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# THE COVERING NUMBERS AND "LOW $M^*$ -ESTIMATE" FOR QUASI-CONVEX BODIES

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ABSTRACT. This article gives estimates on the covering numbers and diameters of random proportional sections and projections of quasi-convex bodies in  $\mathbb{R}^n$ . These results were known for the convex case and played an essential role in the development of the theory. Because duality relations cannot be applied in the quasi-convex setting, new ingredients were introduced that give new understanding for the convex case as well.

#### 1. Introduction and notation

Let  $|\cdot|$  be a Euclidean norm on  $\mathbb{R}^n$  and let D be the ellipsoid associated to this norm. Denote by  $\sigma$  the normalized rotationally invariant measure on the Euclidean sphere  $S^{n-1}$ . For any star-body K in  $\mathbb{R}^n$  define  $M_K = \int_{S^{n-1}} \|x\| d\sigma(x)$ , where

||x|| is the gauge of K. Let  $M_K^*$  be  $M_{K^0}$ , where  $K^0$  is the polar of K. For any subsets  $K_1, K_2$  of  $\mathbb{R}^n$  denote by  $N(K_1, K_2)$  the smallest number N such that there are N points  $y_1, ..., y_N$  in  $K_1$  such that

$$K_1 \subset \bigcup_{i=1}^N (y_i + K_2).$$

Recall that a body K is called quasi-convex if there is a constant c such that  $K+K\subset cK$ , and given a  $p\in(0,1]$  a body K is called p-convex if for any  $\lambda,\mu>0$  satisfying  $\lambda^p+\mu^p=1$  and any points  $x,y\in K$  the point  $\lambda x+\mu y$  belongs to K. Note that for the gauge  $\|\cdot\|=\|\cdot\|_K$  associated with the quasi-convex (p-convex) body K the following inequality holds for any  $x,y\in\mathbb{R}^n$ :

$$||x + y|| \le c \max\{||x||, ||y||\} \quad (||x + y||^p \le ||x||^p + ||y||^p).$$

In particular, every p-convex body K is also quasi-convex and  $K + K \subset 2^{1/p}K$ . A more delicate result is that for every quasi-convex body K ( $K + K \subset cK$ ) there exists a q-convex body  $K_0$  such that  $K \subset K_0 \subset 2cK$ , where  $2^{1/q} = 2c$ . This is the Aoki-Rolewicz theorem ([KPR], [R], see also [K], p.47). In this note by a body we always mean a compact star-body, i.e. a body K satisfying  $tK \subset K$  for all  $t \in [0, 1]$ .

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Let us recall the so-called "low  $M^*$ -estimate" result.

**Theorem 1.** Let  $\lambda \in (0,1)$  and n be large enough. Let K be a centrally-symmetric convex body in  $\mathbb{R}^n$  and let  $\|\cdot\|$  be the gauge of K. Then there exists a subspace E of  $(\mathbb{R}^n, \|\cdot\|)$  such that dim  $E = [\lambda n]$  and for any  $x \in E$  the inequality

$$\parallel x \parallel \geq \frac{f(\lambda)}{M_K^*} |x|$$

holds for some function  $f(\lambda)$ ,  $0 < \lambda < 1$ .

Remark. An inequality of this type was first proved in [M1] with very poor dependence on  $\lambda$  and then improved in [M2] to  $f(\lambda) = C(1 - \lambda)$ . It was later shown ([PT]) that one can take  $f(\lambda) = C\sqrt{1 - \lambda}$  (for different proofs see [M3] and [G]).

By duality this theorem is equivalent to the following theorem.

**Theorem 1'.** Let  $\lambda \in (0,1)$  and n be large enough. For every centrally-symmetric convex body K in  $\mathbb{R}^n$  there exists an orthogonal projection P of rank  $[\lambda n]$  such that

$$PD \subset \frac{M_K}{f(\lambda)}PK.$$

Theorem 1 was one of the central ingredients in the proof of several recent results of Local Theory, e.g. the Quotient of Subspace Theorem ([M1]) and the Reverse Brunn-Minkowski inequality of the second named author (see, e.g. [MS] or [P]). Both these results were later extended to a p-normed setting in [GK] and [BBP]. The proofs have essentially used corresponding convex results and some kind of "interpolation". However, the main technical tool in the proof of these convex results, Theorem 1, was a purely "convex" statement. Let us also note an extension of Dvoretzky's theorem to the quasi-convex setting by Dilworth ([D]).

In this note we will extend Theorem 1 and Theorem 1' to quasi-convex, not necessarily centrally-symmetric bodies. Since duality arguments cannot be applied to a non-convex body, these two theorems become different statements. Also " $M_K^*$ " should be substituted by an appropriate quantity not involving duality. Note that by avoiding the use of the convexity assumption we in fact also simplified the proof for the convex case.

## 2. Main results

The following theorem is an extension of Theorem 1'.

**Theorem 2.** Let  $\lambda \in (0,1)$  and n be large enough  $(n > c/(1-\lambda)^2)$ . For any p-convex body K in  $\mathbb{R}^n$  there exists an orthogonal projection P of rank  $[\lambda n]$  such that

$$PD \subset \frac{A_p M_K}{(1-\lambda)^{1+1/p}} PK,$$

where  $A_p = const^{\frac{\ln(2/p)}{p}}$ .

Remark. To appreciate the strength of this inequality apply it to the standard simplex S inscribed in D. Then  $M_S \approx \sqrt{n \cdot \log n}$  and therefore for every  $\lambda < 1$  there are  $\lambda n$ -dimensional projections containing a Euclidean ball of radius  $f(\lambda)/\sqrt{n \cdot \log n}$ . At the same time S contains only a ball of radius 1/n. In fact, using this theorem for  $S \cap rD$  for some special value r, we can eliminate the logarithmic factor and obtain the existence of  $\lambda n$ -dimensional projections containing a Euclidean ball

of radius  $f_1(\lambda)/\sqrt{n}$ . Another example is the "p-convex simplex",  $S_p$ , defined for  $p \in (0,1)$  as a p-convex hull of extremum points of S, i.e.

$$S_p = \left\{ \sum_{i=1}^{n+1} \lambda_i x_i \; ; \quad \lambda_i \ge 0 \text{ and } \sum_{i=1}^{n+1} \lambda_i^p \le 1 \right\},$$

where  $\{x_i\}_{i=1}^{n+1} = extr S$ . Then Theorem 2 gives us the existence of  $\lambda n$ -dimensional projections containing a Euclidean ball of radius  $\frac{f(\lambda,p)}{n^{1/p}}\sqrt{\frac{n}{\log n}}$ ; however  $S_p$  contains only a ball of radius  $1/n^{1/p}$ .

The proof of Theorem 2 is based on the next three lemmas. The first one was proved by W.B. Johnson and J. Lindenstrauss in [JL]. The second one was proved in [PT] for centrally-symmetric convex bodies and is the dual form of Sudakov's minoration theorem.

**Lemma 1.** There is an absolute constant c such that if  $\varepsilon > \sqrt{c/k}$  and  $N \leq 2e^{\varepsilon^2 k/c}$ , then for any set of points  $y_1, ..., y_N \in \mathbb{R}^n$  and any orthogonal projection P of rank k,

$$\mu\left(\left\{U\in O_n\mid \forall j: A(1-\varepsilon)\sqrt{k/n}\mid y_j\mid \leq |PUy_j|\leq (1+\varepsilon)\sqrt{k/n}\mid y_j\mid\right)>0,$$

where  $\mu$  is the Haar probability measure on  $O_n$  and A is an absolute constant.

**Lemma 2.** Let K be a body such that  $K + K \subset aK$ . Then

$$N(D, tK) \le 2e^{8n(aM_K/t)^2}.$$

*Proof.* M. Talagrand gave a direct simple proof of this lemma for the convex case ([LT], pp. 82-83). One can check that his proof does not use symmetry and convexity of the body and produces the estimate  $N(D, tB) \leq 2e^{2n(aM_B/t)^2}$  for every body B, such that  $B - B \subset aB$ .

Now for a body K, satisfying  $K+K\subset aK$ , denote  $B=K\cap -K$ . Then  $B-B\subset aB$  and  $M_B\leq 2M_K$ , since

$$||x||_B = \max(||x||_K, ||x||_{-K}) \le ||x||_K + ||x||_{-K}.$$

Thus

$$N(D, tK) \le N(D, tB) \le 2e^{2n(2aM_K/t)^2}$$

**Lemma 3.** Let B be a body, K a p-convex body,  $r \in (0,1)$ ,  $\{x_i\} \subset rB$  and  $B \subset \bigcup (x_i + K)$ . Then  $B \subset t_rK$ , where  $t_r = \frac{1}{(1-r^p)^{1/p}}$ .

*Proof.* Let  $t_r$  be the smallest t > 0 for which  $B \subset tK$ . Then, obviously we have  $t_r = \max\{\|x\|_K \mid x \in B\}$ . Since  $B \subset \bigcup (x_i + K)$ , for any point x in B there are points  $x_0$  in rB and y in K such that  $x = x_0 + y$ . Then by maximality of  $t_r$  and p-convexity of K we have  $t_r^p \leq r^p t_r^p + 1$ . This proves the lemma.

Proof of Theorem 2. Any p-convex body K satisfies  $K + K \subset aK$  with  $a = 2^{1/p}$ . By Lemma 2 we have

$$N = N(D, tK) \le 2 \cdot \exp\left(2^{3+2/p} n(M_K/t)^2\right),$$

i.e. there exist points  $x_1, ..., x_N$  in D, such that

$$D \subset \bigcup_{i=1}^{N} (x_i + tK).$$

Denote  $c_p = 2^{3+2/p}$ . Let t and  $\varepsilon$  satisfy

$$c_p n \left(\frac{M_K}{t}\right)^2 \le \frac{\varepsilon^2 k}{c}$$

and  $\varepsilon > \sqrt{c/k}$  for c the constant from Lemma 1.

Choose

$$\varepsilon = \frac{1 - \sqrt{\lambda}}{2\sqrt{\lambda}} \ .$$

Applying Lemma 1 we obtain that there exists an orthogonal projection P of rank k such that

$$PD \subset \bigcup (Px_i + tPK)$$
 and  $|Px_i| \leq (1 + \varepsilon)\sqrt{\frac{k}{n}}|x_i|$ .

Let  $\lambda = k/n$ . Denote  $r = (1 + \varepsilon)\sqrt{\lambda}$ . Since K is p-convex, Lemma 3 gives us

$$PD \subset tt_r PK$$
 for  $t = \frac{\sqrt{cc_p}M_K}{\varepsilon\sqrt{\lambda}}$  and  $\varepsilon^2 > \frac{c}{\lambda n}$ ,  $r < 1$ .

Then for n large enough we get

$$PD \subset \frac{A_p M_K}{(1-\lambda)^{1+1/p}} PK,$$

for  $A_p = const^{\frac{\ln(2/p)}{p}}$  . This completes the proof.

Theorem 2 can be also formulated in a global form.

**Theorem 2'.** Let K be a p-convex body in  $\mathbb{R}^n$ . Then there is an orthogonal operator U such that

$$D \subset A_p' M_K(K + UK),$$

where  $A_{p}^{'} = const^{\frac{\ln(2/p)}{p}}$ .

This theorem can be proved independently, but we show how it follows from Theorem 2.

Proof of Theorem 2'. First, let us assume that K is a symmetric body. It follows from the proof of Theorem 2 that actually the measure of such projections is large. So we can choose two orthogonal subspaces  $E_1, E_2$  of  $\mathbb{R}^n$  such that dim  $E_1 = [n/2]$ , dim  $E_2 = [(n+1)/2]$  and

$$P_{i}D \subset A_{p}^{"}M_{K}P_{i}K,$$

where  $P_i$  is the projection on the space  $E_i$  (i=1,2). Denote by  $I=id_{\mathbb{R}^n}=P_1+P_2$  and  $U=P_1-P_2$ . So  $P_1=\frac{I+U}{2}$  and  $P_2=\frac{I-U}{2}$ . Then U is an orthogonal operator and for any  $x\in D$  we have

$$x = P_1 x + P_2 x \subset A_p'' M_K \left(\frac{I+U}{2}\right) K + A_p'' M_K \left(\frac{I-U}{2}\right) K$$

$$\subset A_{p}^{''}M_{K}\frac{K+K}{2}+A_{p}^{''}M_{K}\frac{UK-UK}{2}=A_{p}^{'}M_{K}(K+UK)\ .$$

This proves Theorem 2' for symmetric bodies. In the general case we need to apply the same trick as in the proof of Lemma 2. Denote  $B = K \cap -K$ . Then B is a

symmetric p-convex body so, by the first part of the proof, there is an orthogonal operator U such that

$$D \subset A_{p}'M_{B}(B+UB).$$

Since  $B \subset K$  and  $M_B \leq 2M_K$  (see proof of Lemma 2), we get the result.

Let us complement Lemma 2 by mentioning how the covering number N(K,tD) can be estimated. In the convex case this estimate is given by Sudakov's inequality ([S]), in terms of the quantity  $M_K^*$ . More precisely, if K is a centrally-symmetric convex body, then

$$N(K, tD) \le 2e^{cn(M_K^*/t)^2} .$$

Of course, using duality for a non-convex setting leads to a weak result, and we suggest below a substitute for the quantity  $M_K^*$ .

For two quasi-convex bodies K, B define the following number

$$M(K,B) = \frac{1}{|K|} \int\limits_{K} \parallel x \parallel_{B} dx,$$

where |K| is the volume of K, and  $||x||_B$  is the gauge of B. Such numbers are considered in [MP1], [MP2] and [BMMP].

**Lemma 4.** Let K be a p-convex body and let B be a body. Assume  $B-B\subset aB$ . Then

$$N(K, tB) \le 2e^{(cn/p)(aM(K,B)/t)^p}$$

where c is an absolute constant.

*Proof.* We follow the idea of M. Talagrand of estimating the covering numbers in the case K = D ([LT], pp. 82-83, see also [BLM] Proposition 4.2). Denote the gauge of K by  $\|\cdot\|$  and the gauge of B by  $|\cdot|_B$ . Define the measure  $\mu$  by

$$d\mu = \frac{1}{A}e^{-\|x\|^p}dx$$
, where  $A$  is chosen so that  $\int\limits_{\mathbb{R}^n}d\mu = 1$ .

Let  $L = \int_{\mathbb{R}^n} |x|_B d\mu$ . Then  $\mu\{|x|_B \leq 2L\} \geq 1/2$ . Let  $x_1, x_2, ...$  be a maximal set of points in K such that  $|x_i - x_j|_B \geq t$ . So the sets  $x_i + \frac{t}{a}B$  have mutually disjoint interiors. Let  $y_i = \frac{ab}{t}x_i$  for some b. Then, by p-convexity of K and convexity of the function  $e^t$ , we have

$$\mu\{y_i + bB\} = \frac{1}{A} \int_{bB} e^{-\|x + y_i\|^p} dx$$

$$\geq \frac{1}{A} \int_{bB} e^{-(\|x\|^p + \|y_i\|^p)} dx$$

$$= \frac{1}{A} e^{-\|y_i\|^p} \int_{bB} e^{-\|x\|^p} dx \geq e^{-(ba/t)^p} \mu\{bB\}.$$

Choose b = 2L. Then  $\mu\{bB\} \ge 1/2$  and, hence,

$$N(K, tB) \le 2e^{(2aL/t)^p} .$$

Now compute L. First, the normalization constant A is equal to

$$A = \int_{\mathbb{R}^n} e^{-\|x\|^p} dx = \int_{\mathbb{R}^n} \int_{\|x\|}^{\infty} (-e^{-t^p})' dt dx = \int_{0}^{\infty} pt^{p-1} e^{-t^p} \int_{\|x\| \le t} dx dt$$
$$= \int_{\|x\| \le 1} dx \int_{0}^{\infty} pt^{p+n-1} e^{-t^p} dt = |K| \cdot \Gamma\left(1 + \frac{n}{p}\right),$$

where  $\Gamma$  is the gamma-function. The remaining integral is

$$\int_{\mathbb{R}^{n}} |x|_{B} e^{-||x||^{p}} dx = \int_{\mathbb{R}^{n}} |x|_{B} \int_{\|x\|}^{\infty} (-e^{-t^{p}})' dt dx = \int_{0}^{\infty} p t^{p-1} e^{-t^{p}} \int_{\|x\| \le t} |x|_{B} dx dt$$

$$= \int_{\|x\| \le 1} |x|_{B} dx \int_{0}^{\infty} p t^{p+n} e^{-t^{p}} dt = |K| \cdot M(K, B) \cdot \Gamma\left(1 + \frac{n+1}{p}\right).$$

Using Stirling's formula we get

$$L \approx \left(\frac{n}{p}\right)^{1/p} M(K, B).$$

This proves the lemma.

Remark. An analogous lemma for a p-smooth  $(1 \le p \le 2)$  body K and a convex centrally-symmetric body B was announced in [MP2]. Of course, the proof holds for all p > 0 and every quasi-convex centrally-symmetric body B. More precisely, the following lemma holds.

**Lemma 4'.** Let K and B be bodies. Let  $B - B \subset aB$  and assume that for some p > 0 there is a constant  $c_p$  which depends only on p and the body K, such that

$$\parallel x+y\parallel_K^p+\parallel x-y\parallel_K^p\leq 2\cdot (\parallel x\parallel_K^p+c_p\cdot\parallel y\parallel_K^p)$$
 for all  $x,y\in\mathbb{R}^n$ .

Then

$$N(K, tB) \le 2e^{cn(c_p/p)(aM(K,B)/t)^p}$$

where c is an absolute constant.

Lemma 4' is an extension of Lemma 2 in the symmetric case. Indeed, since Euclidean space is a 2-smooth space, then in the case where K = D is an ellipsoid, we have  $c_2(D) = 1$ . By direct computation,  $M(D, B) = \frac{n}{n+1} M_B$ . Thus,

$$N(D, tB) \le 2e^{(cn)(M_B/t)^2}.$$

Define the following characteristic of K:

$$\tilde{M}_K = \frac{1}{|K|} \int\limits_K |x| dx \,,$$

where  $|\cdot| = |\cdot|_D$  is the Euclidean norm associated to D.

Lemma 4 shows that for a p-convex body K

$$N(K, tD) \le 2e^{(cn/p)(2\tilde{M}_K/t)^p}.$$

Theorem 3 follows from this estimate by arguments similar to those in [MPi].

**Theorem 3.** Let  $\lambda \in (0,1)$  and n be large enough. Let K be a p-convex body in  $\mathbb{R}^n$  and  $\|\cdot\|$  the gauge of K. Then there exists a subspace E of  $(\mathbb{R}^n, \|\cdot\|)$  such that dim  $E = [\lambda n]$  and for any  $x \in E$  the following inequality holds:

$$||x|| \ge \frac{(1-\lambda)^{1/2+1/p}}{a_p \tilde{M}_K} |x|,$$

where  $a_p$  depends on p only (more precisely  $a_p = const^{\frac{\ln(2/p)}{p}}$ ).

*Proof.* By Lemma 4 there are points  $x_1, ..., x_N$  in K, such that  $N < e^{c_p n(\tilde{M}_K/t)^p}$  and for any  $x \in K$  there exists some  $x_i$  such that  $|x - x_i| < t$ . By Lemma 1 there exists an orthogonal projection P on a subspace of dimension  $[\delta n]$  such that if t and  $\varepsilon$  satisfy

$$c_p n \left(\frac{\tilde{M}_K}{t}\right)^p < \frac{\varepsilon^2 \delta n}{c} \text{ and } \varepsilon > \sqrt{\frac{c}{\delta n}}$$

we have

$$b|x_i| := (1 - \varepsilon)A\sqrt{\delta}|x_i| \le |Px_i| \le (1 + \varepsilon)\sqrt{\delta}|x_i|$$

for every  $x_i$ . Let E = Ker P. Then  $\dim E = \lambda n$ , where  $\lambda = 1 - \delta$ . Take x in  $K \cap E$ . There is an  $x_i$  such that  $|x - x_i| < t$ . Hence

$$|x| \le |x - x_i| + |x_i| \le t + \frac{|Px_i|}{b}$$

$$= t + \frac{|P(x - x_i)|}{b}$$

$$\le t + \frac{|x - x_i|}{b} \le t(1 + \frac{1}{b}) \le \frac{const \cdot t}{(1 - \varepsilon)\sqrt{\delta}}.$$

Therefore for n large enough and

$$t = \left(\frac{const \cdot c_p}{\varepsilon^2 \delta}\right)^{1/p} \tilde{M}_K$$

we get

$$||x|| \ge \frac{const \cdot \varepsilon^2 (1 - \varepsilon) \delta^{1/2 + 1/p}}{c_p^{1/p} \tilde{M}_K} |x|.$$

To obtain our result take  $\varepsilon$ , say, equal to 1/2.

As was noted in [MP2] in some cases  $\tilde{M}_K \ll M_K^*$  and then Theorem 3 gives better estimates than Theorem 1 even for a convex body (in some range of  $\lambda$ ). As an example, if  $K = B(l_1^n)$ , then  $\tilde{M}_K \leq c \cdot n^{-1/2}$ , but  $M_K^* \geq c \cdot n^{-1/2} (\log n)^{1/2}$  for some absolute constant c.

### 3. Additional remarks

In fact, the proof of Theorem 2 shows a more general fact.

**Fact.** Let D be an ellipsoid and K a p-convex body. Let

$$N(D,K) < e^{\alpha n}$$
.

For an integer  $1 \le k \le n$  write  $\lambda = k/n$ . Then for some absolute constant c and

$$\gamma = c\sqrt{\alpha}, \quad k \in (\gamma^2 n, (1-2\gamma)^2 n)$$

there exists an orthogonal projection P of rank k such that

$$c_1 \left( p(1 - \sqrt{\lambda})/2 \right)^{1/p} PD \subset PK,$$

where  $c_1$  is an absolute constant.

In terms of entropy numbers this means that

$$c_1 \frac{\left(p(1-\sqrt{k/n})/2\right)^{1/p}}{e_k(D,K)} PD \subset PK,$$

where  $e_k(D, K) = \inf\{\varepsilon > 0 \mid N(D, \varepsilon K) \le 2^{k-1}\}$ .

It is worthwhile to point out that Theorem 2 can be obtained from this result. We thank E. Gluskin for his remarks on the first draft of this note.

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