{p_1}{q_1} \oplus \frac{p}{q}$ respectively we have that

$$(6) \quad F_{a_0}^{q_1}(M) \in [p_1, p_1 + 1) \text{ with } F_{a_0}^{q_1}(M) \bmod 1 = N$$

and

$$(7) \quad F_{a_1}^{q_1}(M_1) \in [p_1, p_1 + 1) \text{ with } F_{a_1}^{q_1}(M_1) \bmod 1 = N_1.$$

Similarly, Lemma 4(iii), (iv) applied to $\frac{p}{q} = \frac{p_1}{q_1} \oplus \frac{p_2}{q_2}$ and $r(\frac{p}{q}) = \frac{p}{q} \oplus \frac{p_2}{q_2}$ respectively give that

$$(8) \quad F_{a_0}^{q_2}(N) \in [p_2, p_2 + 1) \text{ with } F_{a_0}^{q_2}(N) \bmod 1 = M$$

and

$$(9) \quad F_{a_2}^{q_2}(N_2) \in [p_2, p_2 + 1) \text{ with } F_{a_2}^{q_2}(N_2) \bmod 1 = M_2.$$

However (4), (6), (7) and (4), (8), (9) give respectively that

$$(10) \quad F_{a_0}^{q_1}(M) < F_{a_1}^{q_1}(M_1)$$

and

$$(11) \quad F_{a_0}^{q_2}(N) > F_{a_2}^{q_2}(N_2).$$

Lastly, both (10) and (11) contradict (5) (with $m = q_1$ and $m = q_2$ respectively in (5)). This completes the proof of Theorem 1. $\square$

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DEPARTMENT OF MATHEMATICAL SCIENCES, UNIVERSITY OF WISCONSIN, MILWAUKEE, WISCONSIN 53211

E-mail address: kmbrucks@csd.uwm.edu

THOMAS J. WATSON RESEARCH CENTER, I.B.M., P.O. BOX 218, YORKTOWN HEIGHTS, NEW YORK 10598

E-mail address: tresser@watson.ibm.com