CONTINUED FRACTIONS AND HEAVY SEQUENCES

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ABSTRACT. We initiate the study of the sets $\mathcal{H}(c)$, $0 < c < 1$, of real x for which the sequence $(kx)_{k \geq 1}$ (viewed mod 1) consistently hits the interval $[0, c)$ at least as often as expected (i.e., with frequency $\geq c$). More formally,

$$\mathcal{H}(c) \stackrel{\text{def}}{=} \{ \alpha \in \mathbb{R} \mid \text{card}(\{1 \leq k \leq n \mid \langle k\alpha \rangle < c\}) \geq cn, \text{ for all } n \geq 1 \},$$

where $\langle x \rangle = x - [x]$ stands for the fractional part of $x \in \mathbb{R}$.

We prove that, for rational c , the sets $\mathcal{H}(c)$ are of positive Hausdorff dimension and, in particular, are uncountable. For integers $m \geq 1$, we obtain a surprising characterization of the numbers $\alpha \in \mathcal{H}_m \stackrel{\text{def}}{=} \mathcal{H}(\frac{1}{m})$ in terms of their continued fraction expansions: The odd entries (partial quotients) of these expansions are divisible by m . The characterization implies that $x \in \mathcal{H}_m$ if and only if $\frac{1}{mx} \in \mathcal{H}_m$, for $x > 0$. We are unaware of a direct proof of this equivalence without making use of the mentioned characterization of the sets $\mathcal{H}_m$.

We also introduce the dual sets $\hat{\mathcal{H}}_m$ of reals y for which the sequence of integers $([ky])_{k \geq 1}$ consistently hits the set $m\mathbb{Z}$ with the at least expected frequency $\frac{1}{m}$ and establish the connection with the sets $\mathcal{H}_m$:

$$\text{If } xy = m \text{ for } x, y > 0, \text{ then } x \in \mathcal{H}_m \iff y \in \hat{\mathcal{H}}_m.$$

The motivation for the present study comes from Y. Peres's ergodic lemma.

1. NOTATION AND RESULTS

We write $\mathbb{R} \supset \mathbb{Q} \supset \mathbb{Z} \supset \mathbb{N}$ for the sets of real numbers, rational numbers, integers and positive integers respectively.

In the paper we initiate the study of the sets $\mathcal{H}(c)$, $0 < c < 1$, of $x \in \mathbb{R}$ for which the sequence $(kx)_{k \geq 1}$ (viewed mod 1) consistently hits the interval $[0, c)$ at least as often as expected. More formally,

$$(1) \quad \mathcal{H}(c) = \{ \alpha \in \mathbb{R} \mid \text{card}(\{1 \leq k \leq n \mid \langle k\alpha \rangle < c\}) \geq cn, \text{ for all } n \in \mathbb{N} \},$$

where $\langle x \rangle = x - [x]$ stands for the fractional part of $x \in \mathbb{R}$. Define

$$(2) \quad \mathcal{H}_m = \mathcal{H}(\frac{1}{m}), \text{ for } m \in \mathbb{N}.$$

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The following notation will be used for CF (continued fraction) expansions of finite length $n + 1$:

$$[a_0, a_1, a_2, \dots, a_n]_{\downarrow} = a_0 + \frac{1}{a_1 + \frac{1}{a_2 + \frac{1}{\ddots + \frac{1}{a_n}}}}, \quad n \geq 0,$$

or of infinite length

$$[a_0, a_1, a_2, \dots]_{\downarrow} = \lim_{n \rightarrow \infty} [a_0, a_1, a_2, \dots, a_n]_{\downarrow},$$

where $a_0 \in \mathbb{Z}$ and $a_k \in \mathbb{N}$ for $k \geq 1$.

For some basic facts and standard notation from the theory of CFs we refer to [5] or [4]. (The first few pages in either book should suffice for our purposes.)

Every irrational number has a unique infinite CF expansion, and every rational number has exactly two finite CF expansions

$$[a_0, a_1, a_2, \dots, a_{n-1} + 1]_{\downarrow} = [a_0, a_1, a_2, \dots, a_{n-1}, 1]_{\downarrow}, \quad \text{with } a_{n-1} \geq 1$$

(with the lengths being two consecutive integers, n and $n + 1$).

Definition 1. By the *odd* CF (odd continued fraction) expansion (of $\alpha \in \mathbb{R}$) we mean the CF expansion of length $L \in \{\infty, 1, 3, 5, \dots\}$. Similarly, in the *even* CF expansions one assumes $L \in \{\infty, 2, 4, 6, \dots\}$.

This way every number $\alpha \in \mathbb{R}$ has unique both odd and even CF expansions; the two coincide if and only if α is irrational. The sequence of (CF) convergents of α ,

$$\delta_k(\alpha) = [a_0, a_1, \dots, a_k]_{\downarrow}, \quad 0 \leq k < L,$$

can be alternatively defined as the sequence of rational numbers $\delta_k = \frac{p_k}{q_k}$ with numerators and denominators $p_k = p_k(\alpha)$, $q_k = q_k(\alpha)$ determined by the recurrence relations

$$(3) \quad \begin{cases} p_k = a_k p_{k-1} + p_{k-2}, \\ q_k = a_k q_{k-1} + q_{k-2}, \end{cases} \quad \text{for } 2 \leq k < L,$$

and the initial conditions $p_0 = a_0$; $q_0 = 1$; $p_1 = a_0 a_1 + 1$; $q_1 = a_1$.

The following theorem provides a criterion for the relation $\alpha \in \mathcal{H}_m$ to hold (see (2)).

Theorem 1. Let $\alpha \in \mathbb{R}$ and assume that $\alpha = [a_0, a_1, a_2, \dots]_{\downarrow}$ is its odd CF expansion (i.e., of the length $L \in \{\infty, 1, 3, 5, \dots\}$). Let $m \in \mathbb{N}$ be given. Then the following three conditions are equivalent:

(C1) $\alpha \in \mathcal{H}_m$.

(C2) $m \mid a_k$, for all odd k , $1 \leq k < L$.

(C3) $m \mid q_k$, for all odd k , $1 \leq k < L$, where $q_k = q_k(\alpha)$ are the denominators of the convergents for α ; see (3).

Remark 1. For $m = 1$ the above theorem holds trivially because $\mathcal{H}_1 = \mathbb{R}$. It also holds trivially for $\alpha \in \mathbb{Z}$ (in this case $L = 1$).

Examples. (1) $\alpha = \frac{4}{3}$. The odd CF expansion is $[1, 2, 1]_{\downarrow}$, $L = 3$, $a_1 = 2$.

Thus $\frac{4}{3} \in \mathcal{H}_m$ if and only if $m = 1$ or 2 .

(2) $\alpha = \frac{\sqrt{5}}{2}$. The odd CF expansion is $[1, 8, 2, 8, 2, 8, \dots]_{\downarrow}$, $L = \infty$, $a_1 = a_3 = a_5 = \dots = 8$.

Thus $\frac{\sqrt{5}}{2} \in \mathcal{H}_m$ if and only if $m = 1, 2, 4$ or 8 .

Corollary 1. $\mathcal{H}_m \cap \mathcal{H}_n = \mathcal{H}_{\text{LCM}(m,n)}$, for all $m, n \in \mathbb{N}$.

Corollary 2. For real $\alpha > 0$ and $m \in \mathbb{N}$, we have $\alpha \in \mathcal{H}_m$ if and only if $\frac{1}{m\alpha} \in \mathcal{H}_m$.

Both corollaries follow directly from the equivalence of **(C1)** and **(C2)** in Theorem 1; the proof of Corollary 2 also uses the identity

$$(4) \quad m[x_0, mx_1, x_2, mx_3, x_4, mx_5, \dots]_{\downarrow} = [mx_0, x_1, mx_2, x_3, mx_4, x_5, \dots]_{\downarrow}.$$

In the next three theorems we classify the numbers in the sets $\hat{\mathcal{H}}_m$, $m \in \mathbb{N}$:

$$(5) \quad \hat{\mathcal{H}}_m = \{\alpha \in \mathbb{R} \mid \text{card}(\{1 \leq k \leq n \mid [k\alpha] \in m\mathbb{Z}\}) \geq \frac{n}{m}, \text{ for all } n \in \mathbb{N}\}.$$

Theorem 2. For $\alpha \in \mathbb{R}$ and $m \in \mathbb{N}$, we have $\alpha \in \mathcal{H}_m \iff m\alpha \in \hat{\mathcal{H}}_m$.

The proof of Theorem 2 is derived from the comparison (1) and (5) and taking in account that, for $x \in \mathbb{R}$, $\langle x \rangle \in [0, 1/m) \iff [mx] \in m\mathbb{Z}$.

Note that we establish another, deeper connection (than the one indicated in Theorem 2) between the sets $\mathcal{H}_m$ and $\hat{\mathcal{H}}_m$ in Theorem 4 below.

The following result provides an explicit description of the sets $\hat{\mathcal{H}}_m$.

Theorem 3. Let $m \in \mathbb{N}$, $\alpha \in \mathbb{R}$ and assume that $\alpha = [a_0, a_1, a_2, \dots]_{\downarrow}$ is its even CF expansion (of the length $L \in \{\infty, 2, 4, 6, \dots\}$). Let $m \in \mathbb{N}$ be given. Then the following three conditions are equivalent:

(C1) $\alpha \in \hat{\mathcal{H}}_m$.

(C2) $m \mid a_k$, for all even k , $0 \leq k < L$.

(C3) $m \mid p_k$, for all even k , $0 \leq k < L$ where $p_k = p_k(\alpha)$ are numerators of the convergents for α ; see (3).

The proof of Theorem 3 easily follows from Theorems 1 and 2 using the identity (4).

Alternatively, Theorem 3 can be derived from the following.

Theorem 4. For $\alpha > 0$ and $m \in \mathbb{N}$, we have $\alpha \in \mathcal{H}_m \iff \frac{1}{\alpha} \in \hat{\mathcal{H}}_m$.

Theorem 4 follows from Corollary 2 and identity (4).

The proof of Theorem 1 will be provided in the next section. We also prove (Theorems 5 and 6) that

$$\mathcal{H}(\frac{n}{m}) \supset \mathcal{H}(\frac{1}{m}) = \mathcal{H}_m, \text{ for arbitrary } n, m \in \mathbb{N}, n < m,$$

and conclude that, for rational c , $0 < c < 1$, the sets $\mathcal{H}(c)$ have a positive Hausdorff dimension (Corollary 3).

Finally, in the last section we discuss briefly the motivation behind our study.

2. PROOF OF THEOREM 1

The proof is subdivided into several lemmas, some of which are of independent interest. Let $\mathbb{I}_{0,1}$ stand for the open unit interval $(0, 1)$. For $n \in \mathbb{N}$, $\alpha > 0$ and $c \in \mathbb{I}_{0,1}$, consider the following finite subsets of $\mathbb{N}$:

$$(6) \quad S(n, \alpha) \stackrel{\text{def}}{=} \{k \in \mathbb{N} \mid k\alpha < n\}$$

and

$$(7) \quad S(n, \alpha, c) \stackrel{\text{def}}{=} \{k \in S(n, \alpha) \mid \langle k\alpha \rangle < c\} = \{k \in \mathbb{N} \mid k\alpha < n \text{ \& } \langle k\alpha \rangle < c\}.$$

It is easy to see that

$$(8) \quad \text{card}(S(n, \alpha)) = \left[\frac{n}{\alpha}\right]^-$$

and

$$(9) \quad \text{card}(S(n, \alpha, c)) = \left[\frac{c}{\alpha}\right]^- + \sum_{k=1}^{n-1} \left(\left[\frac{k+c}{\alpha}\right]^- - \left[\frac{k}{\alpha}\right]^- \right),$$

where $[x]^-$ stands for the largest integer smaller than $x \in \mathbb{R}$:

$$(10) \quad [x]^- \stackrel{\text{def}}{=} \begin{cases} [x] & \text{if } x \notin \mathbb{Z}. \\ x-1 & \text{if } x \in \mathbb{Z}. \end{cases}$$

We observe the following.

Lemma 1. *Given $\alpha > 0$ and $c \in \mathbb{I}_{0,1} = (0,1)$, the following two conditions are equivalent:*

- (1) $\alpha \in \mathcal{H}(c)$;
- (2) $\text{card}(S(n, \alpha, c)) \geq c \text{card}(S(n, \alpha))$, for all $n \in \mathbb{N}$.

Proof. The claim of Lemma 1 follows directly from the definitions of the sets $\mathcal{H}(c)$, $S(n, \alpha)$ and $S(n, \alpha, c)$ (see (1), (6), (7)). $\square$

Lemma 2. *Let $\alpha, \beta > 0$ and $c \in \mathbb{I}_{0,1}$. Assume that the following two conditions are met:*

$$(11) \quad (1) \frac{1}{\alpha} - \frac{1}{\beta} \in \mathbb{Z} \quad \text{and} \quad (2) \frac{c}{\alpha} - \frac{c}{\beta} \in \mathbb{Z}.$$

Then:

- (A) $\text{card}(S(n, \alpha)) - \text{card}(S(n, \beta)) = \frac{n(\beta-\alpha)}{\alpha\beta}$;
- (B) $\text{card}(S(n, \alpha, c)) - \text{card}(S(n, \beta, c)) = c \frac{n(\beta-\alpha)}{\alpha\beta}$;
- (C) $\alpha \in \mathcal{H}(c) \iff \beta \in \mathcal{H}(c)$.

Proof. The claims (A) and (B) of the lemma follow from formulae (8), (9) and the obvious implications

$$x - y \in \mathbb{Z} \iff \langle x \rangle = \langle y \rangle \implies [x]^- - [y]^- = x - y.$$

Finally, (C) follows from (A), (B) and Lemma 1. $\square$

The next lemma is just a specification of Lemma 2.

Lemma 3. *Let $\alpha, \beta > 0$, $c \in \mathbb{I}_{0,1}$, $m \in \mathbb{N}$ be given and assume that the following two conditions are met:*

$$(a) \frac{1}{\alpha} - \frac{1}{\beta} \in m\mathbb{Z}, \quad (b) mc \in \mathbb{N}.$$

Then $\alpha \in \mathcal{H}(c)$ if and only if $\beta \in \mathcal{H}(c)$.

Proof. We need only validate condition (2) of Lemma 2. It follows from (a) that $\frac{1}{\alpha} - \frac{1}{\beta} = km$, for some $k \in \mathbb{Z}$. But then $\frac{c}{\alpha} - \frac{c}{\beta} = ckm = k(mc) \in \mathbb{Z}$, in view of (b). The proof is complete. $\square$

For $\alpha \in \mathbb{R}$, denote by $L(\alpha)$ the length of the odd CF expansion of $\alpha = [a_0(\alpha), a_1(\alpha), \dots]_{\downarrow}$. Observe that $L(\alpha) = 1$ if and only if $\alpha \in \mathbb{Z}$; otherwise $L(\alpha) \geq 3$. Define the map $\phi : \mathbb{R} \rightarrow \mathbb{R}$ by the rule

$$\phi(\alpha) = \begin{cases} \frac{1}{\langle \alpha \rangle} = [a_1, a_2, \dots]_{\downarrow} & \text{if } \alpha \notin \mathbb{Z}, \\ 0 & \text{if } \alpha \in \mathbb{Z}. \end{cases}$$

One easily verifies that for $\alpha = [a_0, a_1, a_2, \dots]_{\downarrow} \notin \mathbb{Z}$, one has $\phi^2(\alpha) = [a_2, \dots]_{\downarrow}$; i. e., ϕ^2 removes the first two entries (partial quotients) in the odd CF expansion of any noninteger.

Next we introduce the sets

$$(12) \quad \mathbb{R}(m) \stackrel{\text{def}}{=} \{\alpha \in \mathbb{R} \setminus \mathbb{Z} \mid a_1(\alpha) \in m\mathbb{N}\} \cup \mathbb{Z}, \quad m \in \mathbb{N}.$$

Lemma 4. *Let $m \in \mathbb{N}$, $c \in \mathbb{I}_{0,1}$ and assume that $mc \in \mathbb{N}$. Then, for every $\alpha \in \mathbb{R}(m)$,*

$$\alpha \in \mathcal{H}(c) \iff \phi^2(\alpha) \in \mathcal{H}(c).$$

Proof. Denote $\beta = \phi^2(\alpha)$ and $u = \frac{1}{\alpha} - \frac{1}{\langle \beta \rangle} = -a_1$. Since $\alpha \in \mathbb{R}(m)$, we conclude that $m \mid u$ and use Lemma 3 to complete the proof of Lemma 4: $\alpha \in \mathcal{H}(c) \iff \langle \beta \rangle \in \mathcal{H}(c) \iff \beta \in \mathcal{H}(c)$. $\square$

It turns out that Lemma 4 can be used to explicitly exhibit uncountable subsets of $\mathcal{H}(c)$, for $c \in \mathbb{I}_{0,1} \cap \mathbb{Q}$. ($\mathbb{Q}$ stands for the set of rational numbers.) Those are the sets

$$(13) \quad \mathbb{R}_m \stackrel{\text{def}}{=} \{\alpha \in \mathbb{R} \mid \phi^{2k}(\alpha) \in \mathbb{R}(m), \text{ for all } k \geq 0\}, \quad m \in \mathbb{N}$$

(see Theorem 5 below).

The following lemma provides an alternative, more explicit description of the classes $\mathbb{R}_m$.

Lemma 5. *Let $m \in \mathbb{N}$ and assume that $\alpha \in \mathbb{R}$ is given in terms of its odd CF expansion $\alpha = [a_0, a_1, \dots]_{\downarrow}$ of length $L = L(\alpha) \in \{\infty, 1, 3, \dots\}$. Then $\alpha \in \mathbb{R}_m$ if and only if $a_k \in m\mathbb{Z}$, for all odd $k < L$.*

Proof. The proof follows directly from the nature of the map ϕ^2 and the trivial fact that $\mathbb{Z} \subset \mathbb{R}(m)$. $\square$

Examples. (1) $\alpha = \frac{4}{3}$. The odd CF expansion is $[1, 2, 1]_{\downarrow}$, $L = 3$, $a_1 = 2$.

Thus $\frac{4}{3} \in \mathbb{R}_m \iff m = 1$ or 2 .

(2) $\alpha = \frac{\sqrt{5}}{2}$. The odd CF expansion is $[1, 8, 2, 8, 2, 8, \dots]_{\downarrow}$, $L = \infty$, $a_1 = a_3 = a_5 = \dots = 8$.

Thus $\frac{\sqrt{5}}{2} \in \mathbb{R}_m \iff m = 1, 2, 4$ or 8 .

Theorem 5. *Let $m \in \mathbb{N}$, $c \in \mathbb{I}_{0,1} = (0, 1)$ and assume that $cm \in \mathbb{N}$. Then $\mathbb{R}_m \subset \mathcal{H}(c)$.*

Proof of Theorem 5. Recall that $\mathbb{Q} \subset \mathbb{R}$ stands for the set of rational numbers. We prove that

$$\alpha \in \mathbb{R}_m \implies \alpha \in \mathcal{H}(c).$$

Case 1. $L < \infty$, i.e. $\alpha \in \mathbb{Q}$. The proof goes by induction in $L = L(\alpha) \in \{1, 3, 5, \dots\}$.

If $L = 1$, then $\alpha \in \mathbb{Z}$ and one has both $\alpha \in \mathbb{R}_m$ and $\alpha \in \mathcal{H}(c)$. For the inductive step, we use Lemma 4 and the obvious fact that $\phi^2(\mathbb{R}_m) \subset \mathbb{R}_m$ (see (13) and Lemma 5).

Case 2. $L = \infty$, i.e. $\alpha \in \mathbb{R} \setminus \mathbb{Q}$ (α is irrational). The proof uses an approximation argument. For a subset $S \subset \mathbb{R}$, denote by $\overline{S}$ the closure of S in $\mathbb{R}$. Next we validate the following inclusion:

$$(14) \quad \overline{\mathcal{H}(c)} \cap (\mathbb{R} \setminus \mathbb{Q}) \subset \mathcal{H}(c) \quad (\text{for } c \in \mathbb{Q} \cap (0, 1)).$$

Indeed, it follows from (1) that $\mathcal{H}(c) = \bigcap_{n \in \mathbb{N}} \mathcal{H}(c, n)$, where

$$\mathcal{H}(c, n) = \{\alpha \in \mathbb{R} \mid \text{card}(\{1 \leq m \leq n \mid \langle m\alpha \rangle < c\}) \geq cn\}$$

is a finite union of intervals of the form $[u, v)$ with rational endpoints u, v :

$$u, v \in \bigcup_{0 \leq r < s \leq n} \left\{ \frac{r}{s}, \frac{r+c}{s} \right\} \subset \mathbb{Q}$$

because $c \in \mathbb{Q}$. In particular, for all $n \geq 1$,

$$\overline{\mathcal{H}(c, n)} \cap (\mathbb{R} \setminus \mathbb{Q}) \subset \mathcal{H}(c, n).$$

The proof of (14) is completed as follows:

$$\begin{aligned} \overline{\mathcal{H}(c)} \cap (\mathbb{R} \setminus \mathbb{Q}) &= \overline{\bigcap_{n \in \mathbb{N}} \mathcal{H}(c, n)} \cap (\mathbb{R} \setminus \mathbb{Q}) \subset \left(\bigcap_{n \in \mathbb{N}} \overline{\mathcal{H}(c, n)} \right) \cap (\mathbb{R} \setminus \mathbb{Q}) \\ &= \bigcap_{n \in \mathbb{N}} \left(\overline{\mathcal{H}(c, n)} \cap (\mathbb{R} \setminus \mathbb{Q}) \right) \subset \bigcap_{n \in \mathbb{N}} \mathcal{H}(c, n) = \mathcal{H}(c). \end{aligned}$$

Next one considers the sequence $\delta_{2k} = \delta_{2k}(\alpha)$, $k \geq 0$, of even CF convergents of α (with $L(\delta_{2k}) = 2k + 1$, an odd number). By what has been proven in Case 1, $\delta_{2k} \in \mathbb{R}_m \cap \mathbb{Q} \subset \mathcal{H}(c)$, for all $k \geq 0$. Since $\lim_{k \rightarrow \infty} \delta_{2k} = \alpha \in \mathbb{R} \setminus \mathbb{Q}$, the proof is complete in view of (14). $\square$

Corollary 3. *Let $C \subset \mathbb{Q} \cap \mathbb{I}_{0,1}$ be a finite subset of rational numbers. Then the intersection $\bigcap_{c \in C} \mathcal{H}(c)$ is an uncountable set of positive Hausdorff dimension.*

Proof. Let $m \in \mathbb{N}$ be a common denominator for all the numbers $c \in C$. Then $\mathbb{R}_m \subset \bigcap_{c \in C} \mathcal{H}(c)$, in view of Theorem 5.

The set $\mathbb{R}_m$ is clearly uncountable, and it is easily seen to have a positive Hausdorff dimension. (One way to see it is to observe that it contains the set $\mathbb{R}'_m$ of all numbers of the form $[0, m, a_1, m, a_2, m, \dots]_{\downarrow}$, where $a_i \in \{1, 2\}$. This set is the disjoint union of its images under the two contractions:

$$f_i(x) = \frac{1}{m + \frac{1}{i+x}}, \quad i = 1, 2,$$

and therefore must be of positive Hausdorff dimension (see Chapter 9 in [2]). $\square$

Corollary 4. $\mathbb{R}_m \subset \mathcal{H}_m$, for all $m \in \mathbb{N}$.

Proof of Corollary 4. Take $c = \frac{1}{m}$ in Theorem 5. (Recall that $\mathcal{H}_m = \mathcal{H}(\frac{1}{m})$.) $\square$

As is pointed out in Section 1, the inclusion in Corollary 4 can be reversed.

Theorem 6. $\mathbb{R}_m = \mathcal{H}_m$, for all $m \in \mathbb{N}$.

We first need to prove the following:

Lemma 6. $\mathcal{H}_m \subset \mathbb{R}(m)$, for all $m \in \mathbb{N}$.

Proof of Lemma 6. Since $\mathbb{Z} \subset \mathbb{R}(m)$ (see (12)), it suffices to prove that if $\alpha \in (\mathbb{R} \setminus \mathbb{Z}) \cap \mathcal{H}_m$, then $\alpha \in \mathbb{R}(m)$. We assume without loss of generality that $[\alpha] = 0$ (otherwise replacing α by $\langle \alpha \rangle$). Let $[0, a_1, a_2, \dots]_\downarrow$ be the odd CF expansion of α . We have to show that $m \mid a_1$. If not, then $a_1 \equiv r \pmod{m}$, for some integer r , $1 \leq r \leq m-1$. Define $\beta \in \mathbb{R}$ by its CF expansion $[0, r, a_2, a_3, \dots]_\downarrow$, with all the entries a_k , for $k \neq 1$, being the same as in the CF expansion of α .

Then, with $c = \frac{1}{m}$, we easily validate the conditions of Lemma 3. Indeed, $\alpha \in \mathcal{H}_m = \mathcal{H}(c)$, $mc = 1 \in \mathbb{N}$ and $\frac{1}{\alpha} - \frac{1}{\beta} = a_1 - r \in m\mathbb{Z}$. By Lemma 3, $\beta \in \mathcal{H}(c) = \mathcal{H}_m$, which is impossible because $\beta = \langle \beta \rangle > \frac{1}{r+1} \geq \frac{1}{m} = c$, so that the relation $\beta \in \mathcal{H}(c)$ contradicts (1) for $n = 1$. $\square$

Proof of Theorem 6. In view of Corollary 4, we only have to establish the inclusion $\mathcal{H}_m \subset \mathbb{R}_m$. Let $\alpha \in \mathcal{H}_m$ be given. We claim that then

$$(15) \quad \phi^{2k}(\alpha) \in \mathbb{R}(m) \cap \mathcal{H}_m, \text{ for all } k \geq 0.$$

The proof goes by induction in k . For $k = 0$, (15) holds in view of Lemma 6. For the inductive step, we use Lemmas 4 and 6. This completes the proof of (15). In view of (13), $\alpha \in \mathbb{R}_m$, completing the proof. $\square$

Now we are ready to complete the proof of Theorem 1 in the introduction. The main part of the work has already been done: Theorem 6 is a rephrasing of the equivalence **(C1)** $\iff$ **(C2)**.

It remains to prove the equivalence of the following two conditions:

(C2) $m \mid a_k$, for all odd k , $1 \leq k < L$.

(C3) $m \mid q_k$, for all odd k , $1 \leq k < L$.

The proof goes by induction in k . For $k = 1$ the equivalence is immediate because $q_1 = a_1$.

Now assume that both **(C2)** and **(C3)** hold for some odd $k = n < L - 2$. It suffices to show that

$$m \mid a_{n+2} \iff m \mid q_{n+2}.$$

From the identity $q_{n+2} = a_{n+2}q_{n+1} + q_n$ we derive the congruence $q_{n+2} \equiv a_{n+2}q_{n+1} \pmod{m}$, so that the implication $\implies$ is immediate. The opposite implication is also valid because q_{n+2}, q_{n+1} are relatively prime.

3. MOTIVATION: HEAVY SEQUENCES

The following result by Y. Peres is closely related to the Maximal Ergodic Theorem:

Lemma 7 (Peres). *Let $T : X \rightarrow X$ be a continuous transformation of a compact space, and let μ be a probability measure preserved by T . For every continuous $g : X \rightarrow \mathbb{R}$ there exists some $x \in X$ such that*

$$\forall N \in \mathbb{N} \quad \frac{1}{N} \sum_{n=0}^{N-1} g(T^n x) \geq \int_X g d\mu.$$

This lemma can be strengthened to upper semi-continuous functions (such as characteristic functions of closed sets), and has several interesting generalizations; see [7]. The application of most interest to us right now is to extend the ideas of equation (1) to the context of dynamical systems. Let $\{X, \mu\}$ be a compact space with probability Borel measure μ , and let T be a continuous map from X to itself which preserves the measure μ : $\mu(T^{-1}A) = \mu(A)$ for any Borel set A . Define the *heavy set of f* :

$$(16) \quad \mathcal{H}_T^f = \left\{ x \in X : S_n(x) - n \int_X f d\mu \geq 0, \quad \forall n \in \mathbb{N} \right\}.$$

Then Lemma 7 tells us that in this situation, for any $f \in L^1(X, \mu)$, $\mathcal{H}_T^f \neq \emptyset$. We also say that there is some point x whose orbit is *heavy for f* . If f is the characteristic function of a set A , we will generally simply refer to “the heavy set of A ”, or call a sequence “heavy for A ”. Restricting ourselves only to the reals modulo one, $\mathbb{R}/\mathbb{Z} = S^1$, we derive the following results:

Example 1. Fix $\alpha \in S^1$. Then for any closed subset $A \subset S^1$, there exists some point $x \in S^1$ such that the sequence $\{x + n\alpha\}_{n=0}^\infty$ is heavy for A .

The previous example can be viewed as the following: for any choice of a closed set $A \subset S^1$ and leading coefficient α , there exists some choice of β such that the polynomial $\alpha n + \beta$, considered modulo one, is heavy for A . This example may be generalized as follows:

Example 2. Fix $\alpha \in \mathbb{R}$, a closed set $A \subset S^1$, and a choice of $k \in \mathbb{N}$. Then there exists a choice of coefficients $a_0, a_1, \dots, a_{k-1}$ such that the sequence

$$\{\alpha n^k + a_{k-1}n^{k-1} + \dots + a_1n + a_0\}_{n=0}^\infty$$

is heavy for A (when taken modulo one). For details on how to derive this sequence as the orbit of a measure preserving system, we refer the reader to pp. 35–37 in [3] or, for a more detailed derivation of heaviness properties, to [7].

Finally, the reader may be tempted to try to generalize the results of Theorem 1 and Example 1 to claim that the set

$$\mathcal{H}[A] \stackrel{\text{def}}{=} \{x \in S^1 \mid \text{the sequence } (kx)_{k \geq 1} \text{ is heavy for } A\}$$

is always nonempty. This cannot be done.

Example 3. There exists a closed set $A \subset S^1$, a finite union of closed intervals, whose measure is larger than $1/3$, such that $(x \in A) \Rightarrow (2x \notin A, 3x \notin A)$. In particular, for such an A one has $\mathcal{H}[A] = \emptyset$.

The measure of the set A in the above example can be made arbitrarily close to $\frac{1}{2}$. For details, see [7], where techniques from ergodic theory are used (in a nonconstructive way) to establish the existence of such a set A .

We have examples of closed subintervals $J \subset (0, 1) \subset S^1$ for which the set $\mathcal{H}[J]$ is countable or finite ($J = [\frac{1}{3}, \frac{2}{3}]$ and $J = [\frac{2}{7}, \frac{5}{7}]$, respectively). We don’t know whether it can be made empty.

Note that the subject of our paper is somehow related to that in [1], where some sufficient conditions for the one-sided boundedness of the sequence

$$\text{card}(\{1 \leq k \leq n \mid \langle k\alpha \rangle < c\}) - cn$$

have been established (cf. equation (1)). All our results are new and imply some of the results in [1].

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