EQUIDISTRIBUTION OF DILATIONS OF POLYNOMIAL CURVES IN NILMANIFOLDS

MICHAEL BJÖRKLUND AND ALEXANDER FISH

(Communicated by Bryna Kra)

ABSTRACT. In this paper we study the asymptotic behaviour under dilations of probability measures supported on polynomial curves in nilmanifolds. We prove, under some mild conditions, the effective equidistribution of such measures to the Haar measure. We also formulate a mean ergodic theorem for $\mathbb{R}^n$ -representations on Hilbert spaces, restricted to a moving phase of low dimension. Furthermore, we bound the necessary dilation of a given smooth curve in $\mathbb{R}^n$ so that the canonical projection onto $\mathbb{T}^n$ is ε -dense.

1. INTRODUCTION

The concept of mixing in ergodic theory is a fairly well understood topic from a spectral point of view. In general, mixing of an $\mathbb{R}$ -flow T on a probability space (X, μ) asserts that absolutely continuous probability measures ν converge to μ under the flow, i.e.

$$(T_t)_* \nu \rightarrow \mu,$$

in the weak*-topology on probability measures on X . Of course, in general, the attractor of μ under the dynamics of the flow T can be much larger than the set of absolutely continuous measures; indeed, it may contain probability measures which are very singular with respect to μ . For an arbitrary mixing $\mathbb{R}$ -flow there is no precise characterization of the attraction basin of μ .

In this paper we study the action of dilations on certain classes of singular probability measures on nilmanifolds. This is a slightly different situation than the one described above, since there is no ergodic $\mathbb{R}$ -flow associated to the problem, but the underlying philosophy is the same: Let δ denote a semigroup homomorphism from the additive group $\mathbb{R}_+$ into the automorphism group of a homogeneous group G , which in most of our cases will be $\mathbb{R}^n$. Let $\tilde{\mu}$ be a probability measure on G , supported on a smooth curve p in G , and let $\tilde{\mu}_\lambda$ denote the measure $(\delta_\lambda)_* \tilde{\mu}$, for $\lambda > 0$. Suppose Γ is a cocompact lattice in G , and let μ_λ denote the canonical projection of $\tilde{\mu}_\lambda$ onto the associated manifold. We are interested in conditions on the curve p which assure that the sequence of singular probability measures μ_λ converges to the Haar measure, and we want to estimate the speed of convergence.

In the case of $G = \mathbb{R}^n$, and standard dilations, we give conditions on the curve p which assure fast convergence of μ_λ to the Haar measure (in the stronger topology

---

Received by the editors September 5, 2008.

2000 *Mathematics Subject Classification.* Primary 60B15.

The research of the second author was partly done during his visit to MSRI, Berkeley.

of pseudo-measures, i.e. as functionals on the space of absolutely summable Fourier series). Furthermore, under some smoothness conditions on the curve p , we bound, for any $\varepsilon > 0$, the necessary dilation A_ε from above, so that for all $\lambda \geq A_\varepsilon$, every ε -ball in $\mathbb{T}^n$ is charged by the measures μ_λ .

In the case when G is a Heisenberg group, we prove that the question of equidistribution of a family of orbits $\{\lambda p\}_\lambda$ on a compact quotient X can be reduced to equidistribution on the horizontal torus of X (i.e. the quotient of X by the derived group of G). This result is reminiscent of Leibman's result [5] on polynomial sequences in nilmanifolds.

In section 2 we prove a general mean ergodic theorem for $\mathbb{R}^n$ -actions restricted to a moving phase of dimension one: if T is an ergodic $\mathbb{R}^n$ -flow on a countable generated Borel space (X, μ) , and if p is a polynomial curve in $\mathbb{R}^n$ which is not completely contained in an affine hyperplane, then, for every $f \in L^2(X, \mu)$,

$$\int_0^1 f(T_{\lambda p(t)} x) dt \rightarrow \int_X f(x) d\mu(x),$$

in the norm of $L^2(X, \mu)$.

The methods used in this paper can also treat analogous equidistribution problems for higher dimensional algebraic varieties.

2. A MEAN ERGODIC THEOREM

In this section we will prove a mean ergodic theorem for $\mathbb{R}^n$ -actions restricted to a dilated phase of dimension 1. We will need the following simple lemma, which can be found in [4], p. 146.

Lemma 1 (Van der Corput's Lemma). *Suppose $\varphi(t) = \sum_{k=1}^d a_k t^k$ is a polynomial of degree d . Then there is constant C , depending only on d , such that*

$$\left| \int_0^1 e^{i\varphi(t)} dt \right| \leq \frac{C}{\left(\sum_{k=1}^d |a_k| \right)^{1/d}}.$$

For basic facts about Bochner integration in Hilbert spaces, we refer the reader to [2] and [6].

Theorem 2. *Let U be a unitary $\mathbb{R}^n$ -representation, without invariant vectors, on a separable Hilbert space H . Let p be a polynomial curve in $\mathbb{R}^n$, defined on the interval $[0, 1]$, and not contained in a proper affine subspace of $\mathbb{R}^n$. Define, for $\lambda > 0$ and $x \in H$, the Bochner integral*

$$x_\lambda = \int_0^1 U_{\lambda p(t)} x dt.$$

Then, $x_\lambda \rightarrow 0$, as $\lambda \rightarrow \infty$, in the norm topology of H .

Proof. We recall Stone's representation theorem for unitary $\mathbb{R}^n$ -representations on Hilbert spaces [8]: For all $x \in H$, there is a bounded measure μ_x on $\mathbb{R}^n$ such that

$$\langle x, U_t x \rangle = \int_{\mathbb{R}^n} e^{i\langle y, t \rangle} d\mu_x(y), \quad \forall t \in \mathbb{R}^n.$$

Since U is assumed to be without invariant vectors in H , the measure μ_x does not have an atom at the point 0. Thus,

$$\begin{aligned} \|x_\lambda\|^2 &= \left\langle \int_0^1 U_{\lambda p(t)} x \, dt, \int_0^1 U_{\lambda p(s)} x \, ds \right\rangle \\ &= \int_0^1 \int_0^1 \langle U_{\lambda p(t)} x, U_{\lambda p(s)} x \rangle \, dt \, ds \\ &= \int_0^1 \int_0^1 \int_{\mathbb{R}^n} e^{i\lambda \langle y, p(s) - p(t) \rangle} \, d\mu_x(y) \, dt \, ds \\ &= \int_{\mathbb{R}^n} \left| \int_0^1 e^{i\lambda \langle y, p(t) \rangle} \, dt \right|^2 \, d\mu_x(y). \end{aligned}$$

Define

$$\psi_x(\lambda, y) = \left| \int_0^1 e^{i\lambda \langle y, p(t) \rangle} \, dt \right|,$$

and note that, since p is not contained in a proper affine subspace of $\mathbb{R}^n$, and hence $\langle y, p(t) \rangle$ is a nontrivial polynomial of degree less than or equal to d , we know that $\psi_x(\lambda, y) \rightarrow 0$, for all $y \neq 0$. Since $|\psi_x(\lambda, y)| \leq 1$, for all $y \in \mathbb{R}^n$ and $\lambda > 0$, we conclude, by dominated convergence, that $x_\lambda \rightarrow 0$ in the norm of H . $\square$

Remark. If we assume that the measure μ_x satisfies an integrability condition of the form

$$\int_{\mathbb{R}^n} \frac{1}{\|\varphi_y\|_1^{2/d}} \, d\mu_x(y) < +\infty,$$

where $\varphi_y(t) = \langle y, p(t) \rangle$, for $t \in [0, 1]$, then, if the degree of p is d , we have that for all $\lambda > 0$,

$$\|x_\lambda\| \leq \frac{C}{\lambda^{1/d}},$$

for some constant C .

This theorem also extends (by a straightforward approximation argument) to isometric representations of $\mathbb{R}^d$ on $L^p(X, \mu)$, where (X, μ) is a countably generated Borel space. In this case, it would be interesting to investigate pointwise convergence almost everywhere on (X, μ) , and related maximal inequalities.

3. EQUIDISTRIBUTION OF LONG CURVES ON TORI

In this section we will study equidistribution of dilations of curves in $\mathbb{R}^n$ projected onto $\mathbb{T}^n$. Let p be a smooth curve, defined on the interval $[0, 1]$. Let μ denote the Lebesgue measure on $[0, 1]$, and define μ_λ to be the following measure on $\mathbb{T}^n$:

$$\int_{\mathbb{T}^n} \varphi(x) \, d\mu_\lambda(x) = \int_0^1 \varphi(\lambda p(t)) \, dt, \quad \lambda > 0,$$

where φ is a continuous function on $\mathbb{T}^n = \mathbb{R}^n / \mathbb{Z}^n$. We say that the curves $\{\lambda p\}_{\lambda > 0}$ equidistribute in $\mathbb{T}^n$ if

$$\int_{\mathbb{T}^n} \varphi(x) \, d\mu_\lambda(x) \rightarrow \int_{\mathbb{T}^n} \varphi(x) \, dm(x), \quad \text{as } \lambda \rightarrow \infty,$$

where m denotes the Haar measure on $\mathbb{T}^n$. By uniform completeness of exponentials in $C(\mathbb{T}^n)$ this is equivalent to

$$\int_{\mathbb{T}^n} e^{2\pi i \langle \nu, x \rangle} d\mu_\lambda(x) \rightarrow 0,$$

for all $\nu \in \mathbb{Z}^n \setminus \{0\}$.

We will restrict our attention to polynomial curves.

If $p(t) = (p_1(t), \dots, p_n(t))$ is a polynomial curve in $\mathbb{R}^n$, where

$$(1) \quad p_j(t) = \sum_{k=1}^d a_{jk} t^k, \quad j = 1, \dots, n,$$

we let A denote the $n \times d$ matrix (a_{jk}) .

We will make effective statements about the convergence of μ_λ to the Haar measure on $\mathbb{T}^n$ in terms of the kernel of A^* . We let $\|\cdot\|$ denote the l^1 -norm of the space at hand, and we always assume that $d \geq n$.

Proposition 3. *Suppose the kernel of A^* is trivial over $\mathbb{Q}$. Then there is a positive constant C , independent of p , such that for all $\lambda > 0$, and $\nu \in \mathbb{Z}^n \setminus \{0\}$,*

$$|\hat{\mu}_\lambda(\nu)| \leq \frac{C}{\lambda^{1/d} \|A^* \nu\|^{1/d}}.$$

Proof. This is an immediate consequence of Van der Corput's lemma applied to the function $\varphi(t) = \langle \nu, p(t) \rangle$. $\square$

Note that under the above assumption, no uniformity in ν can be asserted. If we assume that the kernel is trivial over $\mathbb{R}$, more can be said:

Theorem 4. *Suppose the kernel of A^* is trivial over $\mathbb{R}$. Then there is a positive constant C , such that for all $\lambda > 0$,*

$$\sup_{\nu \neq 0} \|\nu\|^{1/d} |\hat{\mu}_\lambda(\nu)| \leq \frac{C}{\lambda^{1/d}}.$$

In particular, this implies that the measures μ_λ converge to the Haar measure on $\mathbb{T}^n$ as pseudo-measures, i.e. in the weak*-topology induced from the space of absolutely summable Fourier series. By a simple extension [4] of van der Corput's lemma, the same theorem holds true if the Lebesgue measure μ on $[0, 1]$ is replaced by a compactly supported absolutely continuous measure on $\mathbb{R}$ with a sufficiently smooth density. This theorem is similar in spirit to Shah's results [10] on the equidistribution of smooth curves in the unit tangent bundle of a finite volume hyperbolic manifold under the action of the geodesic flow.

Proof. The triviality of the kernel of A^* over $\mathbb{R}$ implies the existence of a positive constant c such that $\|A^* x\| \geq c \|x\|$ for all $x \in \mathbb{R}^n$. The theorem now follows from Proposition 3. $\square$

We also have the following corollary:

Corollary 5. *The dilations of a polynomial curve $p(t) = (p_1(t), \dots, p_n(t))$ in $\mathbb{T}^n$ equidistribute if and only if they become dense.*

Proof. The only direction which requires a proof is “ $\Leftarrow$ ”. If the dilations do not equidistribute, then, by Proposition 3, there must be a linear dependence between the coefficients of the polynomials $p_1, \dots, p_n$. This implies that there exists $m \in \mathbb{Z}^n \setminus \{0\}$ such that for all $\lambda \in \mathbb{R}$ and $t \in [0, 1]$,

$$\langle m, \lambda p(t) \rangle = \lambda \langle A^* m, \gamma(t) \rangle = 0,$$

where $\gamma(t) = (t, t^2, \dots, t^d)$.

This means that all the curves λp lie in the subtorus

$$L_m = \{x \in \mathbb{T}^n \mid \langle m, x \rangle = 0\}.$$

Thus, in this case, dilations do not spread out densely in $\mathbb{T}^n$. $\square$

4. EQUIDISTRIBUTION ON HEISENBERG NILMANIFOLDS

The Heisenberg groups $H_n(R)$, where R is a unital commutative ring, are defined as follows:

$$H_n(R) = \left\{ \begin{pmatrix} 1 & x_1 & \dots & x_n & z \\ & \ddots & & & y_1 \\ & & \ddots & 0 & \vdots \\ & 0 & & \ddots & y_n \\ & & & & 1 \end{pmatrix} \mid x, y \in R^n, z \in R \right\}.$$

It is straightforward to prove that $H_n(R)$ is a two-step nilpotent group. If $R = \mathbb{R}$, $H_n(\mathbb{R})$ is a Lie group, with the smooth structure induced from the Lie algebra (see [11], p. 42), and $H_n(\mathbb{Z})$ is a cocompact lattice in $H_n(\mathbb{R})$. We let $X_n = H_n(\mathbb{R})/H_n(\mathbb{Z})$ denote the associated nilmanifold, and we let m denote the unique $H_n(\mathbb{R})$ -invariant measure on X_n . The Laplace operator on X_n is given by

$$\Delta = \sum_{j=1}^n (D_j^2 + D_j'^2) + \partial_z^2,$$

where $D_j = \partial_{x_j}$ and $D_j' = \partial_{y_j} + x_j \partial_z$.

The eigenfunctions and eigenvalues of Δ on X_n were determined by Deninger and Singhof in [1]. We briefly recall their result: The spectrum of Δ decomposes into two parts; the first part is parameterized by $k, h \in \mathbb{Z}^n$, with eigenfunctions

$$f_{k,h}(x, y, z) = e^{2\pi i(\langle k, x \rangle + \langle h, y \rangle)}$$

and eigenvalues

$$\lambda_{k,h} = -4\pi^2(|k|^2 + |h|^2).$$

The second part of the spectrum consists of eigenfunctions of the form

$$g_{q,m,h}(x, y, z) = e^{2\pi i(mz + \langle q, y \rangle)} \prod_{j=1}^n \left[\sum_{k \in \mathbb{Z}} F_{h_j} \left(\sqrt{2\pi|m|} \left(x_j + \frac{q_j}{m} + k \right) \right) e^{2\pi i k m y_j} \right],$$

where $m \in \mathbb{Z} \setminus \{0\}$, $q \in \mathbb{Z}^n$ and $h = (h_1, \dots, h_n) \in \mathbb{N}_0^n$, with eigenvalues

$$\lambda_{q,m,h} = -2\pi|m|(2h_1 + \dots + 2h_n + n + 2\pi|m|).$$

Here, $\{F_\nu\}_{\nu \geq 0}$ denotes the Hermite functions,

$$F_\nu(t) = (-1)^\nu e^{t^2/2} \frac{d^\nu}{dt^\nu} e^{-t^2}, \quad \nu \geq 0.$$

Note that the H_n -invariant measure m on X_n is completely determined by the equations

$$\int_{X_n} f_{k,h} dm = 0 \quad \text{and} \quad \int_{X_n} g_{q,m,h} dm = 0.$$

Indeed, the linear span of eigenfunctions of Δ is dense in the space of continuous functions on X_n ; see [12], p. 256. Thus, a necessary and sufficient condition for a family of measures μ_λ to converge to m in the weak*-topology of the space of probability measures on X_n is

$$\int_{X_n} f_{k,h} d\mu_\lambda \rightarrow 0 \quad \text{and} \quad \int_{X_n} g_{q,m,h'} d\mu_\lambda \rightarrow 0,$$

for all $(k, h) \in \mathbb{Z}^{2n} \setminus \{0\}$, $q \in \mathbb{Z}^n$, $m \in \mathbb{Z} \setminus \{0\}$ and $h' \in \mathbb{N}_0^n$.

The Heisenberg groups admit natural families of dilations, similar to the Euclidean case. We define, for $\lambda > 0$,

$$\lambda(x, y, z) = (\lambda^{1/2}x, \lambda^{1/2}y, \lambda z).$$

Let

$$p(t) = (a(t), b(t), c(t)), \quad t \in [0, 1],$$

where a and b are polynomial curves in $\mathbb{R}^n$, and c is a polynomial. As before, we let μ_λ denote the push-forward of the Lebesgue measure on the interval $[0, 1]$ under the composite of λp into H_n and the canonical projection of H_n onto the nilmanifold X_n . The horizontal torus of X_n is the torus $\mathbb{T}^{2n}$ generated by the x and y -coordinates modulo $\mathbb{Z}^{2n}$. The following theorem should be thought of as an analogue of Leibman's theorem [5]:

Theorem 6. *Suppose p is a polynomial curve in $H_n(\mathbb{R})$. Then, the dilations of p equidistribute in the nilmanifold $X_n = H_n(\mathbb{R})/H_n(\mathbb{Z})$ if and only if they equidistribute in the horizontal torus of X_n .*

Proof. We will first prove that

$$I(\lambda) = \int_{X_n} g_{q,m,h'} d\mu_\lambda \rightarrow 0, \quad \lambda \rightarrow \infty,$$

for all $q \in \mathbb{Z}^n$, $m \in \mathbb{Z} \setminus \{0\}$ and $h' \in \mathbb{N}_0^n$.

We define $G(x, y) = G_1(x_1, y_1) \cdots G_n(x_n, y_n)$ and

$$G_j(x_j, y_j) = \sum_{k \in \mathbb{Z}} F_{h_j} \left(\sqrt{2\pi|m|} \left(x_j + \frac{q_j}{m} + k \right) \right) e^{2\pi i(km + q_j)y_j}.$$

The general case can be deduced from the case when c is nonnegative and invertible on $[0, 1]$ with $c(0) = 0$. Let $[0, \beta] = c([0, 1])$. In this new notation we are interested in the asymptotics of the integral

$$I(\lambda) = \int_0^1 e^{2\pi i m \lambda c(t)} G(\lambda^{1/2}a(t), \lambda^{1/2}b(t)) dt,$$

when $\lambda \rightarrow \infty$. We make the variable substitution $u = c(t)$:

$$I(\lambda) = \int_0^\beta \frac{e^{2\pi i m \lambda u} G(\lambda^{1/2}a(c^{-1}(u)), \lambda^{1/2}b(c^{-1}(u)))}{c'(c^{-1}(u))} du.$$

Note that the function

$$H_\lambda(u) = G(\lambda^{1/2}a(c^{-1}(u)), \lambda^{1/2}b(c^{-1}(u)))$$

is bounded as a function in λ and u , and if we let $\omega(u) = c'(c^{-1}(u))$, we have

$$\int_0^\beta \frac{1}{|\omega(u)|} du < +\infty.$$

Thus, for any $\varepsilon > 0$ there is a $\delta > 0$ such that

$$\left| \int_0^\delta \frac{1}{\omega(u)} du \right| < \varepsilon.$$

Hence, since $H_\lambda(u)$ as a function of λ is bounded for $u \in [0, \delta]$, to prove that $I(\lambda)$ converges to zero as $\lambda \rightarrow +\infty$, it suffices to estimate the following integral:

$$\begin{aligned} & \int_\delta^\beta \frac{e^{2\pi i m \lambda u} G(\lambda^{1/2} a(c^{-1}(u)), \lambda^{1/2} b(c^{-1}(u)))}{c'(c^{-1}(u))} du \\ &= \frac{1}{2\pi i m \lambda} \int_\delta^\beta \frac{(e^{2\pi i m \lambda u})' G(\lambda^{1/2} a(c^{-1}(u)), \lambda^{1/2} b(c^{-1}(u)))}{c'(c^{-1}(u))} du \\ &= \frac{o(\lambda)}{\lambda} - \frac{1}{2\pi i m \lambda} \int_\delta^\beta e^{2\pi i m \lambda u} \left(\frac{H'_\lambda(u)}{\omega(u)} - H_\lambda(u) \frac{\omega'(u)}{\omega(u)^2} \right) du, \end{aligned}$$

where $'$ denotes differentiation with respect to the variable u .

The last term is clearly $o(\lambda)$. Since $H'_\lambda(u) = \lambda^{1/2} K(\lambda, u)$ for some function K which is bounded in u and λ , we conclude that

$$\left| \int_\delta^1 e^{2\pi i m \lambda u} \frac{H'_\lambda(u)}{\omega(u)} du \right| = O(\lambda^{1/2}),$$

which proves that $\limsup_{\lambda \rightarrow \infty} |I(\lambda)| < \varepsilon$. Since ε is arbitrary, we are done.

On the other hand,

$$\int_{X_n} f_{k,h} d\mu_\lambda \rightarrow 0, \quad \lambda \rightarrow \infty,$$

is equivalent to the statement that the projections of λp onto X_n equidistribute on the horizontal torus. $\square$

As a corollary of Theorem 6 and Corollary 5 we get the following result.

Theorem 7. *Suppose p is a polynomial curve in $H_n(\mathbb{R})$. The dilations of p equidistribute in the nilmanifold $X_n = H_n(\mathbb{R})/H_n(\mathbb{Z})$ if and only if they become dense in the horizontal torus of X_n .*

For a general nilmanifold $X = N/\Gamma$, where N is a nilpotent Lie group and Γ a cocompact discrete subgroup of N , the horizontal torus is defined to be the manifold $N/[N, N]\Gamma$. We conjecture that the above phenomenon is not restricted to Heisenberg manifolds, but occurs in any nilmanifold which admits dilations.

Conjecture. *Suppose X is a compact nilmanifold covered by a nilpotent Lie group N which admits dilations. If p is a polynomial curve in N , the canonical projections onto X of the dilations of p equidistribute if and only if they equidistribute in the horizontal torus of X .*

This conjecture is similar to Leibman's theorem [5] on the equidistribution of polynomial sequences in nilmanifolds.

5. DENSITY OF POLYNOMIAL CURVES

In this section we will address the following question: *Given a polynomial curve p in $\mathbb{R}^n$, defined on $[0, 1]$, and $\varepsilon > 0$; find a number $A(\varepsilon)$ such that for all $\lambda \geq A(\varepsilon)$, the canonical projection of the orbit $\lambda p([0, 1])$ onto $\mathbb{T}^n$ is ε -dense.* The answer will of course depend on certain diophantine properties of the coefficients of the polynomial curve. We define, for $z \in \mathbb{T}$,

$$\|z\|_{\mathbb{T}} = \inf_{n \in \mathbb{Z}} |z - n|.$$

We will need the following definition.

Definition 1. Let $c > 0$ and $q \in \mathbb{N}$. A vector x in $\mathbb{R}^n$ is called (c, q) -badly approximable by rationals (BAP) if for every ν in $\mathbb{Z}^n \setminus \{0\}$ we have

$$\|\langle x, \nu \rangle\|_{\mathbb{T}} > \frac{c}{\|\nu\|^q}.$$

It follows from the pigeonhole principle that, for every dimension $n \in \mathbb{N}$, there exists a constant $c_n > 0$ such that every vector $x \in \mathbb{R}^n$ is not (c_n, n) -BAP. For example, $c_1 = 1$. In general, $c_n = n^{\frac{n}{2}}$. We say that a vector $x \in \mathbb{R}^n$ is *badly approximable* if there exists $c > 0$ such that x is (c, n) -badly approximable. Denote by $\mathcal{BA}$ the set of all badly approximable vectors.

The well-known Khintchine theorem states that the set $\mathcal{BA}$ has zero Lebesgue measure. Nevertheless, it is a quite large set. Schmidt's theorem [9] states that $\mathcal{BA}$ is a *thick* set; i.e. for every open set $W \subset \mathbb{R}^n$ the Hausdorff dimension of $\mathcal{BA} \cap W$ is equal to n . One more result should be mentioned in the context of a largeness of (c, q) -BAP sets. For every $n \in \mathbb{N}$ and every $\varepsilon > 0$ the set of vectors in $\mathbb{R}^n$ which are $(c, n + \varepsilon)$ -BAP for some $c > 0$ (which might depend on x) has full Lebesgue measure.

We will prove:

Theorem 8. *Suppose f is a curve in $\mathbb{R}^n$ defined on $[0, 1]$ such that $f(0) = 0$ and f is twice continuously differentiable at 0. Assume that $f'(0)$ is (c, q) -badly approximable by rationals. Then there exists $\varepsilon_0 > 0$ such that for every $\varepsilon > 0$ there exists a constant C , depending only on c, q, n, f , such that for every $\lambda \geq A(\varepsilon)$, where*

$$A(\varepsilon) = C\varepsilon^{-((q+1)n(n+1)+q\sum_{i=0}^{n-2}(i+1)(2n-i)+1)},$$

the projected orbit $\lambda f([0, 1])$ onto $\mathbb{T}^n$ is ε -dense.

Remark. Note that in the most interesting case $q = n$ there exists $\alpha > 0$ (which does not depend on f) such that

$$A(\varepsilon) = C\varepsilon^{-\alpha n^4}.$$

As a corollary of Theorem 8 we get an upper bound on the dilation $A(\varepsilon)$ which will suffice for ε -density of a dilated polynomial curve $p(t)$ under some diophantine conditions on the coefficients.

Corollary 9. *Let $p(t) = (p_1(t), \dots, p_n(t))$ be a polynomial curve in $\mathbb{R}^n$ given by equations (1). Assume that the vector $(a_{11}, a_{21}, \dots, a_{n1})$ is (c, q) -badly approximable by rationals. Then there exists $C > 0$ (which depends on p, n, c, q) such that for every $\lambda \geq A(\varepsilon)$, where*

$$A(\varepsilon) = \frac{C}{\varepsilon^{2((q+1)\frac{n(n+1)}{2}+q\sum_{i=0}^{n-2}\frac{(i+1)(2n-i)}{2})+1}},$$

the projected orbit $\lambda p([0, 1])$ onto $\mathbb{T}^n$ is ε -dense.

Let $x \in \mathbb{R}^n$. Define

$$T_x(\varepsilon) = \inf \left\{ N \geq 1 \mid \text{the orbit } \{mx\}_{m=1}^N \text{ is } \varepsilon\text{-dense in } \mathbb{T}^n \right\}.$$

Theorem 8 follows immediately from the following upper bound on $T_x(\varepsilon)$, when x is BAP.

Lemma 10. *Assume $a = (a_1, \dots, a_n) \in \mathbb{R}^n$ is (c, q) -badly approximable by rationals. Then for $n > 1$ we have the following estimate:*

$$T_a(\varepsilon) \ll \left(\frac{1}{\varepsilon} \right)^{(q+1)\frac{n(n+1)}{2} + q \sum_{i=0}^{n-2} \frac{(i+1)(2n-i)}{2}} =: \Lambda(\varepsilon);$$

for $n = 1$ we have the estimate

$$T_a(\varepsilon) \leq \frac{1}{c\varepsilon^{q+1}}.$$

The expression “ $e_1(x) \ll e_2(x)$ ” means that there exists a constant $C > 0$ (which does not depend on x) such that $e_1(x) \leq Ce_2(x), \forall x > 0$.

Proof of Theorem 8. Let $f_\lambda(t) = \lambda f(t)$. We will find an upper bound on $A(2\varepsilon)$ as a function of $\Lambda(\varepsilon)$ obtained in Lemma 10.

Let $\lambda > 0$ and let $a = f'(0)$. By the assumption on $f(t)$ and Lemma 10 we know that there exists $D > 0$ such that for sufficiently small $\varepsilon_0 > 0$,

$$(1) \sup_{t \leq D\varepsilon_0^{\frac{1}{2}}} \|f_\lambda(t) - a\lambda t\| \leq \lambda\varepsilon_0,$$

$$(2) \{ \lambda at \mid t \leq D\varepsilon_0^{1/2} \} \text{ is } \varepsilon\text{-dense in } \mathbb{T}^n \text{ provided that } \lambda D\varepsilon_0^{1/2} \geq \Lambda(\varepsilon).$$

Thus, any λ which satisfies

$$(1) \lambda\varepsilon_0 \leq \varepsilon,$$

$$(2) \lambda D\varepsilon_0^{1/2} \geq \Lambda(\varepsilon)$$

gives an upper bound on $A(2\varepsilon)$. We are interested in a minimal possible λ which satisfies the properties listed above, so we assume that

$$\lambda\varepsilon_0 = \varepsilon.$$

We deduce $\varepsilon_0 = \frac{\varepsilon}{\lambda}$. We substitute the obtained expression for ε_0 into the equation (2):

$$\lambda^{1/2}\varepsilon^{1/2}D \geq \Lambda(\varepsilon).$$

The latter inequality implies that

$$\lambda \geq D^{-2} \frac{\Lambda(\varepsilon)^2}{\varepsilon}.$$

The latter implies the conclusion of the theorem. $\square$

Proof of Lemma 10. First, we prove the case $n = 1$.

It is clear by the pigeonhole principle that there exists $m \in \mathbb{N}, m \leq \frac{1}{\varepsilon}$ such that $\|ma\|_{\mathbb{T}} \leq \varepsilon$. We know that a is (c, q) -BAP; thus we have

$$\|ma\|_{\mathbb{T}} \geq \frac{c}{m^q} \geq c\varepsilon^q.$$

Therefore the first $\frac{1}{\varepsilon} \frac{1}{c\varepsilon^q}$ iterations of a will form an ε -net in $\mathbb{T}$.

The case $n > 1$.

If we divide $\mathbb{T}^n$ into $c_1 \frac{1}{\varepsilon^n}$ boxes, then by the pigeonhole principle we can find $m \leq N = c_1 \frac{1}{\varepsilon^n}$ such that $\|ma\|_{\mathbb{T}^n} \leq \varepsilon$. Notice that c_1 depends only on n .

Let $b = (b_1, \dots, b_n)$ denote the vector ma . Note that if we can show that the finite orbit $(b, 2b, \dots, Mb)$ is ε -dense in $\mathbb{T}^n$ for some $M \in \mathbb{N}$, then it follows that

$$T_a(\varepsilon) \leq c_1 \frac{M}{\varepsilon^n}.$$

The new vector b is $(c/m^q, q)$ -BAP, since

$$\|\langle ma, \nu \rangle\|_{\mathbb{T}} = \|\langle a, m\nu \rangle\|_{\mathbb{T}} \geq \frac{c}{(m\|\nu\|)^q}.$$

Because of the estimate on m we conclude that b is $(\frac{c\varepsilon^{nq}}{c_1^q}, q)$ -BAP.

Therefore $b_i \neq 0$ for all $i \in \{1, 2, \dots, n\}$. A permutation of the coordinates in the vector b does not change $T_b(\varepsilon)$; thus without loss of generality we can assume that $b_1 \geq b_i, \forall 2 \leq i \leq n$.

The trajectory of the flow $t \mapsto tb$ in $\mathbb{T}^n$ hits the $(n-1)$ -dimensional torus

$$\mathbb{T}_0 = \{(0, x_2, \dots, x_n) \in \mathbb{T}^n\}$$

for $t \in \frac{1}{b_1}\mathbb{N}$.

We will find an upper bound U on the number of consecutive visits of $\mathbb{T}_0$ by the flow which guarantees that the hit points in $\mathbb{T}_0$ constitute an ε -net.

From $(c/m^q, q)$ -BAP of the vector b we can conclude that $b_1 \geq c/m^q$. We use that $m \leq c_1/\varepsilon^n$ and we get $b_1 \geq \frac{c\varepsilon^{nq}}{c_1^q}$.

Let us prove that the upper bound

$$T_a(3\varepsilon) \leq \frac{c_1 U}{\varepsilon^n b_1} \leq \frac{c_1^{q+1} U}{c\varepsilon^{n(q+1)}}$$

holds. First, for any point $z \in \mathbb{T}_0$ there exists a point $y = (k/b_1)b \in \mathbb{T}_0$ with $k \in \mathbb{N}, k \leq U$ such that $\text{dist}_{\mathbb{T}_0}(z, y) < \varepsilon$. Take $\ell \in \mathbb{N}$ be equal to $\ell = \lfloor k/b_1 \rfloor$. So $\ell \leq \frac{U}{b_1}$. Then

$$\text{dist}_{\mathbb{T}^n}(\ell b, z) \leq \text{dist}_{\mathbb{T}^n}(\ell b, y) + \text{dist}_{\mathbb{T}^n}(y, z) \leq 2\varepsilon.$$

Let $z' = (z_1, z_2, \dots, z_n) \in \mathbb{T}^n$ be an arbitrary point. If we look at the finite part of the orbit of $\{tb \mid t \leq U\}$ intersected with the affine $(n-1)$ -dimensional torus $\mathbb{T}_{z_1} = \{(z_1, x_2, \dots, x_n) \in \mathbb{T}^n\}$, then we will see a 2ε -net of $\mathbb{T}_{z_1}$. We move the picture at the zero level by an isometry to the level of z_1 :

$$\mathbb{T}_0 \cap \{bt \mid t \leq U\} + \frac{z_1}{b_1}b \subset \mathbb{T}_{z_1} \cap \{bt \mid t \leq U + z_1/b_1\}.$$

We might miss one point from the zero level. A possible missed point contributes by adding one more ε . By repeating the previous considerations that have been used at level zero, we conclude that we can find $\ell \in \mathbb{N}, \ell \leq \frac{U}{b_1}$ such that

$$\text{dist}_{\mathbb{T}^n}(\ell b, z') \leq 3\varepsilon.$$

At the moment, we give an argument for finding an upper bound on U . Look at the new vector $w = (\frac{b_2}{b_1}, \dots, \frac{b_n}{b_1}) \in \mathbb{T}^{n-1}$. Notice that $(b_2, \dots, b_n)$ is a $(c\varepsilon^{nq}/c_1^q, q)$ -BAP vector (because b has the same parameters):

$$\begin{aligned} \|\langle (b_2, \dots, b_n), (\nu_2, \dots, \nu_n) \rangle\|_{\mathbb{T}} &= \|\langle b, (0, \nu_2, \dots, \nu_n) \rangle\|_{\mathbb{T}} \\ &\geq \frac{c\varepsilon^{nq}/c_1^q}{\|(0, \nu_2, \dots, \nu_n)\|^q} = \frac{c\varepsilon^{nq}/c_1^q}{\|(\nu_2, \dots, \nu_n)\|^q}. \end{aligned}$$

We claim that w is $(\frac{c\varepsilon^{nq}}{c_1^q(n+1)^q}, q)$ -BAP. Let $\nu \in \mathbb{Z}^{n-1} \setminus \{0\}$. Then

$$\begin{aligned} \|\langle w, \nu \rangle\|_{\mathbb{T}} &= \min_{m \in \mathbb{Z}} |\langle w, \nu \rangle - m| = \frac{1}{b_1} \min_{m \in \mathbb{Z}} |\langle (b_2, \dots, b_n), \nu \rangle - b_1 m| \\ &= \frac{1}{b_1} \min_{|m| \leq |\langle w, \nu \rangle| + 1} |\langle b, (m, \nu) \rangle| \geq \frac{1}{b_1} \min_{|m| \leq |\langle w, \nu \rangle| + 1} \frac{c\varepsilon^{nq}}{c_1^q \|(m, \nu)\|^q} = I. \end{aligned}$$

We used the notation (m, ν) for a vector in $\mathbb{Z}^n$ with the first coordinate equal to m and the rest of the coordinates equal to the vector ν . We use the following estimate to bound m :

$$|m| \leq |\langle w, \nu \rangle| + 1 \leq \|w\| \|\nu\| + 1 \leq \sqrt{n-1} \|\nu\| + 1 \leq n \|\nu\|.$$

Thus

$$\|(m, \nu)\| \leq |m| + \|\nu\| \leq (n+1) \|\nu\|.$$

Finally,

$$I \geq \frac{1}{b_1} \frac{c\varepsilon^{nq}}{c_1^q(n+1)^q \|\nu\|^q} \geq \frac{c\varepsilon^{nq}}{c_1^q(n+1)^q \|\nu\|^q}.$$

By the definition of $T_w(\varepsilon)$ we get the bound

$$U \leq T_w(\varepsilon).$$

Therefore, we have a recursive formula,

$$(2) \quad T_a(3\varepsilon) \leq \frac{c_1^{q+1}}{c\varepsilon^{n(q+1)}} T_w(\varepsilon),$$

where the new vector w is $(\frac{c\varepsilon^{nq}}{c_1^q(n+1)^q}, q)$ -BAP.

We have already shown (case $n = 1$): If $\alpha \in \mathbb{T}$ is (c, q) -BAP, then

$$(3) \quad T_\alpha(\varepsilon) \leq \frac{1}{c\varepsilon^{q+1}}.$$

Let $f(\varepsilon)$ be an arbitrary positive function of ε . We prove by induction that if $a \in \mathbb{R}^n$ is an $(f(\varepsilon), q)$ -BAP vector, then the following estimate holds:

$$T_a(\varepsilon) \ll \left(\frac{1}{f(\varepsilon)} \right)^n \left(\frac{1}{\varepsilon} \right)^{(q+1)\frac{n(n+1)}{2} + q \sum_{i=0}^{n-2} \frac{(i+1)(2n-i)}{2}},$$

where for $n = 1$ we define $\sum_{i=0}^{n-2} \frac{(i+1)(2n-i)}{2} = 0$. For $n = 1$ the formula coincides with formula (3). For $n+1$, for $a \in \mathbb{R}^{n+1}$ which is $(f(\varepsilon), q)$ -BAP we have by formula (2):

$$(4) \quad T_a(\varepsilon) \ll \frac{1}{f(\varepsilon)\varepsilon^{(n+1)(q+1)}} T_w(\varepsilon),$$

where $w \in \mathbb{R}^n$ is $\left(\frac{f(\varepsilon)\varepsilon^{(n+1)q}}{c_2^q(n+2)^q}, q\right)$ -BAP (c_2 depends only on $n+1$). By the induction hypothesis we conclude:

$$(5) \quad T_w(\varepsilon) \ll \left(\frac{1}{f(\varepsilon)}\right)^n \left(\frac{1}{\varepsilon}\right)^{(n+1)nq} \left(\frac{1}{\varepsilon}\right)^{(q+1)\frac{n(n+1)}{2} + q \sum_{i=0}^{n-2} \frac{(i+1)(2n-i)}{2}}.$$

We merge equations (4) and (5) and get

$$\begin{aligned} T_a(\varepsilon) &\ll \left(\frac{1}{f(\varepsilon)}\right)^{n+1} \left(\frac{1}{\varepsilon}\right)^{(n+1)nq + (q+1)\frac{n(n+1)}{2} + q \sum_{i=0}^{n-2} \frac{(i+1)(2n-i)}{2} + (n+1)(q+1)} \\ &= \left(\frac{1}{f(\varepsilon)}\right)^{n+1} \left(\frac{1}{\varepsilon}\right)^{(q+1)\frac{(n+1)(n+2)}{2} + q \sum_{i=0}^{n-1} \frac{(i+1)(2(n+1)-i)}{2}}. \end{aligned}$$

Therefore, if $a \in \mathbb{R}^n$ is a (c, q) -BAP vector, then

$$T_a(\varepsilon) \ll \left(\frac{1}{\varepsilon}\right)^{(q+1)\frac{n(n+1)}{2} + q \sum_{i=0}^{n-2} \frac{(i+1)(2n-i)}{2}}.$$

□

ACKNOWLEDGMENTS

The authors would like to thank Nimish Shah for mentioning the problem, Manfred Einsiedler for fruitful discussions, and the anonymous referee for suggesting many clarifying remarks on an earlier version of this paper.

REFERENCES

- [1] Deninger, Ch.; Singhof, W. *The e -invariant and the spectrum of the Laplacian for compact nilmanifolds covered by Heisenberg groups*. Invent. Math. 78 (1984), no. 1, 101–112. MR762355 (86i:58133)
- [2] Diestel, J. and Uhl, J. J., Jr. *Vector measures. With a foreword by B. J. Pettis*. Mathematical Surveys, No. 15. American Mathematical Society, Providence, R.I., 1977. MR0453964 (56:12216)
- [3] Folland, G. B. and Stein, E. M. *Hardy spaces on homogeneous groups*. Mathematical Notes, 28. Princeton University Press, Princeton, N.J.; University of Tokyo Press, Tokyo, 1982. MR657581 (84h:43027)
- [4] Grafakos, L. *Classical and modern Fourier analysis*. Pearson Education, Inc., Prentice Hall, Upper Saddle River, N.J., 2004. MR2449250
- [5] Leibman, A. *Pointwise convergence of ergodic averages for polynomial sequences of translations on a nilmanifold*. Ergodic Theory and Dynamical Systems 25 (2005), no. 1, 201–213. MR2122919 (2006j:37004)
- [6] Monod, N. *Continuous bounded cohomology of locally compact groups*. Lecture Notes in Mathematics, 1758. Springer-Verlag, Berlin, 2001. MR1840942 (2002h:46121)
- [7] Randol, B. *The behavior under projection of dilating sets in a covering space*. Trans. Amer. Math. Soc. 285 (1984), no. 2, 855–859. MR752507 (86g:58023)
- [8] Samoilenko, Yu. S. *Spectral theory of families of selfadjoint operators*. Kluwer, Dordrecht, 1991. MR1135325 (92j:47038)
- [9] Schmidt, W. *Badly approximable systems of linear forms*. J. Number Theory 1 (1969), 139–154. MR0248090 (40:1344)
- [10] Shah, N. *Limiting distributions of evolution of smooth curves under geodesic flow on hyperbolic manifolds-II*. Preprint.

- [11] Taylor, M. *Noncommutative harmonic analysis*. Mathematical Surveys and Monographs, 22. American Mathematical Society, Providence, R.I., 1986. MR852988 (88a:22021)
- [12] Warner, F. W. *Foundations of differentiable manifolds and Lie groups*. Corrected reprint of the 1971 edition. Graduate Texts in Mathematics, 94. Springer-Verlag, New York-Berlin, 1983. MR722297 (84k:58001)

DEPARTMENT OF MATHEMATICS, KTH - ROYAL INSTITUTE OF TECHNOLOGY, SE-100 44 STOCKHOLM, SWEDEN

E-mail address: mickebj@math.kth.se

DEPARTMENT OF MATHEMATICS, OHIO STATE UNIVERSITY, COLUMBUS, OHIO 43210

E-mail address: afish@math.ohio-state.edu